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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., DSLSA & SENIOR CITIZENS CELL OF DELHI POLICE

E-mail : guptajr2005@gmail.com
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DAILY FREE VARIOUS FACILITIES FOR SENIOR CITIZENS IN RECREATION CENTER, GREEN PARK EXTN. FROM 12.30 NOON TO 5.00 PM, Ph. : 011-26171092

AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 18 LAKH SENIOR CITIZENS)

VOL : 008

Issue No : 96

MONTH : DECEMBER, 2021

Rs. 5/-

20 COUNCIL MEMBERS WOULD VISIT MAURITIUS UNDER MOU IN FEBRUARY, 2022 SAYS MRS. SANTI BAI HANOOMANJEE, MAURITIUS HIGH COMMISSIONER



H.E. Mrs. Santi Bai Hanoomanjee, Mauritius High Commissioner to India graced special function as Chief Guest at Recreation Center, Green Park Extension of Senior Citizens Council of Delhi on 23.11.2021 in the presence of more than 90 senior citizens. She also felicitated 12 male and female senior citizens on their birthday by flowers, shawls & gifts as a token of respect and regards. She extended birthday greetings to them and prayed to Hanoomanjee for their long life with sound health. She also felicitated the family members of Mrs. Sneha Lata Rupramka who supported Sunderkand Path. She told Covid-19 pandemic situation is worst in Mauritius and hope to improve in early new year 2022.

Contd... on...page....4 with more photos

A.K.SINGLA, ADDL. COMMISSIONER OF POLICE PRAISES EFFORTS OF COUNCIL FOR PROVIDING VARIOUS FREE FACILITIES TO SENIOR CITIZENS



Senior Citizens Council of Delhi organized special function at its Recreation Center, Green Park Extension on 05.12.2021 in the presence of more than 100 senior citizens in which A.K. Singla, Additional Commissioner of Police, Traffic was the Chief Guest who appreciated efforts of Council for Providing various free facilities to senior citizens 365 days throughout the years since, 2016, such as Homeopathy Dispensary, Physiotherapy, Computer Training, Yoga Classes, Library, News Papers, Television, Carom Board, Chess, Ludo, Blood sugar test, health checkup camps, consultations from eminent doctors, Spiritual Discourses including Free Legal Aid Counsel Contd... page 4 with more photos

48 MEMBERS OF COUNCIL PARTICIPATED IN CHITRAKOOT GRACEFUL AGEING CONFERENCE ON 27 & 28 .11.2021



48 members of Senior Citizens Council of Delhi led by its President, J.R. Gupta participated in Chitrakoot Graceful Ageing Conference on 27.11.2021 at Seminar Hall, Arogaya Dhaam. Chief Guest Sree Sree 1008,

Swami Sankadik Ji Maharaj of Chitrakoot advised senior citizens to help other needy persons as they have acquired a lot of knowledge in various fields at the age of 60 and above. Contd.. on ...page...3 with more photos

COUNCIL EXTENDS MORAL SUPPORT & LEGAL GUIDANCE TO SENIOR CITIZENS



Mrs. Pushp Lata Gupta, widow (66) a life member and resident of Daryaganj has been harassed mentally, physically tortured, abused and threatened to lodge false cases by

her both sons and Daughter in laws with a sole motive to grab her property. She visited Recreation Center on 21.11.2021 and requested to arrange a free Legal Aid Counsel to contest in the Tribunal Court of Maintenance Act, 2007. The same was provided to her on 24.11.2021 from DSLA (Central District). She has extended thanks to the Council and its President, J.R. Gupta for providing legal guidance and moral support regularly.

-EDITOR



Mrs. Manjusha, widow (71) a life member and resident of Vasant Vihar has been harassed, abused physically and mentally, and threatened to lodge false cases by her son and

Daughter in law with a sole motive to grab her property. She visited Recreation Center on 05.10.2021 and sought intervention of Confederation. The matter was taken up with the Commissioner of Police to provide security to her on 06.10.2021. No further complaint has been received. She has extended thanks to the Council for providing regular legal guidance and moral support from time to time.

-EDITOR

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CONFEDERATION NEWS

DELHI AIR POLLUTION: SAFEGUARD YOURSELF FROM TOXIC SMOG WITH THESE TIPS



As soon as one is exposed to pollution, they can experience irritation in the eyes, light headedness, headache, dizziness, skin irritation, cough and breathlessness. With the air likely to remain polluted in the coming days, it's advisable to take precautions and not venture outside, unless absolutely necessary. Children and the elderly, especially, need to be careful as the pollution can manifest itself in numerous health problems. The pollution can also cause harm to your lungs. When these pollutants enter into the lungs and interact with its linings, it can trigger asthma or bronchial spasms. They also deposit in our lungs when we inhale certain micropollutants, which are very small in size, can even enter the blood vessels and disseminate in the entire body. Pollution can affect every part of our body including the brain, heart and kidney, according to the experts. We need to understand that we are also responsible for the rising pollution levels. From our end, we need to cut down, whatever possible, that is leading to pollution. We should not add on to this problem, When you are in a place that is smoky or smoggy, use N 95 masks. Minimise physical activities during early morning and late evening hours. Use air purifiers, Stay indoors, Ventilate your homes in the late afternoon. - **L.R.Garg, Editor**

H.D.RALHAN FELICITATED BY LOCAL MP IN CANADA ON HIS 99TH BIRTHDAY



H.D.Ralhan, a founder member of Deer Park Satsang and Senior Citizens Council of Delhi felicitated by **local MP in Canada** along with a Memento in the presence of his family members on the occasion of his 99th birthday. Elderly News extends its heartiest birthday greetings to him. - **Editor**

HEALTH CHECKUP CAMP BY SCWS, MAYUR VIHAR, PHASE-3 ON 14.11.2021



Senior Citizens Welfare Association, Mayur Vihar Phase-3, organized Free Health Checkup Camp in association with J P Hospital, Noida on 14.11.2021 in which 50 persons availed the various free tests such as Blood Sugar, Blood pressure, ECG, Height & Weight and BDM (Bone Density Machine) followed by High Tea. - **G K Santosh, Genl. Secy.**

ACTIVITIES OF SCA, KONDLI GHAROLI, PH-II, MAYUR VIHAR



Senior Citizen Association, Mix Housing complex, Kondli -Gharoli Phase -II. Mayur Vihar Ph-III organized Akhand Ramayan Path for 24 Hours with the help of Ram Sunder Kand Mandli on 13 & 14.11.2021 in the presence of devotees. - A report by **Brijesh Gopal Sharma, Gen.Secretary.**

NEW EXECUTIVE COMMITTEE OF SCA IP EXTENSION FOR THE YEARS 2021-24

B.K.Singhal, President, **Roshan Lal Malhotra**, Vice-President, **B.B. Gupta**, Secretary, **Radha Kishan**, Joint Secretary, **Ratan Lal**, Treasurer, were declared elected respectively, as reported by **D.D.Sharma**, Returning Officer on 21.11.2021. - **Editor**

SUNDERKAND PATH ON EVERY TUESDAY AT RECREATION CENTER



Senior Citizens Council of Delhi has been organizing Sunderkand Path on every Tuesday at its Recreation Center Green Park Extension in the presence of more than 80 senior citizens. - A report by **D.K.Sharma**

CONDOLENCES

Mrs. Santosh Aggarwal, (72) wife of **Sh. S.N.Aggarwal** left for heavenly abode on 17.11.2021. On behalf of members of the Senior Citizens Council of Delhi, I convey my heartfelt condolences to late **Mrs. Santosh Aggarwal**, wife of **Sh. S.N. Aggarwal** and also pray to Almighty for her soul to rest in peace and give strength to the family members particularly **Sh. S.N. Aggarwal** to bear this irreplaceable loss. **HARI OM SHANTI**

- **J.R.Gupta, President**



AGM OF GULMOHAR PARK SENIOR FORUM HELD ON 27.11.2021



Gulmohar Park Senior Forum held its Annual General Body Meeting on 27.11.2021 at Gulmohar Club. The members were excited to meet each other after a long gap since meetings could not be held due to onslaught of Covid 19. Our MLA **Shri Soamnath Bharti** was the chief guest. He was felicitated by President of the Forum. **Mr. Bharti** addressed the members and assured them that he will continue to pursue all cases of Senior Citizens. Elections were held for the next term. The elected team is headed by President **Shri Yogendra Sahai** followed by lunch. - **a report by Vimal Bhan**

COVID -19 VACCINATION CAMP AT DAS SCWO ON 17 & 18.11.2021



Covid 19 Vaccination Camp was organized on 17 & 18.11.2021 at VNMK Pocket B, Dilshad Garden. 150 persons taken Covishield & also welcomed Doctors & Delhi Civil Defence Staff, Dy. Mayor & Nigam Parshad, Sanjay Goel. - **K.N.Chhabra, President**

ACTIVITIES BY JODHPUR SENIOR CITIZENS ON 13.11.2021



Jodhana Senior Citizens Society, Jodhpur celebrated Deepawali Sneh Milan on 13.11.2021. On this occasion **Sh. Bhawani Singh Ji** and Party presented bhajans. Program was sponsored by **Sh. Prem Sukh Daga ji** President, who was honoured by garlanding dupatta and shawl. At the end Dinner offered to all members. - **L.R.Garg, Editor**

ACTIVITIES OF DAS SCWO, DILSHAD GARDEN



Gurupurab Celebration was celebrated at **Baba Nanaki Gurudwara, Dilshad Garden** on 19.11.2021, which was also attended by the members of **DAS SCWO, Dilshad Garden.** - **K.N.Chhabra**

ACTIVITIES BY MOTI NAGAR SENIOR CITIZENS CULTURAL ASSOCIATION



Moti Nagar SCCA organized an Eye checkup Camp at its Recreation Centre on 17.10.2021 in collaboration with **Sharp Sight Eye Hospital**, in which more than 85 of its members availed the facility followed by refreshments. - **Subhash Sharma President**

Editorial Board of Elderly News : **B.S. Yadav** (Dwarka), **G.R. Sehgal** (Sant Nagar), **Ved Prakash Gupta** (Mayur Vihar), **Vimal Bhan**, **R.K. Singhal**, & **Mrs. Pushpa Mishra**, Reporters : **Pratap Singh**, **Mrs. Manjula Aggarwal**, **Gyan Singh Tokas** & (Chief Editor **J.R. Gupta** (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction. E-mail: guptajr2005@gmail.com, Web: www.seniorcitizensdelhi.org.

Daily Spiritual Discourses at **Deer Park Satsang & Recreation Center, Green Park Extension Pt. Raghvendra** of Chitrakoot from 16-11-2021 to 30-11-2021, **Pt. Brijbhan alias Chintamani** of Chitrakoot from 01-12-2021 to 15-12-2021 and **Pt. Shree Kant Pathak, Sonbhadra, UP** from 16-12-2021 to 31-12-2021 between 7 & 8:15 AM and 3:00 pm & 4:00 pm respectively. - **EDITOR**



APPEAL TO ENROLL LIFE SUBSCRIBERS of ELDERLY NEWS: Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, which is exempted under 80G of Income Tax Act 1961. - **L. R. Garg, Secretary**



APPEAL FOR AFFILIATION WITH CONFEDERATION: Till Date 144 Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 18 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt. all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only. - **B.S. Yadav, Secretary General**

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for the last 43 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of such cases have already been solved by the Council headed by its President **Sh. J.R. Gupta**, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash as life membership. - **H.D. RALHAN, FOUNDER MEMBER**

J.R.GUPTA ADVISES RETIRED OFFICERS OF PUNJAB & SIND BANK NOT TO TRANSFER THEIR PROPERTY TO THEIR CHILDREN BUT PREFER TO EXECUTE WILL



Punjab & Sind Bank Training College, Rohini organized Special Function on 22.11.2021 for its 30 Officers and Staff (retired in quarter ending 30.11.2021) for their knowledge to know about Rights of the Senior Citizens. **J.R.Gupta**, **Chairperson**, Confederation of Senior Citizens Associations of Delhi (an umbrella body of 18 Lakh senior citizens) was the main Speaker who told them about Rights of the Senior Citizens as enumerated in National Policy of Older Persons, 1999 such as Financial, Social, Health Securities etc. He further drawn their attention towards Amendments made on 19.12.2016 & 28.07.2017 under Maintenance of Parents & Welfare of Senior Citizens Act, 2007 in which any senior citizen can approach Tribunal Courts of District Magistrates on a simple application without any Advocate to evict his/her son and daughter - in-law from his/her property, if he/she is ill-treated by them including maintenance allowance of Rs. 10,000/- per month. He advised them not to transfer their properties during life time but to execute Will to enable to get better care from their children during life time. He also touched issues concerning senior citizens including various free facilities made available by Council at its Recreation Center on daily basis. The talk was concluded with a laughing session, which was also appreciated by all present and he was felicitated with shawl by **Mrs. Bindu Sharma, Principle**. - **Editor**

43 COUNCIL MEMBERS VISITED INTERNATIONAL TRADE FAIR ON 25.11.2021



43 members of Senior Citizens Council of Delhi visited **International Trade Fair**, Pragati Maidan by bus on 25.11.2021. Members visited various State Pavilions and acquired vast knowledge. The members enjoyed followed by lunch. - **Editor**

H.E. MRS. S. HANOOMANJI, MAURITIUS HIGH COMMISSIONER ACCEPTS INVITATION TO VISIT RECREATION CENTER ON 23.11.2021



L to R :- Dinesh Sharma, J.R.Gupta, Mrs. S. Hanoomanji & R.K.Singhal
A 3 members delegation of Senior Citizens Council of Delhi led by its President, J.R.Gupta met **H.E. Mrs. S. Hanoomanji**, Mauritius High Commissioner to India on 18.11.2021. Other members were Dinesh Sharma and R.K.Singhal. She also accepted invitation for visiting Recreation Center, Green Park Extension on 23.11.2021 as Chief Guest. - **A report by R.K.Singhal**

TALK ON DIABETES BY DR. G.S.GREWAL ON WORLD DIABETES DAY



Senior Citizens Council of Delhi organized a talk by **Dr. G.S Grewal** on the occasion of World Diabetes Day at its Recreation Center, Green Park Extension on 13.11.2021 in the presence of more than 80 senior citizens. The talk was very useful. He gave various tips to control Diabetes particularly in winter season. J. R.Gupta extended thanks to him for his valuable talk and he was felicitated. - **Mrs. Manjula Aggarwal**

POET SUNEHRI LAL VERMA RECITES POEMS AT RECREATION CENTER



Senior Citizens Council of Delhi celebrated Diwali on 04.11.2021 (afternoon) at its Recreation Center, Green Park Extension in the presence of more than 100 senior citizens. Eminent poet **Sunehri Lal Verma** recited many poems by referring Ram Rajya in Ayodhya on this day. J.R.Gupta, President extended Deepawali greetings to all present and felicitated Sunehri Lal Verma, Poet along with other members followed by sweet packets. - **A report by Dinesh Sharma**

COUNCIL MEMBERS EXTENDS 99th BIRTHDAY GREETINGS TO HARCHARAN DAS RALHAN, FOUNDER MEMBER, LIVING AT CANADA



J.R.Gupta, President, Senior Citizens Council of Delhi extends heartiest congratulations to **Sh. Harcharan Das Ralhan**, Founder Member of Council (Living in Canada), at Deer Park Satsang on 09.11.2021 on his 99th Birthday in the presence of more than 100 senior citizens. J.R.Gupta prayed to the Almighty for his long life with sound health including all his family members. - **A report by L.R.Garg, Secretary**

S.M.SINGHAL FELICITATED ON HIS 68TH BIRTHDAY AT CENTER ON 13.11.2021



Senior Citizens Council of Delhi organized Special Sunderkand Path on 13.11.2021 supported by **S.M.Singhal**, Life Member, on the occasion of his 68th Birthday at its Recreation Center in the presence of more than 80 senior citizens. **J.R.Gupta**, President, felicitated him on his birthday along with Pt. Hemant Upadhyay, Dinesh Sharma, Pratap Singh & Dr. G. S.Grewal. His family members namely **Shobha Singhal, Y.K.Singhal & Priti Singhal** were also present. He also prayed Almighty for his sound health with long life including all member of his family. Special refreshment packets were also distributed to members present with his support. - **a report by Mrs. Manjula Aggarwal, Incharge**

SHABAD KIRTAN ON 16.11.2021 AT RECREATION CENTER



Senior Citizens Council of Delhi organized Shabad Kirtan on 16.11.2021 at its Recreation Center, Green Park Extension in the presence of more than 70 senior citizens by 3 Ragis headed by **Sardar Gurmit Singh** along with Kuldeep Singh & Ravinder Singh of Bada Gurudwara, Arjun Nagar on the occasion of Guru Nanak Birthday. **J.R. Gupta**, President along with other members felicitated Ragis followed by refreshment packets. - **a report by Mrs. Manjula Aggarwal, Incharge**

INDIAN CANCER SOCIETY HOLDS FREE HEALTH CHECKUP CAMP ON 20.11.2021



Senior Citizens Council of Delhi organized **free Health Checkup Camp** on 20.11.2021 in association with **Indian Cancer Society**, Delhi Branch in the presence of more than 80 persons. The screening process undertaken by the Society includes Chest X-ray, Blood profile & physical examination by 3 specialist doctors of Surgery, Gynecology and Oral Examinations, including blood sugar, BMI & ENT. A mobile X-ray Van was stationed at the Center for free checkup of full body. **Ms. Sneh Kapoor** from the Society delivered an awareness talk on cancer and also distributed its literature. Light refreshment was served by the Society. However, Council arranged tea/coffee. **J.R.Gupta**, President thanked the team of doctors and also felicitated them. - **Mrs. Manjula Aggarwal**

FROM FRONT PAGE--CHITRAKOOT CONFERENCE-----



Guests of Honors were **Sree Madan Gopal Das ji Maharaj, Kamadgiri, Chitrakoot, Acharya Mahender Mishra, Manasmani Ji Maharaj, Smt. Ravi Mala Singh, Former Mayor, Chitrakoot & J.R. Gupta, President**, Senior Citizens Council of Delhi addressed the audience followed by lunch. The members also visited various historical and religious places at Chitrakoot on 27 & 28.11.2021 such as Aarti at Ram Ghat, Prekarma of Kamd Giri, Fatiksila, Sati Anusoiya, Gupt Godaveri, Hanuman Dhara by Ropeway & Bharat Koop. J. R. Gupta along with L.R.Garg, D.K.Sharma, R.K. Singhal, Pratap Singh & Rajender PrasadGupta also visited Rajapur, birthplace of Goswami Tulsidas ji Maharaj including Manasmani. J.R.Gupta, L.R.Garg also met **Sree Hemraj Singh Chaturbedi, Raja Sahib, Chitrakoot** with Manasmani. J. R.Gupta and other members felicitated the guests with shawl and patka. Chief Guest also felicitated J.R.Gupta. While welcoming the guests, J.R. Gupta, President, briefed about various free facilities to the senior citizens on daily basis. Many senior citizens also recited bhajans/songs which were enjoyed by all. - **EDITOR**

COUNCIL FELICITATES DINESH SHARMA & PT. HEMANT UPADHYAY (BANARAS)



Senior Citizens Council of Delhi celebrated Diwali at Deer Park Satsang in the presence of more than 100 senior citizens on 04.11.2021 (morning). On this occasion, **Dinesh Kumar Sharma**, eminent singer recited many songs / bhajans, which were enjoyed by all present. **Pt Hemant Upadhyay** of Banaras also delivered a special parvachan based on Ramcharit Manas particularly referring a celebration of the day Lord Rama returned to his kingdom Ayodhya with his wife Sita ji and his brother Lakshmana after defeating Ravana in Lanka and serving 14 years of exile. **J.R.Gupta**, President extended Deepawali greetings to all present and felicitated Pt. Hemant Upadhyay & Dinesh Kumar Sharma followed by sweet packets by Sh. Mohan Lal Chopra, owner of Evergreen Sweets house, Green Park.

-- Gyan Singh Tokas

FREE LEGAL CONSULTATION BY ADVOCATE DEPUTED BY DELHI LEGAL SERVICES AUTHORITY, SOUTH DURING NOVEMBER, 2021



With the support of Delhi Legal Services Authority (South District), **Advocate Deepak Raja Dahiya** visited Recreation Center, Green Park Extension on every Tuesday during the month of November, 2021. He rendered free Legal advice sought by members of the Senior Citizens Council of Delhi, by observing social distancing norms in the presence of more than 50 members at their doorsteps each day. So far **2920** senior citizens have availed the facilities since **June, 2018** in sorting out their petty matters and also by creating awareness among other senior citizens. The Council is grateful to Ms. Nabeela Wali, Secretary, DLSA (South), for her continuous support. During the current financial year 2021-22, **740 senior citizens benefited from this facility up to 30.11.2021.**

- a report by Mrs. Manjula Aggarwal, Incharge

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FROM FRONT PAGE --- HIGH COMMISSIONER OF MAURITIUS ----



She also disclosed that Mr. R. Patpur, Administrative Secretary of Senior Citizens Council of Mauritius would send an invitation to 20 Council members in early new year 2022, subject to relief from Covid-19 pandemic. She also speaks high about senior citizens living in Mauritius, as the Govt. is taking care for them throughout the year particularly financially. Dr. Harvinder Singh Bakshi, CEO, Global Cancer Concern India, handed over a book of Major Genl. (Retd) Raghubir Singh Pannu who also worked as Director of Help Age India from 1985 to 1997. During her speech it was known that her birthday falls on every 15th November. J. R. Gupta, President felicitated her with flowers, shawl & gift as a token of respect and regards with pray to God for her long life with sound health. A laughing session was also conducted by G.L. Gupta, Yoga Teacher followed by distribution of refreshment packets. -Mrs. Manjula Aggarwal, Incharge

FROM FRONT PAGE-- A.K.SINGLA, ADDL. COMMISSIONER OF POLICE--



on every Tuesday with the support of DLSA (South). Moreover, he further appreciated to free them from loneliness by organizing tours of religious and historical places in Delhi, India and abroad regularly. He prayed Almighty for their long life with sound health. S.S.Monti, former Chairman, Standing Committee, SDMC also addressed them, as he was the instrumental to allot this Center in 2016 in partnership with SDMC. The members performed various cultural programmes which were enjoyed by all present, followed by refreshment packets. - A report by Mrs. Manjula Aggarwal, Incharge

SPECIAL PROGRAMMES AT RECREATITER, GREEN PARK EXTN.

Free Consultation on Legal Matters by an Advocate & Sunderkand Path on Every Tuesday from 2pm to 4pm followed by refreshments
Free Homeopathy Dispensary :- Every Tuesday, Thursday and last Saturday from 1:00 pm to 3.30 pm
Free Physiotherapy from 2:00 pm to 4:00 pm on every Tuesday, Thursday and Saturday
Joint Birthday Celebrations of Council Members (enrolled up to 30-11-2020 and up to membership no-2281 and born in the month of December, 2021 on or before 31.12.1960) if confirmed, before 15-12-2021 from 2 pm to 3 pm followed by refreshments subject to confirmation of Chief Guest
Orchha & Jhansi Tour by train for 25 & 26.12.2021.
Amritsar & Wagah Border Tour by train for 22 & 23.01.2022
Note :- For above train tours, please contact Mrs. Manjula Aggarwal, Incharge on her Mobile : 9599252210. Council Members who are unable to visit either at daily Deer Park Satsang or Recreation Center may furnish their email id so that they can know special programmes through Elderly -Editor

CONDOLENCES

I convey with sorrow demise of following members of Senior Citizens Council of Delhi from 01-11-2021 to 30-11-2021 I, on my behalf and members of the Council convey heartfelt condolences to the bereaved families & pray Almighty God to rest their noble souls in eternal peace and also give strength to bear irreparable loss.

Life Member	Membership No	Address
1. Sh. Gopal Singh Bisht	1104	E-45, Sector-39, Noida
2. Mrs. Santosh Aggarwal	1891	C/o B-5/110 (SF), SJE, ND-29

HARI OM SHANTI SHANTI -J.R.Gupta, President

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