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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., DSLSA & SENIOR CITIZENS CELL OF DELHI POLICE

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AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 18 LAKH SENIOR CITIZENS)

VOL : 007

Issue No. : 73

MONTH : JANUARY 2020

Rs. 5/-

SENIOR CITIZENS THANKS THAWAR CHAND GEHLOT, UNION MINISTER FOR INTRODUCING AMENDMENT BILL ON MAINTENANCE ACT



L TO R :- VIMAL BHAN, DINESH SHARMA, THAWAR CHAND GEHLOT, J.R.GUPTA & V.K. PAHUJA

A 4 members delegation of Senior Citizens Council of Delhi met **Thawar Chand Gehlot, Union Minister**, Social Justice & Empowerment, Govt. of India on 02-01-2020 led by its President, J.R.Gupta. The members congratulated the Minister for introducing The Maintenance & Welfare of Parents & Senior Citizens Amendment Bill, 2019 in Lok Sabha on 11-12-2019 incorporating a number of provisions which would help 14 crores senior citizens of India, such as, removal of upper limit on the Maintenance fee of Rs.10,000/- per month. Expansion of term children by including step-children, adoptive children, children-in-laws, & legal guardian of minor children, time reduced to deposit Maintenance fee within 15 days of order instead of 30 days.

-Contd. on page 4 with more photo

SENIOR CITIZENS URGES A.K.SINGLA, ADDITIONAL CP (CRIME) TO CONVENE STATE LEVEL ADVISORY BODY MEETING OF DELHI POLICE



A 4 members delegation of Senior Citizens Council of Delhi met **Dr. A.K.Singla, Additional Commissioner (Crime)** on 01-01-2020 led by its President, J.R.Gupta. The other members were Dinesh Sharma, Vimal Bhan & V K Pahuja. The members brought to his notice that half yearly meeting of State Level Advisory Body Meeting of Delhi Police has not been convened so far as the same was due in the month of December, 2019 to discuss various issues of senior citizens concerning their security including life & property. He assured to convene the same during this month.

- A report by V K Pahuja

SHREYA ARORA MEHTA, SECRETARY, DLSA (SOUTH) SPREADS AWARENESS ABOUT THE FUNDAMENTAL DUTIES ON 07-01-2020 AT RECREATION CENTER



L to R : Ganesh Dass, Amar Bansal, Inder Mohan Bhalla, Mukesh Chaudhary, Shreya Arora Mehta & J.R Gupta (addressing)

Senior Citizens Council of Delhi organised Interaction Sessions on Legal Awareness on 07-01-2020 in the presence of more than 200 Council/Confederation members from across Delhi at its Recreation Center, Green Park Extension. On this occasion, New Year was also celebrated by reciting melody songs by the eminent artists headed by Dr. Ganesh Dass Arora & his team, which was enjoyed by all present and also exchanged New Year Greetings with each other. Mrs. Manjula Aggarwal, introduced the Chief Guest **Ms. Shreya Arora Mehta, Secretary, South Delhi Legal Services Authority (Delhi Judicial Service Officer)** -Contd. on page 3

STATUS OF THE SUPREME COURT HEARING ON ELDERLY ISSUES ON THE WRIT PETITION FILED BY DR. ASHWANI KUMAR, SENIOR ADVOCATE



On behalf of Help Age India and Confederation of Senior Citizens Associations of Delhi including ISU3A. J.R. Gupta attended the hearing on 13-12-2019 in Supreme Court of India along with **Dr. Ashwani Kumar, Senior Advocate** & the case was listed in Court No-1 as Item No-4. Ld. Additional Solicitor General of India on behalf of Ministry of Social Justice & Empowerment, Govt. of India informed the Hon'ble Court that Govt. has already complied with the following directions of Hon'ble Supreme Court dated 13-12-2018 on Elderly Issues. :- 1. The Union of India will obtain necessary information from all the State Governments and the Union Territories about the number of old age homes in each district of the country and file a Status Report in this regard. 2. The Union of India will also obtain from all the State Governments the medical facilities and geriatric care facilities that are available to senior citizens in each district and file a Status Report in this regard.

Contd. on page 4 with more photos

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ELDERLY NEWS WISHES ITS READERS HAPPY LOHRI & MAKAR SANKRANTI, REPUBLIC DAY & BASANT PANCAHMI

CONFEDERATION NEWS

HEALTH CARE NEEDS FOR ELDERLY



An elderly person has to face manifold challenges, including physical, mental emotional, social and financial. He is always worried about social security. As one grows both the physical and mental faculties face a downward trend. The person is more prone to fall prey to various types of diseases. Most of these diseases are of degenerative nature and thus are of chronic nature. List of the risks including illnesses, disorders, ailments, maladies and diseases associated with old age is quite long. Elderly age group is a challenging period in one's life. Feeling of dependence on children for many day to day needs is difficult to accept. Financial deprivation adds up to the difficulties. Situation gets worsen if the family is uncaring and neglecting the elderly. In our country where the social security net is very poor, elderly people face great difficulties as far as healthcare is concerned. To ameliorate the situation several steps have to be taken. Elderly need compassion. They need emergency care sometimes repeatedly. Confederation of Senior Citizens Associations of Delhi (an umbrella body of 18 Lakh senior citizens) has demanded to both Central Govt. as well as Delhi Govt. to strengthen Health care for the elderly on urgent basis.

-L.R. GARG, EDITOR

BIRTHDAYS CELEBRATED OF ITS 105 MEMBERS BY MOTI NAGAR SCCA ON 28.12.2019



Moti Nagar SCCA celebrated birthdays of its 105 members on 28.12.2019 at Recreation Centre, which was Chaired by Moti Nagar Nigam Parshad, Shri Vipin Malhotra & its President Shri Subhash Sharma, Advocate & Secretary. The program started with songs, gazals, poems, bhajans, etc., and then cake was cut and after wishing the present members Happy Birthday, the meeting came to an end with delicious lunch.

-A report by Subhash Sharma, President

BIRTHDAYS CELEBRATED OF ITS MEMBERS BY GULMOHAR JOURNALISTS' COLONY SCF



GPJCSCF bade farewell to 2019 & ushered in the coming year 2020 by arranging a variety cultural program on December 27, 2019. Mr. Vijay Sharma & his wife Ms. Veena Sharma regaled the festive audience with melodious songs which were appreciated by all. Members also chipped in with songs, poems & shayri. A cake was cut & all wished the December born members many many happy returns of the day.

-A report by Vimal Bhan

SENIOR CITIZENS MEETS MADHUP VYAS, SECRETARY, SOCIAL WELFARE DEPARTMENT, DELHI GOVT.



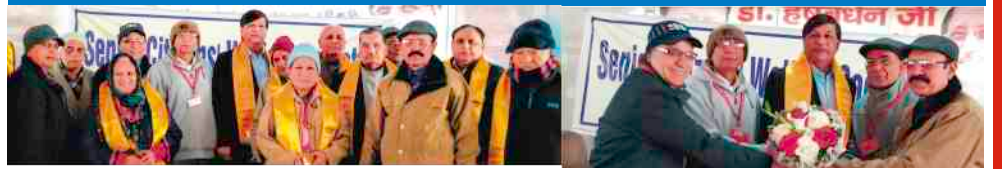
A 6 members delegation of Senior Citizens Council of Delhi/Confederation led by its President, J.R.Gupta met **Sh. Madhup Vyas, Secretary, Social Welfare Department, Delhi Govt.** on 01-01-2020 in his office and extended congratulations on his joining as Secretary including New Year greetings. The other members were Dinesh Sharma, Vimal Bhan, Bihari Lal, V K Pahuja & B S Thakur. He assured to expedite any pending issues concerning senior citizens in his department. Later on the members also met **Rajeev Saxena, new Dy. Director, Social Welfare** who also assured to clear all the pending files of Recreation Grants by 31-01-2020 including new cases.

-A report by B S Thakur, Genl Secy., East Vinod Nagar, SCA

BIRTHDAY CELEBRATION & NEW YEAR ON 31.12.2019 BY SVNM CC BLOCK, SHALIMAR BAGH



FOUNDATION DAY & BIRTHDAYS CELEBRATION BY SCWS-SHALIMAR BAGH



On 12th December, 2019 a Health Talk on 'Hearing Loss in Elderly', by Dr. Vedit Tripathi took place at Fortis Hospital, Shalimar Bagh. FOUNDATION DAY of the Society celebrated with great enthusiasm. Shri Mukesh Bandhu, who mooted the idea to create this Society, was the Chief Guest on this occasion. Capt Chander Sachdev, President welcomed the Chief Guest and presented him a buke of flowers. A poem presented by Smt Hitesh Luthra concerning the Foundation Day was appreciated by all. Also celebrated Birthdays of Members born in the month of December. Capt Sachdev greeted each member and handed over gifts to them on behalf of the Society.

-A report by P P Tuteja, Genl. Secy.

BIRTHDAY CELEBRATION BY SCWA - ROHINI, SECTOR 13



SCWA - Rohini, Sector-13 celebrated 80th birthday of R.K. Katyal & felicitated him with a Shawl in his honour.

-A report by D. K. Mehra

JOINT BIRTHDAYS CELEBRATED BY SCF-ROHINI SECTOR-18 ON 15-12-19



EK SHAAM BUJURGO KE NAAM AT RECREATION CENTER ON 26-12-2019



Senior Citizens Council of Delhi organised **2ND EK SHAAM BUJURGO KE NAAM** at its Recreation Center, Green Park Extension on 26-12-2019 in the presence of more than 150 senior citizens. Eminent singer Dr. Ganesh Dass and his team including Ms. Dina Das, Umesh Thapliyal & Umesh Kaushik recited many religious & melody songs which were appreciated by all present. **H.E. Maj. Gen V.Namgyel, Ambassador of Bhutan in India** was Chief Guest who spoke about various benefits being provided to senior citizens by Bhutan Govt. J.R.Gupta, President felicitated the Chief Guest with other members followed by refreshments.

-EDITOR

Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), Vimal Bhan, R.K. Singhal, Amar Chand Bansal & Mrs. Pushpa Mishra, Reporters : Pratap Singh, Mrs. Manjula Aggarwal, Gyan Singh Tokas & (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction.
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Daily Spiritual Discourses at Deer Park (7AM & 8AM) Pt. Sandeep Tripathi (Sultanpur) from 16.01.2020 to 31.01.2020, Pt. Shiv Shanker Upadhyay (Vrindavan) from 01.02.2020 to 15.02.2020 & Pt. Sachidanand Tripathi (Banaras) from 16.02.2020 to 29.02.2020. Also at Shiv Mandir, Green Park from 5.15 pm to 6.15 pm daily, Shri Ram Mandir, B5 Block, Safdarjung Enclave from 7.00 pm to 8.00 pm daily, Sadbhavana Satsang Mandal, DDA Flats, Munirka on every Sunday from 10.00 am to 11.00 am & **RECREATION CENTRE, GREEN PARK EXTENSION DAILY FROM 3.30PM TO 4.30PM.**

-H.D.RALHAN, Founder Member



APPEAL TO ENROLL LIFE SUBSCRIBERS OF ELDERLY NEWS : Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, which is exempted under 80G of Income Tax Act 1961.

-L. R. Garg, Secretary



APPEAL FOR AFFILIATION WITH CONFEDERATION

Till Date **137** Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 11 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt., all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only.

-B.S. Yadav, Secy. General

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for its members for the last **39 years**. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash including 1 photo with Rs. 500/- for Elderly News as life subscriber. **The Payment is also exempted under 80G of Income Tax Act. 1961.**

-A.C. BANSAL

JOINT BIRTHDAY CELEBRATIONS AT RECREATION CENTER, GREEN PARK EXTENSION ON 29-12-2019



Senior Citizens Council of Delhi organised Joint Birthday Celebrations on 29-12-2019 at its Recreation Center, Green Park Extension in which 13 members whose Birthday falls in the month of December, 2019 were felicitated with flowers, shawl and a gift as a token of respect and regards by **Chief Guest Mrs. Meenakshi Lekhi, MP (Lok Sabha)** in the presence of

more than 150 senior citizens. She also read Fundamental Duties of citizens under Constitution of India and requested to follow the same in a letter & spirit. J.R.Gupta, President along with other members felicitated Chief Guest and exchanged birthday greetings to concerned each person followed by refreshments.

- A report by Mrs. Manjula Aggarwal

FROM FRONT PAGE : - SHREYA ARORA MEHTA, SECRETARY, DLSA (SOUTH) ...



by reading about her achievements in Judicial carrier, which was appreciated. Chief Guest addressed the senior citizens and made them aware of their Fundamental Duties under Constitution of India and its importance in day to day living. The session was concluded with reading of Preamble of Constitution of India by her and pledged to abide to the Constitution and to perform Fundamental Duties. J.R.Gupta, President, briefed about the various free facilities being provided to the senior citizens on daily basis in the Center, which was also appreciated by the Chief Guest. **Sh. Inder Mohan Bhalla**, based at Hyderabad has been elected new

President of AISCCON and he was in Delhi to attend a meeting convened by National Human Rights Commission and also visited the Recreation Center. He also speaks about AISCCON activities in detail & appreciated the efforts of Council for providing various free facilities to senior citizens on daily basis. J.R.Gupta & other members felicitated Chief Guest with shawl, patka & memento including Advocate Mukesh Chaudhary & Sh. Inder Mohan Bhalla with shawl and patka. J.R.Gupta thanked the Chief Guest for providing legal awareness in detail. He also thanked Mr. Bhalla for visiting the Center followed by heavy refreshments.

- A report by Mrs. Manjula Aggarwal

15 COUNCIL MEMBERS PARTICIPATED IN NATIONAL DAY OF BHUTAN ON 17-12-2019



15 members of Senior Citizens Council of Delhi participated in National Day of Bhutan at Royal Bhutanese Embassy, New Delhi on 17-12-2019 and met Hon'ble Prakash Javadekar, Union Minister for Environment & H.E. Maj. Gen. V. Namgyel, Ambassador of Bhutan to India followed by dinner. The members also requested Ambassador to visit our Recreation Center on any working day during the month of December, 2019 who accepted the invitation.

- A report by Mrs. Manjula Aggarwal

NEW YEAR CELEBRATIONS AT DEER PARK SATSANG ON 01-01-2020



Senior Citizens Council of Delhi celebrated New Year at Deer Park Satsang on 01-01-2020 in the presence of more than 200 senior citizens including 50 members from SCA Tagore Garden. On this occasion, Sunderkand Path was organised by Mrs. Yashodha and her team with the support of Monti Family followed by heavy refreshments. **Sh. S.S.Monti and Mrs. Renu Monti** were also felicitated by the members. New Year Greetings were exchanged by all members present with each other.

- A report by Gyan Singh Tokas

QUARTERLY MEETING OF CONFEDERATION HELD ON 14-12-2019 AT SHALIMAR BAGH



Quarterly Meeting of Confederation of Senior Citizens Associations of Delhi (an umbrella body of 18 Lakh senior citizens) was hosted by Sh. Hoshier Singh, President, Super SCA, U&V Block, Shalimar Bagh on 14-12-2019 in which large number of members participated. J.R.Gupta briefed the members about last meeting held with **Sh. Rajendera Pal Gautam, Social Welfare Minister, Delhi Govt.** and advised all SCAs to approach Delhi Gate Office for seeking any objection, in case they have not received Recreation Grant for the First Half yearly grant by December, 2019. He also informed that 24 new SCAs have been identified by SW Department and concerned members may inquire their cases, in case there is any objection. The Minutes of the meeting are yet to be issued, Meeting ended with vote of thanks followed by lunch.

- A report by B.S.Yadav, Secretary General

COUNCIL ORGANISES SPECIAL SUNDERKAND PATH AT DEER PARK SATSANG ON 15-12-2019



Senior Citizens Council of Delhi organised Special Sunderkand Path recited by Mrs. Yashoda & her team on 15-12-2019 at Deer Park Satsang Sthal in the presence of more than 200 senior citizens. 50 members from SCA Mehrauli also participated by bus which was provided by the Council. The new President Sh. O.P.Rohilla was also felicitated by the members including Mrs.Yashoda followed by refreshments.

- A report by Gyan Singh Tokas

SUNDERKAND PATH AT RECREATION CENTER ON EVERY TUESDAY MONTH OF DECEMBER, 2019



Senior Citizens Council of Delhi has been organising Sunderkand Path on every Tuesday at its Recreation Center, Green Park Extension. A special Sunderkand Path was organised on 17-12-2019 with the support of Mrs. Prabha Sahni. She was also felicitated by the members of the Council followed by prashad.

- A report by Manjula Aggarwal

FREE LEGAL CONSULTATIONS BY ADVOCATE DEPUTED BY DLSA SAKET COURT - MONTH OF DECEMBER, 2019



With the support of **Delhi State Legal Services Authority (South District)**, during the month of December, 2019, Advocates Pankaj & Harpal Singh visited Recreation Center, Green Park Extension on every Tuesday and rendered free Legal advice sought by members of Senior Citizens Council of Delhi. J.R. Gupta, says that more and more members are coming forward to avail this free unique facility at their door steps and waiting for their turn on coming Tuesdays. So far, more than **1400 senior citizens** have benefited in sorting out their petty matters and also by creating awareness among other senior citizens in the adjoining colonies.

-Manjula Aggarwal

HEALTH CHECKUP CAMP AT RECREATION CENTER, GREEN PARK EXTENSION ON 21-12-2019



Senior Citizens Council of Delhi organised free Health Checkup Camp at its Recreation Center, Green Park Extn. on 21-12-2019 in association with VIMHANS Nayati Super Speciality Hospital, Delhi in which more than 150 senior citizens availed free facilities like ECG, B.P., Blood Sugar, Bone Test including free consultations by doctors of heart & joint-knee specialists followed by refreshments.

- A report by Mrs. Manjula Aggarwal

CULTURAL PROGRAMME BY L.R. SARASWATI VIDYA NIKETAN SCHOOL AT RECREATION CENTER ON 21-12-2019



School Children of L.R.Saraswati Vidya Niketan, Green Park Extension performed Cultural Programme at Recreation Center, Green Park Extension on 21-12-2019 in the presence of more than 150 senior citizens and school children including eminent personalities like Jagat Prakash Gupta, Chairman, Hari Shankar Gautam, Manager, Virender Pratap Singh, Manager & Ms. Jyoti Chhabra, Principal. The performance of children was very much appreciated by all present. J.R.Gupta, President felicitated all the guests followed by refreshments. **- A report by Manjula Aggarwal**

FROM FRONT PAGE : - SENIOR CITIZENS THANKS THAWAR CHAND GEHLOT ...

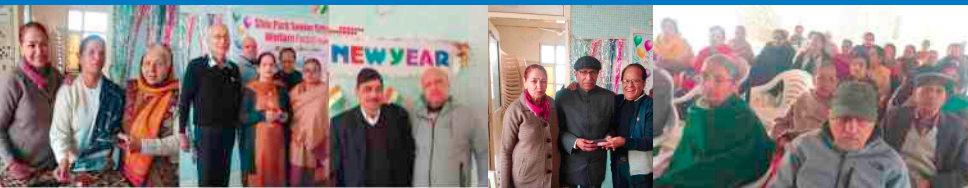


Failure to pay of such fee, increase of penalty & imprisonment between 3 & 6 months or fine of Rs.10,000/- or both, Maintenance fee would be ordered within 90 days from the date of receipt of the application instead of date of service of notice by Tribunal Court. In case of senior citizens 80 years and above time limit is only upto 60 days. Confederation of Senior Citizens Associations of Delhi has hailed the aforesaid bill. Later on members also met Ms. Upma Srivastava, Additional Secretary & extended New Year Greetings. **- A report by B.S.Yadav, Secretary General**

PARTICIPATION OF 30 MEMBERS OF COUNCIL IN TV LOK SABHA CHANNEL ON 03-01-2020



BIRTHDAY CELEBRATIONS BY SHIV PARK SCWF - SHALIMAR BAGH ON 05.01.2020



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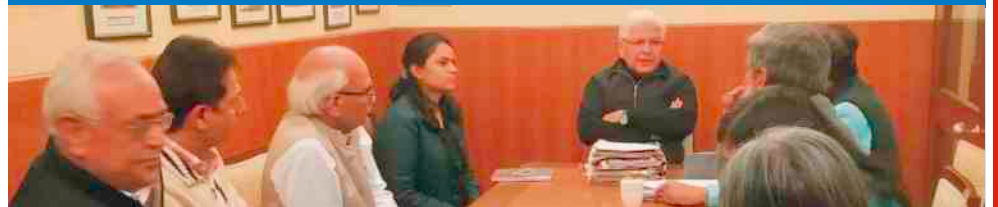
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Sh. Bhushan Kumar Garg,
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FROM FRONT PAGE : - STATUS OF THE SUPREME COURT HEARING ...



3. On the basis of the information gathered by the Union of India as detailed in the Status Reports, a plan of action should be prepared for giving publicity to the provisions of the MWP Act and making senior citizens aware of the provisions of the said Act and the constitutional and statutory rights of senior citizens. 4. Section 30 of the MWP Act enables the Government of India to issue appropriate directions to the State Governments to carry out and execute the provisions of the MWP Act. The Central Government must exercise its power in this regard and issue appropriate directions to the State Governments for the effective implementation of the provisions of the MWP Act. Alongside this, the Central Government must, in terms of Section 31 of the the MWP Act, conduct a review for the purposes of monitoring the progress in implementations of the MWP Act by the State Governments. 5. Some of the schemes referred to hereinabove are comparatively dated. It is high time that the Government of India has a relook at these schemes and perhaps overhaul them with a view to bring about convergence and avoid multiplicity. In particular, the Government of India and the State Governments must revisit the grant of pension to the elderly so that it is more realistic. Of course, this would depend upon the availability of finances and the economic capacity of the Government of India and the State Governments. Beside this, Additional Solicitor General of India also submitted his written submissions in seven pages. From the perusal of reply, it was find mentioned therein that Govt. has also filed Status Report in the Supreme Court on 16-04-2019. The copy of the said report is being called from Dr. Ashwani Kumar, Senior Advocate. Earlier, J.R.Gupta, briefed Dr. Ashwani Kumar, Senior Advocate in a preliminary meeting convened at his residence on 11-12-2019 with Mr. Mathew Cherian ,CEO, Help Age India . Next hearing would be held in the last week of February, 2020. **- A report by V.K. Pahuja**

18 MEMBERS OF COUNCIL PARTICIPATED IN RAJYA SABHA TV CHANNEL ON 28-12-2019



18 members of Senior Citizens Council of Delhi participated in Debate on Joint & Nuclear Families on 28-12-2019 at Rajya Sabha TV Channel followed by refreshments. **- A report by Manjula Aggarwal**

GRACEFUL AGEING CONFERENCE AT HARIDWAR ON 29-02-2020, 01 & 02-03-2020

Interested members of Council/Confederation/ISU3A are requested to confirm their participation on priority basis on first come first served basis, after booking their tickets in Dehradun Shatabdi for 29-02-2020 morning & 02-03-2020 evening back as per details already uploaded on the website: www.seniorcitizensdelhi.org. The Council has decided to bear a sum of Rs. 750/- per person as a special case to motivate large number of participation.

-EDITOR

SPECIAL PROGRAMMES AT RECREATION CENTER, GREEN PARK EXTENSION

Free Consultation on Legal Matters by an Advocate & Sunderkand Path on Every Tuesday from 2pm to 4pm
Free Homeopathy Dispensary/Physiotherapy:- Every Tuesday, Thursday and Saturday from 1.30pm to 3.30pm
14-01-2020 : Distribution of blankets to poor elderly at Deer Park Satsang at 8 am.
30-01-2020 : Joint Birthday Celebrations of Council Members (enrolled upto 31-12-2019), if confirmed on or before 20-01-2020 from 2:00 pm to 3:30 pm followed by heavy refreshments.
18-02-2020 : Special Satsang by Swami Nityanand Saraswati ji Maharaj (Haridwar) from 2 :30 pm to 3:30 pm followed by refreshments.
21,22 & 23.03.2020 : ISU3A National Seminar on Ageing Issues at GOA, For details contact at 9810488059

-EDITOR