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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

E-mail : guptajr2005@gmail.com
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DAILY FREE VARIOUS FACILITIES FOR SENIOR CITIZENS IN RECREATION CENTER, GREEN PARK EXTN. FROM 12.30 NOON TO 5.00 PM, Ph. : 011-40537962

AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 18 LAKH SENIOR CITIZENS)

VOL : 010

Issue No. : 118

MONTH : OCTOBER, 2023

Rs. 5/-

RAVINDRA SINGH YADAV, IPS, SPECIAL COMMISSIONER, CRIME & EOW ASSURED TO SENIOR CITIZENS THAT DELHI POLICE IS COMMITTED TO PROVIDE SECURITY 24 HOURS AS & WHEN NEEDED.



Senior Citizens Council of Delhi organized Elders Day Celebrations at Air-Conditioned Assembly Hall, Green Fields School, Safdarjung Enclave in the presence of large number of its members on 01-10-2023. Chief Guest was Ravindra Singh Yadav, IPS, Special Commissioner, Crime & EOW assured

Senior Citizens that Delhi Police is committed to provide security to them 24 hours as & when needed. He also felicitated Thakur Das Gupta (88) with a shawl including students & dance Teachers of Green Fields School. He praised their cultural performance. Guest of Contd at Page 3 with more Photos

82ND BIRTHDAY OF L. R. GARG CELEBRATED AT DEER PARK SATSANG ON 10-09-2023



L to R:- Ayushi, Jyoti Garg, Suman Gupta, R. S. Verma, Pt. Ram Gyan Pandey, L.R. Garg, Pratap Singh, J. R. Gupta, B. N. Singh, G. S. Tokas & S. S. Dhawan

Senior Citizens Council of Delhi celebrated 82nd Birthday of its Secretary, L. R. Garg at Deer Park Satsang in the presence of large number of devotees. Sweet packets were distributed by the family members of L. R. Garg. J. R. Gupta, President felicitated L. R. Garg including his Samdhi R. S. Verma, his daughter-in-law Jyoti Garg & also daughter of Suman Gupta in the presence of Pt. Ram Gyan Pandey & other members of Contd at Page 3 with more Photos

FELICITATION OF V. K. BHADANE (86), PRESIDENT, AISCON AT GREEN PARK EXTN. NEW DELHI ON 20-09-2023



L to R:- Pritam Singh, S. R. Sahu, S. M. Singhal, Mahender Mishra, J. R. Gupta, V. K. Bhadane(86), D.S. Upadhyay, Pt. R.D. Ramayani, Nirmal Aggarwal & Kashmiri Lal.

During daily Recreational Activities at Recreation Centre of Senior Citizens Council of Delhi, J. R. Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi having affiliated 145 SCAs across Delhi & NCR, felicitated V. K. Bhadane (86), President, All India Senior Citizens Confederation, Mumbai on 20-09-2023 in the presence of large number of Senior Citizens. A report by R. K. Singhal, Incharge.

44 COUNCIL MEMBERS VISITED BAIDYANATH DHAM FROM 02 TO 04-09-2023



44 Members of Senior Citizens Council of Delhi visited Baidyanath Dham by Air / Train. They stayed in AC Double Bed Rooms at Hotel Sai & Marwari Kanwar Sangh Dharamshala. 26 members were welcomed at Deoghar Airport on 02-09-2023. All 44 members got VIP Darshan of Baba Baidyanath Dham & Vasuki Dham with the kind gesture of Vishal Sagar, IAS, DM, Deoghar as

advised by Resident Commissioner, M. R. Meena of Jharkhand Bhawan in New Delhi in spite of heavy rush. Due to heavy rain in Deoghar, Indigo Airlines cancelled their flight for 04-09-2023 & all members had to come in Duronto Express Train & reached in the early morning of 05-09-2023. A report by R. K. Singhal, Incharge.

COUNCIL / CONFEDERATION EXTENDS MORAL SUPPORT & LEGAL GUIDANCE TO SENIOR CITIZENS



Smt. Nutan Gupta, (68 yrs) resident of South Extension, Part-II visited Recreation Centre on 05-09-2023 along with copy of FIR No. 0230 dated 23-06-2023. Complaint, has been abused, beaten, harassed & threatened to kill by her husband, in connivance with maid servant & security guard. The matter was immediately taken up with Commissioner of Police on 06-09-2023 to take legal action against aforesaid persons & to provide security to complainant so that she could live peacefully with her son. No further harassments reported so far. She has extended thanks to the Confederation for their regular moral support & legal guidance as & when asked for regularly. - Editor



Smt. Vimla Devi, widow (62 yrs) resident of Ambedkar Colony, Bijwasan, visited Recreation Centre on 24-09-2023, has been abused, beaten, harassed & threatened to kill by her younger son & his wife, already lodged in Police Station Kapashera in order to grab her property. The complainant has already disowned both younger son & his wife on 30-09-2020. The matter was immediately taken up with Commissioner of Police & DM/ADM, SW on 25-09-2023. No further harassments reported so far. She has extended thanks to the Confederation for their regular moral support & legal guidance - Editor

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ELDERLY NEWS WISHES ITS READERS GANESH CHATURTHI, WORLD ALZHEIMER'S DAY, CANCER DAY, HEART DAY & ELDERS DAY.

CONFEDERATION

SENIOR CITIZENS HAVE A FUNDAMENTAL RIGHT TO LIVE WITH DIGNITY



Every Senior Citizens has a fundamental right to live with dignity. Violation of the same can be challenged under provision of 2 Acts in India. (1) The Hindu Adoptions & Maintenance Act 1956, (2) The Maintenance & Welfare of Parents & Senior Citizens Act, 2007. The population of Senior Citizens in Delhi-NCR is 18 Lakh. The Theme of **International Day of Older Persons** is to fulfill the Promises of the Universal Declaration of Human Rights for Older Persons, Across Generations. Senior Citizens Council of Delhi would celebrate Elders Day on 01-10-2023 at Green Fields School, Safdarjung Enclave. **-L.R. GARG, EDITOR.**

TEACHERS DAY CELEBRATED BY SCWS, SHALIMAR BAGH ON 05-09-2023



Senior Citizens Welfare Society, Shalimar Bagh organized Teacher's Day celebrations at its Recreation Centre on 05-09-2023 & felicitated 11 Women retired teachers. **A report by P. P. Tuteja, General Secretary.**

PADYATRA BY MAHARANI HEMLATA RAJE OF MARWAR ON 01-09-2023



Her Highness Maharaniji Hemlata Raj of Marwar started padyatra for Ramdeora Temple, Runija from Jodhpur on 01.09.2023 to inspire the people and to bring happiness and prosperity to the land of Marwar. On this occasion, Jodhana Senior Citizens Society members Ram Raj Bhandari, Patron, Premasukh Daga, President & Satya Narain Agarwal & few others presented BUKE to Her Highness & wished for success in her mission. **A report by Satya Narain Agarwal.**

BIRTHDAY CELEBRATION OF SHIV PARK SENIOR CITIZEN WELFARE FORUM, SHALIMAR BAGH ON 03-09-23



During AGM, Shiv Park Senior Citizen Welfare forum, Shalimar Bagh organized Birthday Celebrations of its Members born in the month of August, 2023 on 03-09-2023. **A report by Azad Tandon, General Secretary.**

7th AGM OF GULMOHAR SENIOR FORUM HELD AT GULMOHAR CLUB ON 10-09-2023



Gulmohar Journalists Colony Senior Citizens Forum held its 7th Annual General Body Meeting on 10-09-2023 at its Centre at Gulmohar Club. **A report by Vimal Bhan.**

SUNDERKAND PATH BY SCWA, SECTOR-13, ROHINI ON 16-09-2023



Silver Citizen's Welfare Association, Rohini, Sector-13 organised Sunderkand Path on 16.09.2023. **A report by D. K. Mehra, Treasurer.**

DSCWO ORGANIZED DIGITAL AWARENESS PROGRAMME ON 10-09-2023



Das Senior Citizens Welfare Organization, Dilshad Garden organized Digital Gurukul Programme & Digital Awareness Programme in Association with Smarth International School, Main Wazirabad Road, Delhi & HelpAge India at its Recreation Centre on 10-09-2023 on the occasion of Grandparents Day. **A report by K. N. Chhabra, President.**

NEW EXECUTIVE BODY OF VARISHTH NAGRIK KALYAN SANSTHA, UTTAM NAGAR ON 29-04-2023

Mahavir Singh Bhardwaj, President, Nihal Singh Yadav & Smt. Premwati, Vice-President, Om Prakash Wadhwa, General Secretary, Yogesh Kr. Sharma & Md. Rafiq, Joint Secretary, Dharambir, Treasurer and other members. **A report by O. P. Wadhwa, General Secretary.**

FREE HEALTH CHECK-UP CAMP BY SAHYOG VARISHTH NAGRIK MANCH, SHALIMAR BAGH ON 10-09-23



Members of Sahyog Varisht Nagrik Manch, CC Block, Shalimar Bagh participated in Free Health Check-up Camp in the premises of Max super specialty Hospital, Shalimar Bagh on 10-09-2023. **A report by R. K. Nanda, President.**

JOINT BIRTHDAY CELEBRATIONS BY MCD RETIRED ENGINEERS ASSOCIATION ON 22-09-2023



Monthly Meeting of Executive Committee of MCD Retired Engineers Association Delhi held on 22/09/2023 at Safdarjung Club. Joint Birthday of 11 members, born in the month of September was celebrated, by presenting Birthday Wish Cards, prepared by the Senior Vice President of the Association, Sh. R. S. Bhatia. **A report by D. K. Sangal, Treasurer.**

SAHYOG VARISHT NAGRIK MANCH, SHALIMAR BAGH ORGANIZED B'DAY CELEBRATION ON 31-08-23



Sahyog Varisht Nagrik Manch, CC Block, Shalimar Bagh organized Birthday Celebration of its members born in the month of August on 31-08-2023. **A report by R. K. Nanda, President.**

SCA PUNJABI BAGH CELEBRATED ELDERS DAY



Sca Punjabi Bagh celebrated Elders Day on 02.10.2023 in the presence of large number of members including Gandhi Jayanti and Lal Bahadur Shastri Jayanti. **A report by S.P. Garg, General Secretary.**

Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), K.K.Mehta (Tagore Garden), Dinesh Kumar Sangal (Arjun Nagar)
Reporters : Pratap Singh , R.K.Singhal & Gyan Singh Tokas (Chief Editor J.R. Gupta Responsible only for selection of News under the P.R.B. Act . 1867). All disputes , subject to Delhi Jurisdiction.
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Daily Spiritual Discourses, at Deer Park Satsang (7am to 8am), Recreation Centre, Green Park Extn. (3pm to 4 pm) & Shiv Mandir, Green Park (5:15pm to 6:15pm) & Sadbhawna Satsang Mandal, Munirka every Sunday (9:30am to 10:30am) respectively, **from 16-09-2023 to 30-09-2023** Pt. Raghvender Das Ramayani, Chitrakoot, **01-10-2023 to 15-10-2023** Pt. Mahesh Mishra Bhopal & **from 16-10-2023 to 31-10-2023** Pt. Suresh Mishra, Azamgarh, UP – **Editor.**



APPEAL TO ENROLL LIFE SUBSCRIBERS OF ELDERLY NEWS

Elderly News requests to all its readers to enroll themselves by making one time payment of Rs. 500/- along with one photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, IFSC code :BKID 0006036. The amount is exempted under 80G of Income Tax Act 1961. **-L. R. Garg, Secretary**



APPEAL TO ENROLL LIFE SUBSCRIBERS ELDERLY NEWS BY CONFEDERATION MEMBERS

Elderly News requests to all its readers to enroll themselves by making one time payment of Rs. 500/- along with one photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, IFSC code :BKID 0006036. The amount is exempted under 80G of Income Tax Act 1961. **-B.S. Yadav, Secretary General**

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for the last 42 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of such cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any senior citizen residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque / cash as life membership fee. The amount can also be deposited in the name of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, Saving Bank Account No : 603610110001482, IFSC Code : BKID 0006036. The amount is exempted under 80 G of Income Tax Act, 1961. **- H.D. Ralhan, Life Member**

FROM FRONT PAGE ---- RAVINDRA SINGH YADAV, IPS, SPECIAL COMMISSIONER, CRIME & EOW ASSURED TO SENIOR CITIZENS THAT DELHI POLICE IS COMMITTED TO PROVIDE SECURITY 24 HOURS AS & WHEN NEEDED.



Honour was **Judge Abhinav Pandey, DSLSA**, who felicitated 3 winners by lucky draw & wishes Elders Day Greetings to all. Dr. Tanuj Kanti Chaudhari from MAX Smart Super Specialty Hospital, Saket delivered a health talk, **Dr. Bhushan Naraini** from BLK-MAX Super Specialty Hospital, Pusa Road on Bones & Joints, **Dr. Sheetal Kishanpuriya** from Sharp Sight Eye Hospitals on

Eye Care, which were praised by all present. **J. R. Gupta, President** thanked Chief Guest & Guest of Honour for gracing the function in spite of their busy schedule. The function concluded with delicious dinner followed by a gift of single bed sheet to all present, as a token of respect & regards. **A report by R. K. Singhal, Incharge.**

J. R. GUPTA ADVISES PARENTS NOT TO EXECUTE SALE-DEED OR GIFT-DEED IN THE NAME OF THEIR CHILDREN, RATHER SHOULD EXECUTE WILL SO THAT THEY COULD BE LOOKED AFTER DURING THEIR LIFE TIME.



Help Age India organized a seminar on Empowering Older Women on the occasion of Marking **International Day of Older Persons** at **IIC Auditorium** in which **Kiran Bedi, IPS, Former Commissioner of Delhi Police & Lt. Governor of Puducherry** was the Chief Guest. **Rohit Prasad, CEO, HelpAge & Kiran Karnik, Chairperson** welcomed all Senior Citizens. 1st Session was moderated by **Sonali Sharma, Head-Communications**. The speakers were all women namely **Sadhna Sharma, Chandra Mittal, Neelam Maini, Veena Bajaj & Suman Chandana**, in the presence of SCAs **Shalimar Bagh, Sant Nagar** including 45 Members of Senior Citizens Council of Delhi affiliated with Confederation of Senior Citizens Associations of Delhi (An umbrella body of 18 Lakh Senior Citizens). 2nd Session was moderate by **Anupama Datta, Head –Policy, Research & Advocacy**. The

speakers were **Binu Nair, Amrita Kapoor, Rekha Khandelwal, Anuradha Sharma & male speaker J. R. Gupta, Chairperson of Confederation**. He spoke about participation of Women in SCAs, change in their life, their Aspirations & Women-Ageing. He also mentioned inordinate delay of more than 2 years in 11 Tribunal Courts of District Magistrate & also in Appellate Court of Divisional Commissioner, although, under the Maintenance Act, in Elder Abuse cases against the prescribed limit of 90 days. He also spoke about Elder Abuse cases which were amicably solved. He advised Senior Citizens not to execute Sale-Deeds, Gift-Deeds & rather go for executing will in the name their children so that such Senior Citizens could be looked after till their life. A cultural programe was also performed followed by lunch. **A report by R. K. Singhal, Incharge.**

FROM FRONT PAGE 82ND BIRTHDAY OF L. R. GARG CELEBRATED AT DEER PARK SATSANG ON 10-09-2023



Council namely **Pratap Singh, B. N. Singh, Gyan Singh Tokas & S. S. Dhawan**. On this occasion, **J. R. Gupta** lauded selfless services of **L. R. Garg** as Secretary of the Council. He prayed Almighty for his long life with sound health including his wife. His daughter **Suman Gupta** also spoke about her father **L. R. Garg** which was appreciated by all present, followed by sweet packets with the support of family of **L. R. Garg**. **A report by Gyan Singh Tokas, Executive Member.**

FELICITATION OF MAHENDRA KR. GUPTA & MRS. ASHA GUPTA AT DEER PARK SATSANG ON 20-09-2023.



L to R:- R.S. Singh, K.K.Tokas, L.R.Garg, M.K. Gupta, Ratan kaur, Shama Kaur, Asha Gupta, J. R. Gupta, Samjit Rai, A. K. Makhija & S.C. Kapur. During daily Deer Park Satsang, **Mahendra Kumar Gupta & his wife Mrs. Asha Gupta** felicitated on 20-09-2023 in the presence of large number of devotees. Both attended Satsang after coming from Sector-39, Surajkund Road, Faridabad, followed by prasad. **A report by Gyan Singh Tokas, Executive Member.**

FELICITATION OF HINDI WRITER RAJINDER PRASAD AT DEER PARK SATSANG ON 26-09-2023



L to R:- Pratap Singh, Pt. R. D. Ramayani, L.R. Garg, R. Prasad, J. R. Gupta, B. N.Singh, N. Pandey & A.K. Makhija During daily Deer Park Satsang, Eminent Hindi Writer, **Rajinder Prasad** felicitated by **J. R. Gupta & other members** including **Pt. R. D. Ramayani**. He has written many useful books & still working in DOPT. He is dedicated for Satsang always as & when he got any opportunity, followed by prasad. **A report by L. R. Garg, Secretary.**

MRS. NEELAM MALHI FELICITATED AT CENTRE ON 27-09-2023



During daily Satsang at Recreation Centre, **Mrs. Neelam Malhi** felicitated at Recreation Centre by **Pt. R. D. Ramayani** of Chitrakoot & other members on the occasion of Birthday of her son, who is presently in Hongkong. **J. R Gupta** prayed Almighty for his long life with sound health including best wishes for his Academic Career in future life. **A report by R. K. Singhal.**

J.R. GUPTA RE - ELECTED PRESIDENT OF COUNCIL ON 01-10-2023

During AGM at Green Fields School on 01.10.2023, Returning Officer **Cherian Mathew** declared elected **J.R. Gupta, President, Ramesh C. Agarwal, Vice - President, L.R. Garg, Secretary, Pratap Singh, Treasurer. Executive Members = Sardare Singh, G. S. Tokas & Usha Sharma** from 01.04.2024 to 31.03.2026. **- Editor**

DR. AVTAR SINGH DELIVERED TALKS ON WORLD ALZHEIMER'S DAY & WORLD HEART DAY, 2023



World Alzheimer Day is celebrated on 21 September every year. It provides an opportunity to raise awareness, address misconceptions and promote understanding of the disease & dementia. This year's 2023, World Alzheimer's Day theme is "Never too early, Never too late". Alzheimer is the most common cause of dementia among elderly. Senior Citizens Council of Delhi every year creating

Awareness by delivery of Health Talk by eminent Doctors from time to time. It helps in early detection and diagnosis to improve access to appropriate care and support. This Day offers support to individuals living with Alzheimer's by sharing information about available resources, services and community support. It also provides educational materials and programs to help the public to understand it's signs and symptoms. He also delivered a talk on Healthy Heart on 29-09-2023 at Centre. He also advised Senior Citizens to adopt several ways like partaking in physical exercises, stopping smoking, quitting alcohol and starting a healthy diet and keeping blood pressure and cholesterol under normal range. One can plan his own event or share tips and encouraging messages on social media to get involved. Keep your Heart healthy and help others to do the same. **A report by R. K. Singhal, Incharge.**

COUNCIL FELICITATED 6 RETIRED TEACHERS / PRINCIPAL AT RECREATION CENTRE ON 05-09-2023



The Senior Citizens Council of Delhi celebrated Teachers Day on 05-09-2023 at its Recreation Centre, Green Park Extension in the presence of larger number of its members. On this occasion, 6 retired Teachers/Principal. Each of them also shared their experiences, while working deference school. While welcoming, **J. R. Gupta, President** congratulated them & recognized their best services for the Society / Nation. He also lauded their services in building the carrier of so many students during their service period. The function concluded followed by refreshments packets. **A report by R. K. Singhal, Incharge.**

FREE LEGAL CONSULTATIONS BY ADVOCATE DEPUTED BY DLSA (SOUTH)



With the support of DLSA (South District), Advocate P. Pankaj, Legal Aid Counsel visited Recreation Centre, Green Park Extn, on every Tuesdays falling on 05 & 12-09-2023. Legal Aid Counsel Vinita Sharma also visited on 26-09-2023. Both rendered free Legal advice sought by members of the Senior Citizens Council of Delhi in the presence of more than 1900 members at their doorsteps on 3 days. So far 9450 senior citizens have availed the facilities since June, 2018 in sorting out their petty matters and also by creating awareness among other senior citizens. The Council is grateful to Sukhjeet Singh, Secretary, DLSA (South) for his continues support. During the current financial year 2023-24, 2200 Senior Citizens benefited up to 30-09-2023. A report by R. K. Singhal, Incharge.

DELHI LEGAL SERVICES AUTHORITY, SAKET, SOUTH IS COMMITTED TO SERVE SENIOR CITIZENS SAYS JUDGE, SUKHJEET SINGH, SECRETARY, DLSA, SOUTH AT RECREATION CENTRE ON 26-09-2023



During Special Function organized by Senior Citizens Council of Delhi at its Recreation Centre Green Park Extension on 26-09-2023, in the presence of larger number of members, Chief Guest, Judge, Sukhjeet Singh, Secretary, DLSA, South was very happy to see efforts of Council to provide various free facilities in its Centre on daily basis such as Homoeopathy Dispensary, Physiotherapy, Blood sugar test, Computer Training, Yoga Classes, Library, News Papers, Television, Carom Board, Chess, Ludo, health checkup camps, consultations from eminent doctors & Spiritual Discourses including deputing Legal Aid Counsel on every Tuesday to educate awareness of

COUNCIL WOULD HOST 15 MEMBERS DELEGATION OF MAURITIUS IN DELHI FROM 23 TO 27-11-2023

Senior Citizens Council of Delhi is pleased to host 15 members delegation of Senior Citizens Council, Mauritius from 23 to 27-11-2023 under the MOU of Exchange Programme. The details of their stay & activities are being worked out separately.

RSVP :- J. R. Gupta, President

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1410		Smt. Anita Tanwar, C-101, Mahindra Appt. Vikaspuri, New Delhi -18 Mob : 9971167640	1415		Smt. Vimla Devi, 49A, Ambedkar Colony, Bijwasan, N. D.- 110061 Mob : 9990240101
1411		Smt. Nutan Gupta, C-73, South Extn. Part-II New Delhi - 110049 Mob : 9650993601	1416		Sh. Dilawar Singh Tomar, C-77/3, A2 Flat, JVTS Garden Chhatarpur Extn. New Delhi - 110074
1412		Mrs. Kusum Mahendra Patel, ASPEN, D-202, OMAXE, SPA Village, Sec-78, Faridabad, Mob : 9810641768	1417		Sh. Mukesh Kumar, 768/6, Mehrauli, New Delhi -110030 Mob : 9811921395
1413		Sh. Harish Kumar Khanna, C/O Ravi Khanna (Son), B7- Extension, GF, SJE, N.D.-29 Mob : 9981304469			

DLSA's various activities. He also spoke about Helpline No -1516 & its benefits round the clock. He assured to serve Senior Citizens at any time as far as DLSA is concerned. He also felicitated 12 Senior Citizens born in the month of September during Joint Birthday Celebrations by shawls as a token of respect & regards. J. R. Gupta, President thanked him for gracing our special function in spite of busy schedule. He also felicitated him. He also extended Birthday Greetings to concerned members & prayed to Almighty for their long life with sound health, followed by refreshment packets. A report by R. K. Singhal, Incharge.

SUGANDHI JAIN, LEGAL AID COUNSEL DELIVERED A TALK ON CYBER CRIME ON 25-09-2023



During Special Function organized by Senior Citizens Council of Delhi at its Recreation Centre Green Park Extension on 25-09-2023 in the presence of larger number of members, Sugandhi Jain, Legal Aid Counsel, deputed by Sh. Sukhjeet Singh, Secretary, DLSA, South, delivered a talk on Cyber Crime in details. She advised Senior Citizens not to share their OTP No. under any circumstances, otherwise your bank account would be Zero by habitual cyber crime fraudsters. She also advised them to educate their grandsons / grand-daughters in this regard. The talk was very useful, followed by Question-Answer session. Earlier, J.R. Gupta, President, felicitated her & thanked her, followed by refreshment packets. A report by R. K. Singhal, Incharge.

SPECIAL PROGRAMS AT RECREATION CENTRE

08-10-2023 : Lok Adalat by DSLSA.

21-10-2023 : Shri Durga Sapatshati Paath at Centre 2.30 pm – 3.30 pm.

26-10-2023 : Joint Birthday Celebrations for the members up to Life Membership number 2464 & enrolled up to 30-09-2022 born in the month of October on or before 31-10-1962, subject to availability of Chief Guest. Confirmation should reach latest by 10-10-2023 positively.

28,29 & 30-10-2023 : ISU3A Conference on Ageing at Chennai hosted by Mr. Sathyamoorthy at Hotel Karpagam International, Mylapore, Chennai.

14 to 18-11-2023 : Visit to Trade Fair at exhibition ground, Pragati Maidan.

Souvenir 2023 : Please collect the same if not already collected. Either from Deer Park Satsang from 7 am to 8 am, Recreation Centre from 3 pm to 4 pm on any day including Sundays / Holidays.

CONDOLENCES

The following Life Members of Council has left for heavenly abode during the last one month from 11-09-2023 to 10-10-2023.

LIFE MEMBER	MEMBERSHIP NO.	ADDRESS
1. Sh. C. L. Bhalla	646	G-51, Green Park, ND-16

- HARI OM SHANTI SHANTI - J. R. GUPTA, President

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