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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

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DAILY FREE VARIOUS FACILITIES FOR SENIOR CITIZENS IN RECREATION CENTER, GREEN PARK EXTENTION FROM 12.30 NOON TO 5.00 PM

AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 11 LAKH SENIOR CITIZENS)

VOL : 007

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MONTH : NOVEMBER, 2020

Rs. 5/-

RAJENDRA PAL GAUTAM, SOCIAL WELFARE MINISTER ORDERS RE-OPENING OF RECREATION CENTER FUNDED BY DELHI GOVT. W.E.F. 16-10-2020



Consequent upon Meeting of Confederation Members with Ms. Rashmi Singh ,IAS, Director , Social Welfare Department on 14-10-2020, Hon'ble **Rajendra Pal Gautam, Social Welfare Minister** ordered re-opening of Recreation Centers funded by Delhi Govt. with effect from 16-10-2020 by maintaining social distancing norms . J.R.Gupta , Chairperson , Confederation of Senior Citizens Associations of Delhi conveyed his sincere thanks & gratitude for his kind gesture. **-EDITOR**

AMIT KUMAR SHARMA, ASSESSOR & COLLECTOR, SDMC ASSURES TO HELP SENIOR CITIZENS REGARDING COMMUNITY SERVICES ISSUES AS & WHEN REQUIRED



Amit Kumar Sharma , Assessor & Collector , SDMC having additional charge of Community Service Department along with Yoginder Singh , Dy. Director visited Recreation Center , Green Park Extension on 27-10-2020 run by Senior Citizens Council of Delhi in partnership with SDMC since, 2016. He took a round of the Recreation Center and appreciated the efforts of the Council to provide various free facilities such as Homeopathy Dispensary , Physiotherapy , Blood sugar Contd...page...3 with more photos

COUNCIL EXTENDS MORAL SUPPORT & LEGAL GUIDANCE TO WIDOW (76)



Mrs. Surender Kaur, widow , (76), had approached Council for the non-implementation of the Maintenance Tribunal Court of West District Order dated 04-01-2019 in which her son was directed to pay maintenance allowance of Rs. 8,000/- per month including arrears of Rs. 24,000/- to be paid in 8 monthly installments . She attended seminar on Maintenance Act on 14-11-2019 at IIC, Lodhi Road. Immediately , her case was taken up by the Council with Vice-President, Indigo Airlines with the result all pending arrears had since been received by her up to June, 2020 in her bank account. Now she is getting Maintenance Allowance by NEFT Transfer in her Bank Account on 7th of each month regularly . She has conveyed her thanks to J.R.Gupta, President . **-EDITOR**

RASHMI SINGH , DIRECTOR , SOCIAL WELFARE , DELHI CHAIRS MEETING WITH CONFEDERATION MEMBERS LED BY ITS CHAIRPERSON J.R.GUPTA ON 14-10-2020



L-R : Rashmi Singh , Director , H.P. Sharma , Consultant , J.R.Gupta , Chairperson , Confederation with other members G.R.Sehgal, Yogendra Sahai & Surindra Kumar

A 4 members delegation of Confederation of Senior Citizens Associations of Delhi (an umbrella body of 18 Lakh senior citizens led by its Chairperson , J.R.Gutpa met **Ms. Rahsmi Singh , Director , Social Welfare Department** on 14-10-2020 and raised various pending issues concerning senior citizens of Delhi . The other members were G.R. Sehgal , Yogendra Sahai & Surindra Kumar . **H.P.Sharma , Consultant** was also present . She issued instructions during meeting to her Consultant to co- ordinate with Social Welfare Department and call for report on issues raised by Confederation on urgent basis such as completion of scrutiny of 30 new SCAs, within 20 days, to discuss file of enhancement of grant & constitution of Expert Committee , streamlining for release of pending grants for the year 2019-20 to be placed before consideration of GAC by 31-10-2020 & place for expenditure sanction to the competent authority within a week from the date of issue of Minutes . J.R.Gupta , Chairperson , Confederation has extended thanks to Director , Social Welfare for her prompt and positive response for the interest of senior citizens of Delhi. - A report by G.R.Sehgal, Vice-Chairperson (South)

SUPREME COURT LAYS DOWN MAINTENANCE RULES

The Supreme Court in a judgement on Wednesday ruled that wives and minor children will now be able to receive maintenance from the date of filing an application for maintenance , ensuring uniformity of grant of maintenance available under various legislations as well as filing a lacunae that existed in the Hindu Marriage Act (HMA) as well as Hindu Adoption and Maintenance Act (HAMA) which did not specify when maintenance order would be enforceable . A bench of Justices Indu Malhotra and R Subhash Reddy said directions are required to be passed to overcome the issue of overlapping jurisdiction and avoid conflicting orders . **Contd...on...page...3**

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ELDERLY NEWS WISHES ITS READERS NAVRATRAS, DUSSHERA, DEEPAWALI & BHAIYA DOOJ

CONFEDERATION NEWS

FREE CAB FOR COUNCIL/CONFEDERATION MEMBERS



Senior Citizens Council of Delhi in association with Uber Cab Services & Help Age India has launched Free Cab Services for the members of Council/Confederation across Delhi on terms viz :-1. The ride will be offered exclusively to senior citizens in need or visit to Recreation Center, Green Park Extension for availing free services such as Homeopathy Dispensary, Physiotherapy, Legal Consultation by an Advocate in association with Delhi Legal Services Authority (South District) including purchase of medicines or any exigency needs as per following schedule :- Physiotherapy 2 pm to 4 pm on every Tuesday, Thursday & Saturday, Homeopathy Dispensary 2 pm to 3:30 pm on every Tuesday, Saturday & Last Thursday, Free Legal Aid Counsel 2 pm to 4 pm on every Tuesday & visit to Hospital in emergency cases.

2. Uber drivers would wait only for 3 minutes for pick & drop. If you miss the cab then you need to call again **Mrs. Manjula Aggarwal, Incharge** on her **mobile no: 9599252210** for booking a new cab.

3. In the current pandemic, only 2 senior citizens would be allowed wearing masks and use of hand sanitizer. 4. You shall travel at your own risk. 5. While booking through Council, you have to mention your age, name, address, mobile no, membership no, requirement purpose, date and time **between 12 noon & 5 pm only** on any day. For the return journey, you would be required to book again. One booking shall be for only one ride.

-Lakhi Ram Garg, Secretary

ACTIVITIES OF SCA, AGCR ENCLAVE ON 02-10-2020



Senior Citizens Welfare Club, AGCR Enclave celebrated Senior Citizens Day & Birthday of its two members L.R.Sharma & Malhotra ji on 02-10-2020 and honored them with awards and sweets.

-Naresh Aggarwal, President

APPEAL TO COUNCIL/CONFEDERATION MEMBERS---SAY NO TO CRACKERS THIS DIWALI

The whole nation including Delhi is in the grip of Covid -19 pandemic. Moreover, pollution in Delhi is at a high risk of individual life. As such it is the duty of every citizen of Delhi particularly senior citizens to advise their children not to use crackers on Diwali. Every year, Diwali is being celebrated with a large number of crackers which resulted in a heavy volume of pollution. In the spirit of the spiritual aspect, Diwali becomes an opportunity to overcome negativity and reinforce our commitment to be a better human being. Instead of just bursting firecrackers in the streets, we should burst any negativity, anger, jealousy, regret and aversion that are lingering in the mind from the past year. Instead of just lighting lamps in and outside our houses, we must reverently light the lamps of awareness and knowledge, so that there may be light and celebration in our lives and around us, even in the darkest of times. When we not only clean our house, but also our body, mind and emotions, then we become truly ready to receive the Divine into our 'homes'. J.R.Gupta, Chairperson, Confederation of Senior Citizens Association of Delhi said, we shall be asking our members to celebrated Diwali without firecrackers. We have already started campaign through social media platforms / Whatsapp Groups. The initiative on the part of the Govt. to identify locations for firecrackers reflect good intent, but it cannot be said how much it can accurately persuade people. We need better awareness campaigns and stricter enforcement of existing norms

-- a report by L.R.Garg, Secretary

ACTIVITIES OF SCWO, DILSHAD GARDEN



Senior Citizens Welfare Organization, Dilshad Garden organized sensitization activity in their Recreation Center on 04-11-2020 Eye Check up Camp was also organized.

-K.N.Chhabra,

CONFEDERATION BRINGS TO THE NOTICE OF CM DELHI REGARDING ABNORMAL DELAY OF CASES OF SENIOR CITIZENS IN TRIBUNAL COURTS

Consequent upon receipt of various representations from SCAs affiliated to Confederation of Senior Citizens Associations of Delhi, J.R.Gupta, Chairperson issued a letter on 10-10-2020 addressed to Arvind Kejriwal, Chief Minister of Delhi bringing to his notice regarding non-implementation of directions of Delhi High Court dated 21-05-2018 in W.P.(C) 11260/2017 (reproduced below) by Tribunal Courts as pendency of cases are increasing day by day & senior citizens are waiting for hearing of their cases for more than 2 years or so. (i) All Presiding Officers in the Maintenance Tribunal and Appellate Tribunal shall proceed to hear the matters sitting singly in accordance with section-7 & 12 of the Maintenance and Welfare of Senior Citizens Act, 2007 respectively. (ii) The Maintenance Tribunal and Appellate Tribunal shall post all the pending cases at the earliest date possible. Both Tribunals shall ensure that the represented parties are informed and notices issued to them regarding the dates of hearing in the matter. (iii) The Department of Social Welfare of GNCTD is directed to ensure adequate publicity of the statutory particulars of the Maintenance Tribunal as well as Appellate Tribunal. (iv) The Member Secretary, Delhi State Legal Services Authority shall also be involved to actively participate in the matter and ensure availability of legal assistance to all persons seeking assistance under the provisions of the said Act. (v) A direction is issued to the Secretary of Department of Social Welfare, GNCTD to ensure that a copy of this order is issued to all members of the Tribunal as well as the Appellate Tribunal forthwith. (vi) A single Member Maintenance Tribunal and the Appellate Tribunal are fully competent under the provisions of the Maintenance & Welfare of Senior Citizens Act, 2007 to hear all matters and appeals and applications filed before it. J.R.Gupta has further requested CM Delhi to get the aforesaid directions of Delhi High Court implemented through Chief Secretary, GNCTD so that affected senior citizens would get justice without delay. Moreover, monthly reports of pending cases with Tribunal Courts should also be called.

--EDITOR

ACTIVITIES OF SCA, MIXED HOUSING COMPLEX MAYUR VIHAR, PHASE-3



Senior Citizens Association Mixed Housing Complex, Mayur Vihar-3, celebrated "International Day of Older Persons" on 01-10-2020. Area Police Station SHO Shri Parmod Kumar graced the occasion & assured safety & security of Senior Citizens. He also distributed Birthday Gifts to our members. Area Councillor Atul Gupta assured assistance as and when required. Dr. Tapan Chakraborty, President conveyed best wishes for good health and long life to the members.

-EDITOR

Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), Vimal Bhan, R.K. Singhal, & Mrs. Pushpa Mishra, Reporters : Pratap Singh, Mrs. Manjula Aggarwal, Gyan Singh Tokas & (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction. **E-mail: guptajr2005@gmail.com, Web: www.seniorcitizensdelhi.org.**

Daily Spiritual Discourses at Deer Park Satsang from 01-11-2020 to 30-11-2020 between 7 & 8 AM by Pt. Raghvendra Das, Chitrakoot, and also at Recreation Center, Green Park Extension between 3 & 4 PM. From 01-12-2020 to 31-12-2020 Pt. Brij Bhan (Chintamani), Chitrakoot at Deer Park Satsang & Recreation Center.

-- EDITOR



APPEAL TO ENROLL LIFE SUBSCRIBERS OF ELDERLY NEWS : Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, which is exempted under 80G of Income Tax Act 1961.

-L. R. Garg, Secretary



APPEAL FOR AFFILIATION WITH CONFEDERATION

Till Date 141 Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 18 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt. all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only.

--B.S. Yadav, Secy. General

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for the last 40 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of such cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/ cash as life membership.

-H.D. RALHAN, FOUNDER MEMBER

FROM FRONT PAGE ---- FELICITATIONS & JOINT BIRTHDAY CELEBRATIONS ON 27-10-2020



test, Computer Training, Yoga Classes, Library, News Papers, Television, Carom Board, Chess, Ludo, health checkup camps, consultations from eminent doctors & Spiritual Discourses to senior citizens in large numbers on daily basis including protecting them from humiliations /abuses at the hands of their own children & others. He also addressed senior citizens and was so happy to see that senior citizens are enjoying their life in Recreation Center with various free activities on daily basis with social distancing norms & keeping the center as neat & clean. On this occasion, he also felicitated 8 male & female senior citizens with shawl on their Birthday. He also congratulated them and prayed for long life

FROM FRONT PAGE ----MAINTENANCE ACT GUIDELINES BY SC

The need for uniformity in this aspect was noted by the SC to help serve the interests of women fighting protracted legal battles for divorce, custody and maintenance with no financial means to secure their litigation expenses. To ensure such a situation does not play to the disadvantage of women, the bench said, "Financial constraints of a dependant spouse hampers their capacity to be effectively represented before the Court. In order to prevent a dependant from being reduced to destitution, it is necessary that maintenance is awarded from the date on which the application for maintenance is filed before the concerned Court." The Court directed a copy of its judgement to be communicated to all High Courts and District Courts.

--Source Hindustan Times 05/11/2020

CONFEDERATION REQUESTS ARVIND KEJRIWAL, CM, DELHI FOR EXEMPTING OF STAMP DUTY & REGISTRATION CHARGES ON GIFT DEEDS EXECUTED BY SENIOR CITIZENS

Consequent upon receipt of many representations by the SCAs affiliated to Confederation of Senior Citizen Associations of Delhi, J.R. Gupta, Chairperson in a letter dated 26-10-2020 addressed to Arvind Kejriwal, Chief Minister of Delhi requested that registration charges including Stamp Duty on gift deeds executed by senior citizens of Delhi should be exempted as a gesture of Delhi Govt. towards senior citizens. It has further been suggested that Stamp Duty & Registration Charges on gift deeds executed by senior citizens of Delhi should be rationalized as compared to States like Maharashtra, Punjab, Tamil Nadu, Karnataka & Rajasthan. The reduction will rather encourage senior citizens to opt for this convenient mode of transfer of their property earned during their life time to their children.

-EDITOR

ELDER'S DAY CELEBRATED AT RECREATION CENTER WITH CAKE ON 01-10-2020



Senior Citizens Council of Delhi celebrated Elders Day in association with Sharp Sight Center at Recreation Center, Green Park Extension in the presence of Saurabh Jain (Sharp Sight), Neelam Malhi, Savitri Gupta, Rakesh Dhanjal, Lakshmi Aggarwal, Radhey Shyam Gupta, Pradeep Aggarwal, Hari Singh Gursey, Kashmiri Lal Gupta, Mohan LAL, J R Gupta, Acharya Mahendra Mishra, Rajender Singhal, Pritam Singh, Dinesh Kumar Sangal, Harikesh Shukla, Jagannath, Saurabh Shukla (Sharp Sight) by cutting a cake.

-Mrs. Manjula Aggarwal

FREE LEGAL CONSULTATION BY ADVOCATE DEPUTED BY DELHI LEGAL SERVICES AUTHORITY (SOUTH DISTRICT) DURING THE MONTH OF OCTOBER, 2020



With the support of Delhi Legal Services Authority (South District), during the month of October, 2020, Advocate Hari Ram visited Recreation Center, Green Park Extension & rendered free Legal advice sought by members of Senior Citizens Council of Delhi. J.R. Gupta, President of the Council says that more and more members are coming forward to avail this free unique facility at their door steps and waiting for their turn on coming Tuesdays. 1790 senior citizens have benefited in sorting out their petty matters and also by creating awareness among other senior citizens in the adjoining colonies since June, 2018. -- Mrs Manjula Aggarwal, Incharge

with sound health. While welcoming, J.R. Gupta, President of the Council briefed the Chief Guest about various free facilities provided by the Council to senior citizens daily and efforts of the Council to get relief in many cases from the Tribunal Courts where son/daughter-in-law were found ill-treating senior citizens by evicting them from their houses. Hari Ram, Advocate also addressed senior citizens & told about free legal aid counsel to senior citizens with the support of Delhi Legal Service Authority (South District). J.R. Gupta & other members felicitated the Chief Guest with shawl. Sh. Yoginder Singh, Dy. Director & Hari Ram Advocate were also felicitated. Earlier, Sunderkand Path was also organized followed by refreshments.

SENIOR CITIZENS MEETS SH. INGIT PRATAP SINGH NEW DCP (SOUTH-WEST) ON 27-10-2020



L to R :- J.R.Gupta, Ingiti Pratap Singh (DCP, SW), D.K.Sangal, Pratap Singh, Amit Goel, (Addl. DCP-1), R.K.Singhal, Amit Kaushik (Addl DCP-2), L.R.Garg & Kailash Chand

6 members delegation of Senior Citizens Council of Delhi led by its President, J.R. Gupta met Ingiti Pratap Singh, new DCP (South-West) in his office on 27-10-2020 & congratulated him on his promotion. The other members were D.K.Sangal, Pratap Singh, R.K.Singhal, L.R.Garg & Kailash Chand. The delegation members also requested him to address senior citizens in their Recreation Center, Green Park Extn. He accepted the invitation & told ACP on phone to plan visit early next week. The delegation members thanked him for his prompt decision.

74th BIRTHDAY OF A.K. POPLI CELEBRATED AT RECREATION CENTER



Senior Citizens Council of Delhi organized Sunderkand Path on 06-10-2020 at Recreation Center, Green Park Extension in association with Mr. & Mrs. Popli followed by prashad. J.R. Gupta & other members felicitated A.K. Popli on his 74th Birthday & prayed to Almighty for his long life with sound health.

-- EDITOR

SHREE DURGA SAPATSATI PATH AT RECREATION CENTER



Senior Citizens Council of Delhi organized special Shree Durga Satsathi Path at Recreation Center, Green Park Extension on 18-10-2020, which was recited by Dinesh Sharma. J.R. Gupta & Pt. Kaushal Kishore Mishra of U.P. felicitated him along with other members followed by prasada.

- Report by Mrs. Manjula Aggarwal, Incharge

COUNCIL ORGANIZED KANYA PUJAN ON 24-10-2020 AT DEER PARK SATSANG

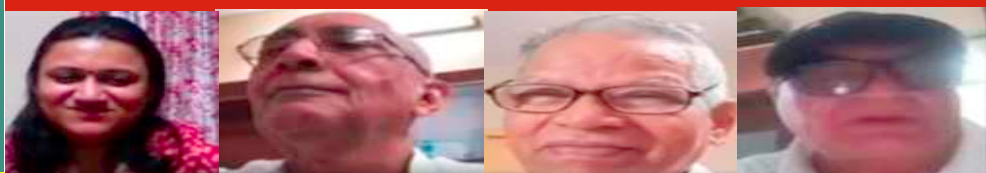


Like past years, Senior Citizens Council of Delhi organized Kanya Pujan on 24-10-2020 at Deer Park Satsang Sthal followed by prasada.

- Manjula Aggarwal, Incharge

SENIOR CITIZENS MEETS AMIT KUMAR SHARMA , ASSESSOR & COLLECTOR, SDMC

4 members delegation of Senior Citizens Council of Delhi led by its President , J.R.Gupta met Amit Kumar Sharma , Assessor & Collector , SDMC having additional charge of Community Services Department in his office on 26 -10 -2020 . The other members were L.R.Garg , Pratap Singh & N.C.Sharma . The delegation members requested him to visit their Recreation Center . He was kind enough to agree to inspect Recreation Center , Green Park Extension on 27-10-2020 . The members thanked him for his prompt gesture. **-L.R. Garg, Secretary**

HELP AGE INDIA ORGANIZED WEBINAR ON 01-10-2020

Ms Meena Varshney, Capt Chander Sachdev , Capt M. Singaraja & Sh Ashok Pahwa

On the occasion of International Day of Older Person, Help Age India organized Webinar which was attended by many senior citizens across the Country including Ms. Meena Varshney, Capt. Chander Sachdev ,Capt. M. Singaraja & Sh. Ashok Pahwa . It was a wonderful motivational session in which ideas were exchanged on reasons due to which elders feel socially disconnect because of digitization and challenges they face, especially the emotional aspect (emptiness to say so), and how people and the Government should assist them. **- Capt. Chander Sachdev**

ISU3A ORGANIZED 2ND WEBINAR ON MAINTENANCE ACT ON 07-11-2020

ISU 3A organized 2nd Webinar on Maintenance & Welfare of Parents and Senior Citizens Act, 2007 on 07-11-2020 **contd.....**

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MS . POONAM A. BAMBA , DISTRICT & SESSION JUDGE , SAKET COURT INTERACTED WITH SENIOR CITIZENS ON LEGAL SERVICES DAY AT RECREATION CENTER, GREEN PARK EXTENSION ON 10-11-2020

MS. POONAM A. BAMBA, District & Session Judge and MS. SHREYA ARORA MEHTA, Addl. District & Session Judge, addressing senior citizens



FELICTIATIONS OF MS. POONAM A. BAMBA & MS. SHREYA ARORA MEHTA



Senior Citizens Council of Delhi organized “Legal Services Day” at its Recreation Center , Green Park Extension on 10-11-2020 in association with Delhi Legal Services Authority (South) On this occasion , **Ms. Poonam A. Bamba** , Chairperson (Chief Guest) & **Mrs. Shreya Arora Mehta** , Secretary, DLSA (Guest of Honour) took a round of the Recreation Center and appreciated the efforts of the Council for providing various free facilities to senior citizens on daily basis such as physiotherapy , gym , homeopathy dispensary & library . Ms . Poonam A. Bamba interacted with the senior citizens and briefed about rights of the senior citizens & detailed activities of the DLSA (South) including help desk at the office of DM (South). She assured to look after the abnormal delay of 2 years in the hearings at the DM Office, as pointed out by J.R.Gupta, President. Ms. Shreya Arora Mehta also spoke about DLSA & thanked the Chief Guest. Earlier , Vimal Bhan introduced Chief Guest & Guest of Honour . The Guests were felicitated by the members of the Council with shawl & Patka. Advocate Javed Hussain spoke about Govt. Policies for senior citizens . Dinesh Sharma , S.M. Sharma & Mrs. Shashi Nangia recited bhajans which were also appreciated by the Guests . The function concluded with refreshments **- L.R.Garg, Secretary**

in which 20 members of ISU 3A across the country participated . Members were welcomed by Secretary General , Mr . Garg followed by opening remarks by Chairperson , Mr. Khare . Sh. J.R.Gupta , Executive Chairperson was the main Speaker who spoke about the provisions of Maintenance Act, particularly two amendments made by Delhi Govt . on 19-12-2016 , & 28-07-2017 which are very useful for the affected senior citizens and should be incorporated by other States also . The amendments have been sent to the Secretary General for taking up the matter with the Chief Minister of other states across the Country. **-R.K.Garg, Secretary General**

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SPECIAL PROGRAMMES AT RECREATION CENTER, GREEN PARK EXTENSION

Free Legal Aid Counsel on every Tuesday from 2:00 pm to 4:00 pm including Sunderkand Path

24-11-2020 : Joint Birthday Celebrations of Council Members

(enrolled up to 30-11-2019) for the month of November , 2020 , if confirmed before 15-11-2020 from 2 pm to 4 pm after Sunderkand Path followed by refreshments subject to confirmation of Chief Guest .

Note :- Council Members who are unable to visit either daily Deer Park Satsang or Recreation Center may furnish their email id so that they can know special programmes through Elderly News.

-EDITOR