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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

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DAILY FREE VARIOUS FACILITIES FOR SENIOR CITIZENS IN RECREATION CENTER, GREEN PARK EXTENTION FROM 12.30 NOON TO 5.00 PM

AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 11 LAKH SENIOR CITIZENS)

VOL : 006

Issue No. : 62

MONTH : FEBRUARY, 2019

Rs. 5/-

SENIOR CITIZENS MEETS N.D.GUPTA, MP (RAJYA SABHA) ON 25-01-2019



5 members delegation of Senior Citizens Council of Delhi led by its President, J.R.Gupta, met **N.D.Gupta, MP (Rajya Sabha)** on 25-01-2019 at his residence in Gulmohar Park. The other members were L.R.Garg, Subhash Saluja, I.G.Bhardwaj, and Yogendera Sahai. The delegation members extended invitation to grace the function on Republic Day but due to busy schedule, he assured to visit Recreation Center or Deer Park soon. - **EDITOR**

SENIOR CITIZEN GETS HIS LOST PURSE IN TRAIN CONTAINING RS.37,000/- CASH WITH THE ALERTNESS OF GRP JODHPUR



A delegation of 28 members of Senior Citizens Council of Delhi led by its President, J.R.Gupta, boarded Jaisalmer Express (Train No. 14659) on the evening of 19/01/2019 and reached Jodhpur Railway Station on 20-01-2019 at 5:50 am.

Thereafter, all were taken to Aggarwal Bhawan

for bath and breakfast. Sh.Gyan Singh Tokas forget to take his purse containing Rs. 37,000/- in cash, driving license and voter id card, which was placed by him under the pillow on his seat B-2/34 during night. He remembered at 8 am about his purse and informed the incident to J.R.Gupta. Both reached Government Railway Police Thana, Jodhpur and met Mr. Santosh Barupal, constable on duty including Mr.Manna Ram, constable & narrated the incident in detail. - **Contd. report on Page 4**

TRAVEL AGENT CHEATS RS.11,52,800/- FROM 36 MEMBERS OF SCA KALKAJI WHO PLANNED TO VISIT SINGAPORE

Sh. Y.N.Sharma, President, SCA Kalkaji approached the Confederation on 09-01-2019 regarding cheating of **Rs.11,52,800/-** at the hands of Mr.Aditya Bagai, Travel Agent who was to organize Singapore Tour for his 36 members, which was scheduled in the month of October, 2018 but could not be conducted. The matter was taken up with the Commissioner of Police by name on the same day for taking legal action on priority basis. Only a sum of Rs. 3,00,000/- has been recovered so far. The SCA members are advised to be more careful while selecting tour operators, as there was an another incident happened with SCA Dwarka in March, 2018 where 64 senior citizens were cheated for **Rs.17.99 Lakh** for Dubai Tour. - **EDITOR**

SUPREME COURTS ISSUES DIRECTIONS TO GOVT. OF INDIA AND STATE GOVERNMENTS ON THE RIGHTS OF SENIOR CITIZENS



In the writ petition no-193 of 2016 filed by Ashwani Kumar, Advocate, Supreme Court has called for status report on 13-12-2018 from Govt. of India and State Govts. on the rights of senior citizens on or before 31-01-2019 on following points :-

1. **The Union of India** will obtain necessary information from all the State Governments and the Union Territories about the number of old age homes in each district of the country and file a Status Report in this regard.
2. **The Union of India** will also obtain from all the State Governments the medical facilities and geriatric care facilities that are available to senior citizens in each district and file a Status Report in this regard.
3. **On the basis of the** information gathered by the Union of India as detailed in the Status Reports, a plan of action should be prepared for giving

More report on page 4

MINISTRY WOULD CONSIDER SENIOR CITIZENS APARTMENTS INPLACE OF OLD AGE HOME SAYS NILAM SAWHNEY, SECRETARY, MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA



Mrs. Nilam Sawhney, IAS, Secretary, Ministry of Social Justice & Empowerment, Govt. of India along with Surender Singh, Joint Secretary, T.P.Madhu Kumar, Dy. Secretary, visited Recreation Center of Senior Citizens Council of Delhi at Community Center, Green Park Extension, on 17-01-2019 as Chief Guest. While welcoming, all the guests and members of Council and Confederation, who took part in a very large number, J.R.Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi briefed about long association with the Ministry and suggested that Old Age Home concept should be replaced with senior citizens apartments having Recreational Activities. - **Contd. on page 4 with more photos**

COUNCIL EXTENDS MORAL SUPPORT AND LEGAL GUIDANCE TO SENIOR CITIZEN



Sh. Nand Kishore Gangwal, aged 60, resident of Nagin lake Apartments, Peera-garhi, Paschim Vihar, approached the Council with a complaint against his younger son Jai Kumar, who has been continuously assaulting abusing. His case was referred on 18-07-2018 to Commissioner Police for taking legal action. No further complaint has been received. - **EDITOR**

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ELDERLY NEWS WISHES ITS READERS BASANT PANCHMI, MAHA SHIV RATRI & HOLI

CONFEDERATION NEWS

TIME BANK SCHEME



L.R. Garg

A core group of the National Human Rights Commission (NHRC) on disability and elderly persons has recommended that India should adopt "Time Bank" scheme designed and launched by Switzerland to provide care for elderly living alone and without any family support. The scheme works in such a way that the people volunteer their time to take care of elders in need and in return every hour spent in the service of lonely elder is deposited into their personal account in the Social Security System. When they grow old, they can access their "Time Bank" to get a volunteer to take care of them. Further, the core group of NHRC has advised the Central Govt. to increase its contribution to the old age monthly pension scheme for elders from Rs.200/- to Rs. 2,000/- and cover them under the Ayushman Bharat Scheme. The core group has also advised the Govt. of India to use CSR funds from corporate companies to build elderly homes and appoint a Nodal Police Officer in every Police Station to tackle issues faced by elders living alone.

- EDITOR

REPUBLIC DAY CELEBRATED BY SCWS - SHALIMAR BAGH



Senior Citizens Welfare Society, Shalimar Bagh celebrated Republic Day with great enthusiasm. Members of the Society, who have served in Armed Forces and Veteran members having completed 80 years of age were felicitated. A very lively Cultural programme on theme Patriotism mesmerized all.

-A report by Capt. Chander Sachdev, Genl. Secy.

70TH REPUBLIC DAY CELEBRATION BY SCWA, ROHINI, SECTOR-13



BIRTH DAY CELEBRATIONS BY SVN M SHALIMAR BAGH CC BLOCK



JT. BIRTHDAY CELEBRATION BY SCF, PE, SEC-18, ROHINI ON 27-01-2019



GOVERNING BODY MEETING OF CONFEDERATION ON 03-02-2019



Quarterly Meeting of Governing Body of Confederation of Senior Citizens Associations of Delhi (an umbrella body of 11 lakh senior citizens), was hosted by SCA, Lajpat Nagar- I & II on 03-02-2019. The meeting was commenced with Gayatri Mantra. Sh R P Kapoor, President (host) welcomed all. Sh.H.P.Nagpal, President, Mianwali Nagar SCA, joined Confederation and he was welcomed by all. The meeting concluded, followed by delicious lunch.

-A report by R.P. Kapoor, President

NEW EXECUTIVE BODY OF SCWA VIKAS PURI

Vipin Kapoor, President, **R P Singh**, Sr. Vice President, **S N Sharma**, Vice President, **R C Jain**, General Secretary, **Raj Kanwar**, Secretary, **Harish Gupta**, Cultural Secretary, **Dilbagh Rai**, Treasurer.

-As reported by RC Jain, General Secretary

REPUBLIC DAY CELEBRAED BY VARISHTH MAHILA KALYAN SANSTHAN, SHALIMAR BAGH



ACTIVITIES BY DAS CSWO, PKT-B, DILSHAD GARDEN



A Digital Awareness Programme Organized by HelpAge India by expert representative at its Recreation Center from 11.00 a.m. onwards A large number of Member were present. All of the Members enjoyed very well. Refreshment was also served.

-A report by K.N.Chhabra, President

REPUBLIC DAY CELEBRATION BY SENIOR CITIZENS FORUM KAILASH HILLS



Senior Citizens Forum Kailash Hills Celebrated the 70th Republic day. Small children sang patriotic songs. Seniors informed the gathering about importance of Republic Day. Chairman Sh. H. C. Goel, General Secretary & Sh. Arun Soin thanks the gathering.

-A report by Arun Soin, Genl. Secy.

DENTAL CHEKUP CAMP BY JODHNA SENIOR CITIZENS SOCIETY - JODHPUR



महाराजा श्री गजसिंह जी के दांतों की जाँच करते हुए

हिज हाईनेस महाराजा हनवन्तसिंहजी चेरिटेबल ट्रस्ट, मेजर महाराज हरीसिंह जी बेनीफिट ऑफ डिफेंस सर्विसेस पर्सनल चेरिटेबल ट्रस्ट, जोधाणा सीनियर सिटीजन्स सोसायटी, व्यास डेंटल कॉलेज एण्ड हॉस्पिटल, ताराबाई देसाई नेत्र चिकित्सालय एवं लॉयन्स क्लब जोधपुर जोधाणा के संयुक्त तत्वावधान में निःशुल्क नेत्र एवं दन्त चिकित्सा शिविर का आयोजन दिनांक 25 जनवरी 2019 को जोधपुर से 60 किमी. दूर सरदार समंद गाँव में किया गया।

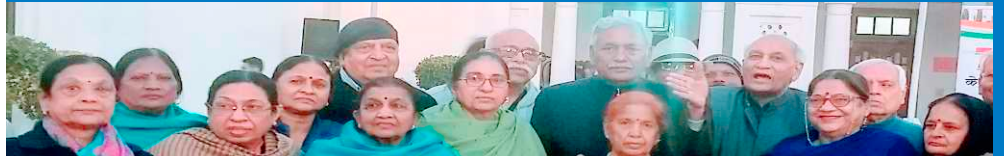
इसमें लगभग 300 मरीजों का उपचार किया गया। इस शिविर में पूर्व नरेश श्री गजसिंह जी एवं महारानी साहिबा श्रीमती हेमलता जी भी शामिल हुए। जोधाणा सीनियर्स सिटीजन्स की तरफ से संस्थापक-अध्यक्ष श्री रामराज जी भण्डारी, श्री प्रेमसुख जी डागा, डॉ. आर.पी. आर्य एवं श्री अजीतराज जी भण्डारी ने भाग लिया।

-A report by Ram Raj Bhandari.

BIRTHDAY CELEBRATION BY SCWA - ROHINI, SECTOR-13



80 MEMBERS OF COUNCIL VISITED DELHI VIDHAN SABHA ON 26.01.2019



On the invitation from Ram Niwas Goel, Speaker, 40 members of Senior Citizens Council of Delhi led by its President, J.R.Gupta participated in Republic Day Celebrations at Delhi Vidhan Sabha. Bus was provided by the Council. The members enjoyed the Military Band, Patriotic songs and lighting on Vidhan Sabha building. Ram Niwas Goel welcomed all the members, followed by refreshments.

-EDITOR

Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), J.C. Narang (Tagore Garden), Dinesh Kumar Sangal (Arjun Nagar) Reporters : Pratap Singh, Mrs. Manjula Agarwal, Gyan Singh Tokas & (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction. E-mail: guptajr2005@gmail.com, Web: www.seniorcitizensdelhi.org.



Daily Spiritual Discourses at Deer Park (7AM & 8AM) Pt. Kaushal Kishore Mishra (Shrawati, U.P.) from 16.02.19 to 28.02.19, Pt. Dinesh Pandey (Shivan) from 01.03.19 to 15.03.19 & Acharya Mahender Mishra (Chitrakoot) from 16.03.19 to 31.03.19 & Also at Shiv Mandir, Green Park from 5.00 pm to 6.00 pm daily, Shri Ram Mandir, B5 Block, Safdarjung Enclave from 7.00 pm to 8.00 pm daily, Sadbhavana Satsang Mandal, DDA Flats, Munirka on every Sunday from 10.00 am to 11.00 am & **RECREATION CENTRE, GREEN PARK EXTENSION DAILY FROM 3.15 PM TO 4.15 PM**

-H.D. RALHAN, Founder Member



APPEAL TO ENROLL LIFE SUBSCRIBERS OF ELDERLY NEWS : Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, which is exempted under 80G of Income Tax Act 1961.

-L.R. Garg, Secretary



APPEAL FOR AFFILIATION WITH CONFEDERATION

Till Date 135 Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 11 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt., all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only.

-B.S. Yadav, Secy. General

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for its members for the last 38 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash including 1 photo with Rs. 500/- for Elderly News as life subscriber.

-A.C. BANSAL

70TH REPUBLIC DAY CELEBRATIONS AT RECREATION CENTER, GREEN PARK EXTENSION ON 26-01-2019



Senior Citizens Council of Delhi organised Republic Day Celebrations at its Recreation Center, Green Park Extension on 26-01-2019 in the presence of large number of senior citizens. On this occasion, National Anthem was recited by all present. J.R.Gupta, President administered an oath that we will create awareness on cleanliness drive in our respective colonies under

Swachh Bharat Abhiyan. Female/Male Senior Citizens sing patriotic songs including Antakshri. Mrs. Naresh Rani Gursej along with her husband Shri Hari Singh Gursej performed a haryanvi dance, followed by refreshments. Stage was well managed by Mrs. Manjula Aggarwal.

-A Report by D.K. Sangal, Incharge

JOINT BIRTHDAY CELEBRATIONS AT RECREATION CENTER, GREEN PARK EXTENSION ON 26-01-2019



Senior Citizens Council of Delhi organised Joint Birthday of its 24 members on 26-01-2019 at Recreation Center, Green Park Extension in the presence of more than 200 members. On this occasion 4 poets namely Kalam Bharti,

Yashpal Yash, Sunehri Lal Verma and Preeti Biswas recited patriotic poems, which was enjoyed by all present. Each member was felicitated by flowers, shawl and gift as a token of respect and regards, followed by refreshments.

-A report by Manjula Agarwal

MRS. KAILASH GUPTA, LIFE MEMBER FELICITATED ON HER BIRTHDAY AT RECREATION CENTER ON 01-02-2019



DISTRIBUTION OF BLANKETS TO NEEDY POOR AT DEER PARK SATSANG ON 15-01-2019



Senior Citizens Council of Delhi distributed **275 blankets** to needy poor persons at Deer Park on the occasion of Makar Sankranti on 15-01-2019 in the presence of large number of senior citizens. Such distribution has been continuously arranged by the Council for the last 15 years regularly in order to help the needy persons & save them from very cold weather. **-EDITOR**

28 MEMBERS OF COUNCIL VISITED RAJASTHAN FROM 19-01-2019 TO 23-01-2019



On the invitation extended by Sh. Ram Raj Bhandari, Founder President, Jodhana Senior Citizen Society, Jodhpur, 28 members of Senior Citizens Council of Delhi led by its President, J.R.Gupta, visited Jodhpur, Mandoli, Bhinmal, Ranakpur, & Pavapuri from 19-01-2019 to 23-01-2019. The members boarded in Jaisalmer Express Train on 19-01-2019 & reached Jodhpur Railway Station at 5:50 am on 20-01-2019 and were honoured with flower garlands by Ram Raj Bhandari, Dulichand Aggarwal, & Purushottam Das Leela and escorted to Aggarwal Bhawan for breakfast. Prem Sukh Daga and Kailash Mal Bhandari also accompanied with the delegation members by bus and visited many historical and religious places in and around Mandoli, Bhinmal, Ranakpur, Jodhpur and Pavapuri. The members had darshans of various Jain Temples, Surya Mandir etc including Sundha Mata Mandir through ropeway, The members enjoyed themselves during Bus yatra by singing songs, antakshri and including jokes by Prem Sukh Daga. The members were stayed in AC rooms. In Pavapuri, art gallery based on Jainism with video film on the various activities were also a part of visit including Gaushala, where, members donated Goggrass. The members were taken back by bus to Jodhpur. Shri Prem Sukh Daga was felicitated with a shawl by J.R.Gupta and members in the presence of Shri Ram Raj Bhandari in recognition to his continuous support, guidance to the members during the entire visit. The members boarded Jaisalmer train at 11:25 pm and reached Delhi back around 1:00 pm on 23-01-2019 with a lot of unforgettable memories particularly with the initiative of J.R.Gupta, President.

-A report by D.K.Sangal, Incharge, Recreation Center

FREE LEGAL CONSULTATIONS BY ADVOCATES AT RECREATION CENTER DURING JANUARY, 2019



With the personal initiatives of **Ms. Geetanjali Goel, ADJ & Special Secretary**, Delhi State Legal Services Authority, services of an advocate from DLSA Saket Court has been placed at the disposal of Senior Citizens Council of Delhi at its Recreation Center, Green Park Extension on every Tuesday from 2 pm to 4 pm with effect from 12-06-2018 regularly. During the month of January, 2019, Advocates, Ms.Sangeeta Gupta, Mr.Parvinderjit Singh and Mr.Abbhishek Goel, had visited Recreation Center and rendered Legal advice sought by senior citizens. While thanking Ms.Geetanjali Goel, J.R.Gupta, President of the Council says that more and more members are coming forward to avail this facility at their door steps and waiting for their turn. Such consultation are very helpful to sort out minor disputes in the Society amicably on the advice of Advocates. Sh. Gupta also advised senior citizens to avail this free facility of an Advocate in the Recreation Center in large numbers on every Tuesday, as Sunderkand Path is also recited on those days, followed by refreshments.

-A report by D.K.Sangal, Incharge

50 MEMBERS OF COUNCIL PARTICIPATED IN MELODY SONGS PROGRAMME AT IIC, LODHI ROAD ON 27-01-2019



50 members of Senior Citizens Council of Delhi participated in melody songs programme at IIC, Lodhi Road on 27-01-2019 by eminent singer Bishwajit Bhattacharyya followed by refreshments. Bus was provided by the Council.

-A report by D.K.Sangal, Incharge

J.R.GUPTA GRACES NEW YEAR FUNCTION OF EAST VINOD NAGAR SCA ON 12-01-2019



East Vinod Nagar SCA celebrated New Year on 12-01-2019 at Community Center, Mayur Vihar Phase-II in the presence of more than 250 members. Shri Manish Sisodia, Dy.Chief Minister was the Chief Guest and J.R.Gupta, Chairperson, Confederation as Guest of Honor along with Sh.V.K.Pahuja. Sh.R.P.Gautam, President welcomed all the members and felicitated guests followed by lunch.

-A report by D.K.Sangal, Incharge

FROM FRONT PAGE : - SUPREME COURTS ISSUES DIRECTIONS TO GOVT. OF INDIA

publicity to the provisions for the MWP Act and making senior citizens aware of the provisions of the said Act and the constitutional and statutory rights of senior citizens. **4. Section 30 of the MWP Act** enables the Government of India to issue appropriate directions to the State Governments to carry out and execute the provisions of the MWP Act. The Central Government must exercise its power in this regard and issue appropriate directions to the State Governments for the effective implementation of the provision of the MWP Act. Alongside this, the Central Government must, in terms of Section 31 of the MWP Act, conduct a review for the purposes of monitoring the progress in implementation of the MWP Act by the State Governments. **5. Some of the schemes referred** to hereinabove are comparatively dated. It is high time that the Government of India has a relook at these schemes and perhaps overhaul them with a view to bring about convergence and avoid multiplicity. In particular, the Government of India and the State Governments must revisit the grant of pension to the elderly so that it is more realistic. Of course, this would depend upon the availability of finances and the economic capacity of the government of India and the State governments. **- EDITOR**

FROM FRONT PAGE : - MINISTRY WOULD CONSIDER SENIOR CITIZENS APARTMENTS INPLACE ...



He also requested to consider 5000 members in the Walkathon to be held on 1st October, 2019, as last year only 1800 members took part due to shortage of space at Football Stadium, near Akshardham Temple. He also handed over a representation seeking allotment of Regional Resource Training Center in Delhi in the name of Council or Confederation at Recreation Center, as Anugraha has not organized any training activities for the last 2 years due to her overburdened in other States. He also demanded financial support from the Ministry to strengthen the activities in Recreation Center across Delhi, as Delhi Govt. presently, paying a sum of Rs.20,000/- per month which is very insufficient. While speaking, Mrs. Nilam Sawhney, appreciated the initiatives of the Council to provide various free facilities to senior citizens on daily basis particularly protection of lonely senior citizens from abuses/humiliations at the hands of their own children and others. She assured to consider all the 4 aforesaid demands in due course. J.R. Gupta and other members felicitated her and other guests. A laughing session was administered by Yoga Specialist, Sh. Girdhari Lal Gupta, which was enjoyed by all present followed by refreshments. **- A report by Manjula Agarwal**

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FROM FRONT PAGE : SENIOR CITIZEN GETS HIS LOST PURSE IN TRAIN CONTAINING RS. 37,000/-

Immediately, Mr. Santosh Barupal, Constable checked the status of the aforesaid train from his mobile and found out that the train is about to arrive at Phalodi station 10 minutes later. He telephoned Mr. Ganga Vishan Panwar, Chowki Incharge, on duty at Phalodi station and told him to rush and search Jaisalmer Train at seat B-2/34 and find out the purse. After 30 minutes, Mr. Santosh Barupal got confirmation of tracing out the aforesaid purse by Mr. Ganga Vishan and Mr. Santosh Barupal asked to come and take their purse after four hours. J.R. Gupta told to Mr. Santosh Barupal that we all are going on a 3 days tour in Rajasthan and would back on 22-01-2019 at around 7 pm to board the same train at 11:25 pm from Jodhpur for Delhi and suggested him to keep aforesaid purse in the meantime in his custody and we would take back the purse on 22/01/2019 evening. In the meantime, Mr. Gyan Singh Tokas left by mistake his mobile 9811004070 at his table and boarded the bus for Mandoli. Mr. Santosh Barupal gave a telephonic call again to J.R. Gupta that one mobile has been left out by your member. J.R. Gupta asked him to keep the same with him and we would collect on 22-01-2019. After completing our visit of Rajasthan, J.R. Gupta accompanied by Mr. Gyan Singh Tokas and Shri Ram Raj Bhandari, met Mr. Santosh Barupal and Mr. Manna Ram both constables at 7:30 pm on 22-01-2019. Within less than 15 minutes, after completing prescribed written formalities, Mr. Santosh Barupal and Mr. Manna Ram, Constables handed over aforesaid purse containing cash of Rs. 37,000/-, photo, driving license and Voter ID including mobile. Both thanked the police officials and appreciated their honesty. After reaching Delhi, J.R. Gupta addressed a letter to Smt. Mamta Rahul, SP, GRP, Jodhpur requesting her to honor/reward suitably all the 3 aforesaid police constables in recognition to their honesty to encourage others railway police officials while on duty. Gyan Singh Tokas conveyed his thanks to J.R. Gupta for taking up his case personally on priority basis.

-A report by D.K. Sangal, Incharge

SPECIAL SATSANG AT RECREATION CENTER ON 26.02.2019



Mahamandleshwar Swami Nityanand Saraswati ji Maharaj (Haridwar) has very kindly consented to deliver Special Discourses on Ramayana & Bhagwat at Recreation Center, Green Park Extn. on 26.02.2019 from 2.30 pm to 3.30 pm. All are cordially invited followed by refreshments.

R.S.V.P. :- J.R. Gupta, President, Mob : 9810488059

SPECIAL PROGRAMMES

Light Refreshment daily from 2pm to 2.15pm.

Free Physiotherapy from 1.30 pm to 4.30 pm on every Monday to Saturday

Sunderkand Path on Every Tuesday from 1.30 pm to 3.00 pm

Free Consultation on Legal Matters by an Advocate :- Every Tuesday :- 2pm to 4pm

12-02-2019:- Talk on Financial Literacy 2 pm to 3 pm followed by lunch.

17-02-2019:- Walkathon at Dwarka at 6:30 am.

17-02-2019 :- Health Checkup Camp by BLK Kapur Hospital - 2 pm to 3 pm.

19-02-2019:- Dental Camp from 3 pm to 4 pm.

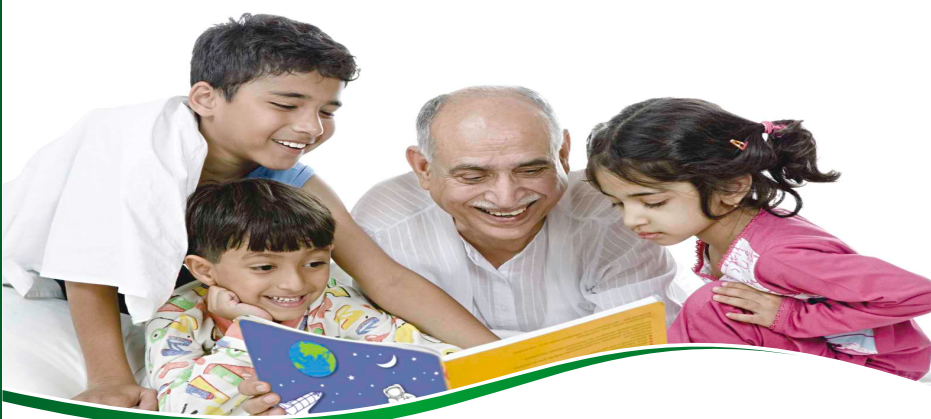
26-02-2019 :- Joint Birthday Celebrations of Council Members (enrolled upto 31-01-2018) if confirmed before 18-02-2019 from 1:30 pm to 3:30 pm followed by heavy refreshments. including SPECIAL SATSANG.

23, 24 & 25-02-2019 : Visit to Haridwar.

03.03.2019 :- Health Checkup Camp - 2 pm to 3 pm followed by refreshment.

-EDITOR

SHARP SIGHT (GROUP OF EYE HOSPITALS)



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OUR PANEL

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For more information, please contact on: **91-11-30051818**

OUR CENTRES

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