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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., DSLSA & SENIOR CITIZENS CELL OF DELHI POLICE

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DAILY FREE VARIOUS FACILITIES FOR SENIOR CITIZENS IN RECREATION CENTER, GREEN PARK EXTN. FROM 12.30 NOON TO 5.00 PM, Ph. : 011-26171092

AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 18 LAKH SENIOR CITIZENS)

VOL : 008

Issue No. : 95

MONTH : NOVEMBER, 2021

Rs. 5/-

SENIOR CITIZENS COUNCIL OF DELHI WOULD GET CULTURAL SUPPORT SOON SAYS MRS. MEENAKSHI LEKHI, MINISTER OF STATE, EA & CULTURE



Senior Citizens Council of Delhi organized special function to felicitate **Hon'ble Mrs. Meenakshi Lekhi, Minister of State for External Affairs & Culture, Govt. of India** in the presence of more than 100 senior citizens at its Recreation Center, Green Park Extension. She was felicitated with a idol of Lord Krishna & shawl by J.R.Gupta & other members. While addressing senior citizens, she appreciated daily free facilities being provided by the Council for its members such as physiotherapy, homeopathy dispensary, library including free Legal Aid Counsel with the support of Secretary, DSLA. She also assured to take up the issue of leakage of terrace of Community

Center including non-working fans/tube lights with the Commissioner of SDMC. She also felicitated 10 senior citizens on their Birthday for the month of October, 2021 and extended birthday greetings with sound health and long life. On behalf of Mrs. Lekhi, Mrs. Sumitra Dahiya felicitated all senior citizens present with shawls as a token of respect and regards. Mrs. Radhika Abrol, Area Councilor and Mrs. Sumitra Dahiya also felicitated J.R.Gupta & both addressed senior citizens. The function concluded with vote of thanks, followed by refreshment packets.

more photos page 3 by Mrs. Manjula Aggarwal

COUNCIL EXTENDS MORAL SUPPORT & LEGAL GUIDANCE TO SENIOR CITIZENS



Madan Lal, (72), (Below Poverty Line) resident of Vijay Enclave/Dabri approached the Confederation /Council with a complaint against his son Amit Dang & his wife residing in the same house, as he was abused, harassed and physically assaulted with a sole motive to grab his property. The matter was taken up with the Commissioner of Police on 17.01.2021 for security and also rendered moral support including legal guidance. As per order dated 21.10.2021 passed by Tribunal Court of District Magistrate (South - West), Dr. Naveen Aggarwal, IAS, his son Amit Dang was directed to vacate the house of the complainant within 30 days under Maintenance Act, 2007 and Senior Citizens Rules, 2009 and also directed SHO Dabri and DCP, Dwarka to ensure its execution. He has thanked the Council for their legal guidance & moral support from time to time.

-Editor



Mrs. Krishna Mittal, (70), widow, resident of 44-B, Bharat Nagar, New Friends Colony, New Delhi, approached the Confederation / Council with a complaint against her son Anil Mittal residing in the same house for grant of Maintenance & Protection from the atrocities, violence and cruelties. Her case was taken up with Commissioner of

Police for providing of security on 30.10.2020 and also extended moral support and legal guidance for filing an application under section-4 read with Section - 24 of the Maintenance Act, 2007. As per order dated 08.04.2021 passed by Tribunal Maintenance Court of Additional District Magistrate (South-East), her son Anil Mittal was directed to pay maintenance of Rs.10,000/- per month by depositing in her bank account by 10th of each month. She has expressed her thanks to the Council for their legal guidance and moral support from time to time.

- Editor

43 MEMBERS OF COUNCIL VISITS TO KHATUSHYAM, SALASAR, MATA ANJANA & RANI SATI TEMPLES ON 27 & 28.10.2021



43 members of Senior Citizens Council of Delhi visited **Khatu Shyam, Salasar, Mata Anjana Temple & Rani Sati Temple** on 27 & 28.10.2021 by bus and got blessings of Khatu Shyam ji, followed by lunch at Garh Dharamshala. After that Members reached at Salasar around 6 pm and stayed at AC Maruti Dham Dharamshala at Salasar. Members were well taken care by **Smt & Sh. Ranbir Singh Dahiya** and **Smt & Sh. Mohinder Singh family members**. Early morning on 28.10.2021, all members were got VIP darshan of Salasar ji temple with the efforts of both the hosts followed by a very delicious breakfast. The members also visited Mata Anjana Temple near Dharamshala. J.R.Gupta, President along with other members felicitated both the hosts & thanked their courtesy which was very praise worthy. The members started their journey and reached Rani Sati Temple and got darshan. Thereafter, bus proceeded for Delhi. All the members reached at Delhi around 8:30 pm with lot of unforgettable memories, which could be possible with the efforts of President of Council and hosts.

- A report by Mrs. Manjula Aggarwal, Incharge

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ELDERLY NEWS WISHES ITS READERS HAPPY DEEPAWALI, BHAİYADOJ GURU NANANK JAYANTI AND MERRY CHRISTMAS

CONFEDERATION NEWS

CHIEF JUSTICE, D.N.PATEL, DELHI HIGH COURT INAUGURATES SOCIETY TO PROVIDE LEGAL AID AT NOMINAL FEE TO LITIGANTS OF DELHI HIGH COURT



A Legal Aid Society has been set up to provide legal assistance at a nominal fee to the litigants of the Delhi High Court. Advocate Anurag Ahluwalia, member of the Governing body, said the objective of the society is to provide paid legal aid at a nominal fee to the litigants in the Delhi High Court, within the income group of 60,000 per month or 7.5 lakh per annum. Chief Justice D.N. Patel inaugurated the office of the High Court of Delhi (Middle Income Group) Legal Aid Society last month. The Governing Body of the Society comprises 12 members including patron-in-chief, Justice Patel and President, Justice Vipin Sanghi. A statement by the Society said the objective is to provide legal aid to the litigants who are not eligible for legal aid under Legal Services Authorities Act 1987, yet need legal aid due to their modest means and that the services include court appearances, drafting, opinions and conveyancing. For availing the services of the Society, a litigant shall pay a fixed fee which ranges from 10,000 to 15,000 for the entire matter. The Society has been formed pursuant to a direction of the Supreme Court for creation of Societies in each High Court across the Country. Confederation of Senior Citizens Associations of Delhi hailed the decision through which more and more litigants of Delhi High Court would be benefited.

- L.R.Garg, Secretary

ACTIVITIES OF MOTI NAGAR SENIOR CITIZENS CULTURAL ASSOCIATION



Moti Nagar SCCA undertook one day religious tour to Varindavan on 18.10.2021 of its 45 members, under the leadership of its President, Subhash Sharma, Advocate. Both ways in the bus it was full of bhajans and kirtan and all the members enjoyed it fully. They visited Varindaban Bankey Bihari Mandir and after lunch returned to Delhi.

- Subhash Sharma, President

MEETING WITH MRS. NABEELA WALI, SECRETARY, DLSA (SOUTH) ON 16.10.2021



J.R. Gupta met Ms. Nabeela Wali, Secretary, DLSA (South) on 16.10.2021 along with V.K. Pahuja and assured to distribute 2 bananas and 2 apples to 100 BPL senior citizens of SCA Tigri on 20.10.2021.

-Editor

INVESTMENT TALK BY BANDHAN BANK, GREEN PARK ON 26.10.2021



During Sunderkand Path at Recreation Center, Green Park Extension. An investment talk was delivered on 26.10.2021 by Ashish Goel, Cluster Head & Ashish Pandey, Branch Head of Bandhan Bank, Green Park Branch in the presence of more than 70 senior citizens. Ashish Goel also felicitated J.R. Gupta, President of Council. All the officials were also felicitated by the Council followed by refreshment packets. The talk was very useful for the senior citizens particularly higher rates of interest on FDRs.

-Editor

NEW INITIATIVE FOR SENIOR CITIZENS

Venu Charitable Society has been providing eye care to patients from Delhi and adjoining north India states for over four decades through Venu Eye Institute located at Sheikh Sarai Phase II, Delhi. Over 60% of all eye care by Venu Eye Institute is provided free of cost and a large majority of the beneficiaries are senior citizens. Now Venu Charitable Society has launched a new service specifically directed at senior citizens -- the Venu Geriatric Care Center which is also located at its Sheikh Sarai campus. This new Center provides a comprehensive package of services for senior citizens from an out-patient centre. The service is currently headed by Dr A. B. Dey, founder Professor and Head of Geriatric Medicine of AIIMS. The range of services provided by the Venu Geriatric Care Center includes a detailed assessment, medical treatment of old age diseases, physiotherapy and an ophthalmic check-up. It will also function as a collection centre for blood and other body fluids. Counselling, caregiver training and referral to tertiary centres for specific interventions and /surgery if required, will also form part of its functioning services at Venu Geriatric Care Center are available from 10 AM to 4PM; 6 days a week.

- Dr. A.B.Dey

ACTIVITIES BY JODHPUR SENIOR CITIZENS ON 20.10.2021



Jodhpur Senior Citizens Society, Jodhpur celebrated SHARAD PURNIMA MAHOTSAV on 20.10.2021 at 'AASTHA' Jodhpur an old age home. Shri Anuj Arora and his party presented heart touching Bhajans. Shri Anuj Arora's mother Smt Vijay Arora W/o Shri Kailash Arora who is member of society sponsored the function. Society honored entire team of Shri Anuj Arora by garlanding mala and dupatta. Smt Vijay Arora also honored by garlanding mala and shawl. All the members of Society including old age persons residing at old age home offered Dinner followed by vote of thanks.

- Reported by P D AGARWAL, SECRETARY

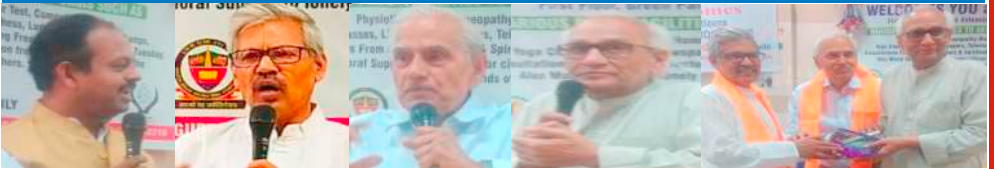
5 MEMBERS OF DAS SCWO VISITED RISHIKESH



5 members namely K N Chhabra, Satnam Singh, RK Soni, BD Khanna and Smt Chander Prabha of Das SCWO, Dilshad Garden visited Manav Chetna Ashram for Sadhna Shiver from 21st to 24th October, 2021. There were also many devotees. They also visited Lakshman Jhoola, Hemkunt Sahib Gurudwara (Historical gurudwara).

- by K.N.Chhabra, President

HEALTHY LIFESTYLE TALK BY D.C.JAIN, VEER SAGAR JAIN & ANEKANT JAIN AT RECREATION CENTER, GREEN PARK EXTENSION ON 26.10.2021



In a special function organized by Senior Citizens Council of Delhi a Healthy Lifestyle Talks were delivered by Dr. D.C. Jain, Prof. Veer Sagar Jain and Prof. Anekant Jain at Recreation Center, Green Park Extension on 26.10.2021 in the presence of more than 70 senior citizens. Each speaker stressed the need to adopt vegetarian food/diet and to live longer without taking any medicines. Dr. D.C. Jain handed over a Sanitizer kit to J.R. Gupta, who extended thanks to all the Speakers. All were felicitated by the Council Members including wife of Prof. Anekant Jain. J.R. Gupta suggested to Dr. D.C. Jain for distributing such kits at the expenses of Council to its members, if made available on payment. The function concluded with a vote of thanks to the Guests.

-Editor

DEER PARK SATSANG VOLUNTEERS

Manoj Kumar Patra, AGM, Finance, Cement Corporation of India & Ashok Kumar, resident of Arjung Nagar are dedicated volunteers of Deer Park Satsang.

-Editor



M.K.PATRA & ASHOK KUMAR

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Daily Spiritual Discourses at Deer Park Satsang & Recreation Center, Green Park Extension) Pt. Raghvendera of Chitrakoot from 16-11-2021 to 30-11-2021, Pt. Suresh Mishra, Bhadoi, UP from 01.12.2021 to 15.12.2021 & Pt. Shree Kant Pathak, Sonbhadra, UP from 16.12.2021 to 31.12.2021 between 7 & 8 AM and 3:00 pm & 4:00 pm respectively.

---EDITOR



APPEAL TO ENROLL LIFE SUBSCRIBERS ELDERLY NEWS

Elderly News requests to all its readers to enroll themselves by making onetime payment of Rs. 500/- along with one photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, IFSC code : BKID 6036. The amount is exempted under 80G of Income Tax Act 1961.

-L.R.Garg, Editor



APPEAL FOR AFFILIATION WITH CONFEDERATION

Till Date 143 Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 18 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt. all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only.

-BalbirSinghYadav, Secy. General

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for the last 43 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of such cases have already been solved by the Council headed

by its President Sh. J.R. Gupta, during the current year. Any senior citizen residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque / cash as life membership fee. The amount can also be deposited in the name of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, Saving Bank Account No : 603610110001482, IFSC Code: BKID000 6036. The amount is exempted under 80 G of Income Tax Act, 1961

—H.D. RALHAN, Life Member

-----FROM FRONT PAGE ----- MEENAKSHI LEKHI, MOS, EXTERNAL AFFAIRS & CULTURE -----

**J.R.GUPTA ,PRESIDENT, COUNCIL DISTRIBUTES FRUITS AT TIGRI**

Two Apples and two Bananas each distributed by J.R. Gupta , President , Senior Citizens Council of Delhi at SCA Tigri, J.J.Colony in the presence of Advocate Sushil Kumar , Legal Aid Counsel deputed by Ms .Nabeela Wali , Secretary , Delhi Legal Services Authority (South) to 140 (BPL) Senior citizens on 20.10.2021.

- Editor

50 MEMBERS OF COUNCIL VISITED VIGYAN BHAWAN ON 01.10.2021

50 members of Council visited Vigyan Bhawan on the occasion of International Day of Older Persons organized Vayo Naman -2021 by Ministry of Social Justice & Empowerment , Govt. of India to felicitate senior citizens and NGOs working for the elderly across India followed by lunch. -by Mrs. Manjula Aggarwal, Incharge

JOINT BIRTHDAY CELEBRATIONS OF COUNCIL MEMBERS ON 28.09.2021

Senior Citizens Council of Delhi organized Joint Birthday Celebrations of its 15 members born in the month of September , 2021 on 28 .09 .2021 at its Recreation Center , Green Park Extension . Each member was felicitated with flowers , shawl by J.R.Gupta, President along with other members. A gift was also offered as a token of respect and regards to concerned members . J.R. Gupta extended birthday greetings to them and also prayed to Almighty for their long life with sound health . Advocate Noor Alam with the support of DLSA (South) also addressed senior citizens . Some members recited bhajans / songs which were appreciated by all present followed by refreshment packets . - Editor

JAI SINGH, A DEDICATED DEVOTEE OF DEER PARK SATSANG FELICITATED ON 09.09.2021 BY COUNCIL MEMBERS

On 09 .09 .2021 , Jai Singh , a dedicated devotee of Deer Park Satsang was felicitated by J.R.Gupta , President of Council , Pt. Kamal Kant Vajpayee of Raibareli , UP and other members of Council . He also offered prasad to the members present on the occasion of his new born grandson. J.R.Gupta extended greetings to him and also prayed for long life of new grandson with sound health including happiness and prosperity in his family members .

- a report by Mrs. Manjula Aggarwal, Incharge

HEALTH TALK BY DR JUGGLE KISHORE, DIRECTOR (PROF.) &HOD ,COMMUNITY MEDICINES OF VARDHMAN MEDICAL COLLEGE, SJH, ON 19.10.2021

Senior Citizens Council of Delhi organized a special talk by **Dr. Juggal Kishore** , Director (Prof.) & Head of Department , Community Medicines of Vardhman Medical College, Safdarjung Hospital on "Precautions by Senior Citizens during Winter Season " at its Recreation Center , Green Park Extension on 19.10.2021 in the presence of more than 70 senior citizens . He gave various tips how senior citizens can maintain their health without taking medicines . He also suggested for taking Hepatitis and flu injections particularly to save from winter season . J.R.Gupta, President thanked him for his valuable talk and also felicitated, followed by refreshments. -Editor

MS. RINA SONI, NEW COUNTRY HEAD, HELP AGE INDIA VISITS RECREATION CENTER , GREEN PARK EXTENSION ON 20.10.2021

L to R :- Manjula, Pallavi, Ajita,Rina Soni, J. R.Gupta & Roji Bala

Ms. Rina Soni, new Country Head, Help Age India met J.R.Gupta , Chairperson , Confederation of Senior Citizens Associations of Delhi at the Recreation Center of Senior Citizens Council of Delhi, Community Center, Green Park Extension on 20.10.2021 along with Pallavi, Ajita & Roji Bala . Ms . Rina Soni discussed viability to organize activities virtually /physically on various issues concerning senior citizens . J.R. Gupta suggested to organize such activities physically as Council is doing since , 22 -06 -2021 after Covid -19 pandemic by observing social distancing norms on daily basis. She assured to look into his suggestions and revert back. - A report by Mrs. Manjula Aggarwal , Incharge

DISTRICT LEVEL ADVISORY BODY MEETING OF DELHI POLICE (SOUTH-WEST) HELD ON 13.10.2021 CHAIRED BY ADDL. DCP

District Level Advisory Body Meeting of Delhi Police (South -West) was held at Vasant Vihar , Police Station Building chaired by **Amit Kaushik** , **Additional DCP** as **Gaurav Sharma** , **DCP SW** was busy in some other meeting . J.R Gupta , Chairperson , Confederation of Senior Citizens Associations of Delhi (an umbrella body of 18 Lakh senior citizens) attended the meeting and raised various vital issues concerning senior citizens of South -West District such as Traffic Jam at Bhikaji Cama Palace Crossing and Kamal Cinema Crossing during peak hours (morning and evening). Monthly meetings at the level of SHO should be held regularly including visit by beat constables twice in a week at the residencies of lonely senior citizens living in South - West District . ACP , HQ , Mr . Meena also attended the meeting . Other members also raised their issues concerning their Police Stations . Amit Kaushik , Additional DCP assured the members to look into their grievances /complaints on priority basis. The meeting ended with a vote of thanks to the chair followed by refreshments.

-Editor

ISU3A ORGANIZED 9TH WEBINAR ON MENTAL HEALTH ON 23.10.2021



The ninth webinar of ISU 3A was organised online on 23rd October, 2021 hosted by Dr. R.K. Garg. Some 11 persons participated including Sri Ramakrishna Savaram from Vishakapatnam, Sh. R.N. Mital from Hyderabad, Mr. M.K. Raina from Haridwar and several others from different parts of India. Dr. R.K. Garg welcomed all. He spoke about his concern about the concession to senior citizens by Railways and the policy of not giving the "bed Rolls" during travel. Sh. G.K. Khare while welcoming the Main speaker stressed the importance of the topic on which the Webinar is being held. Sh. J. R. Gupta spoke about the need of face to face or physical meeting. He informed the Senior Citizens Council of Delhi is organizing a Seminar in Chitrakoot in the last week of November, 2021 and all the members of ISU 3As are invited to attend. Sh. Avinash Lakare introduced the Speaker **Dr. (Prof.) Pratibha J. Mishra** who is a Professor in the Department of Social Works in Central University in Chhatisgarh. She talked about :-a) Education for better knowledge, skills, attitude and Behaviour, b) Try to stop the spread of false or misinformation specially through social media, c) The wellbeing of people - physical, economic, social, emotional, psychological for the satisfaction of life and engagement for social activities and work, d) Anxiety associated with pandemic which lead to psychological issues. She also talked solutions for this stress including managing the stress & anxiety including playing with children, physical exercise, calming of stressed mind. Sh. Avinash appreciated the different aspect covered during the talk by Prof. Mishra and including the solutions. A vote of thanks was proposed by him to the main speaker and all who attended the Webinar. - **A report by Avinash Lakare**

GOVERNING COUNCIL OF SENIOR CITIZENS COUNCIL OF DELHI DECLARED RE-ELECTED FROM 01.04.2022 TO 31.03.2024 BY RETURNING OFFICER



Governing Council of Senior Citizens Council of Delhi consisting of :- **J.R. Gupta, President, Ramesh Chander Aggarwal, Vice - President, L. R. Garg, Secretary, Pratap Singh, Treasurer & Executive members - S/Sh. D.P. Rupal, Sardare Singh & Gyan Singh Tokas** were declared re-elected unanimously by Mr. Rohit Prasad, CEO, Help Age India in the capacity of Returning Officer during AGM of Senior Citizens Council of Delhi held on 01.10.2021 at Green Fields School, Safdarjung Enclave, for the period from 01.04.2022 to 31.03.2024 as per his letter dated 01.10.2021 addressed to Council. - Editor

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FREE LEGAL CONSULTATION BY ADVOCATE DEPUTED BY DELHI LEGAL SERVICES AUTHORITY, SOUTH DURING OCTOBER, 2021



With the support of Delhi Legal Services Authority (South District), **Advocate Tarun Srivastava** visited Recreation Center, Green Park Extension on every Tuesday during the month of October, 2021. He rendered free Legal advice sought by members of the Senior Citizens Council of Delhi, by observing social distancing norms in the presence of more than 50 members at their doorsteps each day. So far **2770** senior citizens have availed the facilities since **June, 2018** in sorting out their petty matters and also by creating awareness among other senior citizens. **The Council is grateful to Ms. Nabeela Wali, Secretary, DLSA (South)**, for her continuous support. During the current financial year 2021-22, **590** senior citizens benefited from this facility up to 31.10.2021. --Editor

COUNCIL MEMBERS WHO ARE UNABLE TO VISIT RECREATION CENTER OR DEER PARK SATSANG SHOULD FOLLOW THE DEDICATION OF GYAN SINGH TOKAS



Gyan Singh Tokas a life member of the Council shifted from Munirka Village to his new house at DLF, Phase -I, Gurgaon, 3 months back along with his family members. He has not missed Deer Park Satsang for even one day and attending regularly from Gurgaon by boarding in a metro for Green Park Metro

Station and vice-versa after **completing total walking distance of 6.50Km daily** by consuming one and a half hour. Most of the Council members who are even residing in nearby colonies to Deer Park Satsang and Recreation Center, Green Park Extension such as Green Park, Safdarjung Enclave, Humayun Pur, Krishna Nagar, Arjun Nagar, Hauz Khas, Hauz Khas Village, Gautam Nagar, Gulmohar Park are not visiting both places since long. Such members are requested to follow the dedication of Gyan Singh Tokas towards Daily Satsang. I would request them to participate in large numbers at both places by participating in Sunderkand on every Tuesday and avail Free legal Consultation on every Tuesday, Free Physiotherapy and Free Homeopathy Dispensary on every Tuesday, Thursday and Saturday. To motivate larger participation of such members, preference would be given to them in local tours, outside Delhi tours and abroad tours including those members who are supporting financially every year. - **J.R.Gupta, President**

MRS. LEKHI, MOS, EXTERNAL AFFAIRS GRACED DIWALI CELEBRATIONS ORGANIZED BY MAURITIUS EMBASSY ON 30.10.2021



Mauritius Embassy organized Cultural celebration of Diwali jointly in association with Embassies of Guyana, Fiji, Trinidad & Tobago and Suriname on 30.10.2021 at Vasant Kunj, the residence of High Commissioner of Republic of Guyana. **Mrs. Meenakshi Lekhi**, Minister of State, External Affairs, Govt of India was the Chief Guest. Many dignitaries also graced including H.E.Mrs. Santi Bai Hanoomanjee, High Commissioner of Republic of Mauritius, J.R.Gupta, President, Senior Citizens Council of Delhi along with Mr. S.M. Singhal. A cultural programme was also organized followed by dinner. -Editor

SPECIAL PROGRAMMES

Free Consultation on Legal Matters by an Advocate & Sunderkand Path on Every Tuesday from 2pm to 4pm followed by refreshments Free Homeopathy Dispensary :- Every Tuesday, Thursday and last Saturday from 1:00 pm to 3.30 pm Free Physiotherapy from 2:00 pm to 4:00 pm on every Tuesday, Thursday and Saturday

Joint Birthday Celebrations of Council Members (enrolled up to 31-10-2020 and up to membership no-2279 and born in the month of November, 2021 on or before 30.11.1960) if confirmed, before 15-11-2021 from 2 pm to 3 pm followed by refreshments subject to confirmation of Chief Guest

13.11.2021 : Special Sunderkand Path to celebrate 68th Birthday of Council Member S.M.Singhal 2 to 4 pm followed by heavy refreshments

16.11.2021 : Shabad Kirtan by Raagis from 2 pm to 3:30 pm followed by prashad.

Chitrakoot tour by train 26, (Evening) and 27 & 28.11.2021

Orchha & Jhansi Tour by train for 25 & 26.12.2021.

Note :- For train tours please contact Mrs. Manjula Aggarwal, Incharge on her Mobile : 9599252210. Council Members who are unable to visit either daily Deer Park Satsang or Recreation Center may furnish their email id so that they can know special programmes through Elderly News. -Editor

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