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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

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SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., DSLSA & SENIOR CITIZENS CELL OF DELHI POLICE

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VOL : 006

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Rs. 5/-

24 NEW RECREATION CENTERS SOON SAYS RAJENDRA PAL GAUTAM SOCIAL WELFARE MINISTER, DELHI GOVT



Rajendra Pal Gautam, Social Welfare Minister, Delhi Govt. chaired a special meeting which was held on 04-12-2019 at Delhi Secretariat in which Officers of Social Welfare Department and Confederation members participated. **J.R.Gupta, Chairperson** raised various issues such as delay in releasing Recreation Grant from April, 2019, delay in opening of new Recreation Centers, delay in implementation of enhanced Recreation Grant already approved on 05-12-2018, revival of State Level Council of Senior Citizens and constitution of Expert Committee. S.B.Shashank, Director, Social Welfare assured to clear all pending cases of Recreation Grant within a week including opening of new 24 Recreation Centers. He also assured to fix responsibility on DD (SS) why the Grants could not be released before 30-09-2019 including pick & choose cases included in sanctions deliberately by omitting cases of SCAs who had submitted their utilization certificate in the month of May & June, 2019. *- Contd. on page 4 with more photo*

MS.FAZNA SHAKIR, MINISTER, REPUBLIC OF MALDIVES VISITS RECREATION CENTER, ON 28-11-2019



3 members delegation led by **Ms.Fazna Shakir, Minister of State for Gender, Family & Social Services, Republic of Maldives** visited Recreation Center, Green Park Extension on 28-11-2019 accompanied by **Dr.Atreyi Ganguli**, National Professional Officer, Mental Health & Substance Abuse including Help Age India Team (Ms. Ritu, Ms.Rojibala & Mrs. Pallavi). The delegation Members took a round of the Recreation Center and appreciated the efforts of Senior Citizens Council of Delhi by providing various free facilities to senior citizens including protecting lonely senior citizens from abuses/humiliations at the hands of their own children and others. **J.R.Gupta** briefed them about various facilities for the benefit of Delhi senior citizens being provided by Govt. of India & Govt. of Delhi in detail. All the guests were felicitated by J.R.Gupta, followed by interaction. The Minister also briefed about benefits in her country for senior citizens followed by refreshments. *- A report by Mrs. Manjula Aggarwal*

SEMINAR ON MAINTENANCE & WELFARE OF PARENTS AND SENIOR CITIZENS ACT, 2007 ON 14-11-2019 AT IIC, LODHI ROAD



L-R : Namrita Aggarwal, Mathew Cherian, Justice V.B. Gupta, J.R. Gupta & Shreya Arora Mehta

Senior Citizens Council of Delhi in association with Help Age India organised Seminar on Maintenance & Welfare of Parents & Senior Citizens Act, 2007 on 14-11-2019 at IIC, Lodhi Road in the presence of more than 150 senior citizens. First of all, **Mathew Cherian, CEO**, Help Age India welcomed all guests. Key note address on Maintenance Act was delivered by **J.R.Gupta, President**, highlighting abnormal delay in Maintenance Districts Tribunal Courts of Additional District Magistrates, District Tribunal Courts of District Magistrates in dealing with the grant of Maintenance Allowance to affected senior citizens by their childrens who are not maintaining them including eviction proceedings against such children who are ill-treating them. As per Act, such cases should have been disposed of within 90 days but in many aforesaid cases, no order has been passed and lying pending for more than 1 or 2 years with the result concerned senior citizens are suffering very badly. *-Contd on page 4 with more photos*

J.R.GUPTA PARTICIPATED IN DISCUSSIONS AT RAJYA SABHA TV CHANNEL ON 05-12-2019



Rajya Sabha TV Channel arranged panel discussions on 05-12-2019 regarding new Amendments approved by Union Cabinet on 04-12-2019 in its meeting under Maintenance and Welfare of Parents & Senior Citizens Act, 2007, such as removal of the cap of Rs. 10,000/- per month, expanded definition of children :- son/daughter-in-laws, adopted children as well as step sons and daughters would also be responsible for care of elderly & will face 6 month jail instead of current 3 months in case of any violations, also included Parents in law & Grand Parents, whether or not senior citizens, the cases would be cleared by Tribunal Courts within 90 days (from the date of receipt of application) instead of date of notice issued by Tribunal Courts and in 60 days in case of senior citizens at the age of 80 & above. **Sh. J.R.Gupta, President**, Senior Citizens Council of Delhi participated in the discussions along with other panelists. All were of the opinion that new Amendments would certainly helpful to senior citizens in disposing of cases in Tribunal Courts subject to creating awareness among them. *- EDITOR*

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ELDERLY NEWS WISHES ITS READERS MERRY CHRISTMAS, HAPPY NEW YEAR, LOHRI & MAKAR SANKRANTI

CONFEDERATION NEWS

CHILDREN-IN-LAW WILL ALSO BE RESPONSIBLE FOR CARE OF ELDERLY



The amendments in Maintenance & Welfare of Parents and Senior Citizens Act, 2007 cleared by the Union Cabinet on 04-12-2019 have been expanded to include Parents in law & Grand Parents, whether or not senior citizens. The bill, likely to be brought to Parliament next week, proposes to remove the cap of Rs. 10,000/- as maximum maintenance per month. Definition of

Maintenance will include housing, safety and security. In addition to son/daughter-in-laws, adopted children as well as step sons and daughters would also be responsible for care of elderly & will face 6 month jail instead of current 3 months in case of any violations. Application for monthly allowance for Maintenance to be disposed off within 90 days from the date of receipt of application by the Tribunals (not from date of service of notice as given in the Act currently). Incases of senior citizens above 80 years, the limited would be only upto 60 days. To reach out to senior citizens, every Police Station have to appoint a Nodal Officer. The Confederation of Senior Citizens Associations of Delhi (an umbrella body of 18 Lakhs senior citizens) hailed this historic decision taken by the Union Cabinet for Elderly Care. **-L.R. GARG, EDITOR**

GULMOHAR PARK SC FORUM VISIT TO AMRITSAR FROM 26TH TO 28.11.2019



GPJCSCF organised a tour for its members to Amritsar from 26th to 28th Nov. 2019. During the visit the members visited Golden Temple, Durgiana Temple, Jalianwala Bagh, Partition Museum and Govindgarh Fort. They also visited Attari border and saw the lowering of the flags ceremony followed jointly by BSF of India and Rangers of Pakistan. The members took the blessings of Sri Harmandir Sahib, the Golden Temple in Amritsar, the holiest shrine of the Sikh religion. Some members also participated in Palki Sahib ceremony around 4 am when Guru Granth Sahib is taken to the temple after a night stay. Members also visited Sri Durgiana Temple a historic temple built in the middle of a sacred lake. A documentary on Maharana Ranjit Singh in 7-D cinema was highly appreciated by all. **- Vimal Bhan**

ACTIVITIES BY MOTI NAGAR SC CULTURAL ASSOCIATION ON 23.11.2019



Moti Nagar SCCA, under the guidance of its President, Subhash Sharma, Advocate, undertook a local sight-seeing trip on 23.11.2019 of its 50 members by bus to "National War Memorial" at India Gate and to "The Waste to Wonder Park" at Sarai Kale Khan maintained by South Delhi MCD, where seven historical replicas of internationally known places are made out of waste material. **-A report by Subhash Sharma, President**

PARTICIPATION OF 40 MEMBERS AT DELHI VIDHAN SABHA ON 14-11-2019



40 members of Senior Citizens Council of Delhi participated in Mangal Milan Samaroh at Delhi Vidhan Sabha on the occasion of 550th Prakash Parv, followed by dinner hosted by Sh. Ram Niwas Goel, Speaker, on 14-11-2019. The members also enjoyed Cultural Programme. The bus was provided by the Council. **- A report by Mrs. Manjula Aggarwal**

BIRTHDAY CELEBRATIONS AT SVNM CC BLOCK SHALIMAR BAGH ON 30.11.2019



BIRTHDAY CELEBRATIONS OF THE MONTH OF NOVEMBER OF MEMBERS OF SCWS, SHALIMAR BAGH



BIRTHDAY CELEBRATION & LANGER SEVA ON GURUNANK BIRTHDAY ON 24.11.2019 SCWA - ROHINI



TOUR TO AGRA, VRINDAVAN & BARSANE BY SCWS-SHALIMAR BAGH



550th Prakash Utsav of Shri Guru Nanak Dev Ji was celebrated on 9th November, 2019. Members spoke about the achievements and life of Shri Guru Nanak Dev ji. Songs presented by Shri B. N. Chandna, Shri P.P.Tuteja, H.K.L. Ralhan & speech delivered on Jeevni of Guru Nanak Dev ji by S.Kuldeep Singh was appreciable by all present. A trip was organized for Barsana, Vrindavan and Taj Mahal, Agra on 13th -14th November, 2019. 38 members was participated. Birthdays of Members born in the month of November were celebrated. President Capt Chander Sachdev greeted each member individually **- A report by P P Tuteja, General Secretary**

ACTIVITY BY SCWM - TAGORE GARDEN



Senior Citizens Welfare Mission, Tagore Garden arranged Digital literacy programme for Senior Citizens for its 20 members at its Recreation Centre for 2 weeks from 11th Nov to 29th Nov 2019. Members participated actively to take themselves smart phone & computer literate so that they can adjust themselves in modern fast paced life & get engaged / connected with the world life in their advanced age. **- A report by R.K. Katyal, President**

Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), Vimal Bhan, R.K. Singhal, Amar Chand Bansal & Mrs. Pushpa Mishra, Reporters : Pratap Singh, Mrs. Manjula Aggarwal, Gyan Singh Tokas & (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction. **E-mail: guptajr2005@gmail.com, Web: www.seniorcitizensdelhi.org.**



Daily Spiritual Discourses at Deer Park (7AM & 8AM) Pt. Chintamani (Chitrakoot) from 16.12.19 to 31.12.19, Pt. Kavita Kant Vajpai (Raibareilly) from 01.01.2020 to 15.01.2020 & Pt. Sandeep Tripathi (Sultanpur) from 16.01.2020 to 31.01.2020. Also at Shiv Mandir, Green Park from 5.15 pm to 6.15 pm daily, Shri Ram Mandir, B5 Block, Safdarjung Enclave from 7.00 pm to 8.00 pm daily, Sadbhavana Satsang Mandal, DDA Flats, Munirka on every Sunday from 10.00 am to 11.00 am & **RECREATION CENTRE, GREEN PARK EXTENSION DAILY FROM 3.30PM TO 4.30PM. -H.D.RALHAN, Founder Member**



APPEAL TO ENROLL LIFE SUBSCRIBERS OF ELDERLY NEWS : Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, which is exempted under 80G of Income Tax Act 1961. **-L. R. Garg, Secretary**



APPEAL FOR AFFILIATION WITH CONFEDERATION

Till Date **137** Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 11 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt., all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only. **-B.S. Yadav, Secy. General**

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for its members for the last **39 years**. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash including 1 photo with Rs. 500/- for Elderly News as life subscriber. **The Payment is also exempted under 80G of Income Tax Act. 1961. -A.C. BANSAL**

JOINT BIRTHDAY CELEBRATIONS AT RECREATION CENTER, GREEN PARK EXTENSION ON 24-11-2019



Senior Citizens Council of Delhi celebrated Joint Birthday of 20 members at its Recreation Center, Green Park Extension in the presence of more than 160 senior citizens. Each member was felicitated with flowers, shawl & gift as a token of respect and regards by **Chief Guest Sh. Gautam Manan, Special Secretary, DSLSA & his wife**, followed by heavy refreshments.

- A report by Manjula Aggarwal, Cultural Coordinator

TALK ON HEALTH BY DR. S.K.GUPTA AT RECREATION CENTER, GREEN PARK EXTENSION



Dr. S.K.Gupta delivered a talk on Health at Recreation Center, Green Park Extn. on 24-11-2019 in the presence of more than 150 senior citizens. He stressed the need to take precautions in winter season particularly by senior citizens & avoid morning walk preferably after sunrise. He further advised them to get checked from their doctors regularly. The talk was very helpful. Dr. Gupta is rendering free services at Recreation Center on every Tuesday & Thursday. On this occasion, a power presentation was also given by Ashok Gupta on a Electronic device (MYBOUDY) which is very helpful to lonely senior citizens in case of emergency, followed by refreshments. **- EDITOR**

COUNCIL FELICITATES MRS & MR. WADHWA ON THEIR 42ND MARRIAGE ANNIVERSARY ON 26-11-2019



Senior Citizens Council of Delhi organised Sunderkand Path at its Recreation Center, Green Park Extension on 26-11-2019 with the support of Mrs. & Mr. P. N. Wadhwa in the presence of more than 60 senior citizens. J.R.Gupta, President along with other members also felicitated the couple on their 42nd Marriage Anniversary, followed by prasad.

- A report by Manjula Aggarwal

FREE LEGAL CONSULTATIONS BY ADVOCATE DEPUTED BY DSLA SAKET COURT MONTH OF NOVEMBER, 2019



With the support of Delhi State Legal Services Authority (South District), during the month of November, 2019, **Advocate Kavita Swaroop** visited Recreation Center, Green Park Extension on every Tuesday and rendered free Legal advice sought by members of Senior Citizens Council of Delhi. **J.R.Gupta, President** of the Council says that more and more members are coming forward to avail this free unique facility at their door steps and waiting for their turn on coming Tuesdays. So far, **more than 1300 senior citizens** have benefitted in sorting out their petty matters and also by creating awareness among other senior citizens in the adjoining colonies.

- A report by Manjula Aggarwal

36 MEMBERS OF COUNCIL VISITED VRINDAVAN ON 27-11-2019



36 members of Senior Citizens Council of Delhi visited **Vrindavan by bus** on 27-11-2019 and have darshan of **Lord Banke Bihari Ji**. The members also enjoyed bhajans/songs recited by female members including Antakshari both ways in the bus followed by lunch and came back in the evening with unforgettable memories with the efforts of J.R.Gupta, President. The bus was provided by the Council.

- A report by Manjula Aggarwal

EK SHAAM BUJURGO KE NAAM AT RECREATION CENTER, GREEN PARK EXTENSION



For the first time, Senior Citizens Council of Delhi organised “**Ek Shaam Bujurgo ke Naam**” on 24-11-2019 at its Recreation Center, Green Park Extension in the presence of more than 160 members. **Sh. Gautam Manan, Special Secretary, Delhi State Legal Services Authority** graced the function as Chief Guest **along with his wife & both** were felicitated. He

advised senior citizens to execute their will with two witnesses so that they could be well maintained and looked after very well during their life time. S/Sh. B.N.Chandna, Anil Oberoi & Amar Dehalvi recited melody songs which were appreciated by all present followed by refreshments.

- A report by Manjula Aggarwal

EXECUTIVE COMMITTEE MEETING OF ISU3A HOSTED BY SENIOR CITIZENS COUNCIL OF DELHI ON 17-11-2019



Senior Citizens Council of Delhi hosted Executive Committee Meeting of ISU3A on 17-11-2019 at Sai Dham Complex, New Delhi in which 30 members participated across India & Delhi. The meeting was chaired by J.R.Gupta, Executive Chairperson. All Zonal Vice-Chairpersons briefed about their Activities, which were appreciated by all present. It was also decided to hold a

Conference in Goa in March-April, 2020. On this occasion, ISU3A first news letter was also released by R.K.Garg, G.K.Khare & J.R.Gupta. Sh. Dinesh Babel, Vice-Chairperson (West) was also felicitated for arranging funds of Rs. 1 Lakh during 2017-18 & 2018-19 followed by lunch.

- A report by Manjula Aggarwal

ANNUAL DAY OF SCA DWARKA ON 23-11-2019



Senior Citizens Association Dwarka celebrated its 9th Annual Day on 23-11-2019 in the presence of more than 400 senior citizens. J.R.Gupta graced the function as Chief Guest along with Amar Chand Bansal including Mrs. Kamaljeet Sherawat, Leader of House, S.D.M.C. A Cultural programme

was also performed by ladies wing. B.S.Yadav, President felicitated all the guests with shawl and bouquet. A Souvenir of SCA Dwarka was also released by the guests & members. J.R.Gupta, appreciated the various activities organised for its members. followed by lunch.

- B.S.Yadav, President

FROM FRONT PAGE : -24 NEW RECREATION CENTERS SOON SAYS ...



He also assured to streamline the delay in Social Security Cell as well as in Accounts Department while issuing sanctions/ NEFT transfers respectively. The Minister told that enhancement grant would be released in the next budget i.e from 01-04-2020. He also ordered to get the file of State Council cleared from Law Department which is pending for the last 9 months and shown his displeasure for abnormal delay. Earlier, 40 members of Confederation of Senior Citizens Associations of Delhi met the Minister on 02-12-2019 at his official residence led by Sh. J.R.Gupta. **-EDITOR**

FROM FRONT PAGE : - SEMINAR ON MAINTENANCE ...



He also pointed out that the directions given by Hon'ble Supreme Court of India and Delhi High Court on 13-12-2018 and 21-05-2018 respectively are not being adhered by aforesaid Tribunal Courts and suggested that Secretary, Social Welfare Department, Delhi Govt. should convene a meeting of all the Presiding Officers of aforesaid Tribunal Courts and Confederation Members so that delayed cases could be expedited. He also suggested to include Member Secretary, Delhi State Legal Services Authority in this meeting. Wide publicity needs to be given in the print media and electronics media by Social Welfare Department of Delhi Govt. to create awareness about the provisions of this Act including 2 important amendments made on 19-12-2016 & 28-07-2017. **Ms. Shreya Arora Mehta, Secretary Delhi Legal Services Authority (South District), Ms. Namrita Aggarwal, Additional Secretary, DSLSA, A.K.Singh, Help Age India Lucknow** also expressed their views in details. **Chief Guest Justice V.B.Gupta (Retd), Delhi High Court** advised senior citizens not to transfer their properties in the name of their own children during life time and rather go for will to be executed with 2 witnesses and out of one should be of lower age. During Question Answer session, many senior citizens complained about their cases pending in the Tribunal Courts from 1 year to 2 year. The seminar concluded with the aforesaid recommendations followed by lunch. **- Mrs. Manjula Aggarwal**

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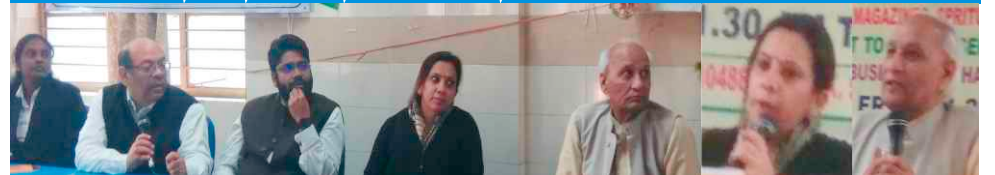
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ANU GROVER BALIGA, ADJ&S, SECRETARY, DELHI HIGH COURT, LEGAL SERVICES COMMITTEE SPEAKS ABOUT LIVING WILL.



Senior Citizens Council of Delhi organised Elderly Legal Rights Awareness in association with High Court Legal Service Committee at its Recreation Center, Green Park Extn. on 10/12/2019 in the presence of more than 80 senior citizens. J.R.Gupta, President welcomed all the guests and felicitated along with other members. Ms. Anu Grover Baliga, Additional District & Session Judge, Secretary, High Court Legal Services Committee speaks about living will which is a directive to physicians or advance directive, is a document that lets people state their wishes for end-of-life medical care, in case they become unable to communicate their decisions, followed by refreshments. **- A report by Manjula Aggarwal**

GRACEFUL AGEING CONFERENCE AT HARIDWAR ON 29-02-2020, 01 & 02-03-2020

Interested members of Council/Confederation/ISU3A are requested to confirm their participation on priority basis on first come first served basis, after booking their tickets in Dehradun Shatabdi for 29-02-2020 morning & 02-03-2020 evening back as per details already uploaded on the website: www.seniorcitizensdelhi.org. The Council has decided to bear a sum of Rs. 750/- per person as a special case to motivate large number of participation. **RSVP :- J.R. Gupta, President, 9810488059**

SPECIAL PROGRAMMES AT RECREATION CENTER, GREEN PARK EXTENSION

Free Consultation on Legal Matters by an Advocate & Sunderkand Path on Every Tuesday from 2pm to 4pm
Free Homeopathy Dispensary:- Every Tuesday, Thursday and Saturday from 1.30pm to 3.30pm
10-12-2019 : Talk on Legal Awareness from 2:30 pm to 3:30 pm followed by refreshments.
14-12-2019 : Governing Body Meeting of Confederation at Shalimar Bagh
15-12-2019 : Cultural Programme at Deer Park Satsang from 7 am onwards in which Sh. Ram Niwas Goel, Speaker, Delhi Vidhan Sabha would be the Chief Guest.
21-12-2019 : Free Health Checkup Camp from 1 pm to 3 pm
29-12-2019 : Joint Birthday Celebrations of Council Members (enrolled upto 30-11-2019), if confirmed on or before 20-12-2019 from 2:00 pm to 4:00 pm followed by heavy refreshments. **-EDITOR**