

ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

Affiliated with Confederation of Senior Citizens Associations of Delhi (An Umbrella Body of 11 Lakh Senior Citizens)

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Rs. 5/-

Gehlot is now New Social Justice & Empowerment Minister



L to R : Thaawar Chand Gehlot (Minister), A.K. Soin, J.R. Gupta, B.S. Yadav & A.C. Bansal

4 Members delegation of Confederation of Senior Citizens Associations of Delhi (An umbrella body of 11 Lakh Senior Citizens) led by its Chairperson J.R. Gupta met New Social Justice & Empowerment Minister Sh. Thaawar Chand Gehlot on 02.06.14 in his office, congratulated him & presented Souvenir-2014 along with issue of Elderly News of May 2014. An invitation was also extended to grace the daily activities center at Deer Park, which was accepted by the Minister. Shri. Gehlot is Rajya Sabha Member and General Secretary of B.J.P. there are 11 crores senior citizens across India & 11 lakh in Delhi alone.

Felicitation of Class X & XII who scored 100% marks



Shri Satish C. Mehta, Director General, I.C.C.R., Mrs. Meenakshi Lekhi, M.P. & Ms. Aparna Gupta, Director, Adiva Hospital felicitating Ashmita Sethi who Score 100% marks in class X. Senior Citizens Council of Delhi celebrated its 35th Annual Day on 01/06/2014 at Deer Park in which more than 500 senior citizens participated. The function commenced with the Sundar Kand Path in the memory of Late Mataji Asharani Sehgal on her seventh Anniversary, who was among founder members. On this occasion, 15 students who scored more than 95% to 100% marks in class Xth & XIIth in CBSE Examination-2014 were felicitated by Shri Satish C. Mehta, Director General, I.C.C.R. and Smt. Meenakshi Lekhi, Member of Parliament, Lok Sabha from New Delhi Constituency. **Out of them, Shivam Mehta, Parth Garg, Asmita Sethi, Anushka Kumar (all Class X) scored 100% marks** whereas other students scored more than 95% marks. Shri Satish C. Mehta, congratulated the awarded students and complemented them with his blessings for their bright future. He further, assured Senior Citizens Council of Delhi to continue the support of I.C.C.R. for promoting Art and Culture among senior citizens. Mrs. Meenakshi Lekhi, M.P. thanked all the senior citizens for supporting her in the Lok Sabha Elections concluded recently and assured to solve their any kinds of problems with all her ability and speed to their entire satisfaction as and when required.

contd. on page 2 & more photos



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EDITORIAL - National Policy on Senior Citizens - 2011

While the overall population in India will grow by 50% between 2000-2050, that if 60+ and 80+ people will increase by 326% and 700% respectively. NPSC-2011 envisages several mechanisms to cater to the needs of senior citizens. Includes National and regional institutes of ageing, Hospices and palliative care facilities, Dissemination of Indian protocol on palliative care, Housing complexes for single older men and women, and for those with need for specialized care, Promotion of age friendly facilities and standards through Bureau of India Standards. **- L. R. Garg - Editor**

Group discussions on Healthy Ageing for Elderly

30 members of Confederation of Senior Citizens Associations of Delhi led by its Chairperson J.R.Gupta participated in the group discussions on healthy ageing for elderly organized by Shri Sunil K. Gulati, C.V.O., DDA (doing is Doctoral Research on Elderly Care) including other Planning Officers at Safdarjung Club on 25.5.14. A proposal was made by DDA to the effect that DDA is willing to accord permission for installation of lift in its Residential Colonies particularly for the use of elderly subject to N.O.C. from local RWAs & payment of Rs. 10,000/- as administrative charges. J.R. Gupta welcomed the decision of the DDA but suggested that fee should not be more than Rs. 5,000/-. Shri Gupta further appreciated the initiatives of DDA for designing of new coming housing flats as elderly friendly particularly provisions in the rooms, kitchen and toilets including main gate. Even Shri Gupta offered such drawings from the reputed architects who are also members of the Council, if asked for by DDA. Shri Gupta further emphasized on the need to provide moral support to such lonely senior citizens by the students of class 9th and 10th in nearby public schools in near by colonies across Delhi, which was appreciated by all present.

**Meeting with Dy. High Commissioner of South Africa by 29 intending Delegation Members of Council on 3.6.14****"Yoga Shivir" by SCA - Shakti Nagar on 24 & 25th May, 2014****Felicitation of L.R. Garg (Editor) & Mrs. Nirmal Garg on their Golden Jubilee Marriage Anniversary by J.R. Gupta & A.C. Bansal on 20.5.14****Contd. from front page : - ANNUAL DAY**

She also congratulated the students after felicitating them. She also complemented Senior Citizens Council of Delhi particularly its President, J.R. Gupta for protecting lonely senior citizens from abuses/humiliations from their own children and others. Shri J.R. Gupta, President, presented a representation to her on behalf of senior citizens and she assured to act on priority basis. Shri S.S. Monty, Area Councillor, Mrs. Aarti Mehra, Mrs. Aparna Gupta, Director, Adiva Group of Hospital (Guests of Honour) and Dr. Anupam Bhargava, Chairman, (Urology Division) were also present. Dr. Bhargava delivered a very useful talk on Urology which was very much appreciated by all present. Shri J.R. Gupta welcomed all the Guests and felicitated with shawls. The function was concluded with breakfast packets.

**House Tax Camp by SCA - Janak Puri**

A House tax Collection camp was organized by Senior Citizens Friendship Forum A Block Janakpuri on 18 May 2014 in Senior Citizens Recreation Centre from 10.00 am onwards. The camp was inaugurated by Shri Ashish Sood, Councillor of the area. He appreciated the services being offered by the Forum for the welfare of senior citizens of the area/ President Mr JP Bharti and General Secretary Mr PP Mehta welcomed the guest. 150 citizens of the area took benefit of this camp, which was a boon for them because MCD had reached their doorsteps for collection of house tax. Mr Rajkumar, S.H.O. along with his team also visited the camp and assured the seniors that their safety will be ensured in the area. Dr Narendra Madan, Legal Advisor to the Forum, thanked the guests.

World Laughter Day celebration by SCA - Triveni

Triveni Sr. Citizens Forum Sheikh Sarai Phase-I celebrated the World Laughter Day on 4.5.2014 led by its President Sh. R.C. Sharma. More than 200 residents of Sheikh Sarai Phase-I participated in the function, followed by refreshments.

54 Members of SCA - Punjabi Bagh Visited Mussorie in May 2014 Led By its General Secretary, Shri S. P. Garg



Property Tax Camp by Council on 31.5.2014



Senior Citizens Council of Delhi organized a property tax collection camp on 31/05/2014 at Green Fields School, Safderjung Enclave in association with M.C.D. officials with the support of Area Councillor Shri S.S. Monty from 10:00 am to 2:00 pm in association with R.W.A. Safderjung Enclave (B-2). More than 150 residents availed the facility at their doors steps. The challans were also generated online to encourage online payments, M.C.D. offered special 2% discount subject to maximum tax payable up to Rs. 10,000.00. J.R. Gupta thanked M.C.D. officials and particularly management of the Green Fields School for providing venue & access to their computers for generating challans.

Urine Test by ADIVA Hospital at Deer Park



Adiva Super Speciality Care Hospital organized a Free Urinary & Kidney Disease Screening Camp at Deer Park on 4th May 2014 at Deer Park in Association with Senior Citizens Council of Delhi. J.R. Gupta thanked the staff & Doctors of Adiva Hospital.

Editorial Board of Elderly News : B.S. Yadav (Dwarka), R.K. Nanda (Shalimar Bagh), Ved Prakash Gupta (Mayur Vihar), J.C. Narang (Tagore Garden), R.C. Sharma (Triveni) **Reporters :** Pratap Singh, Jai Singh, Gyan Singh Tokas, Smt. Devindri Verma & Dharam Singh Sharma (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). *All disputes, subject to Delhi Jurisdiction. E-mail : guptajr2005@gmail.com, Web : www.seniorcitizensdelhi.org*

Daily Spiritual Discourses at Deer Park (7AM & 8AM) Pt. Nirmal Kumar Shukla (Prayag) from 16.6.14 to 30.6.14, Pt. Ram Chander Pandey (Pratap Garh) from 1.7.14 to 15.7.14 & Mrs. Chandra Mishra (Banaras) from 16.7.14 to 31.7.14. Also at Shiv Mandir, Green Park 5.30 pm to 6.30 pm daily, Shri Ram Mandir, B5 Block, Safdarjung Enclave, 7.30 pm to 8.30 pm. daily & Sadbhavana Satsang Mandal, DDA Flats, Munirka on every Sunday 9.30 a.m. to 10.30 am.

APPEAL TO ENROLL LIFE SUBSCRIBERS : Elderly News requests to our readers to enroll yourself by making one time payment of Rs. 500/- along with photos life time subscription fee which can be deposited in the Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, **which is exempted under 80G of Income Tax Act.**

NEPAL U3A INTERNATIONAL CONFERENCE

U3A International Conference would be held at Kathmandu (Nepal) on 18 & 19 October, 2014. Interested Members can contact Sh. J.R. Gupta, President, Mob. : 9810488059.

APPEAL FOR LIFE MEMBERS OF COUNCIL

Senior Citizens Council of Delhi has been organising daily spiritual, social & cultural activities for its members for the last 35 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of cases has been solved by the Council headed by its President Sh. J.R. Gupta, during the last year. Any Senior Citizens residing in any part of Delhi is cordially invited to become life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash. Please contact - 9810488059 **- EDITOR**

Meenakshi Lekhi, M.P. graced Annual Day on 1.6.14 at Deer Park



Meeting with Area Councillor Sh. S.S. Monty on 24.5.14



Recently, R.W.A. Safderjung Enclave (B-2) held a meeting with Shri S.S. Monty, Area Councillor, M.C.D. on 24/05/2014 to discuss certain civic issues concerning residents, such as repair of internal roads, pruning of trees, Anti-Malaria Drive, D-Silting of drains, Sanitation drive, plantations in parks, fixing of poles with lights at the entry points & proper lighting in back lanes. J.R. Gupta, President brought to the notice of Shri Monty that no internal roads were repaired or re-carpeted for the last 3 years resulting in potholes, cracks, water logging during rains etc. and asked him to give priority. Shri Monty expressed his inability to execute major works such as re-carpeting of roads due to non-availability of funds as budget is required to be passed by the Parliament in the absence of State Assembly and the same is likely to be passed in July only. However, he agreed to undertake minor works such as pruning of trees, cleaning of back lanes, anti-Malaria Drive, D-Silting of Drains and to provide adequate lights throughout the colony. Shri R.K. Saxena, Finance Secretary was of the view that first of all pruning of trees needs to be taken up first. Shri Davinder Arora, General Secretary, requested Shri Monty to at least try to fill up so many potholes in internal roads to avoid logging of water as the monsoon is approaching fast. The meeting ended with a vote of thanks to chair & host Mrs. P.C. Sharma followed by refreshments.

Birthday of S.S. Monty celebrated



Senior Citizens Council of Delhi organized Sunder Kand Path on the occasion of Birthday of Sh. S.S. Monty, Area Councillor, M.C.D. at Deer Park on 15.05.2014 in which more than 350 Senior Citizens participated. J.R. Gupta, President of the Council alongwith Mrs. Aarti Mehra & Mukesh Arora presented a Idol of Lord Hanumanji. The audience also extended birthday greetings to him.

Picnic by SCA-Shalimar Bagh on 12.05.2014**RWA - Safdarjung Enclave maintains greenery in Park**

RWA - Safdarjung Enclave, B-2 set an example by maintaining greenery in their parks by joining hands together with Elderly and Younger at their own cost.

LIFE SUBSCRIBERS OF ELDERLY NEWS

150 Mrs. Chand Chadha,
B-6/20, Safdarjung Enclave,
New Delhi - 110029



151 Mrs. Chanchal Chopra,
B-6/19, Safdarjung Enclave,
New Delhi - 110029



152 Shri Hem Raj Wadhwa,
B-7/28/2, Safdarjung Enclave,
New Delhi - 110029



153 Shri Jasbir Singh Mainwal,
Secretary, SCA, A-2/142,
Daggar Pur Mohalla, Johripur,
Delhi - 110094



154 Shri M.L. Kapil,
B-25, Daggar Pur Mohalla,
Johripur, Delhi - 110094



160 Smt. Maya Devi
E-6, Green Park Extn,
ND-110016



155 Shri Khubi Singh, President,
SCA, 13, Daggar Pur Mohalla,
Johripur, Delhi - 110094



156 Shri P.P. Bansal,
163, Ganpati Apartments,
Plot No. 6, Sector - 9,
Dwarka, ND - 110077



157 Shri Raman Kumar Gupta,
B-7/12 (S.F.)
Safdarjung Enclave, ND-29



158 Shri Mohar Singh,
530, Chander Lok
Street No. 3,
Shahadra, Delhi- 110093



159 Shri R.C. Goyal
1/5, Civil Lines,
Ram Kishore Marg,
Delhi- 110054



161 Sh. S.N. Sharma
82, FF, Gali No.3
Krishna Nagar-110029

Medical Check-up Camp by Council with Primus Hospital on 8.6.14 at Green Fields School, Safdarjung Enclave

LtoR (Sitting) : - Dr. M.S. Jha (Urology), Dr. Aditya Sharma (Ortho), Mr. J.R. Gupta (President)
Dr. Ashok Jhingan (Diabetologist), Dr. Shikha Sharma (ENT)



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World Elders Abuse Awareness Day on 14.6.14

Confederation of Senior Citizens Associations of Delhi in association with Help Age India would hold Candle March at Jantar Mantar on 14.6.14 between 5.30 pm & 7.00 pm. to draw the attention of Govt. of India/Govt. of Delhi to take remedial measures for the safety of property & life of senior citizens. All are cordially invited.

R.S.V.P. : - B.S. Yadav, Secretary General

Activities of SCA - Freedom Fighters Enclave**Mrs. Meenakshi Lekhi congratulated**