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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

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DAILY FREE VARIOUS FACILITIES FOR SENIOR CITIZENS IN RECREATION CENTER, GREEN PARK EXTENTION FROM 11.30 AM TO 5.00 PM

AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 11 LAKH SENIOR CITIZENS)

VOL : 004

Issue No. : 42

MONTH : JUNE, 2017

Rs. 5/-

DELHI GOVT. INITIATES STATE COMMISSION FOR SENIOR CITIZENS SAYS KEJRIWAL



L-R Ashok Suneja, Chander Sachdev, J.R.Gupta, Arvind Kejriwal, G.R.Sehgal, Vedprakash Gupta & Y.N. Sharma

6 members delegation of Confederation of Senior Citizens Associations of Delhi (an umbrella body of 11 lakh senior citizens), led by its Chairperson J.R. Gupta met Arvind Kejriwal, Chief Minister of Delhi on 05/06/2017. The other members were S/Shri Ashok Suneja, Chander Sachdev, G.R. Sehgal, Vedprakash Gupta and Y.N. Sharma. J.R.Gupta briefed about the various activities of the Confederation being organized daily. The members requested him to grace the annual conference of senior citizens as per his convenience. Kejriwal accepted the invitation & told the members that Delhi Govt. has initiated the process of State Commission for Senior Citizens - **Report by: Y.N. Sharma**

SHRI RAM KATHA CUM TEACHINGS ON MORAL VALUES AT SIRI FORT AUDITORIUM ORGANIZED BY COUNCIL FROM 28-05-17 TO 05-06-2017



Senior Citizens Council of Delhi and Shri Ram Katha Samiti, Dakshini Delhi Trust organized Shri Ram Katha cum- teachings on moral values in day to day life by Pujya Sant **Shri Vijay Kaushal ji Maharaj** at Siri Fort Auditorium from 28th May 2017 to 5th June, 2017 (4:30 pm to 07:30 pm) in which more than 35000 devotees/senior citizens availed the blessings. Swami ji also felicitated Shri J.R. Gupta in recognition to his motivation of Senior Citizens in a very large number during these days. J.R. Gupta, President of the Council thanked Swami ji for sharing such wonderful thoughts/teachings among the devotees and requested audience to follow the same in their life which will lead them to live with harmony and peace. **Sh Ram Niwas Goel**, Speaker also got the blessings of Sant ji.

COUNCIL FELICITATED AMARENDRA KHATUA D.G., I.C.C.R AT DEER PARK



Senior Citizens Council of Delhi celebrated its **38th Annual Day** at Deer Park on 04-06-2017 in which more than 300 senior citizens participated. Mrs. Yashoda Yadav recited Sunderkand Path in the memory of **Late Mata Asha Rani Sehgal** on her 10th anniversary. Chief Guest Amarendra Khatua, DG, ICCR felicitated students of 10th & 12th class who scored more than 95% marks in CBSE Examination - 2017.

-Contd on page 3 with more photos

SENIOR CITIZENS STEALS THE FASHION SHOW DURING INTERACTION SESSION WITH EASTERN RANGE OF DELHI POLICE ON 13.05.2017 AT MAHARAJA AGRASEN COLLEGE



Confederation of Senior Citizens Associations of Delhi (an Umbrella body of 11 lakh Senior Citizens) organized an interaction session with Delhi Police (Eastern Range) on 13/05/2017 from 11 am to 2 pm at Maharaja Agrasen College Auditorium, Vasundhara Enclave, East Delhi, in which more than 1000 Senior Citizens participated. Shri SBK Singh, IPS, Special Commissioner of Police, Law & Order (North) was the Chief Guest. Shri Ravindra Yadav, IPS, Joint CP (Eastern Range) was Special Guest. All the three DCPs namely, Omvir Singh Bishnoi, A.K.Singla and Mrs. Nupur Prasad (East District, North- East District & Shahdra District) respectively were also present including J R Gupta, Chairperson, Confederation (Organizer). A power presentation was given by Shri

-Contd on page 2 & 3 with more photos

SENIOR CITIZENS MEETS R.P. GAUTAM, SOCIAL WELFARE MINISTER, DELHI GOVT.



LTOR : L.S. HARTI, Y.N. SHARMA, V.K. NAYAR, B.S. YADAV, R.P. GAUTAM
J.R. GUPTA, CHANDER SACHDEV & R.K. KATIYAL ON 09.06.2017

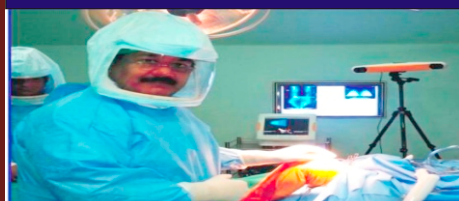
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ELDERLY NEWS WISHES ITS READERS A VERY HAPPY WORLD ELDERS ABUSE AWARENESS DAY

CONFEDERATION NEWS

WORLD ELDERS ABUSE AWARENESS DAY



L.R. GARG

Confederation of Senior Citizens Associations of Delhi (An Umbrella Body of 11 Lakh Senior Citizens) is organising Candle March at Jantar Mantar in association with Help Age India on 14-06-2017 from 6:30 pm to 7:30 pm to draw the attention of Delhi Govt. , Govt. of India and Delhi Police to take remedial measures to protect the life and property of Senior Citizens as incidents targeting Senior Citizens are increasing day by day including various kind of abuses such as Physical , Emotional , Economical, Disrespect, Verbal, and Neglect. Even print/electronics media has a vital role to play in highlighting the various abuses to Senior Citizens and inordinate delay in constitution of Commission of Senior Citizens

EDITOR

ELECTIONS OF VNKS - YAMUNA VIHAR



An AGM of Varishath Nagrik Klyan Sangh was held at Mahawar Dharamshala Yamuna Vihar. The meeting was graced by Sh. Bhupender Singh Mavi, Chairman, OBC Commission, Delhi Govt. by his presence. The General Secretary of Confederation of RWA, Sh. R.R. Verma presided elections peacefully. New executive body was elected for next 2 year term i.e. 17-18 & 18-19. S/Sh. M.L. Arya, President, R.S. Kamboj, Vice President, Radhey Shyam Verma, General Secretary & L.S. Mittal, Cashier were elected.

-A report by, R.S. Kamboj, Vice President

A TALK ON MEAL PATTERNS & HEALTHY EATING HABITS BY SCWS-SHALIMAR BAGH



Senior Citizens Welfare Society, Shalimar Bagh organised a session on Meal Patterns and Healthy Eating Habits in old age. Dr Mansi Chaudhary from Fortis Hospital gave a very informative and useful presentation explaining the nuances of diet vis a vis exercise patterns in old age. She very patiently replied to various queries of the participants.

-A Reported by Capt. Chander Sachdev, General Secretary

WELCOME OF NIGAM PARSHAD BY SILVER CITIZENS W.A. - ROHINI & BIRTHDAY CELEBRATION



Silver Citizens Welfare Association, Rohini, celebrated group Birthday celebrations & welcomed of new Nigam Parshad, Mrs Chitra Agarwal

-A report by D.K. Mehra

ACTIVITIES OF SCWA - VIKAS PURI



SCWS - SHALIMAR BAGH FELICITATES SHRI TILAK RAJ KATARIA, NIGAM PARSHAD



Senior Citizens Welfare Society, Shalimar Bagh felicitated Shri Tilak Raj Kataria, Chairman - Standing Committee, NDMC & Area Nigam Parshad in its Community Center. Shri Kataria assured the Seniors of his endeavor to ensure a life of dignity for the elders.

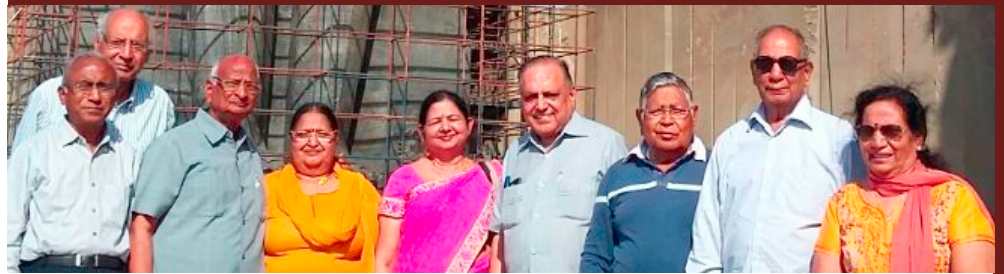
-A report by: Capt. Chander Sachdev, General Secretary

14TH FOUNDER'S DAY CELEBRATION OF SCWA SANT NAGAR EAST OF KAILASH.



Senior Citizens Welfare Society, Sant Nagar released its Telephone Directory on Foundation Day by Mrs. Sikha Rai, Leader of SDCM & J.R. Gupta, Chairperson.

TOUR TO MANGI TUNGI BY JODHANA S.C. SOCIETY, JODHPUR



JOINT BIRTHDAY CELEBRATION AT KALKAJI SCW FORUM ON 30TH APRIL 2017



FREE HEALTH CHECK UP CAMP BY SCA - DWARKA



Senior Citizens Association, Dwarka, held a Free Health Check Up Camp at their Recreation Centre at MCD Park, Sector 6, Dwarka on 14th May 2017 which was inaugurated by the Area Councillor Ms Kamaljeet Sehrawat (Mayor SDCM). Members led by Shri Balbir Singh Yadav, President congratulated her, She in return assured to serve the people of the Ward to the best of her ability and asked them to continue this type of interaction with her. This felicitation ceremony was attended by over 100 members. Chaudhary Eye Centre - Eye7 held Free Health Check Up Camp which comprised of blood pressure, random sugar & Eye check up. The President, Shri Balbir Singh Yadav thanked all the guests.

-A Report By Ravi Jaitley, General Secretary

BIRTHDAY CELEBRATIONS OF SVNM CC BLOCK, SHALIMAR BAGH



FROM FRONT PAGE : WINNERS OF FASHION SHOW



Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), J.C. Narang (Tagore Garden), Dinesh Kumar Sangal (Arjun Nagar)
Reporters : A.C. Bansal, Pratap Singh, Gyan Singh Tokas & Smt. Kamlesh Popli (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction. E-mail: guptajr2005@gmail.com, Web: www.senioreldersdelhi.org



Daily Spiritual Discourses at Deer Park (7AM & 8AM) Acharya Mahender Mishra (Chitrakoot) from 16.06.2017 to 30.06.2017, Vidushi Neelam Shastri (Banaras) from 01.07.17 to 15.07.17, Pt. Pankan Ramayani Brahchari (Patna) from 16.07.17 to 31.07.17 & Also at Shiv Mandir, Green Park from 5.15 pm to 6.15 pm daily, Shri Ram Mandir, B5 Block, Safdarjung Enclave from 7.30 pm to 8.30 pm daily, Sadbhavana Satsang Mandal, DDA Flats, Munirka on every Sunday from 9.30 am to 10.30 am & **RECREATION CENTRE, GREEN PARK EXTENSION DAILY FROM 3 TO 4 PM**
-H.D. RALHAN, Founder Member



APPEAL TO ENROLL LIFE SUBSCRIBERS of ELDERLY NEWS : Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, which is exempted under 80G of Income Tax Act 1961. -L.R. Garg, EDITOR



APPEAL FOR AFFILIATION WITH CONFEDERATION
Till Date 127 Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 11 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt., all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only.
-B.S. Yadav, Secy. General.

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for its members for the last 37 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash. Please contact - 9810488059
-A.C. BANSAL, Executive Member

FROM FRONT PAGE : COUNCIL FELICITATED STUDENTS OF 10TH & 12TH WHO SCORED MORE THAN 95% MARKS IN CBSE EXAMINATION - 2017 ON 04-06-2017



Amarchand Bansal, Executive Member also presented cheques of Rs.2,500/- each to 4 top students as an incentive in the memory of his wife **Late Smt. Kaushal Bansal** like past years. 18 children who participated in drawing competition on Swachh Bharat were also felicitated by the Chief Guest including volunteers Harikesh Shukla (Bhola), Ram Jeet Pandey, Kamal, Ratan, Indresh, Jagarnath, Ramayan Pandey & Yogesh. **Mrs. Radhika Phogat**, Area Councillor assured to arrange lift in the recreational centre, Green Park Extn. on priority basis including installation of new water motor. J.R.Gupta felicitated the guests with memento & shawl.

- A report by: **Sh. Gyan Singh Tokas**

PROPERTY TAX CAMP AT RECREATION CENTRE



Senior Citizens Council of Delhi organized Property Tax Collection Camp in association with South Zone, S.D.M.C at its Recreation Centre, Green Park Extn. on 27/05/2017. More than 100 Senior Citizens availed the facility through manual as well as online. - **EDITOR**

TALK ON CANCER & FREE CONSULTATIONS ON 27/05/2017 AT RECREATION CENTRE

Senior Citizens Council of Delhi organized a talk on Cancer Awareness and free consultations on 27/05/2017 at Recreation Centre, Green Park Extn. Dr. Leena Dadhwal, Surgeon, Dr Jai Gopal Sharma, ENT Specialist and Dr Indu Aggarwal from Rajiv Gandhi Cancer Institute and Research Centre, Gautam Nagar delivered a talk on Cancer Awareness and its precautions, followed by question Answer session. Free consultations were also availed by the members.

COUNCIL OFFERED ROOHAFZA SHARBAT ON NIRJALA EKADASHI ON 05.06.2017



SUNDER KAND PATH AT RECREATION CENTRE ON 15/05/2017



Senior Citizens Council of Delhi organized Sunder Kand Path, recited by Mrs Yashoda and her Party at Recreation Centre, Green Park Extension on 15/05/2017 in association with Monti Family in which more than 150 Senior Citizens/ devotees participated on the occasion of 44th birthday of **Shri Shailender Singh Monti**, Chairman, Standing Committee, S.D.M.C. J.R. Gupta, President of the Council extended birthday greetings to him and also felicitated along with other members. A cake was also cut and all present extended birthday greetings to Shri Monti followed by refreshments/ prasad. - **EDITOR**

FREE MEDICAL HEALTH CHECK UP CAMP ON 20/05/2017 AT RECREATION CENTER



Senior Citizens Council of Delhi organized a free medical health check up camp on 20/05/2017 at its Recreation Center, Green Park Extension in association with Help Age India in which more than 70 senior citizens availed the free facilities such as blood & sugar test, free consultation by doctor, blood pressure test, physiotherapy and free distribution of medicines followed by refreshments.

- A Report by: **D.K. Sangal, Incharge**

DRAWING COMPETITION OF CHILDREN ON SWACHH BHARAT AT RECREATION CENTRE, GREEN PARK EXTN



Senior Citizens Council of Delhi organised drawing competition of 18 children on Swachh Bharat on the occasion of World Environment Day consisting of three age groups: 4-6, 6-11 & 11-15. Smt. Asha Yadav & Sonia Ahuja (Judges) declared first, second, and third prizes in each group. During Annual Day celebrations at Deer Park, Chief Guest Sh. Amarendra Khatua, DG, ICCR presented certificates of merits to the winners with gifts. Consolation prizes were also given to remaining 9 children followed by refreshments.

- **EDITOR**

SUNDER KAND PATH AT DEER PARK ON 21.05.2017



Senior Citizens Council of Delhi organized Sunder Kand Path at Deer Park with the support of Shri K.D. Singh and his family members which was recited by Mrs Yashoda and her party in the presence of more than 200 Senior Citizens followed by prasad. J.R. Gupta congratulated K.D. Singh for getting service in London by his younger daughter in law married in December, 2016 with the grace of Hanumanji Maharaj.

- **EDITOR**

JOINT BIRTHDAY CELEBRATIONS AT RECREATION CENTER ON 28/05/2017



Senior Citizens Council of Delhi organized joint-birthday of its 8 members falling in the month of May, 2017 at Recreation Centre, Green Park Extension on 28/05/2017 in the presence of more than 150 senior citizens. All were felicitated with garland, shawl, gift and a refreshment packet as a token of respect and regards. Many senior citizens recited songs, poems and jokes which were very well enjoyed by all present including members enthralled the audience. All were appreciating the arrangements and respect shown to them by Council headed by its President J.R. Gupta who also extended them Birthday greetings and thanked them for their participation in large numbers. The function concluded with Elderly News for the month of May 2017 & refreshment packets. **Next such function would be held on 25th June, 2017.**

- A report by **D.K. Sangal**

FROM FRONT PAGE :- FASHION SHOW



Ravindra Yadav, Joint CP (Eastern Range) about downloading of Delhi Police App launched by LG on 01/10/2016 including various initiatives taken for the safety and security of lonely Senior Citizens through beat constables. J.R. Gupta, Chairperson, Confederation while thanking the guests, informed the audience that this is the first Senior Citizen meet with Delhi Police (Eastern Range) on a very large scale and suggested to organize such meets regularly in future. He further, stated that as per National Policy of Older Persons 1999, media has a vital role to create awareness about extending financial and health security for Senior Citizens on regular basis by the Govt. of India and Govt. of Delhi. The main aims of the Senior Citizens Council of Delhi and Confederation of Senior Citizens Associations of Delhi are to protect lonely Senior Citizens from abuses / humiliations at the hands of their own children and others. A good number of such cases have already been solved even without the assistance of Delhi Police. **A special Fashion Show** by the members of Senior Citizens Council of Delhi was also performed headed by Mrs. Bulbul Sawhney to generate awareness to other fellow senior citizens present in the audience which was appreciated by arousing applause by the audience. Out of 32 participants, the Committee of Judges headed by Sanjay Ambshita, Supdt. Tihar Jail HQ declared winners first (Mr. Naresh Pandey & Mrs. Anita Gupta) second (Mr. Radhe Shyam Gupta & Mrs. Saroj Sharma) and third (Mr. A.K.Popli & Mrs Kamlesh Popli) in male and female category respectively and all were felicitated by the Chief Guest. The other guests were Mrs. Geetanjali Ahuja and Mrs.Ranjana Maheshwari. Such shows are organized to provide an opportunity to other senior citizens to highlight their hidden talents on regular basis. The guests were also felicitated by J.R.Gupta and other members with mementos. The function concluded with distribution of refreshment.

- **EDITOR**

FELICITATION OF NIGAM PARSHAD BY MOTI NAGAR SCCA



Senior Citizens Cultural Association felicitated New Nigam Parshad of Moti Nagar, Mr. Vipin Malhotra at its Recreation Centre on 07.05.2017, which was attended by about 150 members includes Mr. Bharat Bhushan Madan & the President of the Association, Shri Subhash Sharma, Advocate & Secretary, Shri Anil Bhatnagar & other Members.

SUNDERKAND PATH & JT. BIRTHDAY ON 11.4.17 BY TRIVENI SCF, SHEIKH SARAI



SENIOR CITIZENS MEETS MRS. KAMALJEET SEHRAWAT, MAYOR, SDMC



MEDICAL CAMP BY SILVER CITIZENS WELFARE ASSOCIATION - ROHINI



SPECIAL PROGRAMES OF COUNCIL

14/06/2017	6.30 pm to 7.30 pm	Candle March at Jantar Mantar
21/06/2017	7.00 am to 8.00 pm	International Yoga Day at Deer Park
25/06/2017	3.00 pm to 5.00 pm	Recreation Center, Green Park Extn.

Joint-Birthday Celebrations of Council Members whose Birthday falls during the month of June, 2017 followed by refreshments. The concerned members are requested to confirm their participation immediately but not later than 20/06/2017. **EDITOR**



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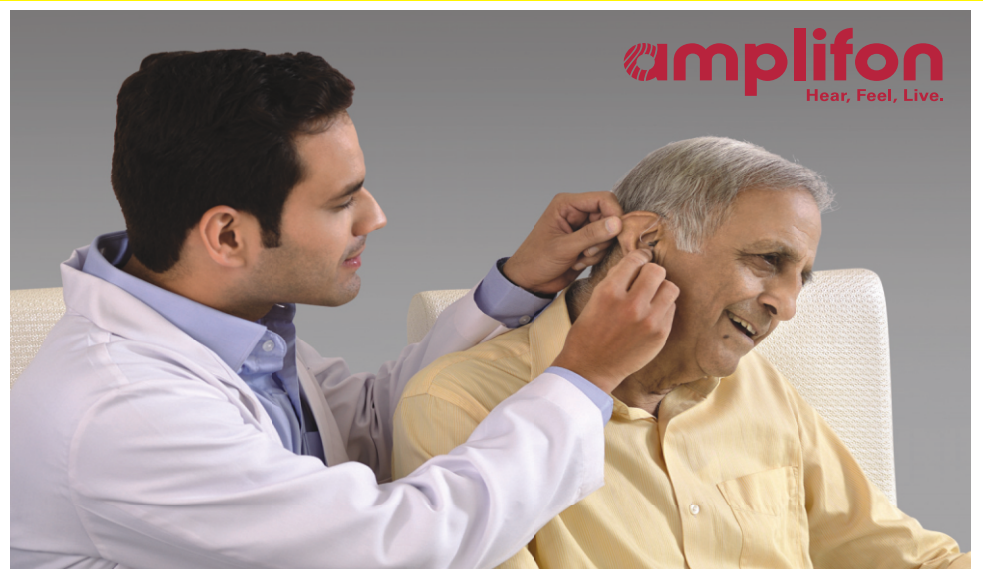
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GOOD NEWS FOR SENIOR CITIZENS

Haryana Govt has formulated a Teerth Darshan Scheme under which it will pay for a maximum of 250 senior citizens in an year to visit religious places. Full cost will be borne for BPL and 70% of the cost for other senior citizens respectively. Similarly, Rajasthan Govt has also started Deen Dayal Upadhyaya Varishth Nagrik Teerth Yatra Scheme in which elders are taken by train and recently also sent 30 senior citizens to Tirupati by air with free boarding and lodging. The Confederation of Senior Citizens Associations of Delhi has already taken up the issue with Chief Minister of Delhi for extending same facilities for senior citizens of Delhi. **-EDITOR**



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