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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

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DAILY FREE VARIOUS FACILITIES FOR SENIOR CITIZENS IN RECREATION CENTER, GREEN PARK EXTENSION FROM 12.30 NOON TO 5.00 PM

AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 18 LAKH SENIOR CITIZENS)

VOL : 008

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MONTH : SEPTEMBER, 2021

Rs. 5/-

RAM NIWAS GOEL, SPEAKER, DELHI VIDHAN SABHA PRESENTS CERTIFICATES OF MERIT TO SCHOOL CHILDREN AT RECREATION CENTER



Senior Citizens Council of Delhi organized Special function on 04.09.2021 at its Recreation Center, Community Center, Green Park Extension in the presence of more than 100 senior citizens. Chief Guest was Ram Niwas Goel, Speaker Delhi Vidhan Sabha & Guest of Honor Somnath Bharti, MLA. Contd. at Page 3 with more photos at P-2

RAJENDRA PAL GAUTAM, SOCIAL WELFARE MINISTER SANCTIONS GRANT TO 54 SCAs DURING MEETING WITH CONFEDERATION MEMBERS ON 07.09.2021



A meeting was convened with Confederation of Senior Citizens Associations of Delhi (an umbrella body of 18 Lakh senior citizens) led by its Chairperson J.R.Gupta at Delhi Secretariat on 07.09.2021 which was chaired by Rajendra Pal Gautam, Social Welfare Minister in his office. Other members were B.S.Yadav & Y.N.Sharma. Mrs. Garima Gupta, Secretary, SW, Rajeev Saxena, Dy. Director, SW, S.K.Sikdar, OSD Contd at Page 2

PREM SHANKAR JHA, DY. COMMISSIONER, SDMC APPRECIATES DAILY ACTIVITIES FOR SENIOR CITIZENS IN RECREATION CENTER



Senior Citizens Council of Delhi organized Annual Day of its Recreation Center, Community Center, Green Park Extension on 27.08.2021 including Joint Birthday Celebrations in the presence of more than 80 senior citizens. Continued..at..page..3 with more photos

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ELDERLY NEWS WISHES ITS READERS INTERNATIONAL DAY OF OLDER PERSONS, GANDHI JAYANTI, NAVRATRAS & DUSSHERA

CONFEDERATION NEWS

WORLD SENIOR CITIZENS DAY ON 21 AUGUST, 2021



Every year on 21 August, World Senior Citizens' Day is observed annually to recognise the contribution of elders towards Society and People. The day is dedicated to increase awareness about issues like elder abuse and age deterioration that affect elderly people. This day provides the opportunity to remind governments of their promises made to the senior citizens and measures, which should be taken for them. It is the duty of every government to ensure that they are able to avail all State benefits without hassle. The day also underscores the importance of ensuring that the senior citizens do not face any kind of abuse or difficulty. For senior citizens in India, there are various schemes including Integrated Programme for Older Persons, Indira Gandhi National Old Age Pension Scheme, Rashtriya Vayoshri Yojana, and Vayoshreshtha Samman. These schemes are launched in the country to improve the quality of life by providing the elderly with basic amenities and rights, Elderly News extends greetings of Senior Citizens Day to its readers.

- L.R.Garg, Editor

--FROM FRONT PAGE--- RAM NIWAS GOEL



INDEPENDENCE DAY CELEBRATIONS BY SCA MIXED HOUSING COMPLEX



Senior Citizen Association, Mixed Housing Complex, Kondli-Gharoli Phase-II Mayur Vihar Phase -III organized Independence Day Celebrations on 15.08.2021.

-A report by Brijesh Gopal Sharma General Secretary

--FROM FRONT PAGE---RAJENDRA PAL GAUTAM -----

other staff of SW were also present. J.R. Gupta raised the issue of abnormal delay in release of grant for the years 2019-20 & 2020-21 and in some cases 2018-19. On query, Dy. Director told that file has been sent to Minister. The file was called immediately and the same was cleared even during meeting. Other issues were also discussed & would be known after the receipt of Minutes.

- B.S.Yadav, Secretary General

UNIQUE EMPLOYMENT EXCHANGE FOR SENIOR CITIZENS

Senior citizens looking for jobs will soon have a platform to reach out to potential employers, as the Centre is preparing to launch a Unique employment exchange for the purpose. The Employment Exchange, tentatively named SACRED, acronym for Senior Able Citizens for Re-Employment in Dignity, will start off as a facilitatory web portal, as per plans drawn up by the Social Justice and Empowerment Ministry.

-Editor

JANMASHTAMI AT SRI GAURI SHANKAR MANDIR, SEC-12, R.K.PURAM



Sri Gauri Shanker Mandir, Sec-12, R.K. Puram, New Delhi-110022 celebrated Sri Krishan Janamashtami on 30.08.2021 from 8:30 pm to mid night followed by distribution of Prasad, and also celebrated Sri Krishan Chatti (6th day of Lord Sri Krishana Birth) on Saturday, 4th September, 2021 followed by Bhandara in a grand manner. The mandir was decorated with flowers, balloons, lights, etc. These functions were celebrated under the Covid guidelines issued by the Government. Lord Krishna's blessings were taken by the devotees of RK Puram area, Som Vihar, Munirka, Satya Niketan, Moti Bagh, Vasant Vihar etc and S/Shri Anil Sharma, Radhey Shyam Sharma, Smt. Tulsi Joshi, Manish Agarwal, Anand Singh, Smt. Smriti Singh, Mamta Ratudi and also members of RSS, Vishwa Hindu Parishad, Bajrang Dal etc.

- a report by S.K.Bajaj

MOTI NAGAR SCA CELEBRATES 75TH INDEPENDENCE DAY



On 15.8.2021 about 90 members of Moti Nagar SCCA gathered at its Recreation Centre to celebrate 75th Independence Day by hoisting National Flag of India by a young girl of 5 years, Smriti Balani, keeping in view the slogan of our Prime Minister "Beti Bachao, Beti Pado", headed by its President, Shri Subhash Sharma, Advocate. It was followed by patriotic songs, poems, ghazals and fun-filled activities with High Tea, which concluded with Lunch.

- report by Subhash Sharma, President

ELECTIONS OF SENIOR CITIZEN WELFARE CLUB, AGCR ENCLAVE

Senior Citizen Welfare Club, AGCR ENCLAVE, Delhi held its Annual General Body Meeting (with Elections of New Body) on Sunday 29th Aug, 2021 at Society Community Centre. Following are Elected Body Members. Committee Members. PRESIDENT (NARESH AGGARWAL), VICE PRESIDENT (S B SHARMA), GEN SECRETARY (K L DANG), JOINT SECRETARY (SURENDRA JAIN), TREASURER (D N TANEJA), Also 6 Executive Members were Elected. R S DUA, D M SHARMA, SITA RAM DUA, DINESH SHARMA, SATISH BAJAJ, SUBHASH ARYA.

-Naresh Aggarwal

ACTIVITIES OF KALKAJI SCWF AT RECREATION CENTER



Kalkaji senior citizens' welfare forum members playing Tambola Game at their Recreation Center.

-Y.N.Sharma, President

RAM NIWAS GOEL, SPEAKER, DELHI VIDHAN SABHA ACCEPTS INVITATION TO VISIT RECREATION CENTER, ON 04.09.2021



A 5 members delegation of Senior Citizens Council of Delhi led by its President J.R. Gupta met **Ram Niwas Goel, Speaker**, Delhi Vidhan Sabha on 26.08.2021 at his office and extended invitation to grace the felicitation of senior citizens between the ages 75 to 90 yrs on 04.09.2021. He accepted the invitation for 04.09.2021. The members thanked him for accepting their invitation. The other members were Birbal Yadav, Mahavir Prasad, R.K. Singhal & Dinesh Sharma.

- EDITOR

Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), Vimal Bhan & R.K. Singhal Reporters: Pratap Singh, Mrs. Manjula Aggarwal, Gyan Singh Tokas & (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction.

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Daily Spiritual Discourses at Deer Park Satsang & Recreation Center, Green Park Extension) Pt. Ram Chander Mishr Ramayani, Ayodhya from 16-09-2021 to 30-09-2021, Pt. Mahesh Mishra (Bhopal) from 01-10-2021 to 15-10-2021 and Pt. Balam Shastri (Jhansi) from 16-10-2021 to 31-10-2021 between 7 & 8 AM and 3 & 4 pm respectively.

-Editor

APPEAL TO ENROLL LIFE SUBSCRIBERS OF ELDERLY NEWS

Elderly News requests to all its readers to enroll themselves by making one time payment of Rs. 500/- along with one photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, IFSC code : BKID 6036. The amount is exempted under 80G of Income Tax Act 1961.

-L. R. Garg, Secretary

APPEAL FOR AFFILIATION WITH CONFEDERATION

Till Date 143 Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 18 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt. all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only.

- B.S. Yadav, Secy. General

APPEAL FOR LIFE MEMBERS OF COUNCIL

Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for the last 43 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of such cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any senior citizen residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/ cash as life membership fee. The amount can also be deposited in the name of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, Saving Bank Account No : 603610110001482, IFSC Code: BKID 6036. The amount is exempted under 80 G of Income Tax Act, 1961

—H.D. RALHAN, Life Member

COUNCIL CELEBRATES 75TH INDEPENDENCE DAY AT RECREATION CENTER, GREEN PARK EXTENSION ON 15.08.2021

Senior Citizens Council of Delhi Celebrates **75th Independence Day** at its Recreation Center, Green Park Extension on 15.08.2021 in the presence of more than 100 senior citizens. J.R. Gupta, President hoisted National Flag followed by National Anthem with other members. On this occasion eminent poet Kalam Bharti also recited many patriotic poems which were appreciated by all present. A Laghu Natika was also performed by members led by Mrs. Manjula Aggarwal as a token of respect and regards to Covid-19 warriors

including doctors & nurses. Other participants were Shashi Nangia, Lachhman Datt, Hari Singh Gurse, Kailash Gupta & Theresa Dieudonne. B.N. Chandna & Dinesh Sharma also recited bhajans. Both poet & Chandana were also felicitated by the members. Pt. Brahm Dev Acharya of Chhattisgarh also extended Independence Day Greetings to all followed by refreshments.

- by Mrs. Manjula Aggarwal, Incharge, & Co-ordinator

-----FROM FRONT PAGE -----RAM NIWAS GOEL, SPEAKER, DELHI VIDHAN SABHA -----

Students of Sarvodaya Kanya Vidyalya, Green Park welcomed the guests and participants with a welcome song including dance under the directions of Mrs. Sunita Sharma, Retd TGT. On this occasion, Shree Krishna Chhati Utsav was also celebrated by the ladies namely Monika, Nilam Malhi, Laxmi, Madhuri, Shashi Nangia, Karuna Sharma & Usha Sharma by singing bhajans/songs/dances, which were enjoyed by the audience. Dr. Saumya Ish delivered a brief talk on Eye-Car. A cultural Play was performed by Dinesh Sharma (Sudama), Hari Singh Gurse (Dwarpal) and Lachhman Dutt (Lord Krishna) on the Friendship of Lord Krishna and his friend Sudama, which was appreciated

by all present including Guests. Soamnath Bharti lauded the efforts of the Council for providing various free facilities to senior citizens on daily basis and also speak about Lord Krishna in detail. Chief Guest took a round of Recreation Center & was very happy to see that senior citizens are properly taking care by providing so many free facilities to senior citizens and also giving them an opportunity to highlight their hidden talents. He also presented certificates of merits to school children along with their mothers and grandmothers. While felicitating the guests, J.R. Gupta, President, extended thanks to the guests for gracing the function in spite of their busy schedule followed by refreshment Packets including High Tea. - a report by Mrs. Manjula Aggarwal, Incharge

-----FROM FRONT PAGE---- PREM SHANKAR JHA, DY. COMMISSIONER, SDMC-----

. Prem Shankar Jha, Dy. Commissioner, CSD, SDMC was the Chief Guest and Yoginder Singh, Director as Guest of Honor. Chief Guest honoured 21 senior citizens (including Murli Manohar (90), S.D. Gupta (83), Leelavanti Arora (84), M.L. Gyanchandani (78), Shobha Gyanchandani (76) & Trilok Chand Gupta (75)) on their Birthday with flowers, shawl and a gift as a token of respect and regards. He also took a round of the Recreation Center along with Yoginder Singh, Director and appreciated daily free activities for senior citizens such as Physiotherapy, Gym, Library, Indoor Games, Homeopathy Dispensary, Legal Aid Counsel, spiritual discourses by eminent personalities. While addressing the audience, he appreciated Culture Programme performed by the members led by Mrs. Manjula Aggarwal, Incharge

& Cultural Coordinator in the honor of Covid-19 warriors consisting of doctors, nurses & Delhi Police, which was enjoyed by the members present. Other members were Shashi Nangia, Lachhman Dass, Hari Singh Gurse, Kailash Gupta & Theresa Dieudonne. He expressed quite satisfaction to see that Recreation Center allotted by SDMC is being used by senior citizens on daily basis in large numbers to avail so many free facilities and extended Birthday Greetings to concerned members and pray to Almighty for their long life with sound health. Both the guests were also felicitated by J.R. Gupta & other members and extended thanks for their visit to Recreation Center in spite of their busy schedule, followed by refreshments. - A report by Mrs. Manjula Aggarwal, Incharge

TEACHERS DAY CELEBRATION ON 05.09.2021 AT RECREATION CENTER

Senior Citizens Council of Delhi celebrated Teachers Day on 05-09-2021 at its Recreation Center, Green Park Extension in the presence of more than 50 senior citizens. On this occasion, 5 Teachers/Principal/Professor (members of Council) were felicitated namely Raj Pal Gupta, Shashi Nangia, Sunita Sharma, Kamlesh Popli & A.K. Popli including Pt. Kavita Kant Bajpayee. Each of them also shared their experiences, while working in different schools. While welcoming, J.R. Gupta, President of the Council congratulated them and recognised their best services for the Society/Nation. He also lauded their services in building the career of so many students during their service period. The function concluded with light refreshments. -Mrs. Manjula Aggarwal

COUNCIL ORGANISES COVISHIELD VACCINATION CAMP AT RECREATION CENTER ON 20.08.2021

Senior Citizens Council of Delhi organized Covishield Vaccination Camp for the age group of 18+ at its Recreation Center, Green Park Extension in association with B.L.K. Max Hospital in which more than 100 persons availed the facility at their doorsteps. The vaccination team was consisting of doctor Sumit Sethi, nurses Anamika, Atulya & Sharmila along with computer operators Akash & Deepika. Council members including Manjula Aggarwal, Harikesh Shukla, Attendant & R.K. Singhal guided the visiting persons for vaccination. - A report by Mrs. Manjula Aggarwal, Incharge

8th WEBINAR OF ISU3A ORGANIZED ON 21.08.2021



The 8th Webinar of ISU 3A was organised online on 21.08.2021 on Zoom platform hosted by Sri R K Garg, Secretary General. Some 14 persons participated including Sri Ramakrishna Savaram from Vishakapatnam, Mr RN Mital from Hyderabad, Mr MK Raina from Haridwar and several others from different parts of India. The meeting started after waiting for a few minutes for more people to join. Sri RK Garg welcomed all. He spoke on the confusion about IDOP – 1st October started by UN and Senior Citizens day observed on 21st August by the USA and said that we may celebrate both days, more the merrier. He talked about Raksha Bandhan on 22nd August celebrated to foster love and affection among siblings. He added that Covid situation is improving but what does the third wave has in store for us is uncertain. Sri Khare spoke highly of the enviable position held by Sri JR Gupta through his leadership, achievements in securing prime space in Delhi for their SCA. He said JRG's experience will be very valuable to all of us. Dr Vyasamoorthy introduced the **Speaker Sri JR Gupta** briefly and formally, as he needs no introduction at all among us in ISU 3A. Thereafter Sri Gupta, with the help of a colourful Power Point Presentation projected by RKG, made an impressive presentation on Senior Citizens Recreation centres of Delhi during Covid-19. The apex body represents 18 lakh seniors. All activities are offered: Yoga, meditation, religious songs, bhajans, indoor sports – chess caroms card etc, physiotherapy, seminars, help in securing jobs, settling disputes of Elder Abuse, lectures by eminent people etc. Rightfully, he was proud of getting **1 000 sq mtr** of entire first floor in prime locality in South Delhi for his Recreation Center. His success is primarily due to his policy of keeping concerned politicians friendly and satisfied, always supporting the party in power, be it in Central Govt or Delhi Govt or SDMC. His advocacy points include: A raise of 2% interest for seniors' deposits; improving dignity and respect for the elderly in the Society. Other bullet points from his speech are: a) Loneliness mitigation is the prime motivator in all activities, b) 143 SCAs are with the Confederation, c) The centre is kept open on weekends also, d) Tours and trips are arranged frequently – even tours abroad. During Q&A session Sri Ayushi Gupta stressed that tours and travels must be resumed as soon situation improves. Sri Raina said that Sri Gupta should take the lead and rope in the support of Sri IM Bhalla of AISCCON and meet powers that be as a joint force. Sri Avinash appreciated that meditation being included in Seniors' activities and urged that we should fight for 2% increase in interest, asking: while bank employees enjoy it, why not we? Before he could propose a formal vote of thanks connect snapped, ending the meeting. On the whole, we had a very educative presentation by Gupta ji.

-DR. P.Vyasamoorthy

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| 1171 | Mrs. Manjusha,
A-10/3, (FF), Left side,
Vasant Vihar, New Delhi-110057 | | |

FREE LEGAL CONSULTATION BY ADVOCATE DEPUTED BY DELHI LEGAL SERVICES AUTHORITY, SOUTH DURING AUGUST, 2021



With the support of Delhi Legal Services Authority (South District), Advocate Karan Arora & Noor Alam visited Recreation Center, Green Park Extension on 17, 24 & 31.08.2021 & 07.09.2021 respectively. Both rendered free Legal advice sought by members of the Senior Citizens Council of Delhi, by observing social distancing norms in the presence of more than 50 members at their doorsteps up to 7th September, 2021. So far **2590** senior citizens have availed the facilities since **June, 2018** in sorting out their petty matters and also by creating awareness among other senior citizens. The Council is grateful to Ms. Nabeela Wali, Secretary, DLSA (South), for her continuous support. During the current financial year 2021-22, **410** senior citizens benefited from this facility up to **07.09.2021**.

-Mrs. Manjula Aggarwal, Incharge

COUNCIL EXTENDS MORAL SUPPORT TO MRS. MADHU SINGHAL (68)

Mrs. Madhu Singhal (68) was cheated by her own tenant of her flat at Khirki Extension by selling the same to unknown persons on the basis of forged documents and absconding since June, 2021. The Council has arranged two free Legal Aid Counsels with the support of Delhi Legal Services Authority (South District) for contesting the cases in criminal court and also to become party in civil suit filed by the illegal owners of that flat. She has extended thanks to the Council.

-Editor

SPECIAL PROGRAMMES

Free Consultation on Legal Matters by an Advocate & Sunderkand Path :- Every Tuesday from 2pm to 4pm followed by refreshments.
Free Homeopathy Dispensary :- Every Tuesday, Thursday and last Saturday from 1:00 pm to 3.30 pm
Free Physiotherapy from 2:00 pm to 4:00 pm on every Tuesday, Thursday and Saturday
Joint Birthday Celebrations of Council Members for the month of September (enrolled up to 31-08-2020) if confirmed before 15-09-2021 from 2 pm to 4 pm followed by refreshments subject to confirmation of Chief Guest
01.10.2021 - Elders Day Celebrations at Green Fields School, SJE with social distancing norms from 5:30 pm & onwards including Annual General Body Meeting of Council.
09.10.2021 :- Shree Durga Saptasati Path from 2 pm to 4 pm
Note :- Council Members who are unable to visit either daily Deer Park Satsang or Recreation Center may furnish their email id so that they can know special programmes through Elderly News.

-Editor

CONDOLENCES

I convey with sorrow demise of following members of Senior Citizens Council of Delhi from 01-09-2021 to 08-09-2021. I, on my behalf and members of the Council convey heartfelt condolences to the bereaved families & pray Almighty God to rest their noble souls in eternal peace and also give strength to bear irreparable loss.

LIEE MEMBER MEMBERSHIP NO ADDRESS

1. Sh. Naresh Chandra Sharma, 2221 19/552, Madangir, New Delhi-110062
2. Sh. Niwas Aggarwal, 1734 3315, Kucha Kas Gali, Bazar Sita Ram, Delhi

- J.R.GUPTA, PRESIDENT

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