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SENIOR CITIZENS COUNCIL OF DELHI

B-2/73-B, SAFDARJUNG ENCLAVE

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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

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AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 18 LAKH SENIOR CITIZENS)

VOL : 009

Issue No. : 103

MONTH : JULY, 2022

Rs. 5/-

COUNCIL MEMBERS MEETS S.B.K.SINGH, IPS, SPL COMMISSIONER (TECHNOLOGY) & PREM NATH, IPS, JT. CP ON 10.06.2022



4 members delegation of Senior Citizens Council of Delhi led by its President, J. R. Gupta met **S.B.K.Singh**, IPS, Spl. Commissioner (Technology) & **Prem Nath**, IPS, Jt. C.P on 10.06.2022. The other members were Y.K.Singhal, B.N. Singh & V.K. Pahuja. The delegation members requested for organizing a big event in Siri Fort Auditorium regarding awareness of Cyber crimes as incidents targeting senior citizens are increasing day by day. Jt. CP assured to have such programme in July, 2022 in association with DCP (South). -**Y.K.Singhal**

COUNCIL MEMBERS MEETS R. SUBRAHMANYAM, SECRETARY, MOSJ&E ON 17.06.2022



L to R :- **R.Subrahmanyam**, J.R.Gupta, B.N.Singh, S.M.Singhal & A.K.Makhija

4 members delegation of Senior Citizens Council of Delhi led by its President, J. R. Gupta met **R. Subrahmanyam**, Secretary, Ministry of Social Justice & Empowerment, Govt. of India in his office on 17.06.2022. The other members were B.N. Singh, S.M.Singhal & A.K.Makhija. J.R.Gupta requested for organizing Walkathon on 01.10.2022 on the occasion of International Day of Older Persons. He also requested to get it passed Amendment Bill of 2019 under Maintenance Act, from Parliament as incidents of Elder Abuse are increasing day by day. He was quick to respond that on 01.10.2022, Ministry would organize Walkathon. -**A report by S.M.Singhal, Life Member**

COUNCIL/CONFEDERATION EXTENDS MORAL SUPPORT & LEGAL GUIDANCE TO SENIOR CITIZENS



Sulakshan Kumar Narang (76), residing in Rohini has been torturing, harassing and dispossess by his wife, son and daughter-in-law. He was advised to file appropriate application against them in the **Tribunal**

Court of ADM (North) who passed order on 15/06/2022 under Maintenance Act, directing SHO Police Station Rohini to ensure and provide shelter / accommodation to him in the aforesaid house peacefully and also directed to provide protection to the life and property of the complainant from them within 5 days. He has extended thanks to the Council for their moral support and legal guidance from time to time. -**Editor**

SENIOR CITIZENS MEETS KRISHAN KUMAR, DIRECTOR, SW, GNCTD ON 21.06.2022



L-R :- Y.K.Singhal, Krishan Kumar, J.R.Gupta, Pradeep Aggarwal, Pratap Singh & B.N.Singh

5 members delegation of Senior Citizens Council of Delhi led by its President, J.R. Gupta met **Krishan Kumar**, IAS, Social Welfare Department, in his office on 21.06.2022. J.R.Gupta requested him to clear the file sent by SW Deptt., as more than 100 SCAs are waiting for the release of their Recreation Grants. He assured to clear the file on priority basis & also visit Center soon. -**report by Pratap Singh, Treasurer**

GOOD NEWS FOR SENIOR CITIZENS RESIDING IN SAFDARJUNG ENCLAVE & NEARBY COLONIES, AS POLICE STATION SHIFTED TO ACP OFFICE FROM SAROJINI NAGAR SAYS MANOJ C., IPS, DCP (SW)



Good news for senior citizens who are residing in Safdarjung Enclave & nearby colonies as they have not to go Sarojini Nagar Police Station for redressal of their grievances, as Police Station Safdarjung Enclave at Sarojini Nagar has been shifted on 24.06.2022 at ACP Office near Safdarjung Club. This information was given to senior citizens during public hearing on 21.06.2022 at Recreation Center of Senior Citizens Council of Delhi, Community Center, Green Park Extension by **Manoj C., IPS, DCP (SW)** that orders have been issued. ACP Office has also been shifted to Sarojini Nagar. The demand to shift police station was very old. The Council has also met Sh. Rakesh Asthana Commissioner of Police on 27.09.2021 in this regard. Even DCP (SW) was requested on 19.05.2022 during first meeting by Council members. J. R. Gupta thanked him for his announcement and also felicitated him with shawl as a token of respect & regards in the presence of ACP V.K.P Singh Yadav & SHO Santosh Kumar Rawat followed by refreshments. This is a big relief for the residents of Safdarjung Enclave. The Council has been working for the cause and care of senior citizens of Delhi particularly residing in Safdarjung Enclave. -**R.K.Singhal**



Mrs. Pushp Lata Gupta, widow (66), resident of Dariyaganj has been harassing mentally, physically, torturing, abusing and threatening to lodge false cases with the sole motive to grab her property by her 2 sons and daughter-in-laws. She was advised to file application under Maintenance Act in the Tribunal Court of ADM (Central) but no effective hearing was held since 06/01/2022. Her case was taken up by the Council on 02/07/2022 with Tribunal Court of ADM (Central) to decide her case on priority basis with reference to orders dated 23/05/2022 passed by Hont in Suo Moto PIL. She has thanked the Council for their moral support and legal guidance from time to time. -**Editor**

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ELDERLY NEWS WISHES ITS READERS HARYALI TEEJ, TULSIDAS JAYANTI, RAKSHA BANDHAHN & INDEPENDENCE DAY

CONFEDERATION NEWS

WORLD HEPATITIS DAY ON 28.07.2022



World Hepatitis Day is observed on 28 July every year by WHO. Its Aim is to create Global awareness about Hepatitis. Hepatitis is group of infectious. Diseases known as Hepatitis A, B, C, D and E. Hepatitis is inflammation of liver causes severe liver damage and hepatocellular cancer. Hepatitis B and C are more common and are responsible for millions of death's every year.

- L.R.Garg, Editor

SAHYOG VARISHTH NAGRIK MANCH CC BLOCK SHALIMAR BAGH



Sahyog Varishth Nagrik Manch, CC Block, Shalimar Bagh organized Birthday Celebrations of its members in its Recreation Center on 30.06.2022. - R.K.Nanda

ACTIVITIES OF GULMOHAR PARK SCF ON 23.06.2022



Gulmohar Park Senior Citizens Forum organized a memorable cultural program on 23.06.2022 in Gulmohar Club with the support of Bureau of Outreach and Communication, GOI. The program contained songs and dances from different states of India, magic performance and other entertaining presentations. Mr. Somnath Bharti, MLA was the Chief Guest, who was also felicitated. All present enjoyed the program and gave it a thundering applause. - Vimal Bhan

SCWS, SHALIMAR BAGH CELEBRATED INTERNATIONAL YOGA DAY



YOGA BY SENIOR CITIZENS WELFARE CLUB SHALIMAR BAGH ON 21.06.22



MOTI NAGAR SENIOR CITIZENS CULTURAL ASSOCIATION



Moti Nagar SCCA celebrated quarterly joint birthdays of its members at its Recreation Centre on 27.03.2022. It was a great event with songs, music and dance, after which cake was cut and every member was presented a birthday memento followed by lunch. - Subhash Sharma, President

ACTIVITIES OF SCA MIX HOUSING COMPLEX, KONDLI GHAROLI, PHASE-II



Senior Citizen Association, Mix Housing complex, Kondli-Gharoli Ph.II organized a Get Together on 05.6.2022. New members were welcomed and Identity cards were distributed including Birth Day Gifts. All assembled members wished them a Healthy and Long Life. - a report by Dr.Tapan Chakravorty, Pesident

ACTIVITIES OF SCWA, SEC - 13, ROHINI ON 25.06.2022



SCWA, sector-13, Rohini, organized Birthday Celebration of its members followed by refreshments. - a report by D.K.Mehra, Treasurer

ACTIVITIES OF DAS SCWO, DILSHAD GARDEN ON 21.06.2022



DAS, SCWO, Dilshad Garden organized International Yoga day in association with Shreya Eye Centre, Delhi on 21.06.2022. - KN Chhabra, President

SUNDERKAND PATH BY SCWA, ROHINI, SECTOR-13 ON 11.06.2022



Silver Citizen's Welfare Association, Rohini, Sector 13 organized Sunderkand Path on 11.10.2022 by its members. - a report by D.K.Mehra, Treasurer

ACTIVITIES OF SENIOR CITIZENS FORUM, SHIV PARK, SHALIMAR BAGH ON 29.05.22



SCA, Shiv Park, Shalimar Bagh organized birthday celebrations on 29.05.2022 in which Sh. S. N. Sharma & Smt. Raj Bala Sharma, were felicitated on their 50th Marriage Anniversary. Azad Tandon, General Secretary

ACTIVITIES OF SCW CLUB, BLOCK-B, SHALIMAR BAGH ON 25.06.2022



Senior Citizen Welfare Club, B-Block, Shalimar Bagh, celebrated joint Birthday of its members on 25.06.2022. - Ram Gopal Gupta, General Secretary

ACTIVITIES OF SCA I.P.EXTENSION ON 04.06.2022



SCA, I.P.Extension organized Cultural Programme (Geeto Bhari Shaam) during AGM at its Recreation Center on 04.06.2022 in the presence of large number of members. - a report by B.K.Singhal, President

NEW EXECUTIVE BODY OF SCWS AC BLOCK SHALIMAR BAGH

Unanimously elected new Executive Body members of Senior Citizens Welfare Society Shalimar Bagh for the term 2022 to 2025 are Capt Chander Sachdev, President, R N Khosla, Vice President, P P Tuteja, Gen. Secretary, Dr R K Khanna, Joint Secretary, K K Agarwal, Treasurer, Executive Member :- M C Mehtani, B N Chandana, H K L Relhan, A R Kapil, Ashok Kapoor, Sh K C Malik. - reported by Capt. Chander Sachdev

Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), K.K.Mehta (Tagore Garden), Dinesh Kumar Sangal (Arjun Nagar) **Reporters** : Pratap Singh, R.K.Singhal & Gyan Singh Tokas (Chief Editor J.R. Gupta Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction. **E-mail: guptajr2005@gmail.com, Web: www.seniorcitizensdelhi.org.**

Daily Spiritual Discourses at Deer Park Satsang (7 & 8 AM), Recreation Center, Green Park Extn (3 pm to 4 pm) & Shiv Mandir, Green Park (5 to 6 pm) by Vidushi Neelam Shastri, Banaras from 16.07.2022 to 31.07.2022, Pt. Om Prakash Tripathi, Jhansi from 01.08.2022 to 15.08.2022 & Pt. Dinesh Pandey, Siwan, Bihar from 16.08.2022 to 31.08.2022. - EDITOR



APPEAL TO ENROLL LIFE SUBSCRIBERS OF ELDERLY NEWS

Elderly News requests to all its readers to enroll themselves by making one time payment of Rs. 500/- along with one photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, IFSC code :BKID 0006036. The amount is exempted under 80G of Income Tax Act 1961. -L. R. Garg, Secretary



APPEAL TO ENROLL LIFE SUBSCRIBERS ELDERLY NEWS BY CONFEDERATION MEMBERS

Elderly News requests to all its readers to enroll themselves by making one time payment of Rs. 500/- along with one photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, IFSC code :BKID 0006036. The amount is exempted under 80G of Income Tax Act 1961. -B.S. Yadav, Secretary General

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for the last 42 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of such cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any senior citizen residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque / cash as life membership fee. The amount can also be deposited in the name of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, Saving Bank Account No : 603610110001482, IFSC Code : BKID 0006036. The amount is exempted under 80 G of Income Tax Act, 1961. -H.D.Ralhan, Founding Member

HELPAge INDIA RELEASED ELDER ABUSE REPORT ON 14.06.2022

Help Age India released Elders Abuse Report on 14.06.2022 on the eve of World Elders Abuse Awareness Day in the presence of school children & senior citizens. Sh. R.Subrahmanyam, Secretary, Ministry of Social, Justice & Empowerment was the key Speaker. As per survey 4400 Elderly across 22 cities found that while 31 % elderly were not working 36% said they are willing to work and 40% of them want to work as long as possible. 59% of Elders feel elder abuse is prevalent in society with relatives 36%, son- 35% & daughter-in-law -21 % being the top out of three. J.R.Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi (an umbrella body of 18 Lakh senior citizens) was of the view that Elder abuse is increasing day by day although, National Policy for Older Persons, 1999 & the said policy was reviewed in 2011 indicating that Elders have a right to live with dignity & respect. Beside this, victim senior citizens are waiting the fate of their cases in different 11 Tribunal Courts under Maintenance Act, since 2017, but no effective hearing has been started, although, Hon'ble Supreme Court of India had ordered on 13.12.2018 that Maintenance Act cases should be disposed of on priority basis. He further pointed out that Hon'ble Delhi High Court also ordered on 23.05.2022 asking pendency reports of such cases from all Tribunal Courts & Appellate Court of Divisional Commissioner and listed the matter for 12.07.2022.

-Editor

COUNCIL ORGANIZES CHABEEL ON NIRJALA EKADASHI ON 10.06.2022

Like past years, Senior Citizens Council of Delhi organized Chabeel on the occasion of Nirjala Ekadashi on 10.06.2022 outside Community Center, Green Park Extension from 10 am to 3 pm. - A report by **R.K.Singhal, Incharge**

YOGA BY 100 SENIOR CITIZENS AT RECREATION CENTER ON 21.06.2022

Senior Citizens Council of Delhi organized International Yoga Day on 21.06.2022 at its Recreation Center in the presence of more than 100 senior citizens. **Ms. Nidhi Baluni**, Yoga Expert demonstrated yoga asans etc. Earlier Sunderkand Path was also recited by **Dinesh Sharma, R.K.Singhal, Harikesh Shukla & Pritam Singh** played Dholak. J.R.Gupta briefed about benefits of Yoga & stressed the need to practice yoga daily including exercises to be fit everyday even without taking any medicines.

-R.K.Singhal, Incharge

VISIT TO NEW TUNNEL FROM PRAGATI MAIDAN TO INDIA GATE ON 21.06.2022

5 members of Senior Citizens Council of Delhi led by its President, J.R.Gupta crossed in a car inside the new tunnel on 21.06.2022 from Pragati Maidan to India Gate, which was inaugurated by Prime Minister of India on 19.06.2022. The other members were **Pratap Singh, Pradeep Aggarwal, Y.K. Singhal & B.N.Singh**. The car was driven by Y.K.Singhal & photo was taken inside the tunnel we cross the tunnel within 3 minutes.

- report by **Pratap Singh, Treasurer****AMIT TANWAR, SUPDT. DLSA (SOUTH) SPEAKS ABOUT ELDER ABUSE ON 17.06.22**

Amit Tanwar, Supdt., DLSA (South), visited Recreation Center, Green Park Extension on 17.06.2022 on the occasion of World Elders Abuse Awareness Day. He sensitized members about elder abuse, as cases are increasing day by day. He also felicitated 8 senior citizens during Joint Birthday Celebrations who were born in the month of June with shawl including a gift as token of respect and regards in the presence of more than 100 senior citizens. J.R.Gupta also speak about Elder Abuse & briefed about cases solved amicably and also under Maintenance Act through 11 Tribunal Courts of District Magistrates & Appellate Court of Divisional Commissioner and also felicitated **Amit Tanwar**, followed by heavy refreshments.

- report by **R.K.Singhal, Incharge****300 MEMBERS OF CONFEDERATION PROTESTED AT JANTAR MANTAR ON 15-06-2022 ON WORLD ELDERS ABUSE AWARENESS DAY**

Confederation of Senior Citizens Associations of Delhi (an umbrella body of 18 Lakh senior citizens) organized Candle march at **Jantar Mantar** on 15.06.2022 on the occasion of **World Elders Abuse Awareness Day** in which 300 senior citizens across Delhi participated with ply cards indicating Stop Elder Abuse, My Parents My Responsibility & Respect Elders etc. The march was also to create awareness among the Society at large through print media, electronics media & also to draw the attention of Delhi Police, Central Govt. & Delhi Govt to take remedial measures for the safety of life & property of senior citizens, as incidents targeting them are increasing day by day including elder abuse such as physical, emotional, economical, disrespect, verbal & neglect. J.R. Gupta also warned younger generation to respect their elders otherwise when they would grow older, same fate would be given to them by their children.

- **R.K.Singhal****YOGA BY 100 SENIOR CITIZENS AT DEER PARK SATSANG ON 21.06.2022**

To commemorate International Yoga Day, 2022, Senior Citizens Council of Delhi organized a Yoga session in which 100 senior citizens participated. Yoga expert **Mrs. Nidhi Baluni** demonstrated Yoga Asans. J.R.Gupta told that daily yoga is a boon for senior citizens to keep them fit even without taking any medicine in their sunset years.

- a report by **R.K. Singhal, Incharge****FELICITATION OF DINESH SHARMA AT CENTER ON 28.06.2022**

It is really a very good news for **Dinesh Sharma & Mrs. Usha Sharma** as their daughter has been blessed with first son. Mrs. Usha Sharma is already with her daughter. **Dinesh Sharma** distributed prashad during Sunderkand at Recreation Center on 28.06.2022. J.R.Gupta prayed Almighty for new born baby to have long life and sound health.

- **R.K.Singhal, Incharge****JODHANA SENIOR CITIZENS ORGANIZED YOGA DAY ON 21.06.2022**

Jodhana Senior Citizens Society, Jodhpur celebrated international Yoga Day on 21.06.2022 at garden near Shastri Nagar under the guidance of yoga Acharya **Hanuman Ramji. Prem Sukh Daga**, President explained the importance of yoga in human life followed by **Thandai**.

- **Prem Sukh Daga**

SENIOR CITIZENS MEETS SUNIL BHADU, ITS, ADDL. COMMISSIONER, CSD MCD



L-R :- R.K.Singhal, B.N.Singh, Y.K.Singhal, Sunil Bhadu, J.R.Gupta & Pradeep Aggarwal

5 members delegation of Senior Citizens Council of Delhi led by its President, J.R. Gupta met Sunil Bhadu, ITS, Additional Commissioner, CSD, MCD, in his office on 28.06.2022. The other members were R.K. Singhal, B.N. Singh, Y.K. Singhal & Pradeep Aggarwal. J.R. Gupta requested him to visit Recreation Center of Council at Community Center, Green Park Extension in which work of installation of lift is in advance stage & his advise would be more helpful on the point of technology. He accepted the invitation & would revert back shortly.

- report by R.K.Singhal, Incharge

DOCTORS DAY CELEBRATIONS ON 01.07.2022 AT RECREATION CENTER



Dr. Surya Bhan Singh of Banaras was felicitated at Recreation Center by J. R. Gupta & other members on the occasion of National Doctor's Day. He spoke about the importance of Doctors Day as they are saviours; hence, many consider them as next to God for their noble work. This day highlights the contribution of Doctors in the society. This day is celebrated to honour Dr Bidhan Chand Roy whose birth and death anniversary both falls on July 1. Dr B C Roy was a famous physician and freedom fighter and was awarded Bharat Ratna. Doctor not only treat and heal patients but also educate and prepare future generations of doctors in the Nation. J.R. Gupta, President thanked him followed by refreshments.

- report by R.K.Singhal, Incharge

SUNDERKANDPATH ON 28.06.2022 AT RECREATION CENTER



Senior Citizens Council of Delhi has been organizing Sunderkand Path on every Tuesdays at its Recreation Center, Green Park Extension since, 2016. On 28.06.2022, Sunderkand Path was recited by Harikesh Shukla, Attendant, Dinesh Sharma & Pritam Singh played Dholak in the presence of large number of senior citizens, followed by heavy refreshments.

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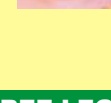
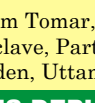
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FREE LEGAL CONSULTATION BY ADVOCATES DEPUTED BY DELHI LEGAL SERVICES AUTHORITY, SOUTH



With the support of DLSA (South District) Advocate Dheeraj Bhardwaj visited Recreation Center, Green Park Extensions, on Tuesdays on 14, 21 & 28.06.2022. Advocate Yogesh Sharma visited on 05.07.2022. Both rendered free Legal advice sought by members of the Senior Citizens Council of Delhi in the presence of more than 200 members at their doorsteps on four days. So far 4250 senior citizens have availed the facilities since June, 2018 in sorting out their petty matters and also by creating awareness among other senior citizens. The Council is grateful to Mr. Vipul Sandwar, Secretary, DLSA (South), for his continuous support. During the current financial year 2022-23, 2070 senior citizens benefited from this facility up to 05.07.2022.

-R.K.Singhal, Incharge

SPECIAL PROGRAMMES AT RECREATION CENTER

Joint Birthday Celebrations of Council Members (enrolled up to 30.06.2021 up to membership :2316 and born in the month of July on or before 31.07.1961 to be confirmed up to 11.07.2022 subject to availability of Chief Guest at Recreation Center, Green Park Extension followed by refreshments.

28.07.2022 :- World Hepatitis Day

31.07.2022 :- Haryali Teej Celebrations

04.08.2022 :- Tulsi Das Jayanti

Editor

CONDOLENCES

I convey with sorrow demise of following members of Senior Citizens Council of Delhi from 10-06-2022 to 09.07.2022. I, on my behalf and members of the Council convey heartfelt condolences to the bereaved families & pray Almighty God to rest their noble souls in eternal peace and also give strength to bear irreparable loss.

1. Mrs. Meera Nayak 1023 85, Gali No-3, Krishna Nagar, ND-29
2. Mrs. Prem Bagga 555 115, Arjun Nagar, ND-29
3. Ms. Nirmal Kanta 1629 B-2/91, Safdarjung Enclave, ND-29

- HARI OM SHANTI SHANTI - J.R.Gupta, President

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