

ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

Affiliated with Confederation of Senior Citizens Associations of Delhi (An Umbrella Body of 11 Lakh Senior Citizens)

VOL : 002

Issue No. : 024

MONTH : DECEMBER-2015

Rs. 5/-

Mauritius Minister Meets Gehlot, Union Minister for Social Justice & Empowerment & Goel, Speaker Delhi Vidhan Sabha on 18/11/2015



LtoR :- J. Goburdhun, J.R. Gupta, S. Ragen, Minister Mrs. Fazila & Gehlot



Speaker felicitating Minister at Delhi Vidhan Sabha



Minister Addressing

By virtue of MOU between Senior Citizens Council of Delhi and Senior Citizens Council of Mauritius under the aegis of Ministry of Social Security, Mauritius, Mrs Fazila Jeewa- Daureeawoo, Minister for Social Security along with Mr. S. Ragen, Permanent Secretary visited Delhi between 17th and 19th November 2015 to interact with the senior citizens Associations across Delhi. While addressing senior citizens at Deer Park in a special function organized by the Council in her honor, she appreciated the presence of senior citizens in large number particularly in the early hours and took a note of various activities being organized daily by the Council for the cause and care of elderly particularly protecting lonely senior citizens from abuses/ humiliations/ harassment at the hands of their own children and others. She elaborated a number of benefits being extended to senior citizens of Mauritius by her Ministry particularly monthly old age pension at the rate of Rs. 5,000/- per month, free transport and

free health during their life. She further added that her Ministry is committed to promote the welfare and quality of life of its senior citizens. She added that her forefathers migrated to Mauritius 180 years back from Surat of Gujarat and already traced her routes. She further assured to strengthen the MOU between both the Councils to promote exchange of views of groups of elderly of both the Countries. She further informed about 3 recreation centers already existing in Mauritius for the use of Senior Citizens at very subsidies rates and fourth under construction. A cultural program was also organized in the honor of the Minister by the Council in which Shri Abdul Rehman and his team recited bhajans, patriotic songs, gazals and qawwalis which was appreciated very much by the audience of more than 500. A seminar on ageing issues was also organized in association of Help Age India.

Contd. on page 3 with more photos

Indrapuram Public School takes a lead in highlighting Elders Abuse by organizing a play by the students. says J. R. Gupta, Chief Guest



Pre-Nursery Days



On the day of marriage



After marriage

Generally, in all schools Annual Day is being celebrated highlighting their activities only. For the first time, Indrapuram Public School, Pratap Vihar, Ghaziabad has celebrated its 11th Annual Day differently by focusing only on the plight of the Elderly through a play of 2 hours. J.R. Gupta, Chairperson of Confederation of Senior Citizens Associations of Delhi was Chief Guest on 28.11.2015 who was asked to speak about moral values of our culture and creating awareness among students to respect their elders. The brief story of the

play performed was that, a mother and father of a student tried their best to build his career by sacrificing their hard earned money and even taking a loan for his higher studies by mortgaging their own house and got executive class job in a Multinational Company. He was also married with a beautiful girl and this was the downfall of the elderly couple. Both Son & Daughter-in-law insisted to live independently and never visited their parents and had to face neglect, loneliness and abuses for their whole life. *Contd. on page 3 with more photos.*

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GOOD NEWS FOR SENIOR CITIZENS - Health Insurance Scheme**L. R. Garg**

The health insurance scheme recommended by the Seventh Pay Commission that was submitted recently for employees might become a reality sooner rather than later, The health ministry has already drawn up the health insurance scheme for employees and pensioners after extensive discussions with insurance companies, the Niti Aayog and the finance ministry and put it up for approval before the expenditure finance committee. The scheme would cover those who live in areas not covered by the Central Govt. Health Service.

- Editor**Visit to Golden Temple, Amritsar by 102 Jodhpur Senior Citizens****Birthday Celebration by Silver Citizens Welfare Association Rohini, Sec.-13****Inauguration of room handed over to Silver Citizens Welfare Association Rohini, Sec.-13 on 17.10.2015**

Dr. Shobha, Area Councillor & Vijender Gupta, MLA inaugurated a room allotted to Silver Citizens Welfare Association, Rohini, Sector:-13. on 17.10.2015 for organizing day to day activities for its Members. **- A Report by D.K. Mehra**

Monthly Hawan by Kailash Hills SC Forum**Daily Exercise by Senior Citizens at Deer Park**

DDA has fixed gym machines for exercise by children, morning walkers at Deer Park. Many Senior Citizens are taking benefit of the same daily in the morning in the interest of fitness of their health. **- Report by Mrs. Kamlesh Popli**

Deepawali Milan by Varishat Nagrik Kalyan Sangh, Yamuna Vihar

Deepawali Milan was organised by Varishth Nagrik Kalyan Sangh, Yamuna Vihar on 8/11/15 in the presence of Sh. Bhupender Singh Mavi, Chairman, OBC Delhi Govt., Sh. Sahab Singh Chauhan, Ex-MLA, Smt. Asha Tayal, Nigam Parshad, Sh. S. N. Kakkar, Patron Sh. B.K. Verma, President, Sh. R.S. Kamboj Genl., Secy. and Ch. Yahveer Singh, Chairman, St. Moral Global Public School. A cultural programme was performed by the students. The function concluded with distribution of sweets. **- A Report by R S Kamboj, Genl. Secy.**

Lecture on Elders respect at Ambience Public School, Safdarjung Enclave

While delivering a lecture on moral values & elders respect, J. R Gupta, President, Senior Citizens Council of Delhi at Ambience Public School, Safdarjung Enclave on 23.11.2015, stressed the need to create awareness among students to follow their moral values by respecting their elders. At the same time, parents have also to respect the wishes of their children. If students are respecting their parents/grandparents/teachers they would get automatically the blessings of the Almighty God. He also advised the students to respect their elders inside home as well as outside. He further added that in case any students came to know any elder abuse anywhere, they can convey to Senior Citizens Council of Delhi for its remedial measures. **- EDITOR**

New Governing Body of Indraprastha SCWALP.Extension, Patparganj

Shri B.K.Singhal, President; Shri D.D.Sharma, Vice President; Shri K.P. Gupta, Secretary; Shri Raj Kumar Sahni, Jt. Secretary; Shri O.P. Aggarwal, Treasurer; S/Shri D.G. Gupta, Dr. Sumitra Sharma, Dr. Prabha Sharma, Rajinder Singh Chaudhary, S.C.Gupta, Prem Prakash & K. K. Solan Executive Body Members. **- As reported by Sh. KP Gupta, Secretary**

Editorial Board of Elderly News : B.S. Yadav (Dwarka), P.D. Bathla (Rohini), Ved Prakash Gupta (Mayur Vihar), J.C. Narang (Tagore Garden), R.C. Sharma (Triveni) **Reporters :** Pratap Singh, Jai Singh, Gyan Singh Tokas, Smt. Kamlesh Popli & Mishri Lal Kaushik (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction. **E-mail:** guptaajr2005@gmail.com, **Web:** www.seniorcitizensdelhi.org



Daily Spiritual Discourses at Deer Park (7AM & 8AM) Pt. Bhaiya Ji Pathak (Banaras) from 16.12.15 to 31.12.15, Pt. Kaushal Kishor Mishra (U.P.) from 1.1.16 to 15.1.16 & Pt. Raghubansh Bhushan Pandey (Chitrakoot) from 16.1.16 to 31.1.16. Also at Shiv Mandir, Green Park from 5.00 pm to 6.00 pm daily, Shri Ram Mandir, B5 Block, Safdarjung Enclave from 7.00 pm to 8.00 pm. daily & Sadbhavana Satsang Mandal, DDA Flats, Munirka on every Sunday from 10.00 a.m. to 11.00 am. **-H.D. RALHAN, Secretary**



APPEAL TO ENROLL LIFE SUBSCRIBERS of ELDERLY NEWS : Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, **which is exempted under 80G of Income Tax Act 1961. -L.R. Garg, EDITOR**



APPEAL FOR AFFILIATION WITH CONFEDERATION
Till Date **102** Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 11 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt., all other SCAs are requested to join hands with the confederation by joining as life member by making one time payment of Rs. 500/- only. **- BALBIR SINGH, Genl. Secy.**

APPEAL FOR LIFE MEMBERS OF COUNCIL

Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for its members for the last 35 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash. Please contact - 9810488059 **- A.C.BANSAL, Executive Member**

Contd. from Front Page

Felicitation of Mauritius Social Security Minister Mrs Fazila Jeewa- Daureeawoo at Deer Park on 18.11.2015

Biography of Honourable (Mrs) Fazila Jeewa-Daureeawoo

Fazila Jeewa-Daureeawoo was sworn in as the Minister of Social Security, National Solidarity and Reform Institutions on 22 December 2014. She was elected in the General Election held on 10 December 2014. Prior to this, Fazila Jeewa-Daureeawoo was a candidate in an election of universal suffrage in May 2005. She was elected and served as Member of the National Assembly from 2005 to 2010. Fazila Jeewa-Daureeawoo has been a Solicitor registered on the Roll of the Supreme Court of Mauritius pursuant to the Law Practitioners Act - a legislation governing the practice of law in Mauritius.

She has an extensive experience in Family matters and appeared in Courts of Mauritius, including the Family Division of the Supreme Court. Fazila Jeewa-Daureeawoo has given legal expert opinion on Family matters in proceedings before English Court on a number of occasions, She has also participated as Parliamentary Observer of the General Election held in Zambia in 2007.

- EDITOR



**LtoR :- J.R. Gupta, J. Goburdhun
Mrs. Fazila & S. Ragen
with audience at deer park**



J. R. Gupta felicitating Minister along with Members of Council



Felicitation of Mauritius High Commissioner



Felicitation of Mauritius Permanent Secretary



Union Minister Gehlot felicitating Mauritius Minister



Speaker Goel discussing with Mauritius Minister



Cultural Programme in the Honour of Mauritius Minister

She also made a courtesy call visit to Delhi Vidhan Sabha and was greeted by Shri Ram Niwas Goel, Speaker, who briefed about the history of the Vidhan Sabha and accompanied to take a view of the Vidhan Sabha. She also joined a meeting chaired by Shri Thawar Chand Gehlot, Union Minister for Social Justice & Empowerment, Govt of India in the presence of Senior officers of his Ministry at Shastri Bhawan in which members of Council led by its President J.R. Gupta also participated. She was accorded warm welcome at Deer Park in the presence of 500 senior Citizens. The Mementos were also presented to the Minister, H.E. Mr. J. Goburdhun, Mauritius High Commissioner & Mr. S. Ragen, Permanent Secretary in their honour by J.R. Gupta & other Members of the Council.

- A report by D.P. Rupal

Contd. from Front Page

Lighting of Lamp & Felicitation of Chief Guest J.R. Gupta by Vishal Singh, Chairman of School on 28.11.2015



Lighting of Lamp by Chief Guest



J.R. Gupta addressing



Vishal Singh, Chairman felicitating J.R. Gupta



Ganesh Vandana by School Students

While addressing more than 1200 students and their parents, J.R. Gupta, President, Senior Citizens Council of Delhi stressed the need to create awareness among students to follow their moral values by respecting their elders. At the same time, parents have also to respect the wishes of their children. If students are respecting their parents/grandparents by touching their feet daily, they would get automatically the blessings of the Almighty God. If any person not looking after their parents and visiting Vaishno Devi or any religious place, he would not get any blessings. As such, respect to teachers, parents are the primary duty of the children, as they have struggled their whole life in educating them even paucity of funds. Due to longevity, the population of elderly people is increasing day by day and at present their number is 11 lakh (60 plus). It has been observed that about 70% elderly are facing abuse in the nature of loneliness, neglect, financial hardship, emotional etc. It has further been noticed that the parents who had transferred their properties in the name of their children are facing eviction from their own houses. The main aim of the

Senior Citizens Council of Delhi is to protect lonely senior citizens from abuses, harassment and humiliations at the hands of their own children and others. The Council has been able to solve so many cases even without the help of Delhi Police. While concluding, Shri J.R. Gupta gave a message to the parents that they should not transfer their properties during their lifetime and rather go for Will, so that they could be looked after by their children during their fag end. A message was also given to students that they should respect their elders and follow the moral values of our culture. Chief Guest also appreciated the initiatives taken by students of the school for showing a play on Elders plight which would certainly spread a message for respecting elders in every corner. He also took a note of various activities of school read by its Principal Mrs. Renu Sharma particularly getting so many awards Nationally / Internationally in various fields. Sh. Vishal Singh, Chairman of School along with his wife felicitated the chief Guest & thanked for his valuable speech particularly messages to both students and parents.

- A Report by Gyan Singh Tokas

Diwali Celebrations at Deer Park on 8.11.2015



Felicitation of Lalit Gupta at Deer Park



Senior Citizens Council of Delhi organised Diwali celebrations at Deer Park on 11/11/2015 in which more than 400 Senior Citizens participated across South Delhi. Diwali greetings were exchanged with each other. On this occasion, Shri Sunheri Lal, Eminent Poet recited many poems which were appreciated by all

present. The venue was decorated by Shri Lalit Gupta like past years, who also felicitated on this occasion. The function concluded with distribution of sweets packets in association with Sh. Mohan Lal Chopra of Evergreen Sweets.

- A report by L.R. Garg

Visit by Triveni Sr. Citizens Forum Members at Konark Temple, Odishha On 21.11.2015



Felicitation of Sh. Sunheri Lal, Poet at Deer Park



Council helps Senior Citizens



Shri. Ranjit Singh Khatri 68 years, a Life Member of Council & Resident of Pocket C-1167, LIG Flats, East of Loni Road, Shahdara, Delhi doing a business of Printing & Publication. In the year of 2010, He printed 2500 Books Rajbhasha of Kendriya Vidyalaya Sangathan, Head Quater in Delhi but his bill of Rs. 2,12,500/- was not paid in spite of his best efforts since 2012

Sh. Khatri approached the Council & matter was taken up with the Commissioner, Kendriya Vidyalaya Sangathan & Mrs. Smt. Smriti Zubin Irani Union Minister of Human Resource Development, Govt of India. There after, legal advice was extended to Sh. Khatri. The Council extended moral support & legal guidance. Accordingly, a case was filled with the Patiala House Court & ultimately the amount was released on 3.12.2015 **after a lapse of three years.**



Shri. Kumar Jit Khurana 83 years with hip broken, mobility very limited, wearing diapers to commute any distance outside of his Home boundaries, life member of the Council & a resident of M-32, Ground Floor, Saket, New Delhi had a dispute with his tenant Mr. R. A. Stamets (U.S. Citizen) living at 1st & 2nd floor. The tenant had covered shaft leading to blockage of fresh air, shut out ventilation in the toilet area. He also caused suffocation

as toilet exhaust fumes, which resulted downfall of his health. He approached the Council & matter was taken up with Sh. Uday Kumar, Dy. Commissioner South, MCD. Ultimately, the shaft was demolished on 1.12.2015. Now He is living peacefully in his own house.

CONDOLENCE



Sh. Lalit Gupta (60 Years) Treasurer of Deer Park Satsang & devoted social worker expired on 2.12.2015. The members of Deer Park Satsang & Senior Citizens Council of Delhi paid tributes to the departed soul & prayed to Almighty God to rest his soul in peace & give a strength to the bereaved family to bear the ir-repairable loss. Sh. J.R. Gupta lauded his selfless services for the day to day activities of the satsang/Council for the last so many years. A two minutes silence was observed in the memory of Sh. Lalit Gupta.

- EDITOR

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