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SENIOR CITIZENS COUNCIL OF DELHI

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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., DSLSA & SENIOR CITIZENS CELL OF DELHI POLICE

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AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 18 LAKH SENIOR CITIZENS)

VOL : 008

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Rs. 5/-

INTERACTION SESSION WITH SENIOR CITIZENS OF DELHI WOULD BE ORGANIZED SHORTLY SAYS RAKESH ASTHANA COMMISSIONER OF POLICE, DELHI



L-R :- Y.N. Sharma, V.P. Gupta, J.R. Gupta, Rakesh Asthana (C.P.) & Chander Sachdev

A 4 members delegation of Confederation of Senior Citizens Associations of Delhi (An umbrella body of 18 Lakh senior citizens) led by its Chairperson J. R. Gupta met **Rakesh Asthana, IPS, Commissioner of Delhi Police** in his office at new PHQ, on 27.09.2021. Other members were Y.N.Sharma, V.P. Gupta & Capt. Chander Sachdev. Delegation members requested him to organize interaction session with senior citizens of Delhi at any auditorium as was done at Siri Fort Auditorium in 2018 by Amulya Patnaik, the then C. P. on 05.07. 2018 and also at Deer Park Satsang Sthal on 10.04.2016 by Alok Kumar Verma, the then C.P. Rakesh Asthana assured the delegation members to organize interaction session shortly. Delegation members hailed his initiatives for attaching PCR units with Police Stations.

- Capt. Chander Sachdev

COUNCIL EXTENDS MORAL SUPPORT TO SENIOR CITIZENS



Kailash Chand Sharma (64) resident of Humayun Pur Village approached the Council for intervention as her daughter - in -law Mrs. Meetu Goswami had been abusing, harassing mentally & physically, threatening to lodge false cases with a sole motive to grab his property. The matter was taken up with the Commissioner of Police on 07.09.2021 for giving him protection as her daughter -in-law bite him on his hand. His daughter-in-law vacated his house on 03.10.2021 and shifted to village Munirka, now living with her husband. Kailash Sharma has conveyed thanks to J.R.Gupta, President.

-Editor



Rajat Pandhi (66), resident of Mayur Vihar, Phase -I approached the Council, as his son Pratham Pandhi had been abusing, harassing mentally & physically and threatening to lodge false cases with a sole motive to sell his house in connivance with his sister Mrs. Pankhuri Kohli and others, as he was planning to go to Spain on 03.09.2021. The matter was taken up with the Commissioner of Police on 02.08.2021 for providing security to the complainant was also sent. A copy of the letter to the Additional District Magistrate and persuade his son to live with the complainant in the fag end of his life so that he could live peacefully in his own house. Tribunal Court of ADM stayed the departure of his son. Complainant has extended his thanks to the Council.

-Editor

SHIBESH SINGH, ADDITIONAL C.P. CHAIRS MEETING OF STATE LEVEL ADVISORY BODY OF DELHI POLICE ON 24.09.2021



A State Level Delhi Police Advisory Body meeting was held on 24.09. 2021 at 7th Floor, Tower-2 at new PHQ, Jai Singh Road, New Delhi which was chaired by **Shri Shibesh Singh, IPS, Additional Commissioner of Police (Crime)** to discuss Safety and Security of senior citizens, identification & registration of senior citizens living alone, conduction of security audit, creation of awareness about the Maintenance & Welfare of Parents and Senior Citizens Act 2007 and Role of Senior Citizens Associations in the safety and security of senior citizens. Eminent senior citizens across Delhi participated along with Sh. Rajan Bhagat, Consultant, Additional D. C.P.s level officers of all the Districts including Traffic Police. On behalf of Confederation of Senior Citizens Associations of Delhi (an umbrella body of 18 lakh senior citizens), J.R. Gupta, Chairperson, attended the meeting and raised vital issues concerning safety and security of senior citizens. He appreciated

decision of new Police Commissioner for the attachment of PCRs with Police Stations across Delhi. He also suggested that senior citizens between the age of 75 & 90 yrs should be allowed to drive their cars without seat belt due to having many operations in the past and dress of Civil Defence Volunteers like Delhi Police needs to be changed, as they are misusing, while issuing the violation of traffic Challans on roads. It was also agreed in the meeting that beat Constables should visit lonely Senior Citizens at least twice in a week regularly. The members also suggested to have monthly meetings at SHO Level and after every 3 months at the level of DCP regularly. After hearing the views of all the members, Shri Shibesh Singh, assured to take remedial measures to address their grievances / suggestions in due course. The meeting ended with a vote of thanks to the Chair.

- Editor

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ELDERLY NEWS WISHES ITS READERS HAPPY DUSSEHRA, DEEPAWALI, BHAIYA DOOJ, GURU NANAK JAYANTI

CONFEDERATION NEWS

SENIOR CITIZENS HAVE A FUNDAMENTAL RIGHT TO LIVE WITH DIGNITY



Every Senior Citizen has a fundamental right to live with dignity. Violation of the same can be challenged under provisions of two Acts in India : 1. The Hindu Adoptions and Maintenance Act (1956) and 2. The Maintenance and Welfare of Parents and Senior Citizens Act, 2007. The COVID -19

pandemic has exposed the need for Digital Society which has become prime need of the hour especially for the vulnerable elderly population those who have never used or needed a smartphone or computer during their working life. Now every things they need to do relies on smartphone /computer. But most of such high literate elder are digitally illiterate. So Digital empowerment for seniors is truly the fundamental need without our older generation faces the risks of digital isolation and may well be deprived of a life with dignity. We are celebrating annually on October 1st as "International Day of Older Persons" and its theme of the current year - 2021 commemoration is "The Elder Recreation Activities -era" which is a charity organization of the Elders, for the Elders, by the Elders emphasises for promoting digital literacy among elder which is nowadays, a fundamental right. **-L.R.Garg, Editor**

INTERNATIONAL SENIOR CITIZENS DAY ON 01.10.2021 BY JODHANA SENIOR CITIZENS



Jodhana Senior Citizens Society (Reg), Jodhpur celebrated 32 nd International Senior Citizens day at 'ASTHA' Old age home. Occasion is graced by retired working chief judge **Shri Vinti ji Kothari and his wife Smt Meena Kothari** renowned advocate. Senior Citizens aged above 85 years are honored by garlanding and shawl. Among them Shri Vyas ji was of 101 year old. We took their blessings by touching feet. On this occasion Shri Hanuvant Raj Mehta spoke a self made poem'. Radio artist Shri Kaluram and Mohan Singh presented lok geet and joks. Chief guest delivered his speech in which he enumerated various schemes of govt related to senior citizens. At the end refreshments offered. **- P D AGARWAL**

MOTI NAGAR SCA CELEBRATED KRISHAN JANAM ASHTAMI



Moti Nagar SCCA celebrated Krishan Janam Ashtami on 30.8.2021 at its Recreation Centre, keeping in view the norms of Corona, by maintaining distance and wearing masks, with attendance of 50 members, which was headed by its President, Shri Subhash Sharma, Advocate, along with all the Executive Committee Members. The program was very enjoyable with songs, bhajans & dance, after which lunch was served to the present members. **- A report by Subhash Sharma, President**

ACTIVITIES OF SCA MIXED HOUSING SOCIETY, KONDLI GHAROLI



Senior Citizen Association of Mix Housing Society, Kondli Gharoli Phase - II, Mayur Vihar Ph, III organised a Health check up camp for Senior Citizens with the help of Deva Mitra Foundation. There was a good response of Senior Citizen. In addition, other citizens also attended this Health Checkup camp, which was organized on 19.09.2021 at the senior citizen centre. **- A report by Brijesh Gopal Sharma, Genl Secy.**

QUARTERLY MEETING OF GOVERNING BODY OF CONFEDERATION



Quarterly Meeting of Governing Body of Confederation of Senior Citizens Associations of Delhi hosted by DAS SCWO, Dilshad Garden on 12.09.2021 chaired by its **Chairperson J.R.Gupta**. First of all, K.N.Chhabra welcomed the members followed by Secretary General and Chairperson. J.R.Gupta briefed the members about the meeting held on 19.07.2021 & 07.09.2021 chaired by Rajendra Pal Gautam, Social Welfare Minister with Confederation members. The Minister cleared 54 old cases of Recreation Grant even during the meeting and assured to clear the remaining cases on priority basis. Other issues concerning senior citizens such as delay in release of recreation grant for the years 2019 -20 & 2020 -21, enhancement of grants already approved in the Minutes of Meeting during 2016 -17, revival of Delhi State Council for senior citizens, holding of function on 01.10.2021 at Delhi Secretariat including free ride in DTC on that day etc. The result would be known on receipt of Minutes of Meeting is still awaited. **- B.S.Yadav, Secy General**

MIX HOUSING COMPLEX, KONDLI GHAROLI PHASE-II, MAYUR VIHAR



Senior Citizen Group, Kondli -Gharoli Phase-II, Mayur Vihar Phase-III, Delhi-110096 celebrated International Day for older Citizen on 1st of Oct-2021 at Park of Mix Housing complex. The ACP of Kalyan Puri and Additional SHO of New Ashok Nagar Police Station graced the occasion. In this function the gifts were distributed to all Senior Citizen whose birth day falls from January -2021 to September -2021. **- Brijesh Gopal Sharma, General Secretary**

DINESH MALIK WAS FELICIATED BY JOGINDER SINGH DHILLON & FAMILY OF BIRBAL SINGH YADAV OF KHANPUR CELEBRATED JANAMASHTMI ON 28.08.2021



Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), Vimal Bhan & R.K. Singhal. Reporters : Pratap Singh, Mrs. Manjula Aggarwal & Gyan Singh Tokas. Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R. B. Act. 1867). All disputes, subject to Delhi Jurisdiction. **E-mail : guptajr 2005 @ gmail.com, Web: www.seniorcitizensdelhi.org**

Daily Spiritual Discourses at Deer Park Satsang & Recreation Center, Green Park Extension) Pt. Balram Shastri of Jhansi from 16-10-2021 to 31-10-2021, Pt. Hemant Upadhyay of Banaras from 01-11-2021 to 15-11-2021 and Pt. Prabhakar Mishra Padmesh of Ayodhya from 16-11-2021 to 30-11-2021 between 7 & 8 AM and 3:30 pm to 4:30 pm respectively. **—EDITOR**



APPEAL TO ENROLL LIFE SUBSCRIBERS ELDERLY NEWS

Elderly News requests to all its readers to enroll themselves by making onetime payment of Rs. 500/- along with one photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, IFSC code : BKID 6036. The amount is exempted under 80G of Income Tax Act 1961. **-L.R.Garg**



APPEAL FOR AFFILIATION WITH CONFEDERATION

Till Date 143 Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 18 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt. all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only. **-Balbir Singh Yadav, Secy. General**

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for the last 43 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of such cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any senior citizen residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque / cash as life membership fee. The amount can also be deposited in the name of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, Saving Bank Account No. : 603610110001482, IFSC Code: BKID000 6036. The amount is exempted under 80 G of Income Tax Act, 1961 **—H.D. RALHAN, Life Member**

SENIOR CITIZENS SHOULD USE HELPLINE NO. 1526 OF DSLSA TO GET ANY HELP/GRIEVANCES SAYS KANWAL JEET ARORA, MEMBER SECRETARY, DSLSA



Senior Citizens Council of Delhi organized Elders Day Celebrations on 01.10.2021 at Assembly Hall, Green Fields School, Safdarjung Enclave, New Delhi in the presence of more than 100 senior citizens by observing Social distancing norms. **Chief Guest was Sh. Kanwal Jeet Arora, Member Secretary, DSLSA** who felicitated senior citizens namely **Murli Manohar (91), Jagat Prakash Gupta (84) & B.L.Khatri (83)**. Other Guests of Honor were **Ms. Namrita Aggarwal, Special Secretary, DSLSA, Ms. Nabeela Wali, Secretary, DLSA (South) and Shailender Tomar, SHO, Police Station Safdarjung Enclave**. On this occasion talks on Eye Care & Heart Care were delivered by **Dr. Ms. Chandra of Sharp Sight Centers Hospital, and Dr. Subhas Chandra, Chairman - Cardiology,**

BLK - Max Super Speciality Hospital. A Cultural performance was performed on the friendship of Lord Krishna and Sudama by **Dinesh Kumar Sharma, Hari Singh Gurse and Lacchman Dutt as Sudama, Dwarpal & Lord Krishna respectively** which was appreciated by all present. **Mrs. Manjula Aggarwal, Incharge** was also felicitated in recognition to her self-less services in smooth running of the Recreation Center on regular basis by **Ramesh C. Aggarwal, Vice-President, Council & other members**. In the end a lucky draw was drawn for 3 prizes by the Chief Guest followed by refreshment packets and gift as a token of respect and regards to each senior citizen. **- report by R.K.Singhal**

J.R.GUPTA RE-ELECTED AS PRESIDENT OF COUNCIL FOR THE PERIOD FROM 01.04.2022 TO 31.03.2024



Senior Citizens Council of Delhi convened its Annual General Body Meeting on 01.10.2021 at Assembly Hall, Green Fields School, Safdarjung Enclave, New Delhi in the presence of more than 100 senior citizens by observing social distancing norms. **Sh. Rohit Prasad, CEO, Help Age India** in the capacity of Returning Officer conducted elections of Governing Council of Senior Citizens Council of Delhi in

which **Sh. J.R.Gupta** declared re-elected as President unanimously for the next 2 years from 01.04.2022 to 31.03.2024 including **Ramesh Chander Aggarwal, Vice-President, L.R. Garg, Secretary, Pratap Singh, Treasurer and 3 Executive members namely S/Sh. D.P.Rupal, Sardar Singh & Gyan Singh Tokas.** **- report by R.K.Singhal**

SENIOR CITIZENS MEETS ROMIL BANIYA, IPS, ADDITIONAL C.P. AND OSD TO C.P. IN HIS OFFICE AT NEW PHQ ON 27.09.2021



L-R :- Y.N.Sharma, J.R.Gupta, Romil Baniya (OSD to CP), Chander Sachdev & V.P.Gupta

A 4 members delegation of Confederation of Senior Citizens Associations of Delhi (An umbrella body of 18 Lakh senior citizens) led by its Chairperson **J.R.Gupta** met **Romil Baniya, IPS, Additional C.P. and OSD to C.P.** in his office at new PHQ, on 27.09.2021. Other members were **Y.N.Sharma, V.P.Gupta & Capt. Chander Sachdev**. Delegation members requested him to suggest C.P. to hold interaction session with senior citizens of Delhi in any Auditorium as convenient to Delhi Police. He assured the members to convey their suggestions to C.P.. **-Capt. Chander Sachdev**

HEALTH CHECKUP CAMP AT RECREATION CENTER ON 26.09.2021



Senior Citizens Council of Delhi organized free Health Checkup Camp in association with Max Hospital Saket in which 150 senior citizens availed the free facilities at their doorsteps at Recreation Center, Community Center, Green Park Extension. Free facilities were checking of ECG test, Eye test, bone density test, blood sugar test, dental checkup, hearing test, blood pressure, Knee-Hip joints etc. **-Editor**

VISIT TO BLK -MAX HOSPITAL BY 13 COUNCIL MEMBERS ON 18.09.2021



13 members of Senior Citizens Council of Delhi visited BLK -Max Hospital, Pusa Road on 18.09.2021. A power presentation was shown on Covid -19 pandemic in Delhi during second -wave. Medical Superintendent including Heart Specialist & Dr. Shiv Tiwari, Joint Replacement also addressed senior citizens followed by lunch. A kit of Covid-19 was distributed at the end. - Mrs. Manjula Aggarwal

GOOD NEWS FOR 54 SCAs AFFILIATED TO CONFEDERATION

Confederation of Senior Citizens Associations of Delhi (an umbrella body of 18 Lakh senior citizens) have been pursuing delay in releasing Recreation Grants to eligible SCAs for the years 2018 -19, 2019 -20 and 2020-21 including new SCAs for the last one year. In a meeting chaired by Hon'ble Minister **Sh. Rajendra Pal Gautam** on 07.09.2021 with Confederation members, Minister himself traced out the file in his Secretariat and even approved the grant during the meeting itself. The same has already cleared by Finance Department of Delhi Government. -Editor

DURGA SAPTSATI PATH AT RECREATION CENTER ON 09.10.2021



Senior Citizens Council of Delhi organised Shree Durga Saptasati Path at its Recreation Center, Green Park Extension on 09.10.2021 in the presence of more than 50 senior citizens by observing social distancing norms. Sh. Dinesh Sharma recited the path with the help of Pritam Singh (dholak), R.K. Singhal and others followed by prasad.

- a report by R.K.Singhal

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FREE LEGAL CONSULTATION BY ADVOCATE DEPUTED BY DELHI LEGAL SERVICES AUTHORITY, SOUTH DURING SEPTEMBER, 2021



With the support of Delhi Legal Services Authority (South District), Advocate Noor Alam visited Recreation Center, Green Park Extension on every Tuesday during the month of September, 2021. He rendered free Legal advice sought by members of the Senior Citizens Council of Delhi, by observing social distancing norms in the presence of more than 50 members at their doorsteps. So far 2680 senior citizens have availed the facilities since June, 2018 in sorting out their petty matters and also by creating awareness among other senior citizens. The Council is grateful to Ms. Nabeela Wali, Secretary, DLSA (South), for her continuous support. During the current financial year 2021 -22, 500 senior citizens benefited from this facility up to 30.09.2021. - a report by R.K.Singhal

FELICITATION OF A.K. POPLI ON HIS 75TH BIRTHDAY ON 05.10.2021



Senior Citizens Council of Delhi organised Sunderkand Path on 05.10.2021 at its Recreation Center Green Park Extension in the presence of more than 70 senior citizens. On this occasion, A.K. Popli was felicitated by the members on his 75th Birthday & prayed for his long life with sound health. -Editor

SPECIAL PROGRAMMES

Free Consultation on Legal Matters by an Advocate & Sunderkand Path on Every Tuesday from 2pm to 4pm followed by refreshments
Free Homeopathy Dispensary :- Every Tuesday, Thursday and last Saturday from 1:00 pm to 3.30 pm

Free Physiotherapy from 2:00 pm to 4:00 pm on every Tuesday, Thursday and Saturday

Joint Birthday Celebrations of Council Members (enrolled up to 30-09-2020 and up to membership no-2279 and born in the month of October, 2021 on or before 31.10.1960) if confirmed, before 15-10-2021 from 2 pm to 4 pm followed by refreshments subject to confirmation of Chief Guest **19.10.2021** : A lecture by Jain Saint from 3 pm to 3:30 pm followed by prasad.

26.10.2021 : A talk on investments from 2 pm to 3:30 pm followed by refreshment.

16.11.2021 : Shabad Kirtan by Raagis from 2 pm to 3:30 pm followed by prashad.

Note :- Council Members who are unable to visit either daily Deer Park Satsang or Recreation Center may furnish their email id so that they can know special programmes through Elderly News. -Editor

CONDOLENCES

I convey with sorrow demise of **Late Smt Gargi Rani Ralhan (93)** wife of Sh. Harcharan Das Ralhan (99) and Founder life member of Senior Citizens Council of Delhi on 26.09.2021 at Canada. I, on my behalf and members of the Council convey heartfelt condolence to the bereaved family members particularly Sh. Harcharn Das Ralhan & pray Almighty God to rest her noble soul in eternal peace and also give strength to bear irreparable loss. **HARI OM SHANTI-J.R.Gupta, President**



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