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COUNCIL OF DELHI & CONFEDERATION OF SENIOR CITIZENS
ASSOCIATIONS OF DELHI FROM 01-04-2024 & ONWARDS
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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

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VOL : 011

Issue No. : 128

MONTH : AUGUST, 2024

S. K. SINGH, IPS, DCP, DELHI TRAFFIC POLICE INTRACTED WITH SENIOR CITIZENS ON 16-07-2024 ON SAFETY & PROPERTY OF SENIOR CITIZENS AT RECREATION CENTRE, COMMUNITY CENTRE, GREEN PARK EXTENSION



Senior Citizens Council of Delhi organized Special Interaction Session at its Recreation Centre, Community Centre, Green Park Extension on 16-07-2024 on the subject "Safety of Senior Citizens & Security of their Properties" in the

presence of more than 100 male & female Senior Citizens. Chief Guests were S. K. Singh, IPS, DCP, Delhi Traffic Police & S. L. Solanki, Former District Judge, Patiala House Courts Complex. Both felicitated More Photos at Page 3.

J. R. GUPTA, CHAIRPERSON, CONFEDERATION, INAUGURATED DELHI POLICE FUNCTION AT NEW PHQ, JAI SINGH ROAD BY LIGHTING OF LAMP IN THE PRESENCE OF MORE THAN 150 SENIOR CITIZENS INCLUDING COMMISSIONER POLICE & SPL. COMMISSIONERS ON 26-07-2024



Delhi Police organized Cyber Crime Awareness for Senior Citizens on 26-07-2024 at its Auditorium at New Police Head Quarter Building in the presence of more than 150 Senior Citizens Including Commissioner

Police & Spl. Commissioners in which J. R. Gupta, Chairperson inaugurated the function by lighting of lump. A report by Ashok Kumar, Incharge.

COUNCIL / CONFEDERATION EXTENDS MORAL SUPPORT & LEGAL GUIDANCE TO SENIOR CITIZENS



Smt. Kamla Mamtani (71 yrs) resident of South Ext Part-I, visited Recreation Centre on 02-04-2024, with complaint. She has alleged that her tenant Mr. Sumit Sabharwal not vacating her house, already lodged at Kotla Mubarkapur Police Station. She has further alleged that whenever, she asked to vacate her house, the tenant is misbehaving, harassing, abusing & threatening to kill in connivance with her staff members. On 02-04-2024, tenant Mrs. Shashi Sabharwal that she will vacate their house H-33, FF, South Extension Part-1 on 31-05-2024. Immediately, the matter was taken up with Commissioner of Police to take legal action against aforesaid tenant & other staff members. **On the intervention of Confederation / Council, the tenant has handed over keys on 24-06-2024 to the complainant. She has extended thanks to the Confederation/ Council for their moral support & legal guidance from time to time.** - Editor



Mrs. Chander Kanta Garg (86 yrs) resident of 4422-23, Gali-Ahira, Mohalla-Chaudhary Nahar Singh, Pahari Dhiraj, Delhi visited Recreation Centre on 18-06-24, with complaint against Hemraj Telli & his goons already lodged at Police stations Sadar Bazar, Paharganj & also Bara Hindu Rao, Sadar Thana. In her complaint, she has alleged that aforesaid Hemraj Telli & his goons encroached aforesaid property by forcefully her forged signatures on the documents. She is presently residing on rental basis initially from Gangasaran & later on Shikhar Chand Jain along with her daughter Anuradha, who was beaten & admitted in the Hospital. The next date of hearing is on 04-07-2024 in the Court of Civil Judge, 06, Central District of Tis Hazari Courts. With the efforts of Council / Confederation, she has got Free Legal Aid Counsel. The matter was taken up with Commissioner of Police on 29-06-2024 with a request to take legal action against aforesaid persons & provide security to complainant & her daughter including investigation of the conduct of aforesaid person & his goons. No further complaint has been received so far. **The complainant has extended thanks to the Confederation / Council for their moral support & legal guidance from time to time.** - Editor



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ELDERLY NEWS WISHES ITS READERS HAPPY HARYALI TEEJ, INDEPENDENCE DAY, RAKSHA BANDHAN & JANMASHTAMI

CONFEDERATION

NATIONAL INDEPENDENCE DAY ON 15-08-2024



Indian Independence Day, on August 15, reminds us of the long, hard-fought battle for liberation against British domination championed by Indian Leaders. Every year on 15th August, Prime Minister of India hoisting National Flag at Red Fort. In some ways, this became a custom and on each subsequent Indian Independence Day, the Prime Minister Shri Narendra Modi would raised the Country's flag and gives an address to the Nation from Red Fort. Indian Independence Day 2024 will be observed throughout India with parades, flag hoisting events and cultural setups. Senior Citizens Council of Delhi would hoist National Flag at daily Deer Park Satsang on 15-08-2024 morning. – Gyan Singh Tokas, EDITOR

60 MEMBERS OF SCWA, SANT NAGAR VISITED KASHMIR FROM 21 TO 26-06-2024



Senior Citizens Welfare Associations, Sant Nagar organized Kashmir Tour for its 60 members from 21 to 26-06-2024. A report by G. R. Sehgal, President.



During AGM of Senior Citizens Welfare Association, Sant Nagar held on 06-04-2024, G. R. Sehgal, President declared elected for 6th time for the years 2024 - 2026.

BIRTHDAY CELEBRATIONS BY SCWS, SHALIMAR BAGH ON 06-07-2024



Senior Citizens Welfare Society, Shalimar Bagh celebrated joint birthday of its members born in the month of May & June on 06-07-2024 at its Recreation Centre. A report by P. P. Tuteja, General Secretary.

SHIV PARK SCWF, SHALIMAR BAGH ORGANIZED B'DAY AT CENTRE ON 07-07-2024



Shiv Park Senior Citizens Welfare Forum, Shalimar Bagh organized joint birthday celebrations at their Recreation Centre for the members born in the month July on 07-07-2024. A report by Azad Tandon, General Secretary.

SCF, SHALIMAR BAGH ORGANIZED MEDICAL CAMP ON 28-07-2024



Senior Citizens Forum, Shalimar Bagh organized Medical Camp at its Recreation Centre in association with Max Hospital on 28-07-2024. A report by Hoshiar Singh, President.

VMKS, SHALIMAR BAGH ORGANIZED TEEJ FESTIVAL ON 26-07-2024



Varisht Mahila Kalyan Sanstha, Shalimar Bagh organized Teej Festival on 26-07-2024 at its Recreation Centre. A report by Maya Rani Goel, General Secretary.

JODHANA SENIOR CITIZENS SOCIETY, JODHPUR HELD AGM ON 21-07-2024



Jodhana Senior Citizens Society, Jodhpur celebrated it's 16th foundation day on 21-07-2024 at "ASTHA" Senior citizen home for next 3 years headed by Prem Sukh Daga, President & P. D. Aggarwal, Secretary & others. A report by P. D. Aggarwal, Secretary.

5 MEMBERS OF COUNCIL MET S. L. SOLANKI, RETD. DISTRICT JUDGE, PATIALA HOUSE ON 11-07-2024



L. to R.= Shashi Kala Kaushik, Amit Rupal, Ashok Kumar, S. L. Solanki, J. R. Gupta & Y.K. Singhal

5 Members of Senior Citizens Council of Delhi led by its President, J. R. Gupta met S. L. Solanki, Retd. District Judge, Patiala House on 11-07-2024 at Canteen of Delhi High Court. J. R. Gupta requested to grace the special function at Recreation Centre, Community Centre, Green Park Extn. at 1st Floor opposite K-28 as Chief Guest from 3pm to 3.30pm. He accepted the invitation. A report by Y. K. Singhal, Treasurer.

SHIV PARK SCWF, SHALIMAR BAGH FELICITATED STUDENTS SCORING MARKS 90% & ABOVE ON 04-06-2024



Shiv Park Senior Citizens Welfare Forum, Shalimar Bagh organized felicitated students of 10th & 12th class who scored 90% above marks in CBSE Examination, 2024. A report by Azad Tandon, General Secretary.

MCD RETIRED ENGINEERS ASSOCIATION ORGANIZED BIRTHDAY CELEBRATION ON 26-7-2024



MCD Retd. Engineers Association organized Birthday celebration of its members born in the month of July at Safdarjung Club on 26-07-2024. A report by R. S. Bhatia, President.

DURING AGM OF VARISHT NAGRIK KALYAN SANGH, BLOCK C-1, YAMUNA VIHAR HELD ON 28-07-2024 IN WHICH OFFICE BEARERS WERE ELECTED UNANI MOUSLY FOR NEXT TWO YEARS 2024-25 & 2025-26. PRESIDENT, M. L. ARYA, GENERAL SECRETARY, R. S. VERMA, CASHIER, N.D. SHARMA, & OTHERS. A REPORT BY R. S. VERMA GENERAL SECRETARY.



ROJI BALA, COUNTRY HEAD, HELPAGE INDIA FELICITATED BY SANJAY ARORA, COMMISSIONER OF POLICE IN A SPECIAL FUNCTION AT NEW PHQ, JAI SINGH ROAD BUILDING AT ITS AUDITORIUM IN THE PRESENCE OF MORE THAN 150 SENIOR CITIZENS INCLUDING COMMISSIONER POLICE & SPL. COMMISSIONERS. SHE

SPECIFICALLY MENTIONED NAME OF J. R. GUPTA, CHAIRPERSON, CONFEDERTAION TO THE EFFECT THAT VARIOUS ACTIVITIES FOR SENIOR CITIZENS ARE BEING ORGANIZED AT THEIR RECREATION CENTRE AT GREEN PARK EXTN. ON REGULAR BASIS. – EDITOR

Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), K.K. Mehta (Tagore Garden), Dinesh Kumar Sangal (Arjun Nagar) Reporters : Y.K. Singhal, R.K. Singhal & Gyan Singh Tokas (Chief Editor J.R. Gupta Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction. E-mail: guptajr2005@gmail.com, Web: www.senioreldeersdelhi.org.

Daily Spiritual Discourses, at Deer Park Satsang (7am to 8am), Recreation Centre, Green Park Extn. (3pm to 4 pm) & Shiv Mandir, Green Park (4:30pm to 5:30pm) & Sadbhawna Satsang Mandal, Munirka every Sunday (9.30am to 10.30am) respectively, from 16-07-2024 to 31-07-2024 Acharya, Braham Dev, Ambikapur, Chhattisgarh, from 01-08-2024 to 15-08-2024 Pt. Arvind Tiwari, Balia, UP & from 16-08-2024 to 31-08-2024, Acharya, Rajendra Pathak, Jhansi, UP - Editor

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for the last 43 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of such cases have already been solved by the Council headed by its President Sh. J. R. Gupta, during the current year. Any senior citizen residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1700/- by cheque / cash as life membership fee. The amount can also be deposited in the name of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, Saving Bank Account No : 603610110001482, IFSC Code : BKID 0006036 The amount is exempted under 80 G of Income Tax Act, 1961. – H.D. Ralhan, Life Member



22 members with flowers & shawls as a token of Respect & regards born in the month of July. S. K. Singh reiterated that priority of Delhi Police is to take remedial measures for the Safety & Security of Senior Citizens falling in their Jurisdiction. He also given various tips for their Security concerns. S. L. Solanki extended any kind of help as & when required in Civil & Criminal Proceedings free of cost. Earlier, Sunderkand Path was

15 MEMBERS OF SCWA, SANT NAGAR PARTICIPATED IN A HEALTH TALK ON CANCER AWARENESS ON 19-05-2024



15 members of Senior Citizens Welfare Association, Sant Nagar participated in a Health Talk on Cancer Awareness & Prevention by Dr. Akshat Malik, Senior Consultant Head & Neck Oncosurgery, Max Super Specialty Hospital, Saket. A report by G. R. Sehgal, President.

SENIOR CITIZENS COUNCIL OF DELHI GOVERNING COUNCIL FROM 13-06-2024 TO 31-03-2026



L. To R:- Ashok Kumar, G.S. Tokas, R. C. Agarwal, J. R. Gupta, Y. K. Singhal, R. K. Singhal & Usha Sharma
J. R. Gupta, President, Ramesh C. Agarwal, Vice-President, Gyan Singh Tokas, Secretary, Y. K. Singhal, Treasurer, Executive Body Members:- Usha Sharma, R. K. Singhal & Ashok Kumar
Patrons:- Justice Devinder Gupta (Retd.) & Justice V. B. Gupta (Retd.) Hony. Chartered Accountant: (M/s. Brij K. Singal & Co.). - EDITOR

MAHENDRA KR GUPTA & ASHA GUPTA FELICITATED AT DEER PARK SATSANG ON 08-07-2024



L. To R:- Mrs. Binod, Neelam Dhawan, Asha Gupta, Mrs. Meena Mauria, Pt. Shyam Shastri, J. R. Gupta, M. K. Gupta, B. N. Singh, Satyajit Rai, S. C. Kapur & Anil Makhija

During daily Deer Park Satsang, J. R. Gupta, President, Senior Citizens Council of Delhi felicitated Mahendra Kumar Gupta & Mrs. Asha Gupta (Life Members) & residents of C. R. Park, New Delhi on 08-07-2024, followed by prasad. A report by R. K. Singhal, Incharge.

LAXMI ADOPTED DAUGHTER OF PRAMILA RANI FELICITATED AT DEER PARK SATSANG ON 20-07-2024



L to R:- Poonam Soin, Ratan Kaur, Pramila Rani, Laxmi, J.R. Gupta, Acharya Brahamdev, B.N. Singh & N.S. Yadav

During daily Deer Park Satsang, Laxmi adopted daughter of Pramila Rani was felicitated on 20-07-2024, by its President, J. R. Gupta in the presence of Acharya Brahamdev, Ambikapur, B. N. Singh & Naval Singh Yadav, followed by prasad. A report by Ashok Kumar, Incharge.

J. R. GUPTA ALONG WITH S.S.MONTI, RENU MONTI & RISHET MET MS. BANSURI SWARAJ ON 05-07-2024



J. R. Gupta, President, Senior Citizens Council of Delhi along with Shailender Singh Monti, Former Chairman, Standing Committee, MCD, Mrs. Renu Monti & their son Rishet met Ms. Bansuri Swaraj, Member of Parliament, Lok Sabha on 05-07-2024 at her Helli Road residence. J. R. Gupta invited her in Engagement Ceremony of his grand-daughter in a family function on 07-07-2024 at Razwara Banquet Hall, outer ring road, opposite Metro Station, Shalimar Bagh & sought her blessings, followed by dinner. She assured to reach after 7.30pm, but did not turn up due to her busy schedule. - Editor.

also organized. J. R. Gupta, President, felicitated both Chief Guests with shawls & thanked them for sparing their valuable time in spite of their busy schedule. He also extended birthday greetings to concerned members. He also prayed to Almighty for their long life with sound health, followed by refreshment packets. A report by R. K. Singhal, Incharge.

Dr. AVTAR SINGH DELIVERED HEALTH TALK ON DOCTOR'S DAY ON 01-07-2024



National Doctor's Day is celebrated on July first every year. On this day we celebrate and recognise the tireless efforts of physicians and other medical professionals for their empathy, expertise and compassion which makes a quality difference in the lives of millions of people. This year's National Doctor's Day Theme is "Healing Hands Caring Hearts". This means dedication and compassion of the doctor's and critical role they play in saving millions of lives throughout their entire life. National Doctors Day is observed to honour Dr Bidhan Chandra Roy a former west Bengal CM and recipient of Bharat Ratna award and a highly decorated physician, who was born on July first,

1882 on this particular day and passed away on the same day in 1962 at the age of 80. In India National Doctor's Day is celebrated as a tribute to all doctors who dedicate their lives to serving humanity and also honouring the constitution of Dr. Roy. A report by R. K. Singhal, Incharge.

3 MEMBERS OF COUNCIL MEET ADDITIONAL RESIDENT COMMISSIONER, TAMIL NADU HOUSE, DELHI ON 22-07-2024



L.to R:- Ashok Kumar, Y. K. Singhal, J. R. Gupta & N.E. CHINNADURAI

3 members of Senior Citizens Council of Delhi led by its President, J. R. Gupta met Mr. N. E. Chinnadurai, Additional Resident Commissioner at Tamil Nadu House, Chankyapuri on 22-07-2024. J. R. Gupta thanked him for writing a letter dated 19-07-2024 to District Magistrates of Rameshwaram & Madurai for making Courtesy Call meetings on 05 & 06-08-2024 respectively. A report by Y. K. Singhal, Tour Coordinator.

NEELAM MALHI FELICITATED AT CENTRE ON 02-07-2024



L. To R:- Sunita Gupta, Raj Kumari Tiwari, Neelam Malhi, Usha Sharma, Shashi Nagia & Pt. Shyam Shastri

During Sunderkand Path organized by Senior Citizens Council of Delhi on 02-07-2024 at Recreation Centre Green Park Extension. Prasad distributed by Mrs. Neelam Malhi & also Dr. Avtar Singh on birthday of his mother. J. R. Gupta, President felicitated her with patka & prayed to Almighty for her long life with sound health, although she did not disclosed event. A report by R. K. Singhal, Incharge.

R. S. VERMA & MRS. JYOTI GARG FELICITATED AT DEER PARK SATSANG ON 06-07-2024



L. To R:- Mrs. Binod, Bimla Devi, Shama Kaur, Neelam Malhi, Ratan Kaur, Mrs. Suresh, Neelam Dhawan, Mrs. Jyoti Garg, J. R. Gupta, R. S. Verma, G. S. Tokas & S. S. Dhawan

During daily Deer Park Satsang, J. R. Gupta, President, Senior Citizens Council of Delhi felicitated R. S. Verma & Mrs. Jyoti Garg, Daughter-in-law of Mrs. Nirmal Garg & residents of DDA Flats Munirka, New Delhi on 06-07-2024. Late L. R. Garg expired on 01-04-2024. On 3rd month of his death, Mrs. Jyoti Garg distributed prasad. A report by R. K. Singhal, Incharge.

4 MEMBERS OF COUNCIL MET S. K. SINGH, DCP, DELHI TRAFFICE POLICE AT TODAPUR ON 11-07-2024



L. to R.= Amit Rupal, S. K. Singh, J. R. Gupta, Y.K. Singhal & Ashok Kumar

4 Members of Senior Citizens Council of Delhi led by its President, J. R. Gupta met S. K. Singh, DCP, Delhi Traffic Police Headquarters, Todapur in his office on 11-07-2024. J. R. Gupta requested to grace the special function at Recreation Centre, Community Centre, Green Park Extn. at 1st Floor opposite K-28 as Chief Guest from 3pm to 3.30pm. He accepted the invitation. A report by Y. K. Singhal, Treasurer.

FREE LEGAL CONSULTATIONS BY ADVOCATE DEPUTED BY DLSA (SOUTH)



With the support of DLSA (South District), Mr. Pavinder Jit Singh, Legal Aid Counsel visited Recreation Centre, Green Park Extn, on Tuesdays falling on 02 & 09-07-2024, Mr. Javed Hussain, visited on 16, 23 & 30-07-2024, Both rendered free Legal advice sought by members of the Senior Citizens Council of Delhi in the presence of more than 5800 members at their doorsteps on 5 days. So far 13350 senior citizens have availed the facilities since June, 2018 in sorting out their petty matters and also by creating awareness among other senior citizens. The Council is grateful to Ms. Jyoti Maheshwari, Secretary, DLSA (South) for her continues support. During the current financial year 2024-25, 6100 Senior Citizens benefited up to 31-07-2024. A report by R.K. Singhal, Incharge.



ASHOK KUMAR, EXECUTIVE BODY MEMBER OF GOVERNING COUNCIL OF SENIOR CITIZENS COUNCIL OF DELHI NOMINATED NEW INCHARGE OF RECREATION CENTRE FROM 23-07-2024 IN PLACE OF R. K. SINGHAL, WHO IS ABSENT WITHOUT PERMISSION - EDITOR

10 MEMBERS OF SENIOR CITIZENS COUNCIL OF DELHI ATTENDED SPECIAL FUNCTION ON 27-07-2024



Amrita Hospital, Sector-88, Faridabad organized special function for Senior Citizens at its Seminar Hall in the presence of 130 Senior Citizens including 10 members of Senior Citizens Council of Delhi led by its President, J. R. Gupta. 3 Eminent Doctors namely Dr. Sanjay Pandey, Dr. Manav Suryavanshi & Dr. Sahil Gaba spoke about various issues concerning Senior Citizens, followed by Dinner. A report by Ashok Kumar, Incharge.

ROJI BALA & PALLAVI FROM HELPAGE INDIA FELICITATED AT CENTRE ON 29-07-2024



L. to R.:- H.S. Gurse, Nandita Verma, Pramila Rani, Roji Bala, Pallavi, J. R. Gupta, Acharya Brahm Dev, D. K. Sharma, Kashmiri Lal & Pt. J.P. Mishra

Roji Bala & Pallavi visited Recreation Centre on 29-07-2024. Both were felicitated with patka. A report by Ashok Kumar, Incharge.

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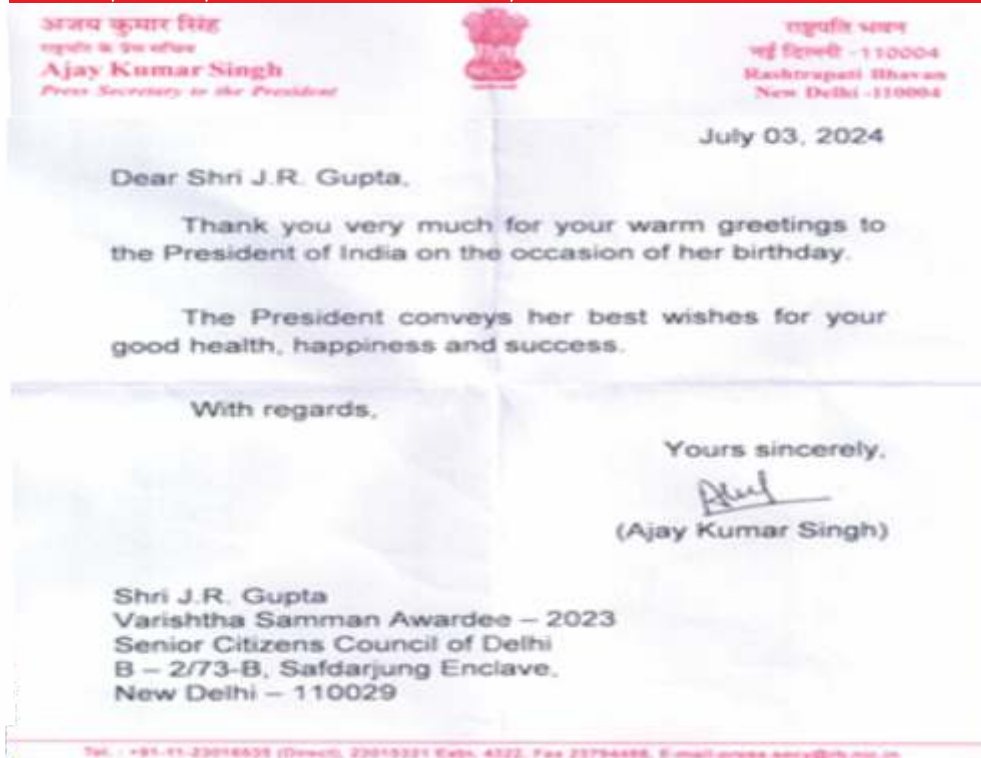
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Printer, Publisher & Editor Shri Gyan Singh Tokas, G-7/1, DLF Ph - 1, Gurugram- 122002 on behalf of Senior Citizens Council of Delhi
Published at : B-2/73-B, Safdarjung Enclave, New Delhi - 110029 • Mobile : 9811004070, 9810488059 • E-mail: guptajr2005@gmail.com
Printed at : 150, Desh Bandhu Gupta Market, Karol Bagh, New Delhi - 110005 • Tel. : 011- 47401321 • E-mail : chauhanartpress@gmail.com

LIFE MEMBERSHIP OF COUNCIL

2644	 Smt. Shanta Kashyap, U-33, Green Park Main, New Delhi -16 Mob. : 9899089508	2646	 Mrs. Anjana Devi, C-39, FF, Deep Vihar, Sector-24, Rohini, Delhi-85 Mob. : 9873393856
2645	 Sh. Naval Kumar Chopra, B-7/89 Extension, SJE, New Delhi - 29 Mob. : 9312254986		

J. R. GUPTA, PRESIDENT, GREETED HON. Mrs. DRAUPADI MURMU, PRESIDENT OF INDIA ON HER 66th BIRTHDAY ON 20-06-2024.



SPECIAL PROGRAMS AT RECREATION CENTRE

16-07-2024 : Joint Birthday Celebrations for the members up to Life Membership number 2559 & enrolled up to 30-06-2023 & upto membership number 2559 born in the month of July on or before 31-07-1963. The confirmation should reach by 11-07-2024 by 3pm subject to availability of Chief Guest.

Souvenir-2024 : is available & can be collected either from Deer Park Satsang or Recreation Centre, Green Park Extension. The members who are paying Rs. 5,100/- or more Annually are also requested to pay the same urgently, as Recreation Grant is pending from Delhi Govt. for the last 2 & half years.

CONDOLENCES

The following Life Members of Council have left for heavenly abode during the last one month from 11-06-2024 to 10-07-2024.

LIFE MEMBERS	MEMBERSHIP NO.	ADDRESS
1. Sh. C. L. Mahajan	782	C-12A, Sector -39, Noida
2. Smt. Indu Bhardwaj	1499	E-32, Sector-39, Noida
3. Smt. Urmila Dewan	84	B-7/105/1, SJE, ND-29
4. Smt. Kanchan Lata Kapoor	76	B-2/72A, SJE, ND-29
5. Smt. Bhupender Kaur	1748	2/A, Arjun Nagar, ND-29
6. Sh. Vijay Pal Kacker	1052	S-5, SF, Green Park, ND-16
7. Smt. Shanti Devi Jaiswal	37	E-40, Jia Sarai, ND-16
8. Sh. Shamal	125	P-18, Pijanji, ND-28
9. Smt. Krishna Devi Singh	287	47E, Jia Sarai, ND-16
10. Smt. Vidya Devi	95	J-1, Jia Sarai, ND-16

- HARI OM SHANTI SHANTI - J. R. GUPTA, President