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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

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DAILY FREE VARIOUS FACILITIES FOR SENIOR CITIZENS IN RECREATION CENTER, GREEN PARK EXTN. FROM 12.30 NOON TO 5.00 PM, Ph. : 011-26171092

AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 18 LAKH SENIOR CITIZENS)

VOL : 010

Issue No. : 114

MONTH : JUNE, 2023

Rs.5/-

ANJALI SEHRAWAT, DIRECTOR, SW, CHAIRED MEETING OF HELPLINE 14567 ON COMPLETION OF 2 YEARS ON 01-06-2023



Anjali Sehrawat, IAS, Director, Social Welfare Department chaired meeting at Conference Hall, 13th Floor, PHQ, ITO on 01-06-2023 on the occasion of completion of 2 years of Elders Helpline 14567. Shivendra Kumar of Helpage India showed power presentation containing achievements during the last 2 years, which was appreciated by all present. J. R. Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi, Officers of SW Department Rajeev Saxena, Savita Kamboj, Staff of SW & representatives of District Magistrates Offices & District Social Welfare Offices took part in the discussions held on various issues. J. R. Gupta particularly

raised 3 issues delay in Elder Abuse Cases in DM Offices, delay in payment of old age pension particularly pending recreation grants to SCAs for the last 2 years. Helpage staff also raised their issues in implementing the Helpline including shortage of staff. After hearing the views of all present, Director assured to solve the problems with the approval of the Competent Authority including admission of rescued patients on road in old age homes in due course. She also assured to hold a meeting with the Chief Secretary in which all the stake holders would be invited including Delhi Police. - Editor

ON 12-05-2023, PROF. MURLIMANOHAR PATHAK, VICE-CHANCELLOR, LAL BAHADUR SHASTRI NATIONAL SANSKRIT UNIVERSITY FELICITATED MRS. SHAKUNTALA (AGED 95) ON MOTHER'S DAY, HAVING 4 LIVE GENERATIONS.



Senior Citizens Council of Delhi in a Special function at its Recreation Centre, Green Park Extension celebrated Mother's Day on 12-05-2023 in the presence of more than 120 Senior Citizens. Chief Guest, Prof. Murlimanohar Pathak, Vice-Chancellor, Shri Lal Bahadur Shastri National Sanskrit University felicitated Mrs. Shakuntala (Aged 95) having 4 live generations including 4 female members. He specifically mentioned that he got blessing from 95 yrs old lady like his mother. He prayed Almighty for their

long life with sound health. Earlier, Sunderkand Path was also organized. He also advised female & male Senior Citizens to give Moral Values to their younger generations. He got an opportunity to felicitate them also on their birthday. Veer Sagar Jain introduced Chief Guest. J.R. Gupta, President, felicitated Chief Guest with members, followed by refreshment packets. More photos at page 3. A report by R. K. Singhal, Incharge.

COUNCIL / CONFEDERATION EXTENDS MORAL SUPPORT & LEGAL GUIDANCE TO SENIOR CITIZENS



Sh. Sanjay Sen Gupta, (63) resident of Navjeevan Appt., Nasirpur, Dwarka along with complaint dated 05-05-2023 visited Recreation Centre on 05-05-2023 regarding non-allowing his son to meet his father by his wife Mrs. Ratna Sen Gupta. He has alleged that his wife forged his signature & encashed cheque of Rs. 15 Lakh on 30-07-2021.

The matter was taken up with Commissioner of Police on 09-05-2023 for taking legal action against his wife under cheating & forgery Act & also requested to depute any Lady ACP Officer from Women Cell for Counseling between husband & wife so that husband could meet his son. Commissioner of Police asked Spl CP Law & Order, South Delhi to take needful action. - Editor



Sh. Shri Kishan Gupta, (70) resident of Sunrise Appt., Sector-13, Rohini was physically harassed & threatened to make false allegations of sexual harassment by his daughter-in-law Mrs. Neha Gupta in connivance with her husband Mohit Gupta, with a sole motive to grab his above self acquired property, already lodged in

Katju Marg Police Station Sector-15 on 26-04-2023. He visited Recreation Centre on 27-04-2023 along with above complaint for the intervention of Council. His case was immediately taken up with Commissioner of Police to take legal action & also to provide security to complainant. No further harassment reported. He has extended thanks to the Council for their regular moral support & legal guidance. - Editor

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ELDERLY NEWS WISHES ITS READERS MOTHER DAY, NIRJALA EKADSHI, WORLD ENVIROMENT DAY, WORLD ELDERS ABUSE AWARENESS DAY & FATHER DAY

CONFEDERATION

WORLD ELDERS ABUSE AWARENESS DAY ON 15-06-2023



World Elder Abuse Awareness Day is celebrated on 15th June every year to draw the attention of State Govts/ Govt. of India / Police Authorities to take remedial measures to protect the life and property of Senior Citizens as incidents targeting senior citizens are increasing day by day. There are various kinds of abuses such as Physical, Emotional, Economical, Disrespect, Verbal and Neglect. Even, Elders are being victim of Cyber Crimes. Elder abuse is a widespread problems. In other cases, it is simple negligence. Caregivers do not provide the basic necessities, like nutritious food, appropriate medication, safety, or assistance with hygiene. Both the Younger generations & Society at large needs to be sensitized to enable Elders to live peacefully with dignity and respect in their fag end of life. Print / electronics media should play a vital role by highlighting these unique problems in their esteemed newspapers / TV channels. Confederation would hold a candle march on 15-06-2023 at Jantar Mantar, like past years to draw the attention of Delhi Govt. / Govt. of India & Delhi Police. - **L. R. GARG, EDITOR**

BIRTHDAY CELEBRATIONS OF MCD RETD. ENGINEERS BORN IN THE MONTH OF APRIL, ON 28-04-2023



Monthly Meeting of MCD Retired Engineers Association, Delhi was held on 28-04-2023 at Safdarjung Club in which different problems regarding the payments of 7th Pay Commission, retirement benefits and the monthly pension were discussed followed by joint birthday celebrations of 6 Retired Engineers, born in April month. **A report by D. K. Sangal, Treasurer.**

FELICITATION OF M.S. TYAGI BY TYAGI KALYAN PATRIKA ON 15-05-2023



M. S. Tyagi, President, Senior Citizens Sewa Samiti, Vikas Nagar felicitated by Kalyan Patrika, Meerut, UP on 15-05-2023. **A report by M.S. Tyagi, President.**

VISIT OF MOTI NAGAR SCA TO KHATUSHYAM & SALASAR DHAM ON 17/18-04-2023



Moti Nagar Senior Citizens Cultural Association organized religious tour Khatu Shyam & Salasar Dham on 17 & 18-04-2023 by AC Bus. **A report by Subhash Sharma, President.**

ACTIVITIES OF SCWA, SECTOR-13, ROHINI ON 27-05-2023



Silver Citizen's Welfare Association, Sector-13, Rohini giving a warmth Welcome to new members on 27.05.2023. **A report by D. K. Mehra, Treasurer.**

FELICITATION OF SMT. MADHU SINGHAL ON HER 68 TH BIRTHDAY ON 06.06.2023.



Senior Citizens Council of Delhi felicitated Smt Madhu Singhal on her 68th Birthday at its Recreation Center, Community Centre, Green Park Extension on 06.06.2023 by J.R. Gupta, President alongwith Laxmi Agarwal, Neelam Malhi, Pt Shri Kant Pathak, Sonbhadar, U.P., Poonam Bhagotra, Usha Sharma & Theresa Dieudonne . - **EDITOR.**

NEW GOVERNING BODY OF SCWA, SHAKTI NAGAR FOR 3 YEARS FROM 23-04-2023 TO 22-04-2026

Ram Babu Mittal, President, Usha Sharma, Vice-President , Dharam Singh Saini, Secretary, Ashok Kumar Aggarwal, Joint Secretary & Rajendra Kumar Goel, Treasurer. **As reported by D. S. Saini, Secretary.**

HEALTH CHECK UP CAMP BY SCA SIDHARTHA EXTENSION ON 16-04-2023



Sidhartha Extension SCW Forum organized health check up camp on 16-04-2023 in association with Fortis Escorts Hosopital, Okhla in which 60 members got tested followed by distribution of gifts. **A report by M. M. Gupta, President.**

ACTIVITIES OF SAHYOG VARISHT NAGRIK MANCH, SHALIMAR BAGH ON 30-04-2023



Sahyog Varisht Nagrik Manch, Shalimar Bagh organized monthly activities in their Recreation Centre on 30-04-2023. **A report by R. K. Nanda, President.**

RELEASE OF SOUVENIR OF DAS SCW BY RAM NIWAS GOEL, SPEAKER, DELHI VIDHAN SABHA ON 23-05-2023



In a Special function organized by DAS Senior Citizens Association, Dilshad Garden, Pocket B, Chief Guest **Sh. Ram Niwas Goel, Speaker, Delhi Vidhan Sabha** released 3rd Souvenir at its Recreation Centre on 23-05-2023 in the presence of members followed by refreshments. **A report by K. N. Chhabra, President.**

45 MEMBERS OF SCWS, SHALIMAR BAGH VISITED HARIDWAR ON 27 & 28-04-2023



SCWS , Shalimar Bagh organized visit to Haridwar by AC Deluxe Bus on 27 & 28-04-2023 with 45 members. All enjoyed tour & having Ganga Snan including Ganga Aarti. **A report by P. P. Tuteja, General Secretary.**

Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), K.K.Mehta (Tagore Garden), Dinesh Kumar Sangal (Arjun Nagar)
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E-mail: guptajr2005@gmail.com, **Web:** www.seniorecitizensdelhi.org.

Daily Spiritual Discourses, at Deer Park Satsang (7AM to 8 AM), Recreation Centre, Green Park Extn. (3AM to 4 PM) & Shiv Mandir, Green Park (5:15 PM to 6:15 PM) & Sadbhawna Satsang Mandal, Munirka every Sunday (9:30AM to 10:30AM) respectively from 16-05-2023 to 31-05-2023 Pt. Ram Kumar Mishra, G. K-II, Ram Mandir from 01-06-2023 to 15-06-2023 Pt. Shree Kant Pathak, Sonbhadra & from 16-06-2023 to 30-06-2023 Pt. Dinesh Pandey, Shivan, Bihar – **Editor.**



APPEAL TO ENROLL LIFE SUBSCRIBERS of ELDERLY NEWS

Elderly News requests to all its readers to enroll themselves by making one time payment of Rs. 500/- along with one photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, IFSC code :BKID 0006036. The amount is exempted under 80G of Income Tax Act 1961. -**L. R. Garg, Secretary**



APPEAL TO ENROLL LIFE SUBSCRIBERS ELDERLY NEWS BY CONFEDERATION MEMBERS

Elderly News requests to all its readers to enroll themselves by making one time payment of Rs. 500/- along with one photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, IFSC code :BKID 0006036. The amount is exempted under 80G of Income Tax Act 1961. -**B.S. Yadav, Secretary General**

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for the last 42 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of such cases have already been solved by the Council headed by its President Sh . J.R. Gupta, during the current year. Any senior citizen residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs . 1200 /- by cheque / cash as life membership fee. The amount can also be deposited in the name of Senior Citizens Council of Delhi in Bank of India , Safdarjung Enclave Branch , Saving Bank Account No : 603610110001482 , IFSC Code : BKID 0006036 The amount is exempted under 80 G of Income Tax Act, 1961. - **H.D. Ralhan, Life Member**

70 COUNCIL MEMBERS PARTICIPATED IN PLANTATION DRIVE ON 05-06-2023 ON THE OCCASION OF WORLD ENVIROMENT DAY

Senior Citizens Council of Delhi organized plantation drive in association with Helpage India at its Recreation Centre, Community Centre, Green Park Extn within boundary wall on 05-06-2023 in which 70 Senior Citizens participated on the occasion of **World Environment Day**. J. R. Gupta, President requested all members to plant more & more saplings so that we

could keep Delhi clean & green. We also educate younger generation to associate with elders for this drive so that next generation could get its fruits, as pollution in Delhi is increasing day by day causing worst health in whole Delhi. **More Photos at page 4. A report by R. K. Singhal, Incharge.**

FROM FRONT PAGE MORE PHOTOS MOTHER'S DAY FELICITATION OF CHIEF GUEST AUDIENCE ON 12-05-23**FELICITATION OF NEELAM MALHI AT RECREATION CENTRE ON 16-05-2023**

Senior Citizens Council of Delhi organized Sunderkand Path on 16-05-2023 in the presence of more than 50 members which was recited by Dinesh Kumar Sharma, Usha Sharma, Poonam Bhagotra, Pritam Singh & others. On this occasion, Mrs. Neelam Malhi was felicitated by the members as she participated in Satsang today after 2 months. **A report by R. K. Singhal, Incharge.**

HEALTH TALK BY DR. AVTAR SINGH ON WORL HYPERTENSION DAY AT RECREATION CENTRE ON 17-05-2023

World Hypertension Day is a global healthcare event celebrated on the 17th of May every year. The theme of this year's World Hypertension Day is "Measure your blood pressure accurately, control it and live longer". **Dr. Avtar Singh** delivered a Health Talk on 17-05-2023 on the occasion of **World Hypertension Day**. He advised members to act as per advice of WHO:-

1 Control the tobacco and alcohol consumption.
2 Increase physical activities like brisk walking and cycling for at least 30 minutes a day for 5 days. 3 Reduce consumption of salt and transfer fat in diet. 4 Increase the intake of wholesome fruits and vegetables. 5 Increased access to Green and healthy spaces can facilitate the physical activities. **A report by R. K. Singhal, Incharge.**

K. P. SAHOO (92) VISITED RECREATION CENTRE ON 30-05-2023 FROM ODISHA

K. P. Sahoo (92) from Odisha visited Recreation Centre of Senior Citizens Council of Delhi at Community Centre, Green Park Extn, New Delhi met J. R. Gupta, President on 30-05-2023, who felicitated him along with other members in the presence of more than 100 Senior Citizens. While addressing Senior Citizens of Delhi, K. P. Sahoo told that he is the Founder President of Senior Citizens of Odisha & presently Advisor of Federation of Odisha. He also took around of various free facilities being availed by Senior Citizens on daily basis such as Physiotherapy, Homeopathic Dispensary, Zim, Carrom Board, Television, News Papers, Health Checkup Camps, Yoga Classes, Computer Training including Free Legal Advocate for Male & Female Senior Citizens. He was very happy to note that the Council & Confederation of Senior Citizens Associations of Delhi having 145 Branches across Delhi, headed by J. R. Gupta as its Chairperson. He further told that Council is protecting them from Elder Abuse at the hands of their children & others under Maintenance Act ,2007 incorporated in 2009 in Delhi. J. R. Gupta thanked him for his kind visit followed by refreshment packets. **A report by R. K. Singhal, Incharge.**

INVESTMENT TALK BY RBL BANK AT RECREATION CENTRE ON 12-05-2023

Senior Citizens Council of Delhi organized an Investment Talk by RBL Bank at its Recreation Centre, Green Park Extension in the presence of more than 120 Senior Citizens. Abhishek Nagpal, Manager & his Team promoted their product of FDRs on the grounds that their bank is giving maximum interest of Rs. 8.50 % to Senior Citizens followed by question answer session. **A report by R. K. Singhal, Incharge.**

FELICITATION OF DINESH SHARMA, SNEHLATA RUPRAMKA & USHA SHARMA AT CENTRE ON 09-05-2023

Senior Citizens Council of Delhi organized Sunderkand Path on 09-05-2023 at its Recreation Centre, Green Park Extension in the presence of more than 50 members, followed by refreshments packets. On this occasion Special Prasad of Kheer was served by the family of Dinesh Sharma & Usha Sharma. Both were felicitated including Snehlata Rupramka. **A report by R. K. Singhal, Incharge.**

COUNCIL MEMBERS ORGANISED CHHABEEL ON NIRJALA EKADASHI ON 31-05-2023

Like past years, Senior Citizens Council of Delhi led by its President J. R. Gupta organized Chhabeel on 31-05-2023 at outside Community Centre, Green Park Extn on the occasion of Nirjala Ekadashi from 10am to 4pm. About 1000 visitors availed the facility at their door steps. Pritam Singh, Pradeep Agarwal, Siri Kishan, Khushal Singh Bisht, Meera Saxena, Ashok Gupta, Harikesh Shukla, Dinesh Sharma, Jaganath, Laxmi Agarwal, Neelam Malhi, Usha Sharma, B. N. Singh, Pramila Rani, Ashok Kr, Urmil Gupta & R. K. Singhal rendered social service. **- Editor**

FREE LEGAL CONSULTATIONS BY ADVOCATE DEPUTED BY DLSA (SOUTH)



With the support of DLSA (South District), Paramjit Singh visited Recreation Centre, Green Park Extn. on every Tuesdays falling on 02, 09, 16, 23, 30-05-2023 & Advocate Jatin Diwedi visited on (Tuesday) 06-06-2023. Both rendered free Legal advice sought by members of the Senior Citizens Council of Delhi in the presence of more than **600** members at their doorsteps on 6 days. So far **8150** senior citizens have availed the facilities since June, 2018 in sorting out their petty matters and also by creating awareness among other senior citizens. The Council is grateful to Animesh Kumar, Secretary, DLSA (South) for his continues support. During the current financial year 2023-24, **900** Senior Citizens benefited up to **06-06-2023**. A report by R.K. Singhal, Incharge.

THANKS GIVING TO COUNCIL MEMBERS WHO CONTRIBUTED FOR THE 2ND DAUGHTER MARRIAGE HELD ON 21-05-2023



L. To R:- Bhola, J. R. Gupta, L. R. Garg, Pratap Singh & H.P. Shukla showering blessings to New Couple

J. R. Gupta along with L. R. Garg, Pratap Singh visited native place of Harikesh Kumar Shukla (Bhola), Attendant, Senior Citizens Council of Delhi at his village Pure Bhaiya in District Pratapgarh (U.P) at their own expenses by Neelanchal Express Train (12 hours Journey) to attend his 2nd Daughter Anjali Shukla's marriage with Ramjee Mishra on 21-05-2023. J. R. Gupta thanked members who donated generously either in Cash, Jewelry, Sarees, Watches, Cloths etc. amounting to Rs. 4.20 Lakh including a sum of Rs. 1.30 Lakh direct payment in the bank account of Bhola. Total:- Rs. 5.50 Lakh. J. R. Gupta extended thanks to above members for their kind gestures & prayed to Almighty for their long life with sound health including R. K. Singhal, Incharge who maintained proper accounts since March, 2023. He also prayed to Almighty for showering blessings to new couple in their future life. **J. R. Gupta, President.**

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1386



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FROM PAGE 3---'PLANTATION DRIVE- MORE PHOTOS- 05.06.2023- AUDIENCE-



SPECIAL SHREE RAM KATHA BY PARAM PUJYA VIJAY KAUSHALJI MAHARAJ

08.06.2023 to 15.06.2023

From 4 pm to 7 pm, 16.06.2023 10 am to 1 pm

Venue :

Sant Baba Nagpal Hall, Gate No. 3,
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J. R. GUPTA GOT AN OPPORTUNITY TO ASSIST LOK ADALAT DISTRICT COMMERCIAL JUDGE, SAKET COURT COMPLEX ON 13-05-2023 IN THE CAPACITY OF ASSOCIATE MEMBER IN WHICH SBI LOAN CASES OF RS. 59.36 LAKH WERE DECIDED.

For the first time, J. R. Gupta, President, Senior Citizens Council of Delhi got an opportunity to participate in Lok Adalat on 13-05-2023 in the Court of Shri Ajay Kumar Jain, District Commercial Judge, Saket Court as Associate Member in which SBI issued notices regarding default of loans in their various branches. 40 effected persons appeared in Lok Adalat & got benefit of reduced loans. A sum of Rs. 59.36 Lakh were decided by Lok Adalat for SBI matters including one matter of Delhivery Ltd., a courier company. - Editor

SPECIAL PROGRAMS AT RECREATION CENTRE

13-06-2023 : Joint Birthday Celebrations for the members up to Life Membership number 2429 & enrolled up to 31-05-2022 born in the month of June on or before 30-06-1962, subject to availability of Chief Guest. Confirmation should reach latest by 11-06-2023 positively.

15-06-2023 : World Elders Abuse Awareness Day Candle March at Jantar Mantar by Confederation.

18-06-2023 : Father's Day

Souvenir 2023 Please collect the same if not already collected. Either from Deer Park Satsang from 7am to 8am, Recreation Centre from 3pm to 4pm on any day including Sundays / Holidays.

CONDOLENCES

The following life member of the Council have left for heavenly abode during the last 1 month from 11-05-2023 to 10-06-2023.

LIFE MEMBER	MEMBERSHIP NO.	ADDRESS
1. Sh. S.L. Arora	820	B-3/19, Rajauri Garden ND-27

- HARI OM SHANTI SHANTI - J. R. GUPTA, President