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COUNCIL OF DELHI & CONFEDERATION OF SENIOR CITIZENS
ASSOCIATIONS OF DELHI FROM 01-04-2024 & ONWARDS
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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

E-mail : guptajr2005@gmail.com
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DAILY FREE VARIOUS FACILITIES FOR SENIOR CITIZENS IN RECREATION CENTER, GREEN PARK EXTN. FROM 12.30 NOON TO 5.00 PM, Ph. : 011-40537962

AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 18 LAKH SENIOR CITIZENS)

VOL : 011

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MONTH : MAY, 2024

J. R. GUPTA, CHAIRPERSON OF CONFEDERATION RE-ELECTED FROM 01-05-2024 TO 30-04-2026 INCLUDING BALBIR SINGH YADAV AS SECRETARY GENERAL & GYAN SINGH TOKAS AS TREASURER.



The tenure of existing Governing Body of Confederation of Senior Citizens Associations of Delhi (An umbrella body of 18 Lakh Senior Citizens) is to expire on 01-05-2024. Meeting of AGM of Confederation held on Saturday, the 6th April 2024 at Recreation Centre of Senior Citizens Council of Delhi, Community Centre, 1st Floor, Green Park Extension, New Delhi (opposite House No- K28). Election Officer Sh. Cherian Mathew, Ex-CEO, Help Age India arrived at

3.30pm due to his busy schedule.

1. The meeting was commenced with Gayatri Mantra.
2. Balbir Singh Yadav, Secretary General & J. R. Gupta, Chairperson also welcomed all members.
3. One minute silence was observed on the sudden demise of Late Sh. L.R. Garg on 01-04-2024 Contd at Page 3 with more Photos

HON'BLE MS. BHAGAWATI CHAUDHARY, MINISTER OF WOMEN, CHILDREN AND SENIOR CITIZENS, GOVT. OF NEPAL WELCOMED 35 MEMBERS OF SENIOR CITIZENS COUNCIL OF DELHI IN HER OFFICE AT KATHMANDU SECRETARIAT ON 03-04-24



35 members of Senior Citizens Council of Delhi visited Kathmandu and Pokhara from 02 to 05-04-2024. Members also met Hon'ble Ms. Bhagwati Chaudhary, Minister of Women, Children & Senior Citizens, Govt. of Nepal on 03-04-2024 at her office at Kathmandu Secretariat. J. R. Gupta, President felicitated the Hon'ble Minister. The meeting with the Hon'ble Minister could be made possible with the personal efforts of Chhatra Bahadur Pradhan, Chairman, NASCIF, Surya Prasad Shrestha, Member & Mrs. Sharada Chand, Vice-Chairperson.

J. R. Gupta briefed her about various issues concerning Senior Citizens of Delhi including protecting Senior Citizens from humiliations / abuses at the hands of their own children & others. He further told that under the Maintenance Act 2007, the Council is trying to solve such cases amicably & others through 11 district Tribunal Courts of IAS Officers & Appellate Court of Divisional Commissioner. The Council has solved a large number of such cases. Hon'ble Minister told that her Ministry is Contd at Page 3 with more Photos

COUNCIL / CONFEDERATION EXTENDS MORAL SUPPORT & LEGAL GUIDANCE TO SENIOR CITIZENS



Smt. Kamla Mamtani (71 yrs) resident of South Ext Part-I, visited Recreation Centre on 02-04-2024, with complaint. She has alleged that her tenant Mr. Sumit Sabharwal not vacating her house, already lodged at Kotla Mubarkapur Police Station. She has alleged whenever, she asked to vacate her house, the tenant is not vacating with a sole motive to grab her self acquired property & misbehaving, harassing, abusing & threatening to kill in aforesaid tenant & other relatives. On the intervention of Confederation / Council, the tenant has given in writing that he will vacate the house on 31-05-2024. She has extended thanks to the Confederation / Council for their moral support & legal guidance from time to time. - Editor



Mrs. Ekta Lamba resident of Flat in Sarojini Nagar Market visited Recreation Centre on 08-04-24, along with order dated passed by Ld. Komal Garg, Metropolitan Magistrate, Mahila Court No-1, Room No-11, Patiala House Court, New Delhi dated 01-02-2024. Her mother-in-law **Mrs. Promila Lamba** was directed to make payment of Rs. 15000/- within a week as pending maintenance charges, which she has already received in her own bank account. She has extended thanks to the Confederation / Council for their moral support & legal guidance from time to time. - Editor



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CONFEDERATION

WORLD TO SEE 'ELDERLY BOOM' BY 2050 MUST GEAR UP : UN REPORT



A new UN report calls for urgent policy measures to enable healthy ageing as it highlights that the number of people aged 65 years or older worldwide is projected to more than double, rising from 761 million in 2021 to 1.6 billion in 2050. By the end of the 21st Century, the world could have nearly 2.5 billion older people. It is also highlighted that not everyone has benefitted equally from the improvements in health and education that have driven population ageing. – Gyan Singh Tokas, Editor.

JOINT BIRTHDAY CELEBRATIONS ON 23.04.24 AT CENTRE



Joint Birthday Celebrations on 23.04.24 at Centre. Chief Guest. Shri Ganesh Mishra Special Guest Sh. Rajesh Paswan, Associate Prof of JNU

ACTIVITIES OF SHIV PARK, SENIOR CITIZENS WELFARE FORUM, SHALIMAR BAGH ON 30-03-2024



Shiv Park, Senior Citizens Welfare Forum, Shalimar Bagh organized Holi Milan & Birthday Celebration of its members born in the month of March including felicitation of members 80yrs & above on 30-03-2024. A report by Azad Tandon, General Secretary.

SVNM, CC BLOCK, SHALIMAR BAGH CELEBRATED BIRTHDAY ON 31-03-2024.



Sahyog Varishth Nagrik Manch, CC Block, Shalimar Bagh celebrated Birthday of its members born in the month of March on 31-03-2024. A report by R. K. Nanda, President.

MEMBERS OF AGGARWAL SAMAJ, JODHPUR ORGANIZED HOLI MILAN ON 28-03-2024



FELICITATION OF PRAVEEN ARORA MEHANDIRATTA AT DEER PARK SATSANG ON 10-04-2024



L. TO R.- SURSATI, BIMLA, SAMA KAUR, SUSHMA DHAWAN, RATAN KAUR, PRAVEEN ARORA & NEELAM DHANWAN

SCWS, SHALIMAR BAGH ORGANIZED BY AIR TO BHUBANESHWAR AND JAGANNATH PURI FROM 05 TO 07-04-2024



Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), K.K.Mehta (Tagore Garden), Dinesh Kumar Sangal (Arjun Nagar) Reporters : Pratap Singh , R.K.Singhal & Gyan Singh Tokas (Chief Editor J.R. Gupta Responsible only for selection of News under the P.R.B. Act . 1867). All disputes , subject to Delhi Jurisdiction. E-mail: guptajr2005@gmail.com, Web: www.seniorecitizensdelhi.org.

Daily Spiritual Discourses, at Deer Park Satsang (7am to 8am), Recreation Centre, Green Park Extn. (3pm to 4 pm) & Shiv Mandir, Green Park (4:30pm to 5:30pm) & Sadbhawna Satsang Mandal, Munirka every Sunday (9.30am to 10.30am) respectively, from 16-04-2024 to 30-04-2024 Pt. Raghu Bhushan Mani Pandey, Chitrakoot UP, from 01.05.2024 to 15.05.2024 Pt. Ram Pratap Shukla, Banda, UP & from 16-05-2024 to 31-05-2024 Pt. Prahlad Mishra Ramayani, Gonda, UP - Editor

APPEAL FOR LIFE MEMBERS OF COUNCIL

Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for the last 43 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of such cases have already been solved by the Council headed by its President Sh . J.R. Gupta, during the current year. Any senior citizen residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1700/- by cheque / cash as life membership fee. The amount can also be deposited in the name of Senior Citizens Council of Delhi in Bank of India , Safdarjung Enclave Branch , Saving Bank Account No : 603610110001482, IFSC Code : BKID 0006036 The amount is exempted under 80 G of Income Tax Act, 1961. - H.D. Ralhan, Life Member

FROM FRONT PAGE J. R. GUPTA, CHAIRPERSON OF CONFEDERATION RE-ELECTED FROM 01-05-2024 TO 30-04-2026 INCLUDING BALBIR SINGH YADAV AS SECRETARY GENERAL & GYAN SINGH TOKAS AS TREASURER.



4. The minutes of last AGM of 2022 of Confederation was confirmed.
5. **Treasurer report:-** No expenditure incurred. Cash in hand Rs.1,195/- including FDR of 1 lakh to be matured on 18-04-2024.

Following Governing Body Members of the Confederation were nominated by J. R. Gupta as per directions of Election Officer Sh. Mathew Cherian dated 06-04-2024 during elections.

(1) Sh. K. K. Mehta, Vice -Chairperson (West), (Mob-9818008899), Tagore Garden (2) Sh. Azad Tandon, Vice-Chairperson (North), (Mob-9899648222), Shalimar Bagh (3) Sh. G. R. Sehgal, Vice-Chairperson (South), (Mob-9818144409), Sant Nagar (4) Sh. Desh Kumar Singh, Vice-Chairperson (East), (Mob-7835888803), Mayur Vihar Phase-III (5) Sh. Y. N. Sharma, Joint Secretary, (Mob- 9650595401), Kalkaji (6) Sh S.P. Manchanda, Joint Secretary, (Mob- 9891827669), Keshav Puram (7) Sh. Vimal Bhan, Joint Secretary, (Mob- 9718055448), Gulmohar Park (8) Sh. J. K. Narang, Joint Secretary, (Northex) (Mob- 9311544838), Rohini (9) Sh. M. M. Gupta, Executive Member, (Mob- 9312229681), Sidhartha Extn. (10) Sh. R. S. Verma, Executive Member, (Mob- 9312566935), Yamuna Vihar (11) Sh. Y. K. Singhal, Executive Members, (Mob- 8826079891) (12) Smt. Maya Rani Goel, Executive Member, (Mob- 93138125136), Shalimar Bagh, BP, Block (13) Sh. G. D. Bajaj, Executive

Members, (Mob-9899809166), Shalimar Bagh, U&V (14) Sh. Raj Kumar Arora, Executive Member, (Mob - 9899542345), Shalimar Bagh, AE Block (15) Sh. O. P. Rakheja, Executive Member, (Mob- 9999077931), Madangir (16) Sh. Arun Sabharwal, Executive Member, (Mob- 9212263370), Janakpuri (17) Sh. R. K. Soni, Executive Member, (Mob- 9873976308), Dilshad Garden (18) Sh. Radha Krishna Pant, Executive Member, (Mob- 9816080013), Dilshad Garden, Pocket O. (19) Sh. R. N. Datta, Executive Member, (Mob- 9873302411), Rohini, Sector-13 (20) Sh. Shikhar Chand Jain, Executive Member, (Mob-9873070466), Mehrauli

Some members requested J. R. Gupta regarding restoration of Railway Concession, release of pending recreation grants to eligible SCAs for the last 3 years, release of old age pension to 50,000 cases & old 27,000 cases. J. R. Gupta briefed the members that nothing could be done during Lok Sabha Elections, which are concluding up to 15-05-2024. J. R. Gupta thanked the existing Governing Body members for their continuous support during the last 2 years. He further thanked the members present for re-posing their confidence by re-electing him & assured them that he would try his best to continue to work for the welfare, cause & care of Elderly & would full fill their expectations. The meeting ended with a vote of thanks to the host and the Chair followed by light refreshment packets. **A report by Balbir Singh Yadav, Secretary General.**

FROM FRONT PAGE HON'BLE MS. BHAGAWATI CHAUDHARY, MINISTER OF WOMEN, CHILDREN AND SENIOR CITIZENS, GOVT. OF NEPAL WELCOMED 35 MEMBERS OF SENIOR CITIZENS COUNCIL OF DELHI IN HER OFFICE AT KATHMANDU SECRETARIAT ON 03-04-24



paying Rs.4,000/- monthly pension to all Senior Citizens at the age of 60 & above. J. R. Gupta thanked her to meet members in spite of her busy schedule followed by high tea. The members visited various religious & historical places around Kathmandu & Pokhara such as VIP Darshan of Lord Pashupati Nath Mandir, Budha Dev Temple, Cable Car at Chandragiri, Hill Resort, Bakhtapur

Palace, Neelkanth Mandir, Seti River, Milky Water, Devis Falls, Vindhyawasini Temple, Gupteshwar Temple & Talaiya river arti in the presence of large number of devotees. All the members reached Delhi by getting unforgettable memories with the efforts of President. **A report by Y. K. Singhal, Tour - Coordinator-II.**

HEALTH TALK BY DR. AVTAR SINGH AT RECREATION CENTRE ON 07-04-2024



Senior Citizens Council of Delhi organized Special Health talk on the occasion of 76th Anniversary of World Health Day on 07-04-2024 at its Recreation Centre by Dr. Avtar Singh. This year's Health Day theme is "My Health, My Right". He advised Senior Citizens to go for walk including awareness of Health, which plays a major role. **A report by R. K. Singhal, Incharge.**

SABAD KIRTAN RECITED BY 3 RAGGIES HEADED BY KULDEEP SINGH ON 11-04-2024



Senior Citizens Council of Delhi organized Sabad Kirtan recited by 3 Raggies headed by Kuldeep Singh on the occasion of Baishakhi Festival at Recreation Centre, Green Park Extension on 11-04-2024. **A report by R. K. Singhal, Incharge.**

SUNDERKAND PATH AT RECREATION CENTRE ON 13-04-2024 IN THE MEMORY OF LATE L. R. GARG, SECRETARY, SENIOR CITIZENS COUNCIL OF DELHI AT RECREATION CENTRE, GREEN PARK EXTENSION.



Senior Citizens Council of Delhi organized Sunderkand Path on 13-04-2024 recited by Dinesh Kr Sharma, Harikesh Shukla, Attendant, Pritam Singh & Poonam Bhagotra & other members at its Recreation Centre, Green Park Extension in the memory of **Late L. R. Garg, Former Secretary, Deer Park Satsang, Former Secretary, Senior Citizens Council of Delhi & Former Treasurer of Confederation of Senior Citizens Associations of Delhi** (an umbrella body of 18 Lakh Senior Citizens) in which his family members including Ram Singh Verma & other relatives in large number. He was residing at BA-13E, DDA Flats, Munirka since long left for heavenly abode in the early hours of 1st April 2024 at 3.45am. His body was cremated on 01-04-2024 at Nigambodh Ghat. The Council also arranged a bus to carry his relatives & family members including residents of DDA Flats Munirka. In his honour, Recreation Centre, Green Park Extension was closed on 01-04-2024. J. R. Gupta, President lauded his selfless services. The Council prays to Almighty God to grant eternal peace to the departed soul. **A report R. K. Singhal, Incharge.**

NAV VARSH VIKARM SAMWAT - 2081 CELEBRATED AT RECREATION CENTRE ON 09-04-2024



Senior Citizens Council of Delhi celebrated Nav Varsh Vikarm Samwat - 2081 at its Recreation Centre, Green Park Extension on 09-04-2024, by organizing Sunderkand Path which was recited by Dinesh Sharma, Usha

Sharma, Pritam Singh, Neelam Malhi, Poonam Bhagotra & other members including Pt. Vidya Bhushan, Chhapra, Bihar, followed by light refreshment packets. **A report R. K. Singhal, Incharge.**

FREE LEGAL CONSULTATIONS BY ADVOCATE DEPUTED BY DLSA (SOUTH)



With the support of DLSA (South District), Ms. Pinky Maheshwari, Legal Aid Counsel visited Recreation Centre, Green Park Extn, on every Tuesdays falling on 09, 16, 23 & 30-04-2024. She rendered free Legal advice sought by members of the Senior Citizens Council of Delhi in the presence of more than 4500 members at their doorsteps on 4 days. So far 12050 senior citizens have availed the facilities since June, 2018 in sorting out their petty matters and also by creating awareness among other senior citizens. The Council is grateful to Ms. Jyoti Maheshwari, Secretary, DLSA (South) for her continues support. Special Lectures were delivered on Rights of Senior Citizens. During the current financial year 2024-25, 4800 Senior Citizens benefited up to 30-04-2024. A report by R.K. Singhal, Incharge.

COUNCIL MEMBERS JOINED NATIONAL DAY OF MAURITIUS ON 18.04.2024



SHRI RAM JANAM UTSAV AT SHAH AUDITORIUM ON 17.04.2024



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LIFE MEMBERSHIP OF COUNCIL

1466		Shri Rajender Singh, 91D, LIG DDA Flats Gulabi Bagh, Delhi-110007 Mob. : 7982557929	2631		Sh. Subhash Prashad Gupta, B3/525, Ekta Garden Apptt, I.P. Extn, Patparganj, Delhi-92 Mob. : 9873709595
2629		Shri Naveen Kumar Khurana, K-3, Green Park Extension, New Delhi- 110016 Mob. : 9811038384	2632		Shri Ramesh Chaudhri, G-22/3A, T.F., Rajouri Garden, New Delhi-110027 Mob. : 9899006501
2630		Shri Mohinder Khurana, K-3, Green Park Extension, New Delhi- 110016 Mob. : 9999964643	2633		Smt. Narbada Datta, B-7/112 -C, G.F., SJE, New Delhi-110029 Mob. : 9910076371

SUNDARKAND PATH & SARDHANJALI SABHA OF LATE SHR LAKHI RAM GARG, FORMER, SECRETARY, COUNCIL AT DEER PARK SATSANG ON 13.04.2024



KANYA PUJAN ON 17/04/2024 AT DEER PARK SATSANG



LADIES WING OF COUNCIL PARTICIPATED IN FASHION SHOW HEADED BY MRS BULBUL SAWHNEY ON 11.04.2024 AT CENTRE



नव वर्ष विक्रमी संवत् २०८१ की हार्दिक शुभकामनाएँ

SPECIAL PROGRAMS AT RECREATION CENTRE

- 13-04-2024 : Shabad Kirtan on Baishakhi, Shri Durga Sapatsati Path from 2pm to 4pm.
- 23-04-2024 : Joint Birthday Celebrations for the members up to Life Membership number 2543 & enrolled up to 30-04-2023 & upto membership number 2543 born in the month of April on or before 30-04-1964. The confirmation should reach by 11-04-2024 by 3pm subject to availability of Chief Guest.
- 12-05-2024 : Mother's Day
- 17-05-2024 : World Hypertension Day
- 05-06-2024 : World Environment Day
- Souvenir-2024 : is under print. Members may inform about their change of Address, if any.

The members who are paying Rs. 5,100/- or more Annually are also requested to pay the same urgently, as Recreation Grant is pending from Delhi Govt. for the last 2 years.

CONDOLENCES

The following Life Members of Council have left for heavenly abode during the last one month from 11-03-2024 to 10-04-2024.

LIFE MEMBERS	MEMBERSHIP NO.	ADDRESS
1. Sh. L. R. Garg	46	BA/13E, DDA Flats, Munirka, ND-67
2. Sh. Salag Ram	2043	159, Arjun Nagar, ND- 29
3. Sh. Dharampal Wadhwa	1439	B-2/73, SF, SJE, ND-29
4. Sh. K.P.S. Sisodia	767	9-B, Dhruv Apptt, Sec-13, Rohini, N.D.-110086

- HARIOM SHANTI SHANTI - J. R. GUPTA, President

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