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COUNCIL OF DELHI & CONFEDERATION OF SENIOR CITIZENS
ASSOCIATIONS OF DELHI FROM 01-04-2024 & ONWARDS
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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

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MONTH : JUNE, 2024

COUNCIL MEMBERS MET DEEPAK RAWAT, IAS, DIVISIONAL COMMISSIONER & MRS. VANDANA, IAS, DISTRICT MAGISTRATE, NAINITAL ON 29-04-2024



Members of Senior Citizens Council of Delhi led by its **President, J. R. Gupta** met **Deepak Rawat, IAS, Divisional Commissioner** at his office at Nainital on 29-04-2024. J. R. Gupta briefed him about Elder Abuse / humiliations at the hands of their children under Maintenance Act, 2007 through 11 District Magistrate Courts with Appellate Court of Divisional Commissioner. The Council solved such cases (1000 cases per year). The Council also tried his best to

free from loneliness by organizing various tours at religious & historical places in Delhi, in India & Abroad. The Council has also MOU with Senior Citizens Council, Mauritius upto 31-10-2026 in order to promote exchange of views of groups of Elderly of both the Countries on reciprocal basis. The member also met **Mrs. Vandana, IAS, District Magistrate, Nainital** on same day. **More Photos at Page 3. A report By Gyan Singh Tokas, Secretary.**



Vimochan of Souvenir-2024 by **Naveen Kr. Gupta, Secretary, Dlsa, Abhinandan Pandey, Secretary, Litigation & Mridula Gupta, Additional Secretary, Dlsa** in the presence of Council Members led by **J.R. Gupta, President, Namely Rajiv Goel, G.S. Tokas, Pratap Singh, Vimal Bhan, Ramesh C. Aggarwal & Y.K. Singhal** at Rouse Avenue Court Complex at 3rd Floor. **A Report By Gyan Singh Tokas, Secretary.**



COUNCIL MEMBERS MET MAURITIUS HIGH COMMISSIONER ON 12-04-2024

4 members of Senior Citizens Council of Delhi met **Mauritius High Commissioner** led by its **President J. R. Gupta** on 12-04-2024 at his office. J. R. Gupta requested him to use his personal efforts so that 20 members could visit Mauritius at the earliest under existing MOU upto 31-10-2026. He assured to do the needful by contacting Honbl'e Minister for Social Security, Mauritius Republic at the earliest. **A report by Y. K. Singhal, Executive Member.**



COUNCIL MEMBERS PARTICIPATED IN NATIONAL DAY OF MAURITIUS ON 18-04-2024

COUNCIL / CONFEDERATION EXTENDS MORAL SUPPORT & LEGAL GUIDANCE TO SENIOR CITIZENS



Smt. Murti Mann, widow (74 yrs) resident of A-55, Chhatarpur Enclave Ph-II, visited Recreation Centre on 27-03-2024, with complaint. She has alleged that her son & daughter-in-law are not vacating her house with the connivance of **Mr. Mahendar Tokas, father, working in Delhi Police**, who is delaying the case, which needs to be investigated by Commissioner, Delhi Police. Next date of hearing is 28-08-2024. **She has extended thanks to the Confederation/ Council for their moral support & legal guidance from time to time. - Editor**



Mrs. Rajinder Kaur (67 yrs) resident of Mehrauli Apartment visited Recreation Centre on 14-03-24, regarding Non-vacating of her house by tenant, who is not vacating her house with a sole motive to grab her self acquired property. Whenever, she asked to tenant to vacate the house, who is misbehaving, harassing, abusing in connivance with her husband & staff. The matter was reported to Commissioner, Delhi Police for taking legal action against tenant & her staff. **She has extended thanks to the Confederation / Council for their moral support & legal guidance from time to time. - Editor**



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ELDERLY NEWS WISHES ITS READERS HAPPY WORLD ENVIRONMENT DAY, FATHER'S DAY & YOGA DAY

CONFEDERATION

WORLD ELDERS ABUSE AWARENESS DAY ON 14-06-2024



A World Elder Abuse Awareness Day is celebrated on 14th June every year to draw the attention of State Govts/ Govt. of India / Police Authorities to take remedial measures to protect the life and property of Senior Citizens as incidents targeting senior citizens are increasing day by day. There are various kinds of abuses such as Physical, Emotional, Economical, Disrespect, Verbal and Neglect. Even, Elders are being victim of Cyber Crimes. Elder abuse is a widespread problems. In other cases, it is simple negligence. Caregivers do not provide the basic necessities, like nutritious food, appropriate medication, safety, or assistance with hygiene. Both the Younger generations & Society at large needs to be sensitized to enable Elders to live peacefully with dignity and respect in their fag end of life. Print / electronics media should play a vital role by highlighting these unique problems in their esteemed newspapers /TV channels. Confederation would hold a candle march on 14-06-2024 at Jantar Mantar, like past years to draw the attention of Delhi Govt. /Govt. of India & Delhi Police. – **Gyan Singh Tokas, Editor.**

MUNIRKA VARISHT NAGRIK SANGTHAN ORGANIZED SHRADDHAANJALI SABHA OF LATE L.R. GARG ON 12-05-2024



Munirka Varisht Nagrik Sangthan, DDA Flats Munirka organized **Shraddhaanjali Sabha** of Late L.R. Garg on 12-05-2024 at Community Centre, DDA Flats Munirka. Members prayed to the Almighty to grant eternal peace to the departed soul to the bereaved family particularly his wife Mrs. Nirmal Garg to bear this irreparable loss. Om Shanti Shanti. **J. R. Gupta, Patron, 9810488059.**



H.H. MAHARAJA GAJE SINGH PRESENTED COMMENDATION CERTIFICATE WITH CHEQUE OF RS. ONE LAKH ON THE OCCASION OF FOUNDATION DAY OF JODHPUR ON 12-05-2024 TO RAJENDRASINGH PARIHAR S/O LATE SH. BHAGWAN SINGH PARIHAR FOR SERVICE OF ORPHANGE HOME, LOVE KUSH WHICH WAS FOUNDED BY IN 1965 AT JODHPUR. A REPORT BY RAMRAJ BHANDARI, PATRON.

ACTIVITIES OF VMKS, SHALIMAR BAGH ON 24-04-2024



Varisht Mahila Kalyan Sanstha, Shalimar Bagh organized **Mahavir Jayanti, Hanuman Janmotsav** during Sunderkand Path on 24-04-2024, followed by parsad. A report by Maya Rani Goel, General Secretary.

AGM OF MUNIRKA VARISHT NAGRIK SANGTHAN ON 12-05-2024



Munirka Varisht Nagrik Sangthan, DDA Flats Munirka organized its Annual General Body Meeting at Community Centre, DDA Flats Munirka on 12-05-2024 in the presence of members including J. R. Gupta, Patron, Kapila Gaur, Former Nigam Parshad & Anil Sharma, Former MLA. Naval Kumar of Naval Book Depot, Sector-7, R. K. Puram distributed free Pen to each member. Anil Sharma distributed Tharmas to each member followed by refreshment packets. A report by Gyan Singh Tokas, Secretary.

SVNM, SHALIMAR BAGH, CELEBRATED BIRTHDAY ON 30-04-2024



Sahyog Varisht Nagrik Manch, Shalimar Bagh, CC Block organized birthday celebrations of its members born in the month of April on 30-04-2024 at their Recreation Centre. A report by R. K. Nanda, President.

SMT. & SH. RAMRAJ BHANDARI FELICITATED ON THEIR 64TH WEDDING ANNIVERSARY



64th Wedding Anniversary of Sh. Ramraj Bhandari & Smt. Shanti Bhandari was organized at B-5/110, Safdarjung Enclave on 05-05-2024 in the presence of selective relatives. A report by Ramraj Bhandari, Council Member.

RAJ KR ARORA, GENERAL SECRETARY, SCAC, SHALIMAR BAGH PRESENTED TROPHY ON WORLD HEALTH DAY ON 07-04-2024



Raj Kumar Arora, General Secretary, Senior Citizens Recreation Centre, Shalimar Bagh, CC Block, participated at St. Xavier Sr. Sec. School Civil Lines on 07-04-2024 on the occasion of World Health Day. A trophy was presented by Max Hospital to him. A report by R. N. Khosla, President.

SHIV PARK, SCWF, SHALIMAR BAGH CELEBRATED JOINT BIRTHDAY ON 28-04-2024



Shiv Park Senior Citizen Welfare Forum, Shalimar Bagh organized Joint Birthday celebrations of its members born in the month of April, 2024 on 28-04-2024. A report by Azad Tandon, General Secretary.

SCWA, SANT NAGAR ORGANIZED YOGA MEDITATION ON 30-03-2024



Senior Citizens Welfare Association, Sant Nagar participated Yoga Meditation on 30-03-2024 in Association with Max Hospital, Saket. A report by G. R. Sehgal, President.

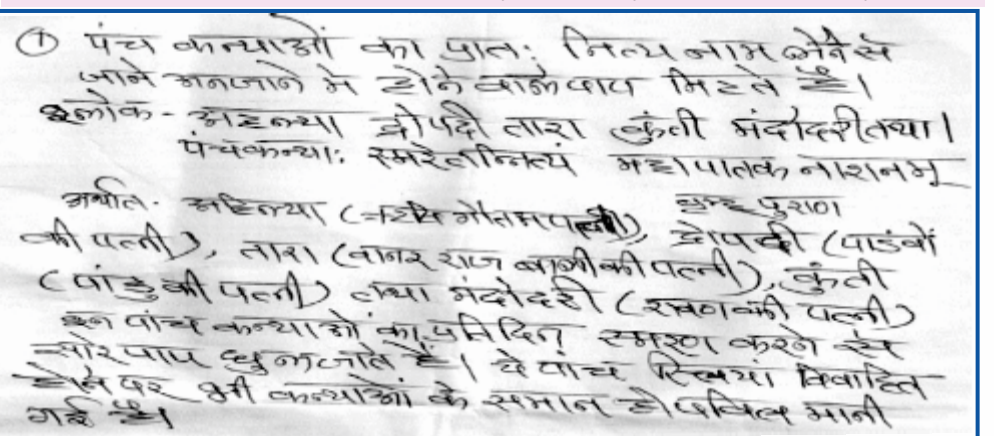
SCWA, SANT NAGAR CELEBRATED ITS 22ND FOUNDATION DAY ON 27-04-2024



Senior Citizens Welfare Association, Sant Nagar celebrated its 22nd Foundation Day on 27-04-2024 in the presence of larger number of its members. A report by G. R. Sehgal, President.



Sunder Kand Path on every Tuesday at centre today



Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), K.K.Mehta (Tagore Garden), Dinesh Kumar Sangal (Arjun Nagar) Reporters : Pratap Singh , R.K.Singhal & Gyan Singh Tokas (Chief Editor J.R. Gupta Responsible only for selection of News under the P.R.B. Act . 1867). All disputes , subject to Delhi Jurisdiction. E-mail: guptajr2005@gmail.com, Web: www.senioreldersdelhi.org.

Daily Spiritual Discourses, at Deer Park Satsang (7am to 8am), Recreation Centre, Green Park Extn. (3pm to 4 pm) & Shiv Mandir, Green Park (4:30pm to 5:30pm) & Sadbhawna Satsang Mandal, Munirka every Sunday (9.30am to 10.30am) respectively, from 16-05-2024 to 31-05-2024 Pt. Prahlad Mishra Ramayani, Gonda, UP, from 01-06-2024 to 15-06-2024 Pt. Ram Gopal Tiwari, Banda, UP & from 16-06-2024 to 30-06-2024 Acharya Dhananjay Mishra, Pryagraj, UP - Editor

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for the last 43 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of such cases have already been solved by the Council headed by its President Sh . J.R. Gupta, during the current year. Any senior citizen residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1700/-by cheque / cash as life membership fee. The amount can also be deposited in the name of Senior Citizens Council of Delhi in Bank of India , Safdarjung Enclave Branch , Saving Bank Account No : 603610110001482, IFSC Code : BKID 0006036 The amount is exempted under 80 G of Income Tax Act, 1961. - **H.D. Ralhan, Life Member**

NBT REACHED SENIOR CITIZENS AT COMMUNITY CENTRE ON 14-05-2024



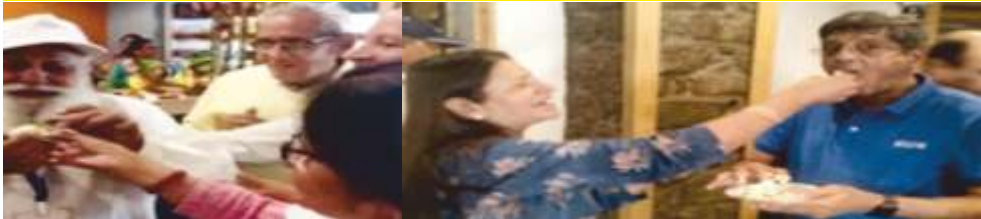
For the first time, Nav Bharat Times reached Senior Citizens at Recreation Centre of **Senior Citizens Council of Delhi** at Green Park Extension, Community Centre on 14-05-2024 and asked their views regarding safety & security of Senior Citizens. NBT specifically put questions about political parties, what are their needs. **J. R. Gupta, President** spoke first & told that safety & security, railway concession, visit of beat constables twice in the houses of lonely Senior Citizens, magic eye, donot open the door to stranger, OTP not to be disclosed in cyber crime frauds. He gave a example of Dr. Y. C. Paul, 63yrs a resident of Jangpura Extn. who murdered on 10-05-2024, 80 years women of Jaitpur murdered in Janurary 2024, 88yrs women murdered in Karawal Nagar in January,2023, 70yrs women murdered in Mauzpur, East Delhi in June-2023. Racce before all the murders, no zebra crossings on roads, helpline numbers 14567 /112 are not working properly, shortage of Beat Constable, No medicines no doctors in Mohalla Clinics, Ayushman Bharat at AIIMS needs to be a seprate line for Senior Citizens like RBI guidelines for Senior Citizens in case they need bank officials are visiting their Houses. Elder abuse cases are increasing day by day at the hands of their own children & others. In spite of 11 District Courts

under the Maintenance Act with one Appealate Court of Divisional Commissioner . As per rules, dicision should be given in 3 months, but delay is caused due to lower staff such as patwari/ kanugo who are submitting compromise reports which led to lose the case by Senior Citizens. The Council is filling appeals in such cases & got releif from Appealate Court. Even daughters are also behind the murder of widow ladies as she purchaged her house in thousands of Rupees before 1960 & now the cost is Rupees 4 Crores of a floor in South Delhi. The Council is also trying to solve such cases amicably & through Courts. The Council has solved in the past more than 1000 cases per year. Other speakers were **V. K. Jain, Urmil Gupta, Dinesh Sharma & Vimal Bhan**. Senior Citizens Council of Delhi also organized **Sunderkand Path and Joint Birthday Celebrations** of its members born in the month of May at its Recreation Centre, Green Park Extension on 14-05-2024 in which NBT Reporter **Katyani Upreti** felicitated 6 members with flowers & shawl as a token of respect & regards. She was also felicitated by J. R. Gupta & other members. On this occasion, **Dr. Vivek Nangia** delivered a Health Talk on Projector which was appreciated by all present, followed by refreshment packets. A report by **R. K. Singhal, Incharge**.

FROM FRONT PAGE ----MORE PHOTOS----FROM 29-04-2024 TO 01-05-2024



40 MEMBERS OF COUNCIL VISITED RAJ BHAWAN, NAINITAL ON 29-04-2024



77TH BIRTHDAY OF B. K. BHARDWAJ & 69TH BIRTHDAY OF Y. K. SINGHAL



ROPE WAY TROLLY AT NAINITAL

SENIOR CITIZENS COUNCIL OF DELHI ORGANIZED WORLD LAUGHTER DAY ON 05-05-2024



Senior Citizens Council of Delhi organized World Laughter Day on 05-05-2024 at Deer Park Satsang in the presence of larger members followed by refreshment packets. A report by **Pratap Singh, Treasurer**.

ROHIT MEENA, IPS, DCP, SWD CHAIRED DISTRICT LEVEL ADVISORY BODY MEETING ON 02-05-2024 IN WHICH Y. K. SINGHAL, R. K. SINGHAL, ASHOK KUMAR LED BY J.R. GUPTA, PRESIDENT



4 members of Senior Citizens Council of Delhi participated in the District Level Advisory Body meeting on 02-05-2024, led by **J. R. Gupta, President**, The meeting was chaired by **Rohit Meena, IPS, DCP, SW** in his office at Vasant Vihar Police & all other members residing in South West District. Pratap Singh raised various issues concerning Senior Citizens of DDA Flats Munirka & nearby colonies. Y. K. Singhal also raised issues of Safdarjung Enclave Police Station including traffic jam opposite Police Station. He also requested the chair to call Traffic Inspector in future meetings, as owners of many car showrooms have encroached even footpath service lanes on Africa Avenue in Safdarjung Enclave. Other members also raised their issues concerning Senior Citizens. DCP, SW assured to do the needful action at the earliest. A report by **Y. K. Singhal, Executive Member**.



COUNCIL MEMBERS VISITED NAINITAL CLUB ON 01-05-2024



PARAMPUJAY BABA SHRI NEEB KARORI MAHARAJ JI, NAINITAL

SHRI MAA NAYANA DEVI MANDIR AT NAINITAL

4 MEMBERS MET RANJAN MISHRA AT UTRAKHAND SADAN CHANKYAPURI ON 22-04-2024



4 members of Senior Citizens Council of Delhi met **Ranjan Mishra** at **Utrakhand Sadan, Chankyapuri** on 22-04-2024 led by its **President J. R. Gupta**. He briefed him about the 40 members visit to Nainital from 29-04-2024 to 01-05-2024. He assured to extend full co-operation. A Report by **R. K. Singhal, Incharge**.

SCWA, SANT NAGAR PARTICIPATED IN MEDICAL CAMP ON 30.04.2024.



Senior Citizens Welfare Association , Sant Nagar participated in Medical Camp in association with Max Hospital, Saket on 30-04-2024. A report by **G.R. Sehgal, President**



D.K. Singh, ITO Katha Sanyojak with his wife to listen daily Katha came at Deer Park Satsang from Mayur Vihar by Pt. Prahlad Misher Ramayani. Both were also felicitated on 18-05-2024.

FREE LEGAL CONSULTATIONS BY ADVOCATE DEPUTED BY DLSA (SOUTH)



With the support of DLSA (South District), Ms. Tanvi Sapra, Legal Aid Counsel visited Recreation Centre, Green Park Extn, on Tuesdays falling on 07-05-2024, Mr. Mukesh Kr Mall, visited on 14-05-2024, Ms. Rosy Sharma, visited on 21-05-2024 & Mr. Nitin Kumar Sharma visited on 28-05-2024. All rendered free Legal advice sought by members of the Senior Citizens Council of Delhi in the presence of more than 4900 members at their doorsteps on 4 days. So far 12450 senior citizens have availed the facilities since June, 2018 in sorting out their petty matters and also by creating awareness among other senior citizens. The Council is grateful to Ms. Jyoti Maheshwari, Secretary, DLSA (South) for her continuous support. Special Lectures were delivered on Rights of Senior Citizens. During the current financial year 2024-25, 5200 Senior Citizens benefited up to 31-05-2024. A report by R.K. Singhal, Incharge.

COUNCIL COLLECTED RS. 2,11,293/- FROM 34 OWNERS DURING PROPERTY TAX COLLECTION CAMP ORGANIZED AT CENTRE ON 18.05.2024 IN ASSOCIATION WITH MCD.



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LIFE MEMBERSHIP OF COUNCIL

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2635		Smt. Bala Rani, 205, 42, Hauz Khas Village, New Delhi-110016, Mob. : 9810569644	2638		Sh. Sudhir Malhotra, 156 Pocket-D, SFS, Mayur Vihar Phase-II, Delhi- 110091, Mob. : 9911008421
2636		Sh. Narinder Kumar, A-60, Shivalik, New Delhi-110017, Mob. : 9811049441			



Mrs Kiran Pandey (60 yrs) mother of Mukesh Pandey, living in Yusafsarai, Dharamshala, felicitated on 18-05-2024 at Deer Park Satsang.

मेनिफेस्टो पर चर्चा में सीनियर सिटिजंस ने बुलंद की अपनी आवाज स्वास्थ्य, सुरक्षा पर फोकस और रेल टिकट में छूट चाहते हैं बुजुर्ग



संघ, RWA, ट्रेडर्स और महिलाओं का मेनिफेस्टो बनाने के बाद इस हफ्ते हम आपके साथ मिलकर सीनियर सिटिजंस यानी बुजुर्गों का मेनिफेस्टो तैयार करेंगे और बताएंगे कि उनके क्या मुद्दे हैं, जिससे समाज को बुजुर्गों के स्तर पर भी बेहतर बनाना जा सके। बुजुर्गों के बीच पहुँचाना क्विबीटी उनके विचार जताना और तैयार करके 'सीनियर सिटिजंस का मेनिफेस्टो', जिससे सभी राजनीतिक पार्टियों और उम्मीदवारों तक पहुँचाया जाएगा। आप भी इसमें अपने मुद्दे चुन सकते हैं और अपनी राय रख कर सकते हैं।

बताएं अपने मुद्दे

सभी सीनियर सिटिजंस होने के बाद बुजुर्गों में आपके लिए चीजें से मुझे आनंदित रहेंगे। आपको हम के आसपास हम बुजुर्गों का मेनिफेस्टो तैयार करने और उसे देश के सभी लोगों को भेजने के लिए आप हमें **100** वोटों को सौंप सकते हैं और मुझे अपने मुद्दे को देखें। **100** वोटों को सौंप सकते हैं।

आपकी राय हमें **netreader@timesgroup.com** पर ईमेल करें और बताएं कि इन चुनौतियों में आपके लिए सबसे ज़रूरी मुद्दा क्या है? ईमेल के साथ अपना नाम लिखना न भूलें। ईमेल के सबजेक्ट में **Senior Citizen** जरूर लिखें।

हम चाहते हैं कि बढ़ते क्रोध को लेकर पुलिस में मुस्तेदी आए। अभी रिस्क है कि अपराधी पुलिस से नहीं डरते हैं और बुजुर्गों को सरेट टारगेट पर रखते हुए धोखाधड़ी, चोरी से लेकर हत्या तक कर रहे हैं। -जे. आर. मुक्त	सरकारी अस्पतालों में बुजुर्गों को डॉक्टरों को दिखाने में पूरा दिन पड़ा जा रहा है। अस्पतालों में अपॉइंटमेंट सिस्टम, ऑनलाइन फॉलोअप की सुविधा होनी चाहिए। मोहल्ला क्लिनिक्स में डॉक्टर और दवा की होनी चाहिए। -पूजा भोज	बुजुर्गों की सुरक्षा के लिए काम करने की जरूरत है, खासकर जो अकेले रह रहे हैं। पुलिस पट्रोलिंग बढ़े, पुलिस बुजुर्गों के संपर्क में रहे। सीनियर सिटिजंस कार्ड जारी होना चाहिए जो हर सुविधाओं से जुड़ा हो। -इन सिंह टोकरा	स्वास्थ्य सेवाएं जटिल न हों, चक्कर काटने का सिस्टम खत्म हो। किरियान सेंटर को खोलें। उनके अकेलेपन को दूर करने के लिए सरकार को सौंपना चाहिए। स्वीडन, डेनमार्क जैसे देशों ने इस पर काम किया है। -रजनीका भंडारी
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SPECIAL PROGRAMS AT RECREATION CENTRE

14-05-2024 : Joint Birthday Celebrations for the members up to Life Membership number 2548 & enrolled up to 30-04-2023 & upto membership number 2548 born in the month of May on or before 31-05-1963. The confirmation should reach by 11-05-2024 by 3pm subject to availability of Chief Guest.

Souvenir-2024 : is under print & expected by 21-05-2024. The members who are paying Rs. 5,100/- or more Annually are also requested to pay the same urgently, as Recreation Grant is pending from Delhi Govt. for the last 2 & half years.

CONDOLENCES

The following Life Members of Council have left for heavenly abode during the last one month from 11-04-2024 to 10-05-2024.

LIFE MEMBERS	MEMBERSHIP NO.	ADDRESS
1. Sh. Bhagwan Swarup Mathur	1705	H-42, FF, Green Park Extn, New Delhi-110016
2. Sh. Ramavtar Khandelwal	413	B-4/49, SJE, N. Delhi-29

- HARI OM SHANTI SHANTI - J. R. GUPTA, President