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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

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DAILY FREE VARIOUS FACILITIES FOR SENIOR CITIZENS IN RECREATION CENTER, GREEN PARK EXTN. FROM 12.30 NOON TO 5.00 PM, Ph. : 011-40537962

AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 18 LAKH SENIOR CITIZENS)

VOL : 010

Issue No. : 116

MONTH : AUGUST, 2023

Rs. 5/-

RAVINDRA SINGH YADAV, IPS, SPL. COMMISSIONER, CRIME & EOW TO BE CHIEF GUEST ON 01-10-2023



L. to R.:- S. M. SINGHAL, RAVINDRA SINGH YADAV, J. R. GUPTA, B. N. SINGH, R. K. SINGHAL & ASHOK KR.

A 5 members delegation of Senior Citizens Council of Delhi led by its President, J. R. Gupta met Ravindra Singh Yadav, IPS, Special Commissioner, Crime & EOW at his office on 31-07-2023. Other members were S. M. Singhal, B. N. Singh, R. K. Singhal & Ashok Kumar. J. R. Gupta requested him to grace as Chief Guest on the occasion of International Day of Older Persons on 01-10-2023 at Green Fields School, Safdarjung Enclave from 8 to 9pm, followed by dinner. He accepted the invitation. J. R. Gupta thanked him for his kind gesture. A report by R. K. Singhal, Incharge.

MUKESH KUMAR GUPTA, MEMBER SECRETARY, DSLSA WOULD BE CHIEF GUEST ON 15-08-2023



L. to R.:- Y. K. Singhal, R. C. Agarwal, J. R. Gupta, Naveen Gupta, Mukesh Kr Gupta, L. R. Garg, G.S. Tokas & Pratap Singh.

A 6 member delegation of Senior Citizens Council of Delhi led by its President J. R. Gupta, met Mukesh Kumar Gupta, Member Secretary, DSLSA & Naveen Gupta, Special Secretary, DSLSA on 04-08-2023 at Rouse Avenue Courts. Other members were Y. K. Singhal, R. C. Agarwal, L. R. Garg, Gyan Singh Tokas & Pratap Singh. J. R. Gupta requested him to grace the function on 15-08-2023 after lunch along with Naveen Gupta. Both consented. J. R. Gupta thanked them for their kind gesture. A report by Y. K. Singhal, Life Member.

H.E. MR. H. DILLUM, MAURITIUS HIGH COMMISSIONER ASSURED TO GET INVITATION FROM MAURITIUS AS SOON AS G20 GLOBAL DATE IS FIXED IN NEW DELHI ON 18-07-2023



In a special function organized by Senior Citizens Council of Delhi at its Recreation Centre, Green Park Extension on 18-07-2023 in the presence of more than 150 members, Chief Guest H.E. Mr. H. Dillum, Mauritius High Commissioner assured to get an invitation from Mauritius as soon as date of G20 Global Countries is fixed in India under MOU between Senior Citizens Council of Delhi & Senior Citizens Council Mauritius to promote exchange of

views of both the Countries on reciprocal basis. He further told that we have blood relation between both the Countries. In Mauritius, Senior Citizens are getting a lot of free facilities just like higher pension, free riding in buses including free health services. He also felicitated 29 Male & Female members born in the month of July, 2023 with shawl, flowers. J.R. Gupta, President thanked the Chief Guest & felicitated ... Contd at Page 3 with more Photos

COUNCIL / CONFEDERATION EXTENDS MORAL SUPPORT & LEGAL GUIDANCE TO SENIOR CITIZENS



Mrs. Phool Wati, Widow (80) resident of V&PO, Dhool Siras, visited Recreation Centre on 12-07-2023 along with Complaint No. 00081760052300457 dated 05.05.2023 against his younger son Rajbir Singh & elder son Ram Niwas Singh including their wives & grandson Aakash regarding forcefully evicted from her own aforesaid house on 26-03-2023, already lodged in Police Station Dwarka, Sector-23 on 05-05-2023. Eviction proceedings under the Maintenance Act-2007. She has now filed Eviction proceedings with DM/ADM/SDM on 12-07-2023. She has extended thanks to the Confederation for their regular Legal guidance & Moral Support since then. - Editor



Smt. Kamla, Widow (83) resident of Sarai Kale Khan, New Delhi-110013 visited Recreation Centre on 16-05-2023 along with Complaint No - 162300327 dated 15-05-2023, has been physically abused, harassed & threatened to kill by her elder son Mange Ram including his younger brother Krishan Kumar, already lodged in Police Station Sunlight Colony. Even her pension was also grabbed by her son including to grab her property. No further harassments reported so far. She has extended thanks to the Confederation for their regular moral support & legal guidance. - Editor

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ELDERLY NEWS WISHES ITS READERS INDEPENDENCE DAY, TEEJ, RAKSHA BANDHAN, TEACHERS DAY, PHYSIOTHERAPY DAY & FIRST AID DAY

CONFEDERATION

NATIONAL INDEPENDENCE DAY ON 15-08-2023



Indian Independence Day, on August 15, reminds us of the long, hard-fought battle for liberation against British domination championed by Indian Leaders. Every year on 15th August, Prime Minister of India hoisting National Flag at Red Fort. In some ways, this became a custom and on each subsequent Indian Independence Day, the Prime Minister Shri Narendra Modi would raised the Country's flag and gives an address to the Nation from Red Fort. Indian Independence Day 2023 will be observed throughout India with parades, flag hoisting events and cultural setups. Senior Citizens Council of Delhi would hoist National Flag at daily Deer Park Satsang on 15-08-2023 morning. -L.R. GARG, EDITOR.

BIRTHDAY CELEBRATIONS BY MCD RETIRED ENGINEERS ASSOCIATION, DELHI ON 28-07-2023



MCD Retired Engineers Association Delhi organized Birthday of H. L. Gulati (88) and K. L. Sapra (84) on 28-07-2023 at Safdarjung Club, during its monthly Meeting. A report by D. K. Sangal, Treasurer.

JODHPUR SENIOR CITIZENS CELEBRATED THEIR FOUNDATION DAY ON 30-7-2023



Jodhana Senior Citizens Society, Jodhpur celebrated its 15th Foundation Day at "ASTHA " Senior citizen home. President Prem Sukh Daga, Secretary, P D Agarwal with few other members garlanded the Statue of Late Bhagwan Singh Parihar, the than founder member & welcomed all present. Society honored 8



founder members including Ram Raj Bhandari, Patron by offering shawls. Members entertained by presenting songs, bhajans, jokes and shayari. P D Agarwal briefed about past and present activities, followed by vote of thanks. A report by P. D. Agarwal, Secretary.

DR. HARSH VARDHAN, MP VISITED S.V.N. M, SHALIMAR BAGH ON 11-07-2023

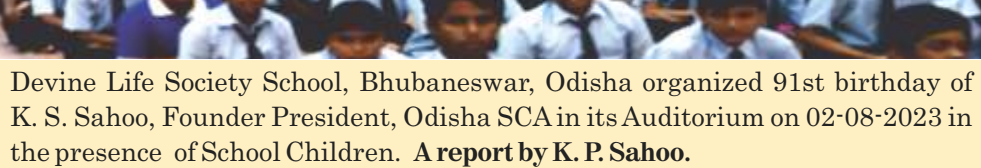


Dr. Harsh Vardhan, Member of Parliament from Chandni Chowk Constituency visited Recreation Centre of Sahyog Varisht Nagrik Manch, CC Block, Shalimar Bagh on 11-07-2023. A Report by R.K. Nanda, President.

91ST BIRTHDAY CELEBRATION OF K. S. SAHOO, CHIEF ADVISOR, ERA, ODISHA ON 02-08-2023



Devine Life Society School, Bhubaneswar, Odisha organized 91st birthday of K. S. Sahoo, Founder President, Odisha SCA in its Auditorium on 02-08-2023 in the presence of School Children. A report by K. P. Sahoo.



ACTIVITIES OF SCA MIX HOUSING COMPLEX, KONDLI GHAROLI PH-II ON 23-07-2023



Senior Citizen Association, Mix Housing complex, Kondli Gharoli Phase-II, Mayur Vihar Phase-III organized A.G.M. including Birthday of Members born in the month of July on 23-07-2023. A report by Dr. Tapan Chakraborty, President.

BIRTHDAY CELEBRATIONS BY GULMOHAR SCA FOR MEMBERS BORN IN JULY ON 30-07-2023



Gulmoihar Journalists' Senior Citizens Forum organized birthday of its members born in July on 30-07-2023, which were felicitated by Chief Guest Mathew Cherian, former CEO, HelpAge India. He spoke about how to make life easy in the second innings. He was felicitated by Member, followed by high tea. A report by Vimal Bhan.

BIRTHDAY CELEBRATIONS OF MEMBERS BORN IN JUNE BY SCWS, SHALIMAR BAGH ON 01-07-2023



Senior Citizens Welfare Society, AB Block, Shalimar Bagh organized birthdays of members born in the month of June on 01-07-2023, followed by Patka & gifts. A report by P. P. Tuteja, General Secretary.

BIRTHDAY CELEBRATIONS BY SAHYOG VARISHT NAGRIK MANCH, SHALIMAR BAGH ON 30-06-2023



Sahyog Varisht Nagrik Manch, C C Block, Shalimar Bagh organized Birthday Celebrations of its members born in the month of June at its Recreation Centre on 30-06-2023. A report by R. K. Nanda, President.

Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), K.K.Mehta (Tagore Garden), Dinesh Kumar Sangal (Arjun Nagar)
Reporters : Pratap Singh , R.K.Singhal & Gyan Singh Tokas (Chief Editor J.R. Gupta Responsible only for selection of News under the P.R.B. Act . 1867). All disputes , subject to Delhi Jurisdiction.
E-mail: guptajr2005@gmail.com, **Web:** www.seniorelitzensdelhi.org.

Daily Spiritual Discourses, at Deer Park Satsang (7AM to 8 AM), Recreation Centre, Green Park Extn. (3 pm to 4 pm) & Shiv Mandir, Green Park (5:15 PM to 6:15 PM) & Sadbhawna Satsang Mandal, Munirka every Sunday (9:30 AM to 10:30 AM) respectively from 16-07-2023 to 31-07-2023 Pt. Raghav Kishore Ramayani, Etawa, UP, from 01-08-2023 to 15-08-2023 Pt. Ram Chander Mishra Ramayani, Ayodhya, UP, from 16-08-2023 to 31-08-2023 Pt. Om Prakash Tripathi, Jhansi, UP - Editor.



APPEAL TO ENROLL LIFE SUBSCRIBERS OF ELDERLY NEWS

Elderly News requests to all its readers to enroll themselves by making one time payment of Rs. 500/- along with one photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, IFSC code :BKID 0006036. The amount is exempted under 80G of Income Tax Act 1961. -L. R. Garg, Secretary



APPEAL TO ENROLL LIFE SUBSCRIBERS ELDERLY NEWS BY CONFEDERATION MEMBERS

Elderly News requests to all its readers to enroll themselves by making one time payment of Rs. 500/- along with one photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, IFSC code :BKID 0006036. The amount is exempted under 80G of Income Tax Act 1961. -B.S. Yadav, Secretary General

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for the last 42 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of such cases have already been solved by the Council headed

by its President Sh . J.R. Gupta, during the current year. Any senior citizen residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs . 1200 /- by cheque / cash as life membership fee. The amount can also be deposited in the name of Senior Citizens Council of Delhi in Bank of India , Safdarjung Enclave Branch , Saving Bank Account No : 603610110001482 , IFSC Code : BKID 0006036 The amount is exempted under 80 G of Income Tax Act, 1961. - H.D. Ralhan, Life Member

FROM FRONT PAGE ----SPEECH OF HIGH COMMISSIONER, NUKKAD NATAK ---- SUNDERKAND PATH---- JOINT BIRTHDAY ----TALK ON INVESTMENT



him with bouquet, flowers & shawl including Ms. Reema, Dy. High Commissioner & Mrs. Jaggi, PS to High Commissioner, followed by high tea. Earlier, Sunderkand Path was organized by Dinesh Kumar Sharma, Poonam Bhagotra, Harikesh Shukla, Pritam Singh, Neelam Malhi, Usha Sharma & other male & female members. A Nukkad Natak was played on friendship of

Lord Krishna & Sudama, which was appreciated by all present. The artists were Dinesh Sharma, Hari Singh Gursej & Lachhman Dutt in the role of Sudama, Security Guard & Lord Krishna respectively. A talk on investment was also organized by UTI officials, followed by refreshment packets. **A report by R. K. Singhal, Incharge.**

FELICITATION OF NEELAM MALHI AT RECREATION CENTRE, GREEN PARK EXTENSION ON 01-08-2023



During Sunderkand Path, Senior Citizens Council of Delhi felicitated **Neelam Malhi** at its Recreation Centre, Green Park Extension on 01-08-2023 by ladies members in the presence of Pt. Ram Chander Mishra Ramayani, Ayodhya & J. R. Gupta. All members prayed to **Hanumanji** for

her long life & sound health, followed by kajubarfi prasad. Also **Naresh Pandey**, life member was felicitated at Deer Park Satsang on 30-07-2023 by Pt. Raghav Kishore Ramayani, Etawah UP. **A report by R. K. Singhal, Incharge.**

5 COUNCIL MEMBERS DELEGATION LED BY J. R. GUPTA MET H.E.H. DILLUM, MAURITIUS HIGH COMMISSIONER ON 05-07-2023



L to R:- K. D. Singh, V. K. Pahuja, J. R. Gupta, H. Dillum, R. P. Gupta & Pradeep Aggarwal

A 5 Members delegation of Senior Citizens Council of Delhi led by its President, J. R. Gupta met H.E. H. Dillum, Mauritius High Commissioner at Embassy on 05-07-2023. The other members were K. D. Singh, V. K. Pahuja, R. P. Gupta & Pradeep Aggarwal. J. R. Gupta requested him to kindly take up the issue regarding Mauritius Delegation visit to be hosted by Council, as they are not responding for the last 2 months. He told that Hon'ble Minister will visit India soon after fixing of date of G20 Nations to be hosted by India. **A report by V. K. Pahuja, Life Member.**

FELICITATION OF DAUGHTER & SON-IN-LAW OF PT. RAGHAV KISHORE RAMAYANI ON 15-07-2023



Senior Citizens Council of Delhi felicitated **Pt. Raghav Kishore Ramayani, Etawah, UP** at its Recreation Centre, Community Centre, Green Park Extension including his daughter, son-in-law & Pt. Mahender Mishra Ramayani of Chitrakut by J. R. Gupta, President & other members. **A report by R. K. Singhal, Incharge.**

HEALTH TALK BY Dr. AVTAR SINGH AT RECREATION CENTRE ON 01-07-2023



Dr. Avtar Singh delivered a Health Talk at Recreation Centre on the occasion of Doctor's Day on 01-07-2023. He spoke about the importance of Doctors Day as they are saviours ; hence , many consider them as next to God for their noble work .This day highlights the contribution of Doctors in the society . This day is celebrated to honour Dr Bidhan Chand Roy whose birth and death anniversary both falls on July 1. Dr. B C Roy was a famous physician and freedom fighter and was awarded Bharat Ratna.

Doctor not only treat and heal patients but also educate and prepare future generations of doctors in the Nation. J.R. Gupta, President thanked him followed by refreshments . **A report by R. K. Singhal, Incharge.**

DIGITAL LITERACY PROGRAM BY SCA KATWARIA SARAI ON 04.08.23



VARISHT NAGRIK KALYAN SANGH, Katwaria Sarai organized digital awareness program in their Recreation Centre, Katwaria Sarai on 04.08.2023 in association with Help Age India. **A report by Aman Singh, President.**

FELICITATION OF THERESA DIEUDONNE AT CENTRE ON 29-07-2023



In a special function, Senior Citizens Council of Delhi felicitated **Theresa Dieudonne** on 29-07-2023 at Recreation Centre, Green Park Extension, followed by prasad sponsored by her in the presence of Pt. Raghav Kishore Ramayani, Etawah, UP. **A report by R. K. Singhal, Incharge.**

FREE LEGAL CONSULTATIONS BY ADVOCATE DEPUTED BY DLSA (SOUTH)



With the support of DLSA (South District), Advocate Pea Pankaj, Legal Aid Counsel visited Recreation Centre, Green Park Extn, on every Tuesdays falling on 11, 18 & 25-07-2023 & Advocate Jatin Diwedi on 01-08-2023. Both rendered free Legal advice sought by members of the Senior Citizens Council of Delhi in the presence of more than 1300 members at their doorsteps on 4 days. So far 8850 senior citizens have availed the facilities since June, 2018 in sorting out their petty matters and also by creating awareness among other senior citizens. The Council is grateful to Sukhjeet Singh, Secretary, DLSA (South) for his continues support. During the current financial year 2023-24, 1600 Senior Citizens benefited up to 01-08-2023. A report by R.K. Singhal, Incharge.

COUNCIL PROPOSED FOLLOWING TOURS FOR ITS MEMBERS DURING SEPTEMBER, 23 TO MARCH, 24

- 02, 03 & 04-09-2023 – Baba Baidyanath Dham, Deoghar, Jharkhand
- 28, 29 & 30-10-2023 – ISU3A Conference on Ageing at Chennai hosted by Mr. Sathyamoorthy (1 & half day)
- 06, 07 & 08-01-2024 – Ganga Sagar & Kolkata
- 02, 03 & 04-02-2024 – Ayodhya
- 02, 03 & 04-03-2024 – Haridwar Ageing Conference

Note :- Interested members of Senior Citizens Council of Delhi are requested to give their consent on first come first serve basis to R. K. Singhal, Incharge on his Mob. No : 9810843262. After receipt of confirmation from 50 members, in each Tour, the Council will find out details of mode of Airline & Train including details of Hotels & expenses to be paid by each member on twin share basis.

RSVP :- J. R. Gupta, President, Mob. : 9810488059

SPECIAL PROGRAMES BETWEEN JULY, 2023 & APRIL, 2024

- 15-08-2023 : Independence day Celebrations at Deer Park Satsang between 7 – 8 am.
- 19-08-2023 : Mehendi Competition at Centre on Hariyali Teej.
- 01-10-2023 : AGM of Council & Elections of Governing Council followed by dinner at Green Fields School, Safdarjung Enclave between 6.30 pm – 8.30 pm.

SPECIAL SHRI RAM KATHA AT VRINDAVAN DHAM BY PARAM PUJAY VIJAY KAUSHAL JI MAHARAJ FROM 04 TO 15-08-2023



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CORRIGENDUM OF LIFE SUBSCRIBERS OF ELDERLY NEWS OF JULY, 2023

Due to Printing Press mistake, Photos of Life Subscribers were wrongly taken from Elderly News of July, 2023. Correct photos now published in August, 2023 issue of Elderly News as detailed below. Inconvenience caused to them is regretted. – Editor



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44TH ANNUAL DAY ON 15-08-2023 AT RECREATION CENTRE



Senior Citizens Council of Delhi will celebrate its 44th Annual Day at Recreation Centre on 15-08-2023. On this occasion, Sunder Kand Path would also be recited in the memory of Late Mata Asha Rani Sehgal on her 16th Anniversary & her daughter Late Smt. Kamlesh Kapoor on her 2nd Anniversary. Students of 10th & 12th class scoring

more than 90% marks in CBSE Examination 2023 would also be felicitated including free distribution of Exercise books/stationery articles to poor students of MCD Primary Schools. - EDITOR

COUNCIL ORGANIZING SUNDERKAND PATH ON EVERY TUESDAY AT RECREATION CENTRE



Senior Citizens Council of Delhi has been organizing regularly **Sunderkand Path** at its Recreation Centre, Community Centre at Green Park Extension since 2016. On 01-08-2023, Sunderkand Path was recited by Harikesh Kumar Shukla, Attendant, Dinesh Sharma, Usha Sharma, Neelam Malhi, Poonam Bhagotra & Pritam Singh played Dholak in the presence of larger number of Senior Citizens followed by heavy refreshments packets. A report by R. K. Singhal, Incharge.

SPECIAL PROGRAMS AT RECREATION CENTRE

15-08-202 : Joint Birthday Celebrations for the members up to Life Membership number 2449 & enrolled up to 31-07-2022 born in the month of August on or before 31-08- 1962, subject to availability of Chief Guest. Confirmation should reach latest by 11-08-2023 positively.

Souvenir 2023 : Please collect the same if not already collected. Either from Deer Park Satsang from 7am to 8am, Recreation Centre from 3pm to 4pm on any day including Sundays / Holidays.

CONDOLENCES

The following Life Members of Council have left for heavenly abode during the last one month from 11-07-2023 to 10-08-2023.

LIFE MEMBER	MEMBERSHIP NO.	ADDRESS
1. Sh. Suresh Chand Gupta	2519,	A-505, Kenwood Tower, Charmwood Village, Surajkund, Fbd.
2. Sh. C. L. Khanna,	131,	B-7/57/2, Sje., N.D.-110029

- HARI OM SHANTI SHANTI - J. R. GUPTA, President