



RNI No. : DELENG/2014/54294

Post Office Registration No. : DL-SW-17/4178/17-19

Posting Date at Lodhi Road H.P.O. on 13 & 15 of same month

Website : www.seniorcitizensdelhi.org

Website : www.confederationscdelhi.com



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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

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DAILY FREE VARIOUS FACILITIES FOR SENIOR CITIZENS IN RECREATION CENTER, GREEN PARK EXTENTION FROM 12.30 NOON TO 5.00 PM

AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 11 LAKH SENIOR CITIZENS)

VOL : 006

Issue No. : 63

MONTH : MARCH, 2019

Rs. 5/-

J.R. GUPTA ELECTED EXECUTIVE NATIONAL CHAIRPERSON, ISU3A AT PRAYAGRAJ ON 09.03.2019



During Annual General Body Meeting of ISU3A held on 09.03.2019 at Chinmaya Mission, Prayagraj, elections were conducted by Election Officer Raj Khatri, for the posts of Executive Committee Members of ISU3A. Sh. J.R. Gupta was unanimously re-elected as Executive National Chairperson, ISU3A. The other elected member were:- G.K.Khare, Chairperson, J.R.Gupta, National Executive Chairperson, Dr. R.K.Garg, Secy. Genl., Shanti Lal Bhandari, Secy. Finance, M. K. Raina, Dy. Secy. Genl., L.R.Garg, Vice-Chairperson (North), P.K.Sinha, Vice-Chairperson (Central), Dinesh Babel, Vice-Chairperson, (West), Anil Kaskhedikar, National Coordinator, Ashok Srivastava, Organizing Secy., Gyan Singh Tokas, Member.

-A report by Dinesh Kumar Sangal

ANNUAL DAY OF SADBHAVANA SATSANG MANDAL ON 02-03-2019 AT CENTRAL PARK, DDA FLATS MUNIRKA



Sadbhavana Satsang Mandal Munirka in association with Senior Citizens Council of Delhi celebrated its Annual Day on 02-03-2019 at Central Park DDA Flats Munirka, in which more than 400 senior citizens participated. A cultural program was also organised by the artists led by Himanshi Art & children of residents. Sh. Devender Arya, DCP (South-West), interacted with senior citizens in the presence of Sh. Ishwar Singh, ACP and Sh. Rajesh

- contd. on page 4 with more photos

COUNCIL EXTENDS MORAL SUPPORT AND LEGAL GUIDANCE TO SENIOR CITIZEN



Sh. Paramjeet Singh Walia, senior citizen (63), transferred his house at Vikas Puri by way of gift deed registered on 02-04-2007 in the name of his son Mr. Harpreet Singh Walia. He was ill-treated by both his son and daughter-in-law. He approached the Council & an application under section 23 of Delhi Maintenance & Welfare of Parents & Senior Citizens Act (Amended Rule 2017) was moved with Maintenance Tribunal for Senior Citizens. The Tribunal vide judgement dated 02-12-2018 cancelled the aforesaid Gift Deed. Mr. Walia has extended thanks to Shri J.R.Gupta, President of Council for his continuous support and legal guidance. - Editor

SENIOR CITIZENS COUNCIL OF DELHI ORGANISED GRACEFUL AGEING CONFERENCE AT HARIDWAR ON 23,24 & 25-02-2019



Senior Citizens Council of Delhi organized Graceful Ageing Conference at Nishkam Sewa Trust, Haridwar on 23, 24 & 25-02-2019, in which 126 members (excluding 11 Speakers & 11 students) participated after coming from different parts of Delhi. While welcoming all the delegates & Guests, J.R. Gupta, President of Council, briefed about various free facilities being provided in the Recreation Centre, Green Park Extension on daily basis such as Physiotherapy, Homeopathy Dispensary, Blood sugar test, Computer Training, Yoga Classes, Library, News Papers, Television, Carom Board, Chess, Ludo, health checkup camps, consultations from eminent doctors & Spiritual Discourses. He informed about protecting lonely senior citizens from abuses/ humiliations at the hands of their own children and others. He further told that Delhi senior citizens are getting maximum benefits from Delhi Govt. in comparison to other States across the country & advised Haridwar senior citizens to demand same benefits for them from Uttarakhand Govt. The Chief Guest was Dr. Mahavir Agrawal, Vice-Chancellor, Uttarakhand Sanskrit University who delivered key note address on Graceful Ageing issues. A cultural program was also organized by the 11 students (6 girls and 5 boys) of Patanjali Vidyapeeth, Haridwar, which was appreciated by all present during inaugural session on 23-02-2019. The other speakers were Acharya Krunesh Mishra, G.L.Gupta, Yoga Teacher, Sat Narayan Aggarwal, P.D.Lila (both from Jodhpur), J.N.Khurana, Chartered Accountant, Dr.Nagendra Kumar Neeraj, Chief Medical In-charge, Yoggram Nature Cure and Panckarm Research Centre, Patanjali, Haridwar, Anita Sharma, Mayor, Haridwar, Prof. Pramod

- contd. on page 4 with more photos

SENIOR CITIZENS MEETS VISHVENDER, DY. COMMISSIONER, SOUTH ZONE, SDMC ON 28-02-2019



5 members delegation of Senior Citizens Council of Delhi led by its President, J.R.Gupta met **Vishvender, Dy. Commissioner**, South Zone, SDMC on 28-02-2019 in his office. The other members were D.P.Rupal, R.K.Singhal, Varun Kant Aggarwal & D.K.Sangal. The delegation members requested him to visit its Recreation Center at Green Park Extn. He accepted the invitation and assured to visit on 16-02-2019. -A report by D.K.Sangal

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ELDERLY NEWS WISHES ITS READERS HOLI, NAVRATRAS, RAM NAVMI, BAISAKHI & MAHAVEER JAYANTI

CONFEDERATION NEWS

FREE LEGAL SERVICES FOR SENIOR CITIZENS BY DELHI STATE LEGAL SERVICES AUTHORITY



L.R. Garg

Free legal services entail the provision of free legal aid in civil & criminal matters for those poor & marginalized senior citizens who cannot afford the services of a lawyer for the conduct of a case or a legal proceeding in any court, tribunal or before any authority. Legal Services are provided by Delhi State Legal Services Authority in each District, in all cases of civil nature such as property disputes, matrimonial & child custody matters, labour or service law matters, compensation in motor accident cases, consumer disputes etc., cases involving criminal offence, violence of fundamental rights guaranteed by the Constitution of India & cases of great importance. In this regard, Senior Citizens Council of Delhi would extend its moral support & guide as and when required by any senior citizen seeking such free legal services

- EDITOR

AGM OF THE SC FORUM, PLATINUM ENCLAVE, ROHINI ON 1-2-2019



SHO-SEEMAPURI WELCOMED BY - DAS SENIOR CITIZENS ASSOCIATION, DILSHAD GARDEN



GULMOHAR JOURNALISTS' COLONY SC FORUM ORGANIZED LECTURE ON "ART OF LIVING" ON 24.02.2019



Gulmohar Journalists' Colony Senior Citizens Forum held a lecture-cum-demonstration on "Art of Living" on Sunday February 24, 2019. Dr. Pragati Sawhney, a public health professional with about 2 decades of active work with the Art of Living activities was the main speaker. She was assisted by Dr. Manali and Ms. Varuna Ladha. Mr. Y. Sahay, President of the Forum welcomed the speakers. During her talk Dr. Pragati spoke at length on Sudershan Kriya, Yog, and Gyan. She explained that experiencing the various levels of existence – our own body, our breath, our mind, our emotion and the source of life – is meditation. Dr. Pragati gave a demonstration of breathing exercises and meditation in which members participated wholeheartedly. Many members showed interest in knowing more about Art of Living activities and in joining their programs for achieving peace and fulfillment. Gulmohar Journalists SC Forum also celebrated the birthday of members born in the month of February.

- A report by Vimal Bhan

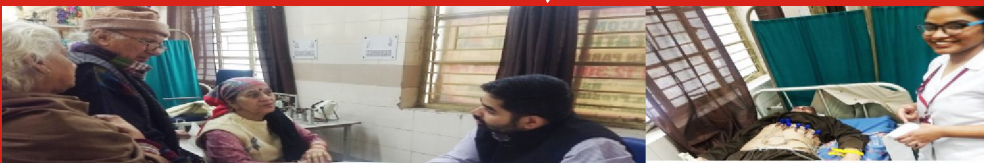
JOINT BIRTHDAY CELEBRATIONS BY MOTI NAGAR SENIOR CITIZENS CULTURAL ASSOCIATION



Moti Nagar SCCA celebrated birthdays of its 98 members on 30.12.2018 at its Recreation Centre, which was chaired by Moti Nagar Nigam Parshad, Shri Vipin Malhotra, in the company of its President Shri Subhash Sharma, Advocate & Secretary, Shri Anil Bhatnagar, along with its Executive Committee Members. This occasion was graced by the presence of Chairman of BJP Karol Bagh District, Shri Bharat Bhushn Madan ji. The program started with songs, gazals, poems, bhajans, etc., & then cake was cut wishing "Happy Birthday" to the members after which heavy refreshments were served.

- A report by Subhash Sharma, President

HEALTH CHECK UP CAMP AT RECREATION CENTER, GREEN PARK EXTENSION ON 17-02-2019



80TH BIRTHDAY CELEBRATION OF MEMBERS BY SC WELFARE MISSION - TAGORE GARDEN ON 03.03.2019



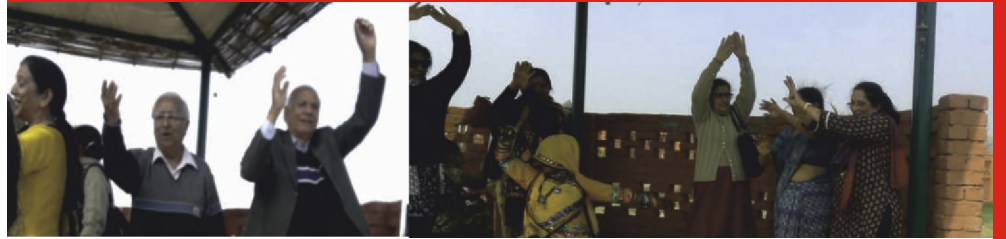
Senior Citizens Welfare Mission - Tagore Garden held a function on 03.03.2019 to honour male members who have completed 80 yrs age & female Members who have completed 75 yrs age on 31.12.2018. 24 male members & 28 female members were honoured in this function attended by app 260 members. programme ended with serving of tea & distribution of snack to all.

-A report by R.K. Katyal, President

BIRTH DAY CELEBRATIONS AT SVN CC BLOCK, SHALIMAR BAGH



PICNIC BY SCWM - TAGORE GARDEN ON 17.02.2019



170 members enjoyed a Day Long picnic at "Joygaon" Jhajjar on 17.02.2019. Members had lot of Fun & Excitement with a modern India village essence coupled with various Indoor/Outdoor activities, Unlimited tasty food & snacks etc. the place is worth visit for a day long picnic by group. Our experience of this day long picnic will remain memorable

- A report by R.K. Katyal, President

PICNIC AT SUNDER NURSERY BY SCWS SHALIMAR BAGH



145 members of Senior Citizens Welfare Society, Shalimar Bagh visited Sunder Nursery - the 16th Century heritage park complex spread in 90 acres. It has 15 heritage monuments of which 6 are UNESCO World Heritage sites, including Archeological Survey of India protected Sunderwala Burj, Sunderwala Mahal and Lakarwala Burj. The big variety of roses, water channel with fountains are too captivating to describe. We went around in groups, shared lunch brought from home and enjoyed a refreshing hot cup of tea. Clicking photos of the cheerful moments at this well maintained site and returned treasuring the memorable experience.

-A report by Capt. Chander Sachdev, General Secretary

RUDRA ABHISHEK ON MAHASHIVRATRI ON 04-03-2019 AT RECREATION CENTER, GREEN PARK EXTN



For the first time, Senior Citizens Council of Delhi arranged Rudra Abhishek on Mahashivratri on 04-03-2019 at its Recreation Center, Green Park Extension under the supervision of Pt. Pankaj Kumar Mishra from Lal Bahadur Shastri, Sanskrit University, followed by prasad.

- EDITOR

Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), J.C. Narang (Tagore Garden), Dinesh Kumar Sangal (Arjun Nagar) Reporters : Pratap Singh, Mrs. Manjula Agarwal, Gyan Singh Tokas & (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction. E-mail: guptajr2005@gmail.com, Web: www.senioreldelhi.org.



Daily Spiritual Discourses at Deer Park (7AM & 8AM) Acharya Mahender Mishra (Chitrakoot) from 16.03.19 to 31.03.19, Pt. Sudhakar Tiwari (Bhadoi, UP) from 01.04.19 to 15.04.19 & Pt. Sanjay Mishra (Mumbai) from 16.04.19 to 30.04.19 & Also at Shiv Mandir, Green Park from 5.00 pm to 6.00 pm daily, Shri Ram Mandir, B5 Block, Safdarjung Enclave from 7.00 pm to 8.00 pm daily, Sadbhavana Satsang Mandal, DDA Flats, Munirka on every Sunday from 10.00 am to 11.00 am & **RECREATION CENTRE, GREEN PARK EXTENSION DAILY FROM 3.15 PM TO 4.15 PM** -H.D. RALHAN, Founder Member



APPEAL TO ENROLL LIFE SUBSCRIBERS OF ELDERLY NEWS : Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, which is exempted under 80G of Income Tax Act 1961. -L.R. Garg, Secretary



APPEAL FOR AFFILIATION WITH CONFEDERATION

Till Date 135 Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 11 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt., all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only. -B.S. Yadav, Secy. General

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for its members for the last 38 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash including 1 photo with Rs. 500/- for Elderly News as life subscriber. -A.C. BANSAL

JOINT BIRTHDAY CELEBRATIONS AT RECREATION CENTER ON 26-02-2019



Senior Citizens Council of Delhi organised Joint Birthday of its 20 members on 26-02-2019, whose birthday falls in the month of February, 2019 at Recreation Center, Green Park Extension in the presence of more than 200 members. Each member was felicitated by flowers, shawl and gift as a token of respect and regards, followed by refreshment by Swami Nityanand Saraswati ji Maharaj (Haridwar)

-A report by D.K. Sangal, Incharge

J.R.GUPTA, CHAIRPERSON, CONFEDERATION INAUGURATES 1ST MUSICAL EVENING AT YMCA, AUDITORIUM ON 02-03-2019



Sangam Art & Cultural Society headed by Dr. Ganesh Das Arora organised its 1st Annual Musical Evening on 02-03-2019 at YMCA Auditorium in the presence of eminent singers and Platinum Stars, senior citizens and others, which was inaugurated by Chief Guest, J.R. Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi (an umbrella body of

11 lakh senior citizens). He also felicitated eminent singers aged 75 and above with shawl, flowers and memento. While, thanking audience and singers, Dr. Ganesh Das Arora, organiser, singer and Anchor also felicitated Chief Guest, J.R.Gupta with shawl, flowers and memento and thanked him for gracing his first Musical Evening. **-A report by D.K. Sangal, Incharge**

FREE LEGAL CONSULTATIONS BY ADVOCATE ON EVERY TUESDAY AT RECREATION CENTER



With the personal initiatives of Ms.Geetanjali Goel, ADJ & Special Secretary, Delhi State Legal Services Authority, services of an advocate from DLSA Saket Court has been placed at the disposal of Senior Citizens Council of Delhi at its Recreation Center, Green Park Extension on every Tuesday from 2 pm to 4 pm with effect from 12-06-2018. During the month of February, 2019, Advocates, Harpal Singh & Ms Sangeeta Gupta had visited Recreation Center and rendered Legal advice sought by senior citizens. While thanking Ms.Geetanjali Goel, J.R.Gupta, President of the Council says that more and more members are coming forward to avail this facility at their door steps and waiting for their turn. Such consultation are very helpful to sort out minor disputes in the Society amicably on the advice of Advocates. Sh. Gupta also advised senior citizens to avail this free facility of an Advocate in the Recreation Center in large numbers on every Tuesday, as Sunderkand Path is also recited on every Tuesday, followed by refreshments. **-EDITOR**

CANCER AWARENESS WALKATHON AT DWARKA ON 17-02-2019



150 members of Senior Citizens Council of Delhi participated in Cancer Awareness Walkathon at Dwarka on 17-02-2019 organised by Manipal Hospital, followed by refreshments. **-A report by D.K.Sangal, Incharge**

DENTAL CHECK UP CAMP ON 19-02-2019 AT RECREATION CENTER, GREEN PARK EXTN



Senior Citizens Council of Delhi organised Dental Health Check up Camp on 19-02-2019 at Recreation Center, Green Park Extension in which more than 100 senior citizens availed the facilities at their doorsteps followed by refreshments. **-A report by D.K.Sangal, Incharge**

J.R. GUPTA GRACES AS CHIEF GUEST IN ANNUAL DAY OF SCA-MEHRAULI ON 19.02.2019



SCA Mehrauli celebrated its Annual Day on 19-02-2019 at its Recreation Center in the presence of large number of members in which **J. R. Gupta**, Chairperson, Confederation was Chief Guest. On this occasion Cultural Programme was also performed by school children. J.R.Gupta distributed prizes to school children & assured his support as and when asked for. Shri H. N. Sharma, President & others felicitated the Chief Guest with shawl along with Shri Virender Kumar Pahuja. **-A report by D.K.Sangal, Incharge**

SPIRITUAL DISCOURSES BY SWAMI NITYANAND SARASWATI MAHARAJ (HARIDWAR) ON 26-02-2019 AT RECREATION CENTER



Senior Citizens Council of Delhi organised a special spiritual discourses on senior citizens by Swami Nityanand Saraswati (Haridwar) on 26-02-2019 at its Recreation Centre, Green Park Extension in the presence of more than 200 senior citizens. In his spiritual speech, he concentrated between the relations of senior citizens and their children, as incidents are increasing day-by-day in which senior citizens are abused or neglected at the hands of their own children. He admitted that such senior citizens have failed in their

- Contd on page 4 with more photo

FINANCIAL TALK ON INVESTMENT ON 13-02-2019 AT RECREATION CENTER, GREEN PARK EXTN.



Senior Citizens Council of Delhi organised a financial talk on Investment on 13-02-2019 at Recreation Center, Green Park Extension in the presence of large number of senior citizens. Mr.Kaushik Bahaduri delivered a very useful talk outlining how to invest their surplus funds particularly by senior citizens followed by refreshments. **-A report by D.K.Sangal, Incharge**

HEALTH CHECKUP CAMP ON 03-03-2019 AT RECREATION CENTER



Senior Citizens Council of Delhi organised Health Checkup Camp in association with Max Hospital on 03-03-2019 at Recreation Center, Green Park Extension. Senior Citizens in large number availed the facilities at their doorsteps such as ECG, Sugar, BP, Echo, ENT, Eyes, Dental, Bone density, Physiotherapy, Kidney, Gall Bladder Stone, PSA, Ultrasound & hearing. In addition to consultation by eminent doctors. J.R.Gupta, thanked the doctors and staff followed by refreshments. **-A report by D.K.Sangal, Incharge**

SENIOR CITIZENS MEETS ISHWAR SINGH, NEW ACP, SAFDARJUNG ENCLAVE ON 28-02-2019



4 members delegation of Senior Citizens Council of Delhi led by its President, J.R.Gupta met Sh. Ishwar Singh, new ACP, Safdarjung Enclave on 28-02-2019. Other members were Rajinder Kumar Singhal, D.P. Rupal and Dinesh Kumar Sangal. Delegation members discussed security issues concerning senior citizens particularly visit of beat constables at the houses of lonely senior citizens. ACP assured to look into the same on priority basis.

-A report by D.K.Sangal, Incharge

From page 3 : - SPIRITUAL DISCOURSES BY SWAMI NITYANAND SARASWATI MAHARAJ (HARIDWAR)



duties to teach moral values to their children. Due to breakdown of Joint Family system, married childrens are busy in their multinational jobs from 8 AM till night and they have no time to take care of their parents. But at the same time, parents are also required to respect the wishes of their children to maintain harmony and peace within the family. He appreciated the efforts of the Council headed by Sh.J.R.Gupta, President for protecting lonely senior citizens from abuses/humiliations at the hands of their own children without the intervention of Delhi Police. Senior Citizens are well experienced and can contribute a lot for the welfare of the society/neighbourhood. J.R.Gupta felicitated the Swami Ji and Mrs.Padma Khanna, Director, Green Field School, Safdarjung Enclave followed by refreshments. **-EDITOR**

CONTD FROM FROM FRONT PAGE : ANNUAL DAY OF SADBHAVANA SATSANG MANDAL



Kumar Maurya, SHO, Munirka. Chief Guest also distributed prizes to the children. Mrs. Kapila Gaur & Bhagat Singh Tokas (Area Councillor) also addressed. J.R.Gupta, President, along with other members felicitated Chief Guest with memento including other guests, followed by lunch. **-A report by D.K. Sangal, Incharge**

PARTICULARS OF OWNERSHIP OF ELDERLY NEWS

1. Owner Name : Senior Citizens Council of Delhi
B-2/73-B, Safdarjung Enclave,
New Delhi- 110029
2. Place of Publication : Drishti Graphics & Printing Solutions
C-114, Countrywide Apartment,
Mohammadpur, R.K. Puram,
New Delhi- 110066
3. Periodicity of its publication : Monthly
4. Printers, Publishers & Editor's Name : **L.R. Garg**
B.A.- 13E, DDA Flats
Munirka, New Delhi- 110067
5. Price : Rs. 5/- per copy and
Rs 500/- for life.

I **L.R. Garg**, hereby declare that the particulars given above are the true to the best of my knowledge and belief.

Date: 01/03/2019

L.R. Garg (Editor)

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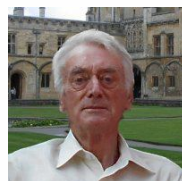
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Y-81, Hauz Khas
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CONTD FROM FROM FRONT PAGE : GRACEFUL AGEING CONFERENCE AT HARIDWAR ...



Bhatnagar, Dev Sanskriti Vishwavidyalaya, Haridwar, L.R.Garg & Sardar Harmohan Singh. Acharya Krunesh Mishra, delivered a spiritual discourses advising how cordial relations can be maintained in a family & society as per teachings of Shree Ramcharitmanas. Generally, all the Speakers gave various tips how senior citizens can maintain their health even without taking medicines. Dr. G.L.Gupta from Delhi chaired laughing session and the same was demonstrated before the audience. Everybody was very cheerful and happy. Thereafter, Question-Answer sessions were also held for each speaker in which some members from audience shared their views on Graceful Ageing. Next day, practical yoga session was also conducted by Dr. G.L.Gupta in the presence of senior citizens. Speakers also spoke about Yoga- Pranayam and Meditation including the art of stress free living, Atam Darshan and Yoga concluding session on 25-02-2019, followed by lunch. Each participant was offered badges, Conference-Kit, including lodging and boarding on twin share basis for all 3 days. The participants were picked up from Haridwar Railway Station by 3 buses on 23-02-2019 & were taken to venue of Conference and they were dropped at Haridwar Railway Station on 25-02-2019. The members also visited Patanjali Vidyapeeth phase-I at Haridwar on last day of the Conference after lunch and thereafter, proceeded to Railway Station to board the Train for New Delhi. The Conference was very well organised and the delegates were taken care of till their departure from Haridwar with the sincere efforts of Shri J.R. Gupta. During the Conference, the delegates interacted and shared their experiences with each other. All the participants were of the view that such Conference should be continued to be organized every year. Moreover, they also utilized 3 days time with their counterparts by ignoring loneliness in their routine life. The participants also have a holy bath in Ganga ji at Har-ki-Pauri followed by Special Aarti on both days and also took a round of various historical and religious places at around Haridwar and Rishikesh. J.R.Gupta President of the Council thanked all the Speakers, Guests and Students & also felicitated them with mementos along with other members. **-EDITOR**

WORLD U3A SIGNPOST AVAILABLE ON 1ST EVERY MONTH ON EMAIL



Tom Holloway

The free international news service WorldU3A was created by retired Consultant Systems Engineer Tom Holloway nearly 20 years ago. For most of that time he was resident in Hyderabad, working with SC/BC communities, and it is now 15 years since he and Professor R N Kapoor started U3A - the University of the Third Age in India. The most useful of the WorldU3A online projects is the U3A SIGNPOST monthly newsletter, and Dr P Vyasamoorthy is a regular contributor to that. Further information may be found at www.worldu3a.org/signpost **-EDITOR**

SPECIAL PROGRAMMES

- | | |
|------------|---|
| 16-03-2019 | : Interaction session with Dy. Commissioner (South Zone), SDMC, from 2 pm to 3 pm, followed by refreshments |
| 17-03-2019 | : Health Check up camp from 1:30 pm to 3:30 pm followed by refreshments. |
| 19-03-2019 | : Holi Celebration with cultural programme from 1:30pm to 3:30pm followed by refreshments. |
| 24-03-2019 | : Governing Body Meeting of Confederation at Tagore Garden |
| 29-03-2019 | : Joint Birthday Celebrations of Council Members (enrolled upto 28-2-2018) if confirmed before 20-3-19 from 1:30pm to 3:30pm followed by heavy refreshments |
| 12-04-2019 | : Shree Durga Saptasathi Path / Amrit Vani |
| 13-04-2019 | : Cultural Programme on Shree Ram Janam Maha Utsav in association with Sanatan Dharam Mahasabha at Hindi Bhawan. |

-EDITOR

Printer, Publisher & Editor Shri Lakhi Ram Garg, BA-13/E, DDA Flats, Munirka, New Delhi - 110 067 on behalf of Senior Citizens Council of Delhi
Published at : B-2/73-B, Safdarjung Enclave, New Delhi - 110029, Mobile : 9313203760, 9810488059, E-mail : guptajr2005@gmail.com
Printed at : Drishti Graphics & Printing Solutions, C-114, Countrywide Apartment, Mohammadpur, R.K. Puram, New Delhi - 110 066