



RNI No. : DELENG/2014/54294

Post Office Registration No. : DL-SW-17/4178/17-19

Posting Date at Lodhi Road H.P.O. on 13 & 15 of same month

Website : www.seniorcitizensdelhi.org

Website : www.confederationscdelhi.com



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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

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VOL : 006

Issue No. : 71

MONTH : NOVEMBER 2019

Rs. 5/-

DEVENDER ARYA, DCP (SOUTH WEST) SAYS DELHI POLICE IS COMMITTED FOR SAFETY & SECURITY OF SENIOR CITIZENS



On the invitation from South-West District of Delhi Police at a very short notice, 15 members of Senior Citizens Council of Delhi led by its President J.R.Gupta, participated in Diwali Mela organised at Vasant Vihar Police Station Complex on 16-10-2019 in which senior citizens from other areas also participated in a large number. Each SCA/RWA mentioned their problems relating to Delhi Police including Traffic Police. Mr. Virender Pahuja, life member of Council also mentioned his grievance regarding shifting of container in front of his shop at Satya Niketan Market. After hearing the views from the audience, **Devender Arya, DCP (South West)** assured that their grievances would be solved in due course. He further reiterated that Delhi Police is committed for the safety of life & property of senior citizens and also sought cooperation of senior citizens in this regard to follow instructions from time to time. **- Virender Pahuja**

VISIT TO VADODARA & ANAND BY 50 MEMBERS OF COUNCIL (ISU3A) FROM 11 TO 13 -10-2019



On the invitation from Jodhana Senior Citizens Society, Jodhpur, 32 members of Council (ISU3A) including 18 members (Jodhpur) visited Statue of Unity (Kevadia), Sardar Sarovar Dam, Amul Dairy Plant (Anand) from 11 to 13 -10-2019. The journey was undertaken partly by train/ air & by road. The Statue of Unity is a colossal statue of Indian politician and independence activist Sardar Vallabhbhai Patel (1875-1950), who was the first Deputy Prime Minister and Home minister of independent India and the chief adherent of Mahatma Gandhi during the

Contd. on page 3 with more photos

78 MEMBERS OF COUNCIL VISITED AMARKANTAK (MP) FROM 05-11-2019 TO 08-11-2019



Senior Citizens Council of Delhi organised a religious visit to Amarkantak (Madhya Pradesh) by train from 05-11-2019 to 08-11-2019 in which 78 members participated. Amarkantak, also known as "Teerthraj" (the king of pilgrimages) is located amidst the exemplary Vindhya and Satpura mountain ranges in Madhya Pradesh. Amarkantak is situated at an altitude of 1065 meters making it a hill station with some of the most exquisite temples that one will ever see. One of the holy rivers of India, River Narmada, originates from Amarkantak rendering this place special. Amarkantak is known for its rich cultural heritage. It is the place where the three mighty rivers- Narmada, Sone and Johila- converge. The members have darshans of various Temples and returned on 08-11-2019 with unforgettable memories being a unique trip with the efforts of J.R.Gupta, President.

- A report by Manjula Aggarwal

PARTICIPATION OF MORE THAN 1000 SENIOR CITIZENS IN AIRTEL DELHI HALF MARATHON ON 20-10-2019



Help Age India organised Airtel Delhi Half Marathon 2019 at Jawaharlal Nehru Stadium on 20-10-2019 in association with Confederation of Senior Citizens Associations of Delhi, in which more than 1000 senior citizens participated in the 3 Km Run. The enthusiasm of the senior citizens was encouraging under the leadership of **Mr. JR Gupta**, Chairperson. On this occasion, **Mr. Mathew Cherian**, felicitated him with shawl & Elder Champion Award Trophy in recognition to his selfless services to the cause & care of elderly & motivation of aforesaid 1000 senior citizens in early morning. **- More photo at page 4**

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ELDERLY NEWS WISHES ITS READERS GURU PARV, MERRY CHRISTMAS & HAPPY NEW YEAR

CONFEDERATION NEWS

INTERNATIONAL DAY OF OLDER PERSONS 2019 - THEME



The sub themes will focus on (i) the care sector - as a contributor of descent work (ii) lifelong learning and proactive and adaptive labour policies (iii) universal health coverage and (iv) social protective measures. The objectives of the 2019 IDOP are : a) To help draw attention to the existence of old age inequality, and how this often results from a cumulation of disadvantages throughout life and highlight intergenerational risk of increased old age inequality. b) To bring awareness to the urgency of coping with existing and preventing future old age inequality. c) To explore societal and structural changes in view of life course policies life-long learning, proactive and adaptive labour policies, social protection and universal health coverage. d) To reflect on best practice, lessons and progress on the journey to ending older age inequality and changing negative narratives and stereotypes involving "older age". The Confederation of Senior Citizens Associations of Delhi has already been working for the cause and care of elderly as per this year Theme..

- **L.R. GARG, EDITOR**

BIRTHDAY OF AMAR CHAND BANSAL BY SCWA OLD DELHI (WALLED CITY) ON 01-11-2019



Senior Citizens Welfare Association of Old Delhi (Walled City), Hauz Qazi, celebrated 78th birthday of its President/founder member Sh. Amar Chand Bansal, on 01.11.2019 at Hotel Broadway, Asaf Ali Road, New Delhi in accordance with the resolution passed by the Managing Committee of the Association in its meeting dated on 24.10.2019. The members present in the function praised the untiring efforts being made by Sh. Bansal to keep the Association alive and also facilitated him with gifts. The members recited poems in his praise and also enjoyed elderly games, Tambola etc. followed by sumptuous inter-continental dinner. The members extended birthday greetings to him with long, healthy and wealthy life. Earlier in the day, 4 members delegation of Senior Citizens Council of Delhi led by its President, J.R.Gupta also felicitated him at his Harsha Hotel and extended birthday greetings on his birthday. The other members were L.R.Garg, V.K.Pahuja & Vimal Bhan. - **A report by SK Gupta, Secretary**

PARTICIPATION IN AIRTEL DELHI HALF MARATHON BY SCCA - MOTI NAGAR ON 20.10.2019



Moti Nagar SCCA took part in Airtel Delhi Half Marathon under the category of "Senior Citizens' Run" on 20th of October, 2019, where its 50 members participated

- **A report by Subhash Sharma, President**

DIWALI & MEMBERS BIRTHDAY ON 26TH OCTOBER 2019 BY SCWS - SHALIMAR BAGH



It was a grand occasion when members of Senior Citizens Welfare Society, Shalimar Bagh gathered at its activity centre to celebrate Diwali & Birthdays of Members born in the month of October. President, Capt Chander Sachdev welcomed each member & wished him a long & healthy life. Breaking all previous records, a total number of 305 Members, mostly along with their spouse, were present. Rose petals were showered on members whose birthdays were celebrated. Diyas were lit, Diwali Pujan held & all enjoyed bhajans and devotional songs & made the celebrations memorable.

- **A report by Praveen Tuteja, Secretary**

JOINT BIRTHDAY & DEEPAWALI CELEBRATED ON 27-10-19 BY THE SC FORUM, PE. SEC-18, ROHINI



DIWALI & BIRTHDAY CELEBRATION OF MEMBERS BY DILSHAD GARDEN



BIRTH DAY CELEBRATIONS BY SVN - CC BLOCK, SHALIMAR BAGH



GULMOHAR PARK SC FORUM CELEBRATES DIWALI & JOINT BIRTHDAY ON 31.10.2019



80TH BIRTHDAY CELEBRATIONS BY SCWA, ROHINI, SECTOR 13



DIWALI CELEBRATION BY JODHANA SENIOR CITIZENS SOCIETY ON 1.11.2019



शुक्रवार दिनांक 01.11.2019 को जोधाणा सीनियर सिटिजन्स सोसायटी एवं काजरी में भ्रमण करने वाले सदस्यों का भव्य दिपावली स्नेह-मिलन कार्यक्रम बड़ी धूमधाम एवं उत्साह के साथ मनाया। इस अवसर पर समाजसेवी श्री प्रेमसुख जी डागा का उनकी उत्कृष्ट सेवाओं के लिए अभिनन्दन पत्र, पुष्पमाला, श्रीफल एवं शॉल भेंटकर सम्मानित किया गया। इस कार्यक्रम में श्री रामराज भण्डारी, श्री जौहरीमल जैन, श्री पुरुषोत्तमदास पुगलिया, श्री राम लाल लीला, श्री पुरुषोत्तमदास लीला, श्री सत्यनारायण अग्रवाल, विश्वनाथ बंसल एवं डॉ. आर.पी. आर्य का विशेष सहयोग रहा। कार्यक्रम के पश्चात् सभी सदस्यों ने अल्पाहार का आनन्द लिया।

- **रिपोर्ट : रामराज भण्डारी**

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Daily Spiritual Discourses at Deer Park (7AM & 8AM) Pt. Mahesh Mishra (Bhopal) from 16.11.19 to 30.11.19, Pt. Raghubansh Bhushan Pandey (Chirtakoot) from 01.12.19 to 15.12.19 & Pt. Chintamani (Chitrakoot) from 16.12.19 to 31.12.19. Also at Shiv Mandir, Green Park from 5.15 pm to 6.15 pm daily, Shri Ram Mandir, B5 Block, Safdarjung Enclave from 7.30 pm to 8.30 pm daily, Sadbhavana Satsang Mandal, DDA Flats, Munirka on every Sunday from 10.00 am to 11.00 am & **RECREATION CENTRE, GREEN PARK EXTENSION DAILY FROM 3.30PM TO 4.30PM** - **H.D.RALHAN, Founder Member**



APPEAL TO ENROLL LIFE SUBSCRIBERS OF ELDERLY NEWS : Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, which is exempted under 80G of Income Tax Act 1961. - **L.R. Garg, Secretary**



APPEAL FOR AFFILIATION WITH CONFEDERATION
Till Date **137** Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 11 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt., all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only. - **B.S. Yadav, Secy. General**

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for its members for the last **39 years**. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash including 1 photo with Rs. 500/- for Elderly News as life subscriber. **The Payment is also exempted under 80G of Income Tax Act. 1961.** - **A.C. BANSAL**

JOINT BIRTHDAY CELEBRATIONS AT RECREATION CENTER, GREEN PARK EXTENSION ON 20-10-2019



Senior Citizens Council of Delhi organised Joint Birthday of its 14 members on 20-10-2019 at Recreation Center, Green Park Extension in the presence of more than 150 members. On this occasion, members recited melody songs, poems and jokes etc. particularly by Dinesh Sharma, Gyan Chand Gupta. Pt. Shyamal of Mirzapur delivered spiritual discourses on Ramayana and extended birthday greetings to all concerned. Each member was felicitated by flowers, shawl and gift as a token of respect and regards, followed by heavy refreshments.

- A report by Manjula Aggarwal

DIWALI CELEBRATIONS AT DEER PARK SATSANG ON 27-10-2019



Senior Citizens Council of Delhi celebrated Diwali at Deer Park Satsang on 27-10-2019 in the presence of more than 300 senior citizens / devotees. The shed was decorated with paper crafts & flowers by Mr. Sachin Gupta son of Late Lalit Gupta. Pt. Shyamal of Mirzapur recited Shree Ram Rajya Abhishek Katha based on Ramayana. Mr. Sunehri Lal Verma, eminent poet recited various poems which were appreciated by all present followed by sweet packets with the support of Sh. Mohan Lal Chopra, owner Evergreen Restaurant. J.R. Gupta, President extended Diwali Greetings to all and appreciated the selfless services rendered for Deer Park Satsang by Late Sh. Lalit Gupta & his family. Mrs. Krishna Gupta & Sachin Gupta were also felicitated including Poet.

- A report by Mrs. Manjula Aggarwal

KANYA PUJAN AT DEER PARK SATSANG ON 07-10-2019



Senior Citizens Council of Delhi in its daily Satsang at Deer Park organized Kanya Pujan on 07-10-2019 in which the presence of more than 200 senior citizens. Shri Durga Saptasati paath was also recited by members led by Sh. Dinesh Sharma followed by distribution of prasad.

- EDITOR

PICNIC BY 50 MEMBERS OF COUNCIL AT BIJWASAN FARM HOUSE ON 10-11-2019



On the invitation by host **Mrs. Santosh & Mr. Ram Kumar** of Safdarjung Enclave, 50 members of Senior Citizens Council of Delhi reached by bus at Nashier Farm House, Bijwasan & enjoyed the picnic with various activities such as Tambola etc. There was lot of unique greenery with flowers, plants & trees. All enjoyed with tea & snacks followed by delicious lunch. Mr. Ram Kumar & Mrs. Santosh were felicitated for their kind gesture in arranging this unique picnic at a very precious farm house spreading in 10 acres land by J.R. Gupta, President along with Sh. Mohan Lal Chopra & others. In addition to this, **Mr. Rajiv Ratan** son-in-law of host was also felicitated by L.R. Garg & others. The members came back with unforgettable memories of this unique picnic. A gift was also presented to all by the host.

- EDITOR

FELICITATION OF AKHIL BHARTIYA SATSANG MANDAL, PASHCHIM VIHAR BRANCH AT DEER PARK ON 9/11/19



FROM FRONT PAGE : - VISIT TO VADODARA & ANAND BY 50 MEMBERS OF COUNCIL ...



non-violent Indian Independence movement. Patel was highly respected for his leadership in uniting the 552 princely states of India to form the single Union of India. This is world's tallest statue with a height of 182 metres & located on a river island facing the Sardar Sarovar Dam on river Narmada in Kevadiya colony, 100 kilometres southeast of the city of Vadodara and 150 km from Surat (Gujarat). The members also visited Dam including nearby Fulwadi village and back to Hotel at Vadodara in the evening on 12-10-2019. A dinner was hosted by Sh. Shyam Agarwal, a Industrialist &

friend of Sh. Ram Raj Bhandari followed by warm welcome. J.R. Gupta, President & other members felicitated him including his wife Mrs. Chandra Agarwal with shawl as a token of respect and regards. The members also visited Amul Dairy Plant, Anand by road next day and took a round of plant followed by lunch and came back Delhi via Vadodara on 14-10-2019 with unforgettable memories of this unique trip planned by Sh. Ram Raj Bhandari, J.R. Gupta & Prem Sukh Daga.

- A report by Manjula Aggarwal

S S MONTI & MRS. RENU MONTI FELICITATES SENIOR CITIZENS AT RECREATION CENTER ON 25-10-2019



Senior Citizens Council of Delhi organised Diwali Celebrations at Recreation Center, Green Park Extension on 25-10-2019 in the presence of 100 senior citizens. On this occasion, S S Monti, former Chairman, Standing Committee, SDMC along with his wife Mrs. Renu Monti felicitated senior citizens with Shawls. J.R. Gupta, President thanked him & his wife for their gesture.

- A report by Mrs. Manjula Aggarwal

FREE LEGAL CONSULTATIONS BY ADVOCATE DEPUTED BY DLSA SAKET COURT DURING THE MONTH OF OCTOBER, 2019 ON EVERY TUESDAY



With the support of **Delhi State Legal Services Authority (South District)**, during the month of **October, 2019**, Advocate Hubli Momalia & Advocate, Harpal Singh visited Recreation Center, Green Park Extension on 08, 15 & 22-10-2019 and 01 & 29-10-2019 respectively and rendered free Legal advice sought by members of Senior Citizens Council of Delhi.

J.R. Gupta, says that more and more members are coming forward to avail this free unique facility at their door steps and waiting for their turn on coming Tuesdays. So far, more than **1200 senior citizens** have benefitted in sorting out their petty matters and also by creating awareness among other senior citizens in the adjoining colonies.

- A report by Manjula Aggarwal

J.R.GUPTA ADMINISTERS OATH TO SENIOR CITIZENS NOT TO USE PLASTIC AT RECREATION CENTER



In a special function organised by the Senior Citizens Council of Delhi at its Recreation Center, Green Park Extension on 20-10-2019 in the presence of more than 150 senior citizens, J.R.Gupta, President administered oath to them that we should create awareness to replace plastic with environmental friendly materials. All of us need to join our hands to fight this menace and preserve our beautiful environment. We must stop using plastic altogether. We can make such campaigns by saying "NO TO PLASTIC". The material used in plastics cannot be recycled. We sometimes throw away the plastic which often forms part of the food of animals, which is very harmful to their lives. Plastic also damages our sewer system. Humans and animals have to face various types of diseases due to the contaminated poisonous gas released on burning it. According to a research it gives rise to cancer also.

- A report by Manjula Aggarwal

J.R.GUPTA ADDRESSES RETIRED OFFICERS OF PUNJAB & SIND BANK AT ROHINI ON 22-10-2019 ON MAINTENANCE ACT



Punjab & Sind Bank Training College, Rohini organised Special lecture for its 150 Officers and Staff (retired in quarter ending 30-09-2019) for their knowledge to know about Rights of the Senior Citizens. J.R.Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi was the main Speaker who told them about Rights of the Senior Citizens as enumerated in National Policy of Older Persons, 1999 such as Financial, Social, Health securities etc. He further drawn their attention towards Amendments made on 19-12-2016 & 28-07-2017 under Maintenance of Parents & Welfare of Senior Citizens Act, 2007 in which any senior citizen can approach Tribunal Courts of District Magistrates on a simple application without any Advocate to evict his/her son and daughter- in-law from his/her property, if he/she is ill-treated by them including maintenance allowance of Rs.10,000/- per month. He also touched issues concerning senior citizens including various free facilities made available by Senior Citizens Council of Delhi at its Recreation Center, Community Center, Green Park Extension on daily basis. He was also felicitated with shawl. In the end, A laughter session was also organised by the Speaker.

- EDITOR

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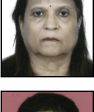
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PARTICIPATION OF MORE THAN 1000 SENIOR CITIZENS IN AIRTEL DELHI HALF MARATHON ON 20-10-2019



FELICITATION OF MOHAN LAL CHOPRA ON HIS 81ST BIRTH DAY BY COUNCIL MEMBERS ON 09.11.2019



Senior Citizens Council of Delhi felicitated Sh. Mohan Lal Chopra of Evergreen Sweets with jacket, shawl & Flower bucket on his 81st Birthday by J.R. Gupta, Ramesh Aggarwal, Amar Chand Bansal & L.R. Garg. All prayed for his long life & sound health

- EDITOR

SPECIAL PROGRAMMES AT RECREATION CENTER, GREEN PARK EXTENSION

Free Consultation on Legal Matters by an Advocate :- Every Tuesday from 2pm to 4pm

Sunderkand Path:- Every Tuesday from 1:30pm to 3pm followed by prasad/refreshments

Free Homeopathy Dispensary:- Every Tuesday, Thursday and Saturday from 1.30pm to 3.30pm

14-11-2019 : A seminar on Maintenance Act.

14-11-2019 : Dinner at Delhi Vidhan Sabha on the occasion of Guru Parv hosted by Hon'ble Speaker.

17-11-2019 : ISU3A EC Meeting at Sai Dham Complex, Opp. Siri Fort Auditorium, New Delhi

24-11-2019 : Joint Birthday Celebrations of Council Members (enrolled upto 31-10-2019) if confirmed on or before 20-11-2019 from 2:00 pm to 4:00 pm followed by heavy refreshments. -EDITOR