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# ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

Affiliated with Confederation of Senior Citizens Associations of Delhi (An Umbrella Body of 11 Lakh Senior Citizens)

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MONTH NOVEMBER-2016

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## National Amended Policy-2016 soon says T.C. Gehlot, Union Minister for Social Justice & Empowerment, GOI



L to R - T.C. Gehlot, J.R. Gupta, Subhash Chand Gupta & D.P. Rupal

3 members delegation of Senior Citizens Council of Delhi led by its President J.R. Gupta, met Shri Thaawarchand Gehlot, Union Minister for Social Justice & Empowerment on 01/11/2016 in his office. The other members were S/Shri D.P. Rupal and Subhash Chand Gupta. The delegation members requested the Minister to announce Amended National Policy of Senior Citizens at the earliest. They further brought to his notice that on 1/10/2016, Walkathon could not be organized at India Gate due to administrative reasons and apprised about the eagerness of the senior citizens to join Walkathon as and when organized. The Minister assured the delegation that the Walkathon would be held in next 2/3 months probably after winter season and date would be announced well in advance. He further assured that Amended National Policy would also be released in due course. J.R. Gupta, thanked the Minister for giving sufficient time to the delegation members for considering sympathetically their concerns. Souvenir 2016-17 was also presented to the Minister.

- A report by D.P. Rupal, Executive Member

## Senior citizen meets Amarendra Khatua, new DG I.C.C.R. on 17/10/2016



4 members delegation of Senior Citizens Council of Delhi led by its President, J.R. Gupta met Shri Amarendra Khatua new DG, I.C.C.R in his office on 17/10/2016. The other members were P.N. Wadhwa, A.K. Popli and L.R. Garg. The delegation members briefed about the daily activities of the Council for the cause and care of elderly particularly protection of lonely Senior Citizens from Abuses / Humiliations at the hands of their own children & others including actively association with I.C.C.R in order to promote art and culture among senior citizens since 2007, which were appreciated by him. He assured full cooperation of I.C.C.R as and when required like past years.

- A report by A.K. Popli

## Deputy Chief Minister, Delhi Govt. Sh. Manish Sisodia, chaired meeting with Confederation Members & Govt. Officers on 07.11.2016



Manish Sisodia, Dy CM chaired a meeting with the members of Confederation of Senior Citizens Associations of Delhi ( an umbrella body of 11 lakh Senior Citizens) led by its Chairperson to review the pending issues raised by Confederation. The following decisions were taken:- 1:- 24 new applications along with 21 applications would be disposed of on or before 15/11/2016. As far as existing old 102 SCA's of recreation Centres are concerned, Social Welfare Deptt. would intimate the date on which the last recreation grant was released. **During discussions, it was pointed out by J.R. Gupta that no grant has been released to any SCA since April 2016 and surprisingly Ms. Dilraj Kaur, Secretary concealed the actual facts to the Minister that she has to check up.** Hence, the above decision. 2:- Dy. CM agreed in principle on the issue of enhancing of grant to recreation centres as demanded by Confederation subject to verification and Social audit of 5 top most SCA's/NGO's against whom maximum serious complaints have been received. 3:- Social Welfare Deptt. has already increased the coverage of Old Age

Contd. on page 3

## SDMC hands over Recreation Centre at Green Park Extension in partnership to Senior Citizens Council of Delhi



S.S. Monty, Chairperson, SDMC & Mrs. Meeta Singh, Addl. Commissioner handing over permission letter of Recreation Centre to J.R. Gupta, President of Council on 04.11.2016

First Floor Hall of Community Centre at Green Park Extn. was handed over on 04/11/2016 to Senior Citizens Council of Delhi by S.S. Monty, Chairman, Standing Committee, SDMC & Mrs. Meeta Singh, Addl. Commissioner, SDMC to its President J.R. Gupta along with other members for organizing daily recreational activities such as Yoga, Health Check-up camps, talks by the senior doctors on relevant diseases, indoor games, physiotherapy centre, talks on current social topics and reading room for the Senior Citizens under the SDMC pilot project of involving senior citizens in making better use of the Community Centre. This will be the first ever useful partnership between the Senior Citizens Council of Delhi and the SDMC across Delhi. J.R. Gupta thanked SDMC particularly S.S. Monty for the availability of unique Recreation Centre which would help lonely Senior Citizens to keep themselves free from loneliness, as children have no time to talk to their parents. J.R. Gupta is also Chairperson of Confederation of Senior Citizens Associations of Delhi in which 125 registered Senior Citizens Associations stands affiliated as on date across Delhi.

- A report by: A.C. Bansal, Executive Member

## Heralding A New Era In Advanced Knee Replacement

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E-mail : [guptajr2005@gmail.com](mailto:guptajr2005@gmail.com)  
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ELDERLY NEWS WISHES ITS READERS HAPPY GURU NANAK JAYANTI & CHRISTMAS DAY

# CONFEDERATION NEWS

## CITIZENS SHOULD THINK ABOUT DELHI



**L.R. Garg** Recently, Citizens of Delhi have celebrated Diwali with large number of crackers with resulted a heavy volume of pollution. In the spirit of the spiritual aspect, Diwali becomes an opportunity to overcome negativity and reinforce our commitment to be a better human being. Instead of just bursting firecrackers in the streets, we should burst any negativity, anger, jealousy, regret and aversion that are lingering in the mind from the past year. Instead of just lighting lamps in and outside our house, we must reverently light the lamps of awareness and knowledge, so that there may be light and celebration in our lives and around us, even in the darkest of times. When we not only clean our house, but also our body, mind and emotions, then we become truly ready to receive the Divine into our 'homes'.

## Birthday celebrations of Moti Nagar Senior Citizens Cultural Association



Moti Nagar Senior Citizens Cultural Association celebrated birthday of its 72 members on 25.9.2016 at its Manoranjan Kendra, in the august presence of Moti Nagar Nigam Parshad, Shri Bhart Bhushan Madan. The celebrations was also attended by Heritage India's Sr. Vice-President, Shri Mukesh Bhatnagar. The celebration was presided over by its President, Shri Subhash Sharma, Advocate, with all the members of its Executive Committee. A cake was cut and a grand tea party was organized on this occasion, apart from a function of songs, speeches, poems, etc. **-A report by Subhash Sharma, President**

## Deepawali Celebrations by SCWS-Shalimar Bagh



Senior Citizens Welfare Society, Shalimar Bagh celebrated the auspicious festival of Deepawali at their Center with great enthusiasm. The Hall, full to it's capacity, was appropriately decorated for the occasion. 140 members of the Society participated in the celebrations, which started with 'Vandana' sung by Mrs Vijay Kapil. The cultural programme was widely participated with outstanding performances from S/Sh. R.C. Sethi, B.L. Chandana & H.K.L. Relhan among others. The festivities concluded with recitation of shanti path and traditional sweets and exchange of greetings of love, harmony, peace and prosperity. **-A report by Capt Chander Sachdev, Genl. Secy.**

## Diwali celebration by Gulmohar Seniors Forum



Gulmohar Seniors Forum organised Diwali get-together for the senior members in Gulmohar Club. It started by chanting of AUM. The members were greeted by President Yogendra Sahai & Vice President Mrs Ruby Guha gave some suggestions which were well praised by the members. Every member was given a Diwali gift which was delivered at their residence respectively. The newly enrolled members enjoyed. Mrs. Pratima Chaturvedi recited a Hindi poem, followed by tea party. **-A report by Subhash Saluja**

## Diwali celebration by VNKS - Yamuna Vihar on 23/10/16



Varishatha Nagrik Kalyan Sangh, Yamuna Vihar organized Diwali Milan on 23/10/16. at Rathwala Mandir, Yamuina Vihar. Mayor EDMC Smt. Satya Sharma, Sh. Sahad Singh Chauhan, Ex-MLA, Smt. Asha Tayal, Councillor. Sh. Bhupender Singh & Sh. Ajay Mahawar grace the function. **-A report by R S Kamboj, Secretary**

## Celebrating Birthday & Chhoti Diwali by SCW Club-Shalimar Bagh



Senior Citizens Welfar CLub, Shalimar Bagh, celebrated Birthday of Sh. Rajinder Kumar Aggerwal (Pandy) & also Chhoti Diwali On 29.10.2016.

**-A report by R.K Nagar Genl Secy.**

## Elders Day Celebration by Silver CWA-Rohini Sector-13



Silver Citizens Welfare Association, Rohini, Sector-13 celebrated Elders Day on 01.10.2016, in which a large number of members participated. **-A report by D. K.Mehra**

## Health Talk organized by SCWS - Shalimar Bagh



Senior Citizens Welfare Society, Shalimar Bagh organized a Health Talk in association with Fortis Hospital. 62 members attended the presentation by Dr Priyanka Kharbanda, Senior Consultant, Rheumatology. Team Fortis was thanked for the well managed presentation & hospitality. **-A report by Capt Chander Sachdev, Gen. Secy**

## AGM and Musical programme in Indraprastha SCWA on 14.10.2016



Indraprastha SCWA I P Extension held AGM on 14.10.16 followed by a musical programme which was attended by more than 200 sr. citizens. Shri J.R. Gupta, Chairperson of Confederation of Senior Citizens Associations of Delhi (An umbrella body of 11 lakh senior citizens) and other prominent persons of the area graced the occasion. The President Shri B.K Singhal, welcomed all and briefed about the agenda of the meeting. The Gen. Secretary Shri K P Gupta, mentioned about a dozen events held in the Centre during the last one year including visits to Akshardham Temple and Mathura -Vrindavan. The live musical programme of 'Bhule Bisre Geet' from old Hindi film songs with orchestra by Dr. Ganesh Das Arora and his associates was highly appreciated by all. At the end, refreshment was served. **-A report by KP Gupta, General Secretary**

**Editorial Board of Elderly News :** B.S. Yadav (Dwarka), P.D. Bathla (Rohini), Ved Prakash Gupta (Mayur Vihar), J.C. Narang (Tagore Garden), R.C. Sharma (Triveni) **Reporters :** A.C. Bansal, Pratap Singh, Jai Singh, Gyan Singh Tokas, Smt. Kamlesh Popli & Mishri Lal Kaushik (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction. **E-mail:** guptajr2005@gmail.com, **Web:** www.seniorcitizensdelhi.org



**Daily Spiritual Discourses at Deer Park (7AM & 8AM)** Pt. Shyam Sunder Sharan (Jamui, Bihar) from 16.11.16 to 30.11.16, Pt. Mahesh Mishra (Bhopal) from 01.12.16 to 15.12.16 & Pt. Chintamani (Chirtakoot) from 16.12.16 to 31.12.16. Also at Shiv Mandir, Green Park from 5.00 pm to 6.00 pm daily, Shri Ram Mandir, B5 Block, Safdarjung Enclave from 7.00 pm to 8.00 pm daily & Sadbhavana Satsang Mandal, DDA Flats, Munirka on every Sunday from 10.00 am to 11.00 am. **-H.D.RALHAN, Founder Member**



**APPEAL TO ENROLL LIFE SUBSCRIBERS of ELDERLY NEWS :** Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, which is exempted under 80G of Income Tax Act 1961. **-L.R. Garg, EDITOR**



## APPEAL FOR AFFILIATION WITH CONFEDERATION

Till Date 125 Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 11 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt., all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only. **-B.S. Yadav, Secy. General.**

## APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for its members for the last 36 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash. Please contact - 9810488059 **-A.C. BANSAL, Executive Member**

### Cultural group of Kalkaji SCWF recited Bhajans/Songs at Deer Park on Diwali celebration on 30/10/2016

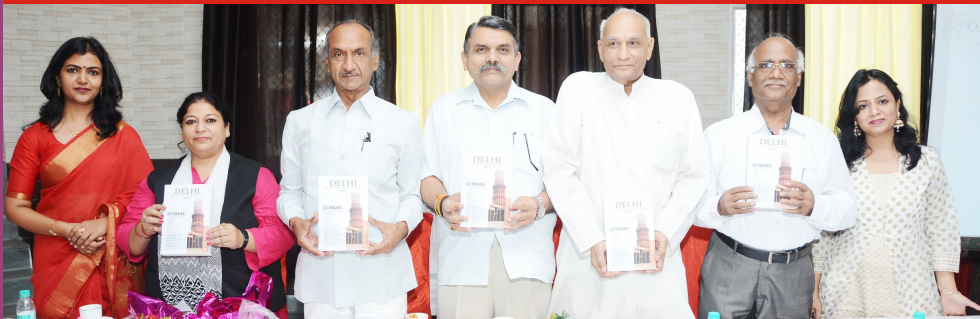


Senior Citizens Council of Delhi organized Diwali celebrations at Deer Park on 30/10/2016 in which more than 300 senior citizens participated. On this occasion, cultural group members of Senior Citizens S/Shri S.K.Malhotra (67), P.K.Chugh (80 years), Sushil Kumar Bahl (65) and Inder Pal Batra (66) of Kalkaji SCWF led by its President Y.N.Sharma (75), recited many melody, patriotic and spiritual songs, which were appreciated by all present. Mr Rohit, a young singer also recited songs on Guitar which were warmly applauded by the audience. J.R. Gupta, President of the Council and other

members felicitated all the singers and extended thanks to them particularly Shri Y.N. Sharma. He further extended Diwali greetings to all present and advised the audience not to use crackers in order to save your society/ neighbourhood from pollution. Deer Park Satsang Sthal was well decorated by Sachin Gupta son of late Shri Lalit Gupta, Former Treasurer and devoted worker. The Function concluded with sweets packet with the Courtesy of Shri Mohan Lal Chopra of Evergreen Sweets.

**-A report by Suraj Bhan Gupta**

### Launching Ceremony of Book: - Delhi "A Role Model" Of Urban India



LtoR : Dr. Ranu, Mrs. Bhawna Gaur, J.P. Agarwal, Dilawar Singh  
J.R. Gupta, Dr. K.P. Agrawal & Mrs. Rachna Gupta

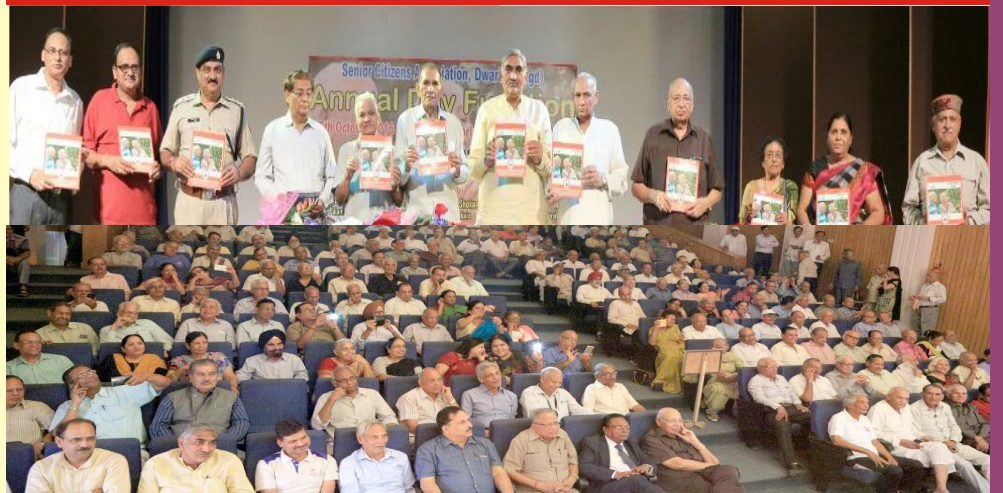
**A Role Model of Urban India Part-I Book**, was released by Chief Guest Sh. J.P. Agrawal & other dignitaries in a special function at Dwarka Community Centre, which was written by Dr. K.P. Agrawal in which various suggestions/solutions have been indicated for the Govt of India/Govt. of Delhi to make Delhi a Role Model Urban India. Dr. K. P. Agrawal has written so many books on different subject in the past. J.R. Gupta, President, Senior Citizens Council of Delhi congratulated Dr. Agrawal for doing noble causes regularly. The function concluded with delicious lunch. **-A report by K.L. Gupta**

### From Front Page : -Manish Sisodia, Dy CM Chaired .....

pension by enhancing the cap of Old Age pension by 1 lakh for beneficiaries. 4:- A pension complaint-cum-Helpline will be started by Social Welfare Deptt with Nodal Officer indicating telephone No. and E-mail Id and adequate publicity through newspaper advertisement within a week. 5:- Social Welfare Deptt will set up a formal Committee which will include the members of Senior Citizens Organisations and the Committee will prepare a document for discussion towards the Constituion of State Commission for Senior Citizens. 6:- Dy. CM agreed in principle to provide free travel in DTC buses by Senior Citizens. Social Welfare Deptt. will actively co-ordinate with DTC. 7:- Dy. CM agreed in principle to reserve an exclusive coach in the Metro for Senior Citizens. Social Welfare Deptt. will co-ordinate with DMRC and hold a meeting. 8:- Social Welfare Deptt. will plan the Elders Day Celebration event much in advance next time. 9:- Finance Deptt. will call a meeting of all concerned banks to provide enhanced or additional Interest on their savings with Bank. 10:- Social Welfare Deptt. will formulate the scheme of Senior Citizens. 11:- MLA's/Corporaters may take initiative for erection of Porta Cabins in parks, and the issue would be co-ordinated by Social Welfare Deptt with MCD and PWD. DDA may also be requested to allot space and land for the purpose of erecting porta cabins ro run the recreation Centres. The Confederation has already forwarded the official minutes of the meeting by E-mail to all the members on 09.11.2016, which may be persued. **The matter has already been brought to the notice of Dy. CM regarding concealment of actual facts in the minutes regarding release of grants to old & new SCAs by J.R. Gupta, Chairperson.**

**-EDITOR**

### AGM-cum-Annual Function of Sr Citizens Association, Dwarka



Senior Citizens Association, Dwarka celebrated its 7th Annual Function-cum-AGM in CCRT Auditorium followed by cultural programme in which more than 500 senior citizens participated. On this occasion, Chief Guest Sh. Rajesh Gehlot, Ex MLA, Guest of Honour, Sh. J.R. Gupta, Chairperson of Confederation of Senior Citizens Associations of Delhi released Souvenir along with other dignitaries. B.S. Yadav, President thanked all the guests & members. J.R. Gupta & Rajesh Gehlot also addressed the audience. The function concluded with lunch. **-A report by Ravi Jaitley, General Secretary**

### Activities of DAS SCWO - Dilshad Garden



## LIFE SUBSCRIBERS OF ELDERLY NEWS

## यमुना विहार में वरिष्ठ नागरिक कल्याण संघ ने चलाया सफाई अभियान



नई दिल्ली, (ब्यूरो) : दिवाली के मौके पर कोई अपने घर सफाई में जुटा है तो कोई सफाई अभियान को प्राथमिकता दे रहा है। इसी कड़ी में दिल्ली के यमुना विहार में वरिष्ठ नागरिक कल्याण संघ द्वारा सफाई अभियान चलाया गया। कार्यक्रम में पूर्वी दिल्ली नगर निगम की मेयर सत्या

शर्मा मुख्य अतिथि के रूप में उपस्थित रहीं। इसके अलावा पूर्व स्थानीय विधायक साहेब सिंह और स्थानीय निगम पार्षद आशा तायल भी कार्यक्रम में उपस्थित रहे। उपप्रधान बीएल भारद्वाज ने कहा कि वैसे तो संघ द्वारा हर साल इस तरह के कार्यक्रम का आयोजन किया जाता है।

## INVITATION IN SEMINAR ON 15/11/2016 AT AZAD BHAWAN AUDITORIUM

Senior Citizens Council of Delhi on its Annual Day is planning to hold a Seminar at Azad Bhawan Auditorium on RIGHTS OF ELDERLY on 15-11-2016 from 10 am to 4 pm followed by cultural programme, in which more than 400 senior citizens across Delhi would participate. Hon'ble Shri T.C. Gehlot, Union Minister for Social Justice & Empowerment, Govt. of India has kindly consented to inaugurate the Seminar at 10 AM. The brief details includes:- Light Refreshments at 9:00 AM, Registration :- 9:30 AM, Inauguration of Seminar : 10:00AM, Planery Session-1 (ELDERS RIGHTS & ENTITLEMENTS) :- 11:00 AM - 12:00 noon, Session - 2 (PENSIONS FOR ELDERLY) :- 12:00 noon to 1:00 PM followed by lunch, Session-3 (HEALTH CARE) :- 2:00 PM to 3:00 PM, Session-4 (SECURITY FOR ELDERLY) :- 3:00 PM to 4:00 PM Thereafter, Cultural Programme followed by refreshments. All are Cordially invited. Please confirm your participation.

**RSVP : J.R. GUPTA, President**  
**Mobile : 9810488059**

## Dy. CM Sisodia, honoured Gyan Singh Tokas and Jai Singh with Special Award-2016



During Elders Day function at Green Fields School, held on 1st October, 2016 organized by Senior Citizens Council of Delhi, Shri Manish Sisodia, Deputy Chief Minister, Delhi Govt. honoured S/Shri Gyan Singh Tokas, life member and Jai Singh, Satsang Devotee, with Special Award-2016 in recognition to their selfless services for the cause and care of Elderly for the last 5 years regularly. Elderly News extends congratulations - **EDITOR**

- 456  Shri Krishna Deo Singh  
B-7/ Extn. 63 (FF)  
Safdarjung Enclave  
New Delhi- 110029
- 457  Shri Mahavir Prasad  
Quarter No. 175, Police Colony  
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## Cleanliness of Children Park SCW Club - Shalimar Bagh



Senior Citizen Welfare Club, Shalimar Bagh cleaned the Children Park on 02.10.2016 under Swatch Barat Abhiyan  
**- A report by R.K. Nagar Gen. Secy.**

## Conference at Rishikesh on 18, 19 &amp; 20th February 2017



Senior Citizens Council of Delhi is organizing conference on Total Health Solutions for Mind-Body & Soul at Parmarth Niketan, Rishikesh from 18th to 20th February, 2017 in association with ARSP. You have to book your own railway ticket in Dehradun Shatabdi upto Haridwar for 18.02.2017 (Morning) & back for 20.02.2017 (Evening) in the same train. Transport would be provided from Haridwar Station to Venue of Conference & back. To motivate first 100 Members of the Council, the cost of 50% of registration which includes Conference Kit, Accommodation on twin sharing basis, breakfast, lunch & Dinner would be born by the Council, like past years. Thus, subsidized amount of Rs. 1750/- per participant may be deposited in the saving bank account No. 603610110002726, Bank of India, Safdarjung Enclave branch of Senior Citizens Council of Delhi. Registration Form may be downloaded from our website **www.seniorecitizensdelhi.org** & send the same duly filled by post. Interested members may contact Sh. J.R. Gupta 9810488059 on first come first serve basis, after booking their tickets. **Please deposit the consolidated cheque/cash, if members are in group or more then one.** **L. R. GARG, Editor**



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