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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

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KANWAL JEET ARORA, MEMBER SECRETARY, DSLA ADDRESSES SENIOR CITIZENSON 25-08-2019



Senior Citizens Council of Delhi organised Special Function in the presence of more than 200 members on 25-08-2019 at Recreation Center, Green Park Extension. **Chief Guest Sh. Kanwal Jeet Arora, Member Secretary, Delhi State Legal Services Authority** sensitized senior citizens about their rights including various provisions under Maintenance of Parents & Welfare of Senior Citizens Act, 2007. He also extended greetings to senior citizens whose Birthday falls in the month of August & also some of them were felicitated by him with shawl & a gift as a token of respect with Sh. Sanjeev Jain, ADJ. A small play on Shree Krishna-Yashoda was performed by ladies wing includes Mrs. Manjula Aggarwal, Mrs. Kailash Gupta & Mrs. Pushpa Mishra (Dance teacher), which was appreciated by all present. *-Contd on page 3 with more photos*

ANNUAL DAY OF SCA EAST VINOD NAGAR ON 18-08-2019



East Vinod Nagar, Senior Citizens Welfare Association celebrated its Annual Day function at Community Center, Mayur Vihar Phase-II in the presence of more than 250 senior citizens. **Sh. Manish Sisodia, Dy. Chief Minister, Delhi Govt.** was Chief Guest and J.R.Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi as Guest of Honor along with V.K.Pahuja and Pratap Singh. B.S.Thakur, General Secretary & R.P.Gautam, President welcomed and felicitated guests. J.R.Gupta, appreciated the efforts of Dy. C.M. in the field of Education in Delhi and also felicitated senior citizens aged 85 & above. Chief Guest also assured the members of his constituency to fulfill their demands of any development works as & when asked for. The function concluded with Cultural Programme, followed by lunch. *-A report by Pratap Singh*

SENIOR CITIZENS MEETS MRS. SHREYA ARORA MEHTA, SECRETARY, DSLA (SOUTH) ON 05-09-2019



A 4 members delegation of Senior Citizens Council of Delhi led by its President, J.R.Gupta met **Mrs. Shreya Arora Mehta, Secretary, DSLA (South)** in her office on 05-09-2019. The other members were L.R.Garg, Mrs. Usha Sharma & Mrs. Manjula Aggarwal. The delegation members also extended invitation to her to visit their Recreation Center at Green Park Extension on 29-09-2019. She accepted the invitation & assured to support Senior Citizens Awareness Programmes with the support of DSLA (South) as & when required. *- A report by Mrs. Manjula Aggarwal*

ANNUAL DAY CELEBRATIONS BY SCF DILSHAD GARDEN, POCKET - O ON 18-08-2019



Senior Citizen Forum, Recreation Center, Pkt-O, Dilshad Garden, celebrated its 4th Annual Function on 18-08-2019. The function was inaugurated by Social welfare Minister **Sh. Rajendra Pal Gautam** along with Councilor Sh. Veer Singh Panwar. *- A report by Radha Krishna, President*

PLANTATION DRIVE BY SENIOR CITIZENS AT COMMUNITY CENTER, GREEN PARK EXTN. ON 27-08-2019



Senior Citizens Council of Delhi launched Plantation Drive at its Recreation Center, on 27-08-2019. More than 100 saplings were planted around the Community Center in the presence of more than 150 senior citizens in order to achieve the motive Green Delhi-Clean Delhi. On this occasion, J.R.Gupta, President, told that trees are our lifeline and our true companions and saviors against the menace of air pollution. These 'green lungs' not only beautify our city & provide us clean air to breathe, but they are also the frontline soldiers for climate change mitigation. So, in our noble journey to make our beloved city greener & cleaner, we should join hands together, to plant saplings more & more in the appropriate available space in & around your Colonies across Delhi. *- A report by Pratap Singh*

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ELDERLY NEWS WISHES ITS READERS HAPPY NAVRATRAS, ELDERS DAY, GANDHI JAYANTI & DUSSEHRA

CONFEDERATION NEWS

SOCIAL SECURITY FOR ELDERS IN DELHI & INDIA



The rapid increase in population of senior citizens, the fast changing socio-economic conditions have led to Govt. of India & Govt. of Delhi, prioritizing old age related social security schemes. As such there is a need to ensure maximum coverage under existing as well as new social schemes including healthcare facilities in rural and semi-urban areas. In addition to this old age pensions should be bench-marked to the increasing living costs and there should be tax incentives for younger people tied to looking after dependent senior citizens. There should also be some kind of financial support for setting up network of caregivers for older persons at block level to look after older people living alone.

- L.R. GARG, EDITOR

BIRTHDAY CELEBRATION BY SCWA-ROHINI, SECTOR 13 ON AUGUST 2019



BIRTHDAY CELEBRATION BY SVN, SHALIMAR BAGH ON 31.08.2019



MAITRI MILAN BY SCWM, TAGORE GARDEN ON 25.08.2019



Senior Citizens Welfare Mission, Tagore Garden held a function "Maitri Milan" on 25th August 2019. App 250 members attended the function enjoying & cheering 24 members who presented their talents like self composed geet, poems, bhajans, patriotic songs etc.

- A report by R.K. Katyal, President

INDEPENDENCE DAY CELEBRATION BY MOTI NAGAR SCCA ON 14.8.2019



Moti Nagar Senior Citizens Cultural Association celebrated 73rd Independence Day of India at its Recreation Centre on 14.8.2019 in the presence of its Nigam Parsad and Dy. Chairman of MCD, under the chairmanship of its President, Mr. Subhash Sharma, Advocate, in which about 100 persons participated with patriotic songs, poems and speeches. At the end sweets were distributed.

- Reported Subhash Sharma, President

BIRTHDAY CELEBRATION BY SHIV PARK SCWF, SHALIMAR BAGH ON 28.08.2019



Shiv Park Senior Citizens Welfare Forum, Shalimar Bagh, had conducted a "Joint Birthday Celebrations & Felicitation function of Super Senior Citizens" above the age of 80 years, by giving them momentous & certificates, on 25th August, 2019.

- A report by Azad Tandon, General Secretary

INAUGURATION OF VAIKUNTHYAAN AT GURUDWARA GURU SINGH SABHA, SANT NAGAR ON 10-08-2019



J.R. Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi (an umbrella body of 11 Lakh senior citizens) inaugurated Vaikunthyaan at Gurudwara Guru Singh Sabha, Sant Nagar on 10-08-2019 sponsored by Sh. K.G. Maheshwari of Noida in a function organised by Mr. Mahesh Sharma of AAP International in the presence of more than 150 senior citizens. Gupta also thanked Mr. Maheshwari for his kind gesture. Mahesh Sharma felicitated J.R. Gupta with memento followed by lunch.

- A report by G.R. Sehgal, President, SCA, Sant Nagar

TOUR BY SIDHARTHA EXTENSION SR. CITZNS. WELFARE FORUM



Sidhartha Extension Sr. Citzns. Welfare Forum, had a group tour to Baghaan Orchard retreat near Garh Mukhteshwar in Distt. Bulandshahr from 18.6.19 to 20.06.19. It is very good and convenient place to visit for senior citizens. A talk on legal awareness was also arranged.

-M.M. Gupta, President

JOINT BIRTHDAY CELEBRATION BY SCF, SEC-18, ROHINI ON 28-7-2019



ACTIVITIES OF SCW SOCIETY, SHALIMAR BAGH, DURING AUGUST 2019



Independence Day was celebrated by the Society on 14th August, 2019 at Keshav Community Bhavan, Shalimar Bagh. Members & their spouses attended the function. National Flag was hoisted followed by National Anthem & the cultural programme. The programme began with Geet - Vijai Vishv Tiranga Pyara. Overwhelming response from members was noticed as around 27 members participated in the cultural programme. They sang patriotic songs, poems etc. and even danced on some songs. Grand children of Members, who scored more than 90% marks & above in Class X / XII Board Exam were felicitated.

-A report by P.P. Tuteja, General Secretary

GULMOHAR PARK SC FORUM PRESENTS A MUSICAL ENTERTAINMENT PROGRAM

Gulmohar Park SC Forum celebrated the birthday of its members by presenting a musical entertainment program on Sunday August 25, 2019. The program included skit, dance-drama, medley of group songs, recitation of poems etc. by members. It was directed by Ms. Pushpa Mishra and Ms. Madhu Bhandari. The group songs were on the theme of Independence Day and Rakhi & touched the heart of all. In the end, a cake was cut and the members with August birthday were felicitated.

- A report by Vimal Bhan

Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), Vimal Bhan, R.K. Singhal, Amar Chand Bansal & Mrs. Pushpa Mishra, Reporters : Pratap Singh, Mrs. Manjula Aggarwal, Gyan Singh Tokas & (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction.

E-mail: guptajr2005@gmail.com, Web: www.seniorcitizensdelhi.org.



Daily Spiritual Discourses at Deer Park (7AM & 8AM) Pt. Raghvender Das Ramayani (Chitrakoot) from 16.09.19 to 30.09.19, Pt. Ram Gyan Pandey (Vrindavan) from 01.10.19 to 15.10.19 & Pt. Shyamal (Mirzapur) from 16.10.19 to 31.10.19. Also at Shiv Mandir, Green Park from 5.15 pm to 6.15 pm daily, Shri Ram Mandir, B5 Block, Safdarjung Enclave from 7.30 pm to 8.30 pm daily, Sadbhavana Satsang Mandal, DDA Flats, Munirka on every Sunday from 9.30 am to 10.30 am & **RECREATION CENTRE, GREEN PARK EXTENSION DAILY FROM 3.30PM TO 4.30PM**

-H.D. RALHAN, Founder Member



APPEAL TO ENROLL LIFE SUBSCRIBERS OF ELDERLY NEWS : Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, which is exempted under 80G of Income Tax Act 1961.

-L. R. Garg, Secretary



APPEAL FOR AFFILIATION WITH CONFEDERATION

Till Date **137** Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 11 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt., all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only.

-B.S. Yadav, Secy. General

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for its members for the last **39 years**. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash including 1 photo with Rs. 500/- for Elderly News as life subscriber. **The Payment is also exempted under 80G of Income Tax Act. 1961.**

- A.C. BANSAL

JANMASHTMI CELEBRATIONS AT CENTRAL PARK, DDA FLATS, MUNIRKA ON 24-08-2019



Senior Citizens Council of Delhi in association with Sadbhavna Satsang Mandal, celebrated Janmashtmi at Central Park, DDA Flats, Munirka, in which more than 600 devotees participated. A cultural program was also performed by Badshah Arts Groups including children of residents under the guidance of Mrs. Chandra Pant which was appreciated by all present. Mrs Promila Tokas, MLA was the Chief Guest along with Mr. Dheeraj Tokas

including Shri Bhagat Singh Tokas, Area Councillor & Dr. Bharti daughter of Mrs Kapila Gaur. J.R.Gupta, President of Council & Sadbhavna Satsang extended Janmashtmi greetings to all present & also felicitated the guests. The prizes were distributed by Sh. Anil Sharma, Dy. Registrar, Supreme Court of India to the children, followed by vote of thanks by Sh. A.R.Bhatt . The function concluded with aarti & prasad. **-Reported Manjula Aggarwal**

MRS. PROMILA RANI FELICITATED DURING SUNDERKAND PATH AT RECREATION CENTER ON 03-09-2019



A Special Sunderkand Path was organised at Recreation Center, Green Park Extension with the support of **Mrs. Promila Rani** on 03-09-2019 in the presence of more than 150 senior citizens followed by refreshments. Mrs. Promila Rani was felicitated by female members of the Council.

- A report by Manjula Aggarwal

TEACHER'S DAY CELEBRATIONS ON 05-09-2019 AT RECREATION CENTER, GREEN PARK EXTENSION



Senior Citizens Council of Delhi celebrated **Teachers day** on 05-09-2019 at its Recreation Center, Green Park Extension in the presence of more than 150 senior citizens. On this occasion, 11 Teachers/Principals members of Council were felicitated namely Kanta Joshi, Promila Rani, Saroj Juneja, Ragini Gupta, Shashi Nangia, Kamlesh Popli, A.K.Popli, V.K.Jain, Ajay Kumar Payal, Subhash Gupta & Bhagwan Singh. Each of them also shared their experiences, while working in different schools. While welcoming, J.R. Gupta, President of the Council congratulated them and recognised their best services for the Society/Nation. He also lauded their services in building the career of so many students during their service period. The function concluded with light refreshments. **-A report by Mrs. Manjula Aggarwal**

RUDRABHISHEK AT RECREATION CENTER, GREEN PARK EXTENSION ON 12-08-2019



Senior Citizens Council of Delhi performed Rudrabhishek in the august presence of Pt. Rameshwaranand Pathak from Jaunpur (U.P.) at its Recreation Center, Green Park Extension on the occasion of last Monday of Shravan month on 12-08-2019 in the presence of more than 100 senior citizens followed by prasad.

- A report by Manjula Aggarwal

SENIOR CITIZENS MEETS RAHUL GARG, ADDITIONAL COMMISSIONER (CSD), SDMC ON 25-07-2019



A 4 members delegation of Senior Citizens Council of Delhi led by its President, J.R.Gupta met Sh. Rahul Garg, Additional Commissioner (CSD), SDMC on 25-07-2019 in his office. The other members were Vimal Bhan, Amar Bansal and V.K.Pahuja. The delegation members extended invitation to grace as Chief Guest in their Annual Day Celebrations. He accepted the invitation & assured to convey the date shortly. The delegation members also requested him to issue necessary directions to Chief Engineer (Electrical) to install lift in the Community Center, on priority basis as, funds of Rs.20 Lakh has again been released by SDMC.

- A Report by Vimal Bhan

FROM FRONT PAGE : - KANWAL JEET ARORA, MEMBER SECRETARY, DSLA ...



Pt. Aditya Prakash Tripathi (Chitrakoot) also extended birthday greetings to concerned senior citizens. J.R.Gupta, President of Council along with B.L.Bhardwaj, Ramesh Aggarwal & Amar Chand Bansal felicitated the Chief Guest with shawl and memento including Mr.Jain. He also congratulated all the female members for their nice performance during the aforesaid play including birthday greetings to all 32 members, followed by refreshments.

-EDITOR

SPECIAL SUNDERKAND PATH IN THE MEMORY OF LATE SH. BHAGWAN DAS KALRA ON 23-08-2019



Senior Citizens Council of Sunder Kand Path in the **Bhagwan Das Kalra**, Council/ Satsang on the Anniversary in the presence citizens. His daughter and Kundra (Rohini), Mrs & Mr. behalf of Kalra Family.



Delhi organized Special memory of Late Shri former Vice- President of occasion of his 7th of more than 150 senior son-in-law Mrs & Mr.Rajesh Ved Chawla participated on J.R.Gupta, President of

Council remembered Late Shri Bhawan Das Kalra, former Vice-President, while paying tributes and appreciated his self-less services rendered for the last so many years for the cause and care of elderly. He also thanked all staff members of K.B.Kalra and company, Chartered Accountants particularly, Shri K.B.Kalra, son of Late Shri Bhagwan Das Kalra and a resident of Safdarjung Enclave, and Mrs. Sonal Wadhwa, C.A. for their continuous cooperation and support for the last 14 years by preparing the annual accounts in respect of Council, Confederation and Deer Park Satsang on honorary basis. He also prayed to almighty God for their long life with sound health.

- A report by Manjula Aggarwal

FREE LEGAL CONSULTATIONS BY ADVOCATE DEPUTED BY DSLA SAKET COURT IN THE MONTH OF AUGUST, 2019



With the support of Delhi State Legal Services Authority (South District), during the month of August, 2019, Advocate Harpal Singh visited Recreation Center, Green Park Extension on every Tuesday and rendered free Legal advice sought by members of Senior Citizens Council of Delhi. J.R.Gupta, President of the Council says more and more members are coming forward to avail this free unique facility at their door steps and waiting for their turn on coming Tuesdays. So far, more than 1000 senior citizens have benefited in sorting out their petty matters and also by creating awareness among other senior citizens in the adjoining colonies.

- A report by Manjula Aggarwal

INDEPENDENCE DAY & RAKSHABANDHAN CELEBRATIONS AT DEER PARK & RECREATION CENTER



Senior Citizens Council of Delhi organised 73rd Independence Day & Rakshabandhan Celebrations on 15-08-2019 at Deer Park Satsang Sthal, near Hauz Khas Village and at Recreation Center, Green Park Extension in the presence of more than 200 senior citizens. National Flag was hoisted by J.R.Gupta, President along with other members followed by National Anthem. Mrs. Anima Sinha, eminent singer recited patriotic songs which were appreciated by all present. Pt. Rameshwara Nand Pathak from Jaunpur (UP) also recited patriotic poems including teachings for senior citizens based on Ramayana. Mrs. Pushpa Mishra (Dance Teacher) & Mrs. Kailash Gupta performed a small play on Rakshabandhan which was very emotional and appreciated by all including fancy dress competition by Sneha Lata Rupramka, Anita Chopra, Theresa Dieudonna, Sharda Jain, Nirmal Bhardwaj, Manjula Aggarwal & Naresh Gursay. J.R.Gupta, exchanged Independence Day greetings to all present including felicitation of both the guests followed by refreshments.

-A report by Gyan Singh Tokas

SEMINAR ON MENTAL HEALTH ON 14-08-2019



10 members of Senior Citizens Council of Delhi participated in a Seminar on Mental Health at Swabhiman Parisar on 14-08-2019 in the presence of more than 150 senior citizens. Ms. Kartika Jamdar from Maharashtra delivered a talk through power presentation which was appreciated. Chief Guest Sh. Kanwal Jeet Arora, Members Secretary, DSLSA briefed about Rights of Senior Citizens. Sh. Gautam Manan, Special Secretary, DSLSA, also addressed. J.R.Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi briefed about various free facilities provided to lonely senior citizens on daily basis including about the provisions of Maintenance Act, followed by lunch.

- A report by Mrs. Manjula Aggarwal

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GBM & BIRTHDAYS SIDDHARTHA EXTN., ON 18.08.19



GBM & Birthdays Siddhartha Extn., on 18.08.19 local MLC Ms.Darshna joined. Concluded with Birthdays of 46 members & lunch. Very nice & enjoying gathering.

- A report by M.M. Gupta, President

VEER SAGAR JAIN, PROF. LAL BAHADUR SHASTRI SANSKRIT UNIVERSITY ADDRESSES AT RECREATION CENTER ON 01-09-2019



Senior Citizens Council of Delhi arranged a talk on "Jeene ki Kala" by Veer Sagar Jain, Professor, Lal Bahadur Shastri Sanskrit Vidyapeeth on 01-09-2019 at its Recreation Center, Green Park Extension in the presence of more than 150 senior citizens. The talk was very useful and appreciated by all present, followed by refreshments.

- A report by Manjula Aggarwal

77TH BIRTHDAY OF L.R.GARG CELEBRATED AT DEER PARK SATSANG ON 10-09-2019



Senior Citizens Council of Delhi celebrated 77th Birthday of its Secretary, L.R.Garg, at Deer Park Satsang on 10-09-2019 in the presence of more than 200 senior citizens including his Samdhi Mr. L.R.Verma, his elder daughter Mrs.Suman Gupta. She also recited a poem in the honor of her father extending birthday greetings. J.R.Gupta, President, also extended birthday greetings to him along with other members & prayed to Almighty God for his long life with sound health followed by distribution of refreshment packets.

- A report by Manjula Aggarwal

FINANCIAL AWARENESS PRESENTATION AT RECREATION CENTRE GREEN PARK EXTN ON 8.9.2019



Senior Citizens Council of Delhi organised Financial Awareness Presentation in association with Gaindamull Hemraj Financial Services, Faridabad led by Mr. Neeraj Jain and Mr. Tejpal Singh at Recreation Center, Green Park Extension on 08-09-2019 in the presence of more than 100 senior citizens followed by refreshments.

- A report by Mrs. Manjula Aggarwal

SPECIAL PROGRAMMES AT RECREATION CENTER, GREEN PARK EXTENSION

Free Consultation on Legal Matters by an Advocate :- Every Tuesday from 2pm to 4pm
Sunderkand Path:- Every Tuesday from 1:30pm to 3pm followed by prasad/refreshments
Free Homeopathy Dispensary:- Every Tuesday, Thursday and Saturday from 1.30pm to 3.30pm
12-09-2019 : Talk on Financial Awareness from 2:30 pm to 3:30 pm followed by refreshments.
19-09-2019 : Performance by 10 members cultural group from Mauritius at Deer Park from 7 am onwards.
29-09-2019 : Joint Birthday Celebrations of Council Members (enrolled upto 31-08-2019) if confirmed before 20-09-2019 from 1:30 pm to 3:30 pm followed by refreshments.
01-10-2019 : Elders Celebrations from 6:30 pm onwards at Green Fields School, Safdarjung Enclave, for Council Members only.

-EDITOR