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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

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AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 18 LAKH SENIOR CITIZENS)

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MONTH : NOVEMBER, 2022

Rs.5/-

ELDERS DAY CELEBRATIONS & AGM OF COUNCIL ON 01/10/2022 AT GREEN FIELDS SCHOOL, SAFDARJUNG ENCLAVE



Senior Citizens Council of Delhi organized Elders Day Celebrations on the occasion of International Day of Older Persons on 01/10/2022 at Assembly Hall, Green Fields School, Safdarjung Enclave in the presence of more than 250 members. On this occasion, cultural program was also organized by the Council from Bharatpur Artists, which was enjoyed by all present. Dr. Venkatakrishnan, Cardiologist of BLK Hospital delivered a health talk on heart care & Dr. Sheetal of Sharp Sight Eye Hospitals on eye care including question answer session, respectively. Chief Guest was Animesh Kumar, Secretary, DLSA (South), who briefed about helpline number 1516, which provides solution to legal problems

through Legal Aid Counsels. J.R. Gupta, President felicitated Chief Guest & both Doctors. After Covid-19 pandemic, for the first time, Council hosted dinner for its members followed by free distribution of a gift of Bed Sheet to each member as a token of respect & regards. Earlier, AGM of Council also held, which was chaired by J.R. Gupta, President. The AGM was commenced with Gayatri Mantra by D.K. Sharma, 1 minute silence was observed in the memory of members who passed away during the last 1 year followed by welcome address by J.R. Gupta & L.R. Garg, Secretary. The minutes of the meeting has already been issued on same day. More photos at page 3. A report by R. K. Singhal, Incharge.

J.R. GUPTA, CHAIRPERSON, CONFEDERATION FELICITATED AT J.L. NEHRU STADIUM FOR MOTIVATING 700 SENIOR CITIZENS ACROSS DELHI



Vedanta Half Marathon was organized in association with Procam International Pvt. Ltd., Mumbai & Confederation of Senior Citizens Associations of Delhi, (an umbrella body of 18 lakh senior citizens across Delhi) in which more than 700 senior citizens participated at Jawahar Lal Nehru Stadium on 16/10/2022. J.R. Gupta, Chairperson was felicitated at stage by Hiren Mehta, Mumbai & Uma Shankar Vashist,

Ballabhgarh on behalf of Procam for motivating 700 senior citizens across Delhi. Mostly Associations paid entry fee of Rs. 300/- per person for its members including Senior Citizens Council of Delhi for its 80 members. The organizers provided free Buses, T-Shirt, Bag & refreshment packets. The members enjoyed the event. More photos at page 3. A report by R.K. Singhal, Incharge.

COUNCIL MEMBERS LED BY J.R. GUPTA MEETS SMT. MEENAKSHI LEKHI, MOS, EAM & CULTURE



5 Members delegation of Senior Citizens Council of Delhi led by its President, J.R. Gupta met Smt. Meenakshi Lekhi, Minister of State for External Affairs & Culture, Govt. of India on 19.10.2022 during Deepawali Mela organized by her at PSOI Club, Vinay Marg, Chanakyapuri. Other members were Dinesh Kumar Sangal, Y.K. Singhal, Preeti Singhal & B.N. Singh. J.R. Gupta requested her to visit Centre. She assured to visit soon, followed by heavy refreshments. A report by Y.K. Singhal, Life Member.

40 COUNCIL MEMBERS ENJOYED CULTURAL PROGRAM AT KAMANI AUDITORIUM



40 Members of Senior Citizens Council of Delhi reached by Bus at Kamani Auditorium on 19 & 20.10.2022 in 6th International Ramayana Festival, organized by ICCR. The Cultural Performance by Indian Artists was appreciated by all present including performance of Artists from Sri Lanka, Fiji, Malaysia, Trinidad, Tobago & Thailand. Chief Guest was Sh. G. Kishan Reddy, Union Minister for Culture, Govt. of India, in the presence of Dr. Vinay Sahasrabudhe, President, ICCR on 19.10.2022. There was no Chief Guest on 20.10.2022. More photos at page 4. A report by R.K. Singhal, Incharge.

COUNCIL / CONFEDERATION EXTENDS MORAL SUPPORT & LEGAL GUIDANCE TO SENIOR CITIZENS



Arun Bassi (69) resident of Green Park Extn., has been harassed mentally, physical abused & threatened to lodge false cases with a sole motive to grab his property, by his son & daughter-in-law. The matter was taken up with Commissioner of Police & DM (South).

The complainant has informed on 15.10.2022 that his house has been vacated on 09.10.2022. He is now living peacefully in his own house along with her wife. He also extended thanks to the Council / Confederation for their regular moral support & legal guidance from time to time.

- Editor



Jagdish Chander Sharma (68), resident of Budh Vihar, New Delhi has been abused, assaulted, insulted, threatened to kill & also to lodge false cases by his son & daughter-in-law with a sole motive to grab his self acquired property. He reported the matter to the Council / Confederation on 06.09.2022. The matter was taken up with the Commissioner of Police on 07.09.2022 to take legal action against both

& also to provide security to the complainant. No further harassment reported so far. He is now living peacefully in his own house & extended thanks to the Council for their regular moral support & legal guidance from time to time.

- Editor

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ELDERLY NEWS WISHES ITS READERS DEEPAWALI, BHAIYA DOOJ & GURU NANAK BIRTHDAY

CONFEDERATION

SOCIAL / FINANCIAL SECURITY FOR ELDERS IN DELHI & INDIA



The rapid increase in population of senior citizens, the fast changing socio-economic conditions have led to Govt. of India & Govt. of Delhi, prioritizing old age related social security schemes. As such, there is a need to ensure maximum coverage under existing as well as new social schemes including healthcare facilities in rural and semi-urban areas. In addition to this old age pensions should be increased due to increase in living costs. There should be some Income Tax incentives for younger people who are looking after their parents. There should also be some kind of financial support for setting up network of caregivers for older persons at district level to look after older people living alone. **L.R. Garg, – Editor**

ELDERS DAY CELEBRATIONS BY SCA, MIX HOUSING COMPLEX, KONDLI GHAROLI PHASE - II



Sr. Citizen Association, Mix Housing Complex, Kondli Gharoli Phase-II, Mayur Vihar Ph.3 organized a Get Together on International Elder Day in which DCP East, Smt. Priynka Kashyap, ACP, Preet Vihar, Kailash Chand Kukreti, ACP, Mayur Vihar, Bachu Singh, ACP, Kalyanpuri, Mali Ram Meena, Addl DCP, East, Sri Achin Garg, ACP & Atul Kaliya graced the function. A report by **Dr. Tapan Chakravorty, President.**

ACTIVITIES OF DAS SCWO, DILSHAD GARDEN, POCKET-B



Das Senior Citizens Welfare Organization, Pocket-B, Dilshad Garden organized Eye Check-up Camp & Postal Services Camp in association with Shareya Eye Centre. A report by **K.N. Chhabra, President.**

DENTAL CHECK-UP CAMP BY JODHANA SENIOR CITIZENS SOCIETY



Jodhana Senior Citizens Society organized free Dental Camp in Association with Her Highness Rajdadi Medical Trust & Vijay Chopra Charitable Trust on 08.10.2022 at Vardhman Jain High School, Osian under the super vision of Dr. Shri Mohsin Khan of Vyas Dental College & his team. Around 400 students of school were treated for different dental ailments including Free Medicine, mouth wash & paste under the able guidance of Ramraj Bhandari, Kailash Mal Bhandari, Prem Sukh Daga & Nenu Ram Bhati etc. A report by **P. D. Agarwal, Secretary.**

PICNIC AT LOHAGARH FARM, GURUGRAM BY SCWF, KALKAJI ON 16.10.2022



Senior Citizens Welfare Forum, Kalkaji organized a picnic of its 50 members at Lohagarh Farm, Badshapur, Near Gurugram on 16.10.2022 followed by lunch. A report by **Y. N. Sharma, President.**

ACTIVITIES OF SCW MISSION, TAGORE GARDEN ON 30.10.2022



Members of Senior Citizens Welfare Mission, Tagore Garden attended awareness program of body pain on 30.10.2022 organized by Dr. Aanchal Sharma, Consultant, Pain Management, Venkateshwar Hospital, Dawarka. A report by **K.K. Mehta, Vice-President.**

ACTIVITIES OF MOTI NAGAR SCCA ON 02.10.2022



Moti Nagar SCCA celebrated the birthdays of the PM, Shri Narendra Modi, Mahatma Gandhi & Lal Bahadur Shastri at its Recreation Centre on 02.10.2022, in which Chief Guest was Smt. Meenakshi Lekhi, State Minister of External Affairs & Culture. 50 Handicaps were given ration kits. **Subhash Sharma, President.**

ACTIVITIES OF SCWA, SANT NAGAR ON 01.10.2022



Indraprastha Apollo Hospital, Jassola, organized International Day for Older Persons in which 50 members of SCWA, Sant Nagar participated on 01.10.2022 followed by lunch. **G.R. Sehgal, President.**

PATNA SAHIB TRIP BY SCWA, SANT NAGAR FROM 06 TO 09.10.2022



ACTIVITIES OF SCWA, ROHINI, SECTOR-13 ON 29.10.2022



Silver Citizen's Welfare Association, Rohini, Sector -13, organized Birthday of its Members born in the month of October on 29.10.2022. A report by **D.K. Mehra, Treasurer.**

ACTIVITIES OF SCWA, POCKET-1, MAYUR VIHAR, PHASE-1



35 Members of Senior Citizens Welfare Association, Pocket-1, Mayur Vihar, Phase-1, Visited Bharat Darshan Park, Punjabi Bagh, followed by dinner. **L.S. Harit, President.**

AGM OF SCWA, POCKET-1, MAYUR VIHAR, PHASE-1



During AGM of SCWA, Pocket-1, Mayur Vihar, Phase -1, Elections were held for another 5 years term. A report by **L.S. Harit, President.**

DEEPAWALI CELEBRATIONS BY SCWS, SHALIMAR BAGH



Senior Citizens Welfare Society, AB Block, Shalimar Bagh organized Deepawali Celebrations at their Recreation Centre on 22.10.2022 followed by distribution of sweet packets. A Report by **P.P. Tuteja, General Secretary.**

Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), K.K.Mehta (Tagore Garden), Dinesh Kumar Sangal (Arjun Nagar) Reporters : Pratap Singh , R.K.Singhal & Gyan Singh Tokas (Chief Editor J.R. Gupta Responsible only for selection of News under the P.R.B. Act . 1867). All disputes , subject to Delhi Jurisdiction. E-mail: guptajr2005@gmail.com, Web: www.senioreldersdelhi.org.

Daily Spiritual Discourses, at Deer Park Satsang (7 & 8 AM), Recreation Centre, Green Park Extn. (3 to 4 PM), Sadbhawna Satsang Mandal, DDA Flats, Munirka on every Sunday wef 06.11.2022 from 10am to 11am & Shiv Mandir, Green Park (5:15 PM to 6:15 PM) respectively from 16/11/2022 to 30/11/2022 Pt. Ram Gopal Tiwari, Banda, Chitrakoot, from 01/12/2022 to 15/12/2022 Pt. Hemant Kumar Upadhyay, Banaras & 16/12/2022 to 31/12/2022 Acharya Dhanjay Mishra, Prayag.

– Editor

APPEAL TO ENROLL LIFE SUBSCRIBERS OF ELDERLY NEWS
Elderly News requests to all its readers to enroll themselves by making one time payment of Rs. 500/- along with one photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, IFSC code :BKID 0006036. The amount is exempted under 80G of Income Tax Act 1961. -L. R. Garg, Secretary

APPEAL TO ENROLL LIFE SUBSCRIBERS ELDERLY NEWS BY CONFEDERATION MEMBERS
Elderly News requests to all its readers to enroll themselves by making one time payment of Rs. 500/- along with one photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, IFSC code :BKID 0006036. The amount is exempted under 80G of Income Tax Act 1961. -B.S. Yadav, Secretary General

APPEAL FOR LIFE MEMBERS OF COUNCIL

Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for the last 42 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of such cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any senior citizen residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200 /- by cheque / cash as life membership fee. The amount can also be deposited in the name of Senior Citizens Council of Delhi in Bank of India , Safdarjung Enclave Branch , Saving Bank Account No : 603610110001482 , IFSC Code : BKID 0006036 The amount is exempted under 80 G of Income Tax Act, 1961. -H.D.Raihan, Founding Member

FROM FRONT PAGE ----- ELDERS DAY ----- CULTURAL PROGRAM ----- HEALTH TALKS ----- AGM OF COUNCIL -----

FROM FRONT PAGE ----- HALF MARATHON ----- AT J. L. NEHRU STADIUM ON 16/10/2022

ANIL SHARMA, MLA FELICITATES SENIOR CITIZENS ON THEIR BIRTHDAY AT RECREATION CENTRE, GREEN PARK EXTN. ON 18/10/2022


Senior Citizens Council of Delhi organized **Joint Birthday Celebrations** at its Recreation Centre, Green Park Extn., on 18/10/2022 in the presence of more than **129** senior citizens. Chief Guest, **Mr. Anil Sharma**, Ex-MLA & Dy. Mayor felicitated 12 senior citizens including 3 winners of Mehandi Competition. He took a round of entire Recreation Centre & appreciated the efforts of Council for providing various free facilities on

daily basis including Legal Aid Counsel. Earlier, Sunder Kand Path was also recited by Dinesh Sharma, Pritam Singh & Harikesh Shukla etc. J.R. Gupta, President felicitated Chief Guest & extended Birthday Greetings & congratulations to concerned members & 3 Mehandi Competition winners with Shawls respectively followed by refreshment packets. A report by R.K. Singhal, Incharge.

MEHANDI COMPETITION ON KARWA CHOUTH AT RECREATION CENTRE, GREEN PARK EXTN. ON 14/10/2022


Senior Citizens Council of Delhi in a special function organized **Mehandi Competition** at Recreation Centre, Green Park Extn. on the occasion of Karwa Chouth. The Judge was **Mrs. Vijay Laxmi Shukla**, Gorakhpur who selected **Usha Sharma**, **Jatinder Kaur** & **Laxmi Aggarwal** in the

presence of more than **70** senior citizens. J.R. Gupta, President also felicitated **R.M. Sharma** of Green Park, who visited Centre for the first time, as he is very actively associated with Shiv Mandir Green Park, followed by refreshment packets. A report by R. K. Singhal, Incharge.

J. R. GUPTA, CHAIRPERSON, CONFEDERATION APPRECIATES GOOD WORK OF SCF INDERPURI ON 30.10.2022


J.R. Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi (an umbrella body of 18 lakh) graced the Birthday Celebrations on 30.10.2022 organized by Senior Citizens Forum, Inderpuri, headed by its President **B.M. Bhatia** & his Team in the presence of **91** members out of total **110** members. While addressing, J.R. Gupta appreciated the good work being done for the members & also congratulated **B.M. Bhatia** & his Team. He also informed briefly about main aim of the Confederation to protect lonely senior citizens

from abuses/humiliations at the hands of their own children & others. He assured to help the Forum on any matter as & when needed. **B.M. Bhatia** welcomed J.R. Gupta with bouquet along with **Ashok Arora**, General Secretary, including honouring concerned members born in the month of October with flowers as a token of respect & regards & also prayed to Almighty God for their long life with sound health, followed by delicious lunch. A report by Y.K. Singhal, Life Member.

FELICITATION OF ACHARYA MAHENDER MISHR OF CHITRAKOOT AT DEER PARK SATSANG ON HIS 36 BIRTHDAY BY J.R. GUPTA, PRESIDENT & OTHER MEMBERS ON 31.10.2022


FROM PAGE 1 --- CULTURAL PROGRAM BY ICCR AT KAMANI ON 19 & 20.10.2022.



FREE LEGAL CONSULTATIONS BY ADVOCATE DEPUTED BY DLSA (SOUTH)



With the support of DLSA (South District), Advocate Yogesh Sharma visited Recreation Centre, Green Park Extn. on every Tuesdays falling on 11 & 18.10.2022. He rendered free Legal advice sought by members of the Senior Citizens Council of Delhi in the presence of more than 300 members at their doorsteps on 2 days. So far 5300 senior citizens have availed the facilities since June, 2018 in sorting out their petty matters and also by creating awareness among other senior citizens. The Council is grateful to Animesh Kumar, Secretary, DLSA (South) for his continues support. During the current financial year 2022-23, 3120 senior citizens benefited up to 31.10.2022. A report by R.K. Singhal, Incharge.

SPECIAL PROGRAMS AT RECREATION CENTRE

Joint Birthday Celebrations for the members born in the month of November to be notified shortly subject to availability of Chief Guest.

08.11.2022 : Sabad Kirtan on Guru Nanak Birthday
19, 20 & 21.11.2022 : Visit to Indore, Ujjain & Bhopal (no vacancy)
26, 27 & 28.11.2022 : Visit to Nemisharan Tirath (no vacancy)

NOTE : Council Members who are unable to visit either daily Deer Park Satsang & Recreation Centre may furnish their email IDs so that they could know special programmes through Elderly News. - Editor

APPEAL

As also decided in AGM of Council on 01.10.2022 at Green Fields School, Safdarjung Enclave, Council members who were donating Rs. 5,000/- per annum prior to Covid-19 are requested again to kindly continue to support financially every year to meet with the expenditure of Sant Niwas, daily activities at Deer Park Satsang & Recreation Centre, as no recreation grant has been received from Delhi Govt. for the last one & a half years. J.R. Gupta, President, 9810488059.

LIFE SUBSCRIBERS OF ELDERLY NEWS

1308		Smt. Kusum Lata Garg, 24 D, Gautam Nagar, New Delhi-110049	1311		Sh. Balbinder Singh Jagdev, B1/703, Tower Height Apts., QD Block, Pitam Pura, Delhi-110034
1309		Smt. Shalini Soin, 117-A, Arjun Nagar, New Delhi-110029	1312		Sh. Ashwani Kumar Agarwal, 71-B, Pocket - 1, Mayur Vihar Phase I, Delhi-110091
1310		Smt. Reena Gupta, A-6, Flat No. 04, Heritage Apts. Naraina Vihar, New Delhi-110028	1313		Smt. Rama Agarwal, 71-B, Pocket - 1, Mayur Vihar, Phase I, Delhi-110091

DIWALI CELEBRATIONS AT DEER PARK SATSANG ON 24.10.2022



Senior Citizens Council of Delhi organized Diwali Celebrations at Deer Park Satsang on 24.10.2022 in the presence of more than 50 members. On this occasion, eminent poet Sunehari Lal Verma Turant recited many poems which were enjoyed by all present followed distribution of sweets boxes with the support of Mohan Lal Chopra, Owner of Evergreen Sweets, like past years. A report by Gyan Singh Tokas, Executive Member.

FELICITATION OF MRS. RATAN KAUR & HER SON-IN-LAW DHAN PRAKASH AT RECREATION CENTRE ON 15.10.2022



Senior Citizens Council of Delhi organized Special Sunder Kand Path, supported by Mrs. Ratan Kaur at Recreation Centre, Green Park Extn. on 15.10.2022 in the presence of more than 76 members. On this occasion, she was felicitated along with her son-in-law Sh. Dhan Prakash followed by refreshments packets. A report by R.K. Singhal, Incharge.

CULTURAL DANCE PERFORMANCE BY EX. FEMALE RULERS OF KASHMIR ORGANIZED BY MRS. MEENAKSHI LEKHI, MOS



Ex-female Rulers of Kashmir performed cultural dance program at Kamani Auditorium on 27.10.2022, in which Hon'ble Mrs. Meenakshi Lekhi, MOS for culture was Chief Guest, who promoted their talents before the new & old generations. In this program, 50 members of Council participated by Bus followed by refreshment packets. A report by R. K. Singhal, Incharge.

CONDOLENCES

The following life members of the Council have left for heavenly abode during the last one year from 10.10.2022 to 10.11.2022. The Council prays for their souls to rest in eternal peace.

LIFE MEMBER	MEMBERSHIP NO.	ADDRESS
1. Sh. Chaman Lal Bali	1921	1548, Sector -17C, Gurugram
2. Sh. Krishan Lal	2062	G-17, Lajpat Nagar-I, New Delhi-24
3. Sh. Ashwani Kr. Sharma	1157	A-2365, Green Field Colony, Faridabad
4. Sh. S.K. Bahl	221	F5F, DDA Flats, Munirka-67
5. Sh. S.K. Bhalla	927	AC-15B, Shalimar Bagh, Delhi-88

- HARI OM SHANTI SHANTI - J. R. GUPTA, President

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