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Page-1

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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

Affiliated with Confederation of Senior Citizens Associations of Delhi (An Umbrella Body of 11 Lakh Senior Citizens)

VOL : 003

Issue No. : 031

MONTH : JULY-2016

Rs. 5/-

Union Minister Gehlot says Revised National Policy for Older Persons soon



L to R :- B.S. Yadav, Gehlot, J.R. Gupta, G.R. Sehgal, V.P. Gupta & I.C. Bhardwaj

5 members delegation of Confederation of Senior Citizens Associations of Delhi (an umbrella body of 11 lakh senior citizens) led by its Chairperson J.R. Gupta met Shri Thaawar Chand Gehlot, Union Minister, Social Justice & Empowerment, Govt. of India on 30/06/2016 in his office. The other members were S/Shri B.S. Yadav, G.R. Sehgal, Ved Prakash Gupta and I.C. Bhardwaj. The delegation members requested the minister to notify the Revised National Policy and Constitute the Commission for senior citizens at the earliest. It was also brought to his notice that no meeting has been held of the National Council of Senior Citizens since its inception. The Minister assured the delegation members to consider their demands shortly in consultation with PMO. J.R. Gupta, Chairperson thanked the Minister for sparing his valuable time to meet the delegation members and for giving positive assurances for the cause and care of elderly.

A Report by : I.C. Bhardwaj

Candle March at Jantar Mantar on 15/06/2016



Confederation of Senior Citizens Associations of Delhi (an umbrella body of 11 lakh Senior Citizens) in association with Help Age India organized Candle March at Jantar Mantar on the occasion of World Elders Abuse Awareness Day on 15th June, 2016 in which more than 500 Senior Citizens participated. The main aim was to create awareness in print media/ electronics media about safety of life & property of Senior Citizens and also to protect them from various kind of abuses such as physical, emotional, economical, disrespect, verbal & neglect, and to draw the attention of Govt. of India & Govt. of Delhi for remedial measures as incidents targeting Senior Citizens are increasing day by day. J.R. Gupta, Chairperson addressed the Senior Citizens along with Mathew Cherian, CEO, & Mrs. Manjira Khurana, Country Head, Help Age India.

A report by : Pratap Singh

Launching of SOS App by Najeed Jung, Lt. Governor on 14.06.2016



L to R :- Mathew Cherian, Najeed Jung, J.R. Gupta & Mrs. Manjira Khurana

On the eve of World Elders Abuse Awareness Day, Najeed Jung, Lt. Governor of Delhi launched Help Age SOS App in a special function today at India International Center, Lodhi Road in the presence of large number of Senior Citizens including corporate officers, students & staff members of Help Age India. While speaking, the LG, appreciated the initiative taken by the Help Age India for helping senior citizens through this particular App and felt proud to launch the same.

Contd. at page 3 with more photos

Council rescues Widow & Senior Citizens from daughter-in-laws



Mrs. Kulwant Wadhwa

Mrs. Kulwant Wadhwa (widow) & resident of Safdarjung Enclave was harassed & abused by her daughter-in-law & also filled a false complaint against her son-in-law & her son for grabbing the property. Sh. Narain Das Wadhwa (90 yrs) owner of the property & father-in-law of Mrs Kulwant Wadhwa was also framed by making a false complaint against him also. The Council provided moral support & legal guidance & the matter was taken up with concerned SHO by J.R. Gupta, President of the Council. He further advised to widow & her son to install CCTV camera in their house so that they can show the proof as &

when such incidents happened again. In the mean time, the property owner also disowned his grandson & grand-daughter-in-law from the aforesaid property.

EDITOR



Sh. Alwinder Singh & Smt. Paramjeet Kaur



Sh. Alwinder Singh & Smt. Paramjeet Kaur, both Senior Citizens are residing in their own house at Palam Village along with their two daughter-in-laws. Their elder daughter-in-law Mrs. Chanchal Rani made a false complaint against both & also harassed/abused. The Council intervened in the matter & extended more support for both the Senior Citizens. The matter was also taken up with Sh. Alok Kumar Verma, Commissioner of Police to provide security for their life & property.

& requested to issue directions to concerned police officers to verify such false complaints before the registration of FIRs. As advised by J.R. Gupta, President of the Council, the victims have since installed CCTV camera in their house to avoid such incidence in future at the hands of her daughter-in-law.

EDITOR

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ELDERLY NEWS WISHES ITS READERS A HAPPY INDEPENDENCE DAY, RAKSHA BANDHAN & JANAMASHTAMI

False cases against Senior Citizens by daughter-in-laws



L.R. Garg

It has been observed that so many complaints are being filled against senior citizens by their daughter-in-laws on false grounds to harass them & to grab their properties. Recently, a case was filled by grand daughter-in-law against her grand father-in-law (90 years). The Confederation of Senior Citizens Associations of Delhi (an umbrella body of 11 lakh senior citizens) has taken up the issue with the Commissioner of Police to verify such false complaints before FIR is registered. All such effected Senior Citizens are advised to install CCTV camera's in their houses to avoid false complaints in future.

- EDITOR

International Yoga Day (21.6.2016) by DAS SCWO-Dilshad Garden



J.P. Gupta, a Senior member of Council donates Rs. 1 Lakh to eye center AIIMS



Jagat Pratap Gupta, a senior member of Senior Citizens Council of Delhi & Managing Trustee of Permeswari Lajja Ram Charitable Trust donated a sum of Rs. One lakh to Dr. Rajendra Prasad Eye Centre, AIIMS for the treatment for under privileged patients.

-EDITOR

Celebration of Birthdays cum Anniversaries by SCWA-Vikas Puri on 30.06.2016



Celebrations of Birthday By SVN-CC Block Shalimar Bagh



Meeting of Governing Body of Confederation on 12.6.2016 held at Keshav Puram



Confederation of Senior Citizens Associations of Delhi (an umbrella body of 11 lakh Senior Citizens) held its Governing Body Meeting at Keshav Puram which was hosted by Elderly People Forum headed by its President S. P. Manchanda & its Team. A large number of members participated & given their suggestions particularly sanctioning of recreation grants to additional 38 new senior citizens whose application are under consideration by the social welfare department in various zones. Sh. Manchanda welcomed all the members. Many members recited poems/songs & jokes which were appreciated by all present, particularly by Mr. Chugh of Kalkaji SCWF in the voice of Tansen. The general suggestion was to take up the issue with Union Finance Minister regarding enhancement of income exemption of limit 5 lakh presently applicable to 80 years & above should also be applicable to 70 & above. Many more suggestions already circulated through minutes. The next meeting would be host by Sh. Y.N. Sharma, President, SCWF, Kalkaji.

- As reported by - B.S. Yadav, Secy. Genl.

Election of President of SCWA, Sukhdev Vihar



Dr. B.K. Maheshwari was re-elected as President of Sukhdev Vihar, Senior Citizens Association in AGM held on 20.06.2016. The other elected members of the Managing Committee include Sushil Chandra, Vice President, Sarita Aggarwal, Secretary, Harnohinder Pal Singh, Treasurer, Nirmal Gupta, Joint Secretary and Dr. Ganeshi Lal Moondhra, Advisor.

-A report by Dr. BK. Maheshwari, President

Birthday celebration by SCWF - Rohini



Visit to Ponta Sahib (H.P.) by members of SCWF - Shalimar Bagh



40 members of Super Senior Citizens Welfare Forum, Shalimar Bagh visited to Ponta Sahib (H.P.) and Kurukshetra led by its **President, Hoshiar Singh.**

AGM of DAS SCWO-Dilshad Garden on 11.6.2016



Editorial Board of Elderly News : B.S. Yadav (Dwarka), P.D. Bathla (Rohini), Ved Prakash Gupta (Mayur Vihar), J.C. Narang (Tagore Garden), R.C. Sharma (Triveni) **Reporters :** Pratap Singh, Jai Singh, Gyan Singh Tokas, Smt. Kamlesh Popli & Mishri Lal Kaushik (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction. **E-mail:** guptaajr2005@gmail.com, **Web:** www.seniorcitizensdelhi.org



Daily Spiritual Discourses at Deer Park (7AM & 8AM) Pt. Baiju Nath (Bihar) from 16.07.16 to 31.07.16, Pt. Shital Prasad Vyas (Bhadoi) from 01.8.16 to 15.8.16 & Pt. Ram Gopal Tiwari (Chitrakoot) from 16.8.16 to 31.8.16. Also at Shiv Mandir, Green Park from 5.30 pm to 6.30 pm daily, Shri Ram Mandir, B5 Block, Safdarjung Enclave from 7.30 pm to 8.30 pm daily & Sadbhavana Satsang Mandal, DDA Flats, Munirka on every Sunday from 9.30 am to 10.30 am.

-H.D. RALHAN, Founder Member



APPEAL TO ENROLL LIFE SUBSCRIBERS of ELDERLY NEWS : Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, which is exempted under 80G of Income Tax Act 1961. **-L.R. Garg, EDITOR**



APPEAL FOR AFFILIATION WITH CONFEDERATION

Till Date 108 Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 11 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt., all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only.

-B.S. Yadav, Secy. General.

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for its members for the last 36 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash.

Please contact - 9810488059

-A.C. BANSAL, Executive Member

From Front Page : - Launching of SOS App



A Mobile App called the 'HelpAge SOS' App designed to help not just the victims of Elder Abuse, but also enable others – neighbors, friends, family and Samaritans access help easily. Functioning of the HelpAge SOS App The one-touch SOS button will connect to the local HelpAge India Elder Helpline. The Helpline staff will not just offer help and rescue, but also in cases required, connect to the Police, Hospitals, Old Age Homes and experts like Lawyers and Counselors. The App will offer ready access to information critical for elders on - Elder Abuse, legal rights, entitlements from the Govt., healthcare and maintenance tips, other schemes and facilities such as reverse mortgage, health insurance, pensions etc. The third feature would be information on market discounts available for senior citizens especially on the purchase of medicines, use of hospitals, path labs etc. To begin with, the App will be in English & Hindi on Android platform. J.R. Gupta, Chairperson, Confederation while giving the vote of thanks assured the audience that this SOS App would certainly be very useful to the senior citizens facing a number of abuses such as physical, emotional, economical, disrespect, verbal and neglect as incidents targeting senior citizens are increasing day by day.

-B.S. Yadav, Secy. Genl.

District Level Committee meeting of Delhi Police on 04/07/2016



Ms. Nupur Prasad, (Addl. DCP.) Mrs. Meenakshi Lekhi, MP
Ishwar Singh, DCP (South)

J. R. Gupta discussing with Ms. Nupur Prasad, (Addl. DCP.)

District level Committee meeting of South District, Delhi Police was held in the Conference hall in the office of D.C.P(South) which was chaired by Mrs Meenakshi Lekhi, M.P. in which Police officers of South District including RWA & Senior Citizens Associations participated. Shri Ishwar Singh, DCP (South), Ms. Nupur Prasad & Shri Sanjay Bhatia (Additional DCP) (South I & II) & ACP's / SHO's were present. J.R.Gupta, President of the Council raised common issues pertaining to South District which includes strengthening of visits at the residence of lonely senior citizens by beat constables regularly, CCTVs at places where crimes are frequently taking place, encroachment of foot paths and service lanes particularly from Bhikaji Cama Place to Lawn Tennis red light where more than 200 cars are parked by outsiders and residents of Safdarjung Enclave are being suffered due to unauthorized parking through out the day, shut down of liquor shops and replacement of LED Lights where they are not working as complaints to BSES and MCD are blaming to each other. Similar issues were also raised by other representatives in their respective areas of South District. Mrs Meenakshi Lekhi, MP, announced that CCTVs would be installed from her MP Lad Funds and would be released to DCP (South) who would identify the crime places and Ms. Nupur Prasad would be the nodal Officer. She would also coordinate complaints of non functional LED lights with the MCD as Chairman of South Zone MCD agreed to replace the same on receipt of complaints on priority basis. As far as liquor shops are concerned, it was decided that the action would be taken by Mrs Meenakshi Lekhi, MP, at the level of Lt. Governor Delhi on receipt of a resolution by respective RWAs/ Senior Citizens Associations across South District.

- EDITOR

Marriage Anniversary of Mrs. Sharda & Pradeep Vashisht



Mr Pardeep Vashisht & Mrs. Sharda Vashisht organized Sunder Kand Path at Deer Park on the occasion of their Marriage Anniversary on 11.6.16 which was recited by Mrs. Yashoda of R.K. Puram. The members of Senior Citizens Council of Delhi felicitated the couple & expressed their thanks for donating a sum of Rs. 1100/-. Prasad was also served by Vashisht Family.

- EDITOR

Health check up camp at Deer Park on 26/06/2016



Senior Citizens Council of Delhi organized health check up camp at Deer Park on 26/06/2016 in association with Max Hospital, Saket in which more than 120 senior citizens availed the facility at their door steps. The health check up included tests of ECG, MDI, blood and sugar and consultations by doctors for cardiology, dental and general diseases. J.R.Gupta, President of the Council thanked the doctors and staff.

- A report by : L.R. Garg, Secretary

Senior citizens meet new SHO Safdarjung Enclave on 14.6.2016



L to R :- Nand Arora, S.C. Kapoor, J.R. Gupta, S.C. Verma (SHO), Tej B. Khanna & Balram Singh

A 5 members delegation of Senior Citizens Council of Delhi led by its President J.R.Gupta meets Shri Suresh Chand Verma, new SHO, Safdarjung Enclave, who takes over yesterday evening. The other members of the delegation were S/Shri Sudhir Chandra Kapoor (Green Park), Tej Bhan Khanna, Nand Arora (Safdarjung Enclave) and Balram Singh (Arjun Nagar). The members discussed security issues of the senior citizens residing in the Safdarjung Enclave and adjoining colonies under his jurisdiction. Shri Verma assured the delegation members to strengthen the patrolling in the area and would instruct beat constables to visit lonely senior citizens regularly.

- A report by S.C. Kapoor

Yoga Day at Deer Park on 19/06/2016



Senior Citizens Council of Delhi organised Special Yoga Session at Deer Park on 19.06.2016 to celebrate the International Yoga Day in which more than 250 senior citizens participated. Eminent Yoga Specialist Shri Fateh Chand Verma of Narella demonstrated a number of yoga asanas which were repeated by the participants. He emphasized the need of regular yoga to become more active with sound health. Incidentally it may be pointed out that the regular Yoga

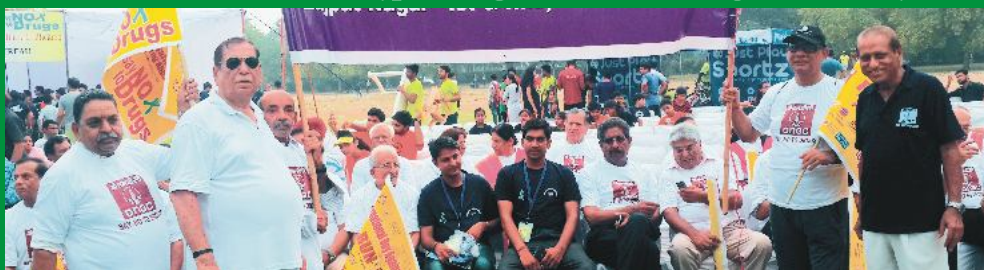


Felicitation of Fateh Chand Verma, Yoga Charya

exercise would help to cure certain ailments problem in body such as Nerves, Spinal, Brittleness, Pain in the back, Including flow of smooth breathing in addition to move ability and flexibility in the entire body etc. J. R. Gupta, President, thanked the Yoga Specialist and also advised the audience to do the yoga daily and regularly to remain fit. The function concluded with refreshments.

- A report by Gyan Singh Tokas

Activities of SCA-Lajpat Nagar-I&II on Drug Abuse Day



Yoga activities by Max Healthcare at Panchsheel Park on 25.6.2016



Max Healthcare panchsheel enclave, organized Yoga by Guruji Ganesh Achrya in which 50 members of the Senior Citizens Council of Delhi Participated.

Yoga Discussions by Varishta Mahila Kalyan Sanstha - Shalimar Bagh



Headed by its President Mrs. Maya Rani recently affiliated with the Confederation

Birthday celebrations by Moti Nagar SCCA



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392



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398



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393



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Shri Rajiv Kumar Goel,
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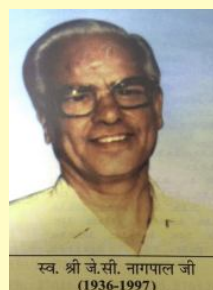
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Celebrations of Birthday By Silver CWA, Sector -13, Rohini



Elections of SVN, Shalimar Bagh

The elections of Sahyog Varishth Nagrik Manch, Shalimar Bagh was held on 20.6.2016 for the years 2016-2019. S/Sh. R.K. Nanda (President), K.N. Jha (Vice President), V.K. Agarwal (General Secretary), V.B. Bhaskar (Joint Secretary) & G.C. Jawa (Treasurer) were declared elected by the Returning Officer.
- As reported by : -V.K. Agarwal (General Secretary)



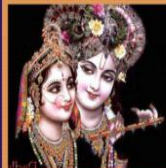
Sunder Kand Path on 01.08.2016

Senior Citizens Council of Delhi is to organize Sunder Kand Path on 01.08.2016 at Deer Park, between 6.30 am & 8.00 am followed by Prasad on the occasion of 19th anniversary of Late Sh. J. C. Nagpal, former Coordinator, Deer Park Satsang, All are cordially invited.

R.S.V.P. : EDITOR

राधे राधे

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❧ कार्यक्रम ❧

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कथा समय प्रातः 10.00 बजे से 12:00 बजे, सायं : 6:00 बजे से 8:30 बजे

पूर्णाह्ति एवं भण्डारा : 13.08.2016 रात्रि 8:30 बजे

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SPECIAL PROGRAMMES

- 01.8.16 : - Function at Deer Park in the memory of Late Sh. J.C. Nagpal including Sunder Kand Path on his 19th Anniversary, 7 am & onward.
- 15.8.16 : - Independence Day Celebrations including Kavi Sammelan.
- 23.8.16 : - Function at Deer Park in the memory of Late Sh. Bhagwan Das Kalra including Sunder Kand Path on his 4th Anniversary, 7am & onward.
- 25.8.16 : - Janamashtmi Celebrations including cultural programme by the artists of Mathura & Vrindavan at Central Park, DDA Flats, Munirka from 7.30 pm & onward.

All are cordially invited in all the above programmes
EDITOR