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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

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DAILY FREE VARIOUS FACILITIES FOR SENIOR CITIZENS IN RECREATION CENTER, GREEN PARK EXTN. FROM 12.30 NOON TO 5.00 PM, Ph. : 011 -26171092

AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 18 LAKH SENIOR CITIZENS)

VOL : 009

Issue No. : 104

MONTH : AUGUST, 2022

Rs. 5/-

CONFEDERATION MEMBERS LED BY J.R. GUPTA MEETS R.P. GAUTAM, SW MINISTER ON 19/07/2022



L to R :- R.K. Singhal, Deshraj, Pratap Singh, Y.K. Singhal, Santosh Kumar, J.R. Gupta & R.P. Gautam, Minister
6 Members delegation of Confederation of Senior Citizens Associations of Delhi (an umbrella body of 18 lakh senior citizens) led by its Chairperson **J.R. Gupta** met **Rajendra Pal Gautam**, Social Welfare Minister, Delhi Govt. at his official residence on 19/07/2022. The other members were R.K. Singhal, Deshraj, Pratap Singh, Y.K. Singhal & Santosh Kumar. **J.R. Gupta** requested the Minister to call the meeting of Confederation members so that pending issues concerning Senior Citizens of Delhi including pending recreation grant to SCAS could be discussed in the presence of officers of SW Department. The Minister agreed & assured to do needful on priority basis. **A report by R.K. Singhal, Incharge.**

CONFEDERATION MEMBERS MEETS Ms. GARIMA GUPTA, IAS, SECRETARY, SW, GNCTD ON 11/07/2022



L to R :- Pratap Singh, V.K. Pahuja, B.S. Yadav, Y.K. Singhal, J.R. Gupta & Ms. Garima Gupta, IAS
5 Members delegation of Confederation of Senior Citizens Associations of Delhi (an umbrella body of 18 lakh senior citizens) led by its Chairperson **J.R. Gupta** met **Ms. Garima Gupta, IAS, Secretary**, Social Welfare Department at her office on 11/07/2022. The other members were Pratap Singh, V.K. Pahuja, B.S. Yadav & Y.K. Singhal. J.R. Gupta requested her to visit Recreation Centre of Senior Citizens Council of Delhi as per her convenience. She assured to plan in due course. **A report by Pratap Singh, Treasurer.**

COUNCIL / CONFEDERATION EXTENDS MORAL SUPPORT & LEGAL GUIDANCE TO SENIOR CITIZENS.



Thakur Dass Kalra (68) resident of Paschim Vihar, has been abusing, harassing, misbehaving, threatening to lodge false cases by his daughter-in-law in connivance with her father, mother, brother & cousin brother. He was advised to file a civil suit in the court of Civil Judge, (west) who ordered on 11/05/2022 that senior citizen should be allowed to live peacefully in his own house and daughter-in-law was directed not to obstruct the ingress from the house. **He has already shifted to his house on 16/05/2022 & is living peacefully.** Complainant extended thanks to the Council for their regular moral support & legal guidance from time to time. **- Editor**

CONFEDERATION MEMBERS MEETS KUMAR TUHIN, NEW DG, ICCR ON 04/08/2022



L to R :- Vimal Bhan, B.N. Singh, Kumar Tuhin, J.R. Gupta, S.M. Singhal & Y.K. Singhal.

5 Members delegation of Confederation of Senior Citizens Associations of Delhi (an umbrella body of 18 lakh senior citizens) led by its Chairperson **J.R. Gupta** met **Kumar Tuhin, New DG, ICCR** at his office on 04/08/2022. The other members were Vimal Bhan, B.N. Singh, S.M. Singhal & Y.K. Singhal. J.R. Gupta briefed about Recreation Centre, Green Park Extn. in which various free facilities are being provided on daily basis such as Homoeopathy Dispensary, Physiotherapy, Blood sugar test, Computer Training, Yoga Classes, Library, News Papers, Television, Carom Board, Chess, Ludo, health checkup camps, consultations from eminent doctors & Spiritual Discourses including free Aid Legal Counsel on every Tuesdays with the support of Secretary, DLSA, South. He further told that main aim of the Confederation / Council is to protect lonely senior citizens from abuses / humiliations at the hands of their own children & others amicably & under Maintenance Act, 2007. He requested him to grace our function at Recreation Centre on any convenient day & time subject to 3 days advance intimation. J.R. Gupta extended thanks to him for sparing his valuable time. **A report by Vimal Bhan, Life Member.**

BHARAT PARASHAR, MEMBER SECRETARY, DLSA ADDRESSES SENIOR CITIZENS AT RECREATION CENTRE, GREEN PARK EXTN. ON 19/07/2022



Senior Citizens Council of Delhi organized special function at its Recreation Centre, Green Park Extn. on 19/07/2022 in the presence of 111 senior citizens in which Bharat Parashar, Member Secretary, DLSA Contd at Page 3



Mrs. Murti Mann, widow, 71, resident of Chattarpur Enclave has been abused, harassed, physically tortured & threatened to lodge false cases by daughter-in-law in connivance with her husband, her father who is working in Delhi Police who used his personal influence with the result no action was taken on her online complaint dated 18/11/2020. Her case was taken up by Council with DM (South) on 22/07/2022 with a request to decide her case on priority basis, as no effective hearing has taken place since 04/02/2020. **She has extended thanks to the Council for their regular moral support & legal guidance from time to time.** **- Editor**

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ELDERLY NEWS WISHES ITS READERS HAPPY TULSI JAYANTI, RAKSHA BANDHAN, INDEPENDENCE DAY & JANMASHTAMI

CONFEDERATION NEWS

INDEPENDENCE DAY CELEBRATIONS ON 15/08/2022



India is all set to celebrate its 76th Independence Day on 15 August this year. The government has launched 'Azadi Ka Amrit Mahotsav' to commemorate 75 years of independence and honour the glorious history of its people, culture, and achievements. The celebrations for the 75th year of independence began on 12 March 2011, in a 75-week countdown and will come to an end on 15 August 2022. 'Har Ghar Tiranga' campaign is also a part of Azadi Ka Amrit Mahotsav. The aim is to encourage people to bring the Indian flag home and hoist it. The Confederation of Senior Citizens Associations of Delhi are planning to create awareness among senior citizens of Delhi to the 'Har Ghar Tiranga' campaign. The main function would be on 15/08/2022 at Recreation Centre, Green Park Extn. **L.R. Garg Editor**

ACTIVITIES BY SCWS, AB BLOCK, SHALIMAR BAGH ON 27/07/2022



Senior Citizens Welfare Society AB Block Shalimar Bagh organised Yoga and other activities for the students of MCD Primary School AB Block Shalimar Bagh on 27.7.2022. Stationery kit was distributed to all 137 students present. **Capt Chander Sachdev, President, SCWS.**

BIRTHDAY CELEBRATIONS BY SAHYOG VARISHT NAGRIK MANCH, SHALIMAR BAGH ON 27/07/2022



Sahyog Varisht Nagrik Manch, CC Block, Shalimar Bagh organized Birth Day celebrations on 31/07/2022 in its Recreation Centre. **A report by R. K. Nanda, President.**

ACTIVITIES OF SCWS, AB BLOCK, SHALIMAR BAGH ON 30/07/2022



Senior Citizens Welfare Society, AB Block, Shalimar Bagh celebrated birthday of members born in the month of July on 30/07/2022. **Capt Chander Sachdev, President**

ACTIVITIES OF MOTI NAGAR SENIOR CITIZENS CULTURAL ASSOCIATION



A group of 45 members of Moti Nagar SCCA under the guidance of its President, Subhash Sharma, undertook two days (July 29-30, 2022) religious trip by A/C bus to KhatuShyamji, SalasarDhamji and Jhunjhunu Sati Mandir. The journey was enjoyed by everyone with bhajan / kirtan on both ways. **Subhash Sharma, President**

ACTIVITIES OF SENIOR CITIZENS FORUM, O BLOCK, DILSHAD GARDEN ON 26/07/2022.



Senior Citizens Forum, Dilshad Garden, O Block, organized free vaccination camp for local residents & senior citizens. 80 persons vaccinated on 26/07/2022. **R.K. Uniyal, President**

ACTIVITIES OF SENIOR CITIZENS FORUM, DILSHAD GARDEN, O-BLOCK, ON 30/07/2022



Senior Citizens Forum, O Block, Dilshad Garden celebrated its 7th annual function & felicitated its members at the age of 75 & more with shawl & gifts on 30/07/2022. **R.K. Uniyal, President**

BHAJAN SANDHYA BY JODHPUR SENIOR CITIZENS ON 23/07/2022



Jodhana Senior Citizens Society, Jodhpur organised Bhajan Sandhya on 23/07/2022 at "ASHAPURA MATAJI MANDIR" Kaga, Jodhpur. This temple is very old and is a worship place specially for "BHANDARIS" and a beautiful place surrounded by green mountains. Smt Rekha Bhati, Ramavtar Agarwal & Satmarain Agarwal and few others presented melodious bhajans. the programme was sponsored by Smt Shanta Bhandari and Ram Raj Bhandari, followed by dinner. **A Report by S.C. Deora**

BIRTHDAY CELEBRATIONS BY KALKAJI SCWF ON 31/07/2022



Kalkaji Senior Citizens Welfare Forum celebrated joint birthday of its members at Recreation Centre on 31/07/2022. **Y.N. Sharma, President**

ACTIVITIES OF GULMOHAR SENIOR FORUM 31/07/2022



Gulmohar Senior Forum celebrated the birthdays of all July born members on 31/07/2022 in Gulmohar Club. Under the "Passion Talk" series the Forum has started, the speaker of the day was Ms. Madhu Bhandari, who shared her study in the fields of numerology and astrology, followed by Q & A session. **Vimal Bhan**

ACTIVITIES OF SCA, ROHINI, SECTOR-13 ON 09/07/2022



Silver Citizens Association, Rohini, Sector-13, organized Sunder Kand Path on 09/07/2022. **Report by D. K. Mehra, Treasurer.**

NEW MANAGING COMMITTEE OF DAS SCWO, DILSHAD GARDEN ON 09/07/2022

The AGM and election of our Organization took place on 09/07/2022. The following are the details of the new Committee of Das SCWO, Dilshad Garden. **KN Chhabra, President, RK Soni, Sr. Vice-President, Raj Pal Arora, Vice-President, Smt Pushpa Goel, Vice-President, K.K. Dhar, Treasurer & Satnam Singh, General Secretary. Report by K.N. Chhabra, President**

ACTIVITIES OF ISU3A, SANGAM, ALLAHABAD, U.P. ON 16/07/2022



Pradeep Sinha, Vice-Chairperson, ISU3A, (Central Zone), Allahabad, U.P. organized cultural program in the presence of large number of VIPs including G.K. Khare on 16/07/2022, which was enjoyed by all present followed by snacks. **A report by Pradeep Sinha, Vice-Chairperson (Central Zone)**

POLICE MEETING ORGANIZED BY DAS SCWO ON 10/07/2022



Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), K.K. Mehta (Tagore Garden), Dinesh Kumar Sangal (Arjun Nagar) **Reporters :** Pratap Singh, R.K. Singhal & Gyan Singh Tokas **Chief Editor :** J.R. Gupta **Responsible only for selection of News under the P.R.B. Act, 1967.** All disputes, subject to Delhi Jurisdiction. **E-mail: guptajr2005@gmail.com, Web: www.seniorcitizensdelhi.org.**

Daily Spiritual Discourses, at Deer Park, Satsang (7 & 8 AM), Recreation Centre, Green Park Extn. (3 to 4 PM) & Shiv Mandir, Green Park from 5:15 PM to 6:15 PM by Pt. Om Prakash Tripathi, Jhansi, U.P. from 01/08/2022 to 15/08/2022, Pt. Dinesh Pandey, Shivan, Bihar from 16/08/2022 to 31/08/2022 & Pt. Shyam Shastri, Mirzapur, U.P. From 1-9-2022 to 15-9-2022. **-Editor**

APPEAL TO ENROLL LIFE SUBSCRIBERS OF ELDERLY NEWS

Elderly News requests to all its readers to enroll themselves by making one time payment of Rs. 500/- along with one photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, IFSC code :BKID 0006036. The amount is exempted under 80G of Income Tax Act 1961. **-L. R. Garg, Secretary**



APPEAL TO ENROLL LIFE SUBSCRIBERS ELDERLY NEWS BY CONFEDERATION MEMBERS

Elderly News requests to all its readers to enroll themselves by making one time payment of Rs. 500/- along with one photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, IFSC code :BKID 0006036. The amount is exempted under 80G of Income Tax Act 1961. **-B.S. Yadav, Secretary General**

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for the last 42 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of such cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any senior citizen residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque / cash as life membership fee. The amount can also be deposited in the name of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, Saving Bank Account No : 603610110001482, IFSC Code : BKID 0006036. The amount is exempted under 80 G of Income Tax Act, 1961. **-H.D. Ralhan, Founding Member**

FROM FRONT PAGE-----BHARAT PARASHAR-----JOINT BIRTHDAY, CHILDREN PLAY, EXERCISES BY MALE / FEMALE, VIPUL SANDWAR-



as Chief Guest, **Sushant Changotra**, Additional Secretary and **Vipul Sandwar**, Secretary, DLSA (South) as Guests of Honour. All the guests felicitated 16 male & female senior citizens born in the month of July, 2022 with flowers & shawls as a token of respect & regards. Chief Guest briefed about rights of senior citizens & precautions while drafting a WILL. He extended birthday greetings to all concerned. He also appreciated cultural performance of children on Save Earth, Green Delhi & Clean Delhi. He also appreciated Yoga & Exercises by male & female senior citizens. Other guests also spoke about helpline number 1516 & how senior citizens could get the free services of Legal Aid Counsel. Earlier, Sunder Kand Path was recited by Mrs. Poonam Bhagotra, Cultural Co-ordinator, Harikesh Shukla, Attendent, Pritam Singh, Mrs. Usha Sharma, R.K. Singhal, Incharge & others. **J.R. Gupta**, President felicitated all the guests & extended birthday greetings to all concerned & also prayed to Almighty for their long life with sound health followed by refreshment packets. **A report by R.K. Singhal, Incharge**

COUNCIL ORGANIZES BHAJAN SANDHYA AT RECREATION CENTRE ON 17/07/2022



Senior Citizens Council of Delhi organized Bhajan Sandhya at its Recreation Centre, Green Park Extn. in the presence of 70 senior citizens on 17/07/2022 with the support of **Mrs. Promila Rani**, Life Member & her son-in-law **Kishore Chander Surma** of Noida, which was recited by eminent singer **Krishna Pant, Ankichan** of Noida for 3 hours. The members enjoyed the program very much. **J.R. Gupta**, President felicitated singer, Krishna Pant, Mrs. Promila Rani & her son-in-law Kishore Chander Surma followed by refreshment packets. **A report by R.K. Singhal, Incharge.**

40 COUNCIL MEMBERS VISITS RASHTRAPATI BHAWAN ON 09/07/2022



On the request of members of Council participating daily at Recreation Centre, Green Park Extn, 40 members visited Rashtrapati Bhawan on 09/07/2022 in one AC bus and seen Darbar Hall & other important places inside Rashtrapati Bhawan with official Guide followed by lunch. **A report by R.K. Singhal, Incharge.**

TULSI JAYANTI CELEBRATION AT DEER PARK SATSANG ON 04/08/2022



Senior Citizens Council of Delhi organized Tulsi Jayanti at Deer Park Satsang on 04/08/2022 in the presence of 46 senior citizens. **Pt. Om Prakash Tripathi** of Jhansi of U.P. briefed that **Goswami Tulsidas** born in the year of 1554 at Village Rajapur, Dist. Banda, U.P. about Birth & Nirvan in the year of 1680 at the age of 126 years. **Lord Hanuman** helped him for the darshan of **Lord Rama** at Chitrakoot. He got reputation as Hindu Saint through out India & abroad after completion of Rama Charit Manas in Hindi. **J.R. Gupta**, President felicitated him along with other members followed by Prasad. The tributes were paid to Tulsidas Ji by all members for his recognition as eminent poet. **A report by Dinesh Kumar Sharma, Spritual Cordinator.**

J.R. GUPTA ATTENDS SOUTH DISTRICT ADVISORY BODY MEETING ON 03/08/2022



J.R. Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi (an umbrella body of 18 lakh senior citizens) attended quarterly meeting of South West District Advisory Body of Delhi Police, in DCP (SW), at Vasant Vihar in Conference hall, which was chaired by **Rajiv Kumar Rawal**, Addl. DCP (SW) in the presence of Police Officers. **J.R. Gupta** appreciated the role of beat constables in Safdarjung Enclave, Arjun Nagar, Himayunpur & Hauz Khas Village including regular monitoring by SHO & ACP. All other representatives also spoke about their areas followed by refreshments. **-Editor**

FELICITATION OF RAJIV GUPTA AN OLD DEVOTEE OF SATSANG ON 05/08/2022



Senior Citizens Council of Delhi felicitated **Rajiv Gupta**, an old devotee & social worker of Deer Park Satsang on 05/08/2022 in the presence of 54 members. He visited Satsang after a long time of 10 years. **J.R. Gupta**, President lauded his free services for the Satsang & prayed Almighty for his long life with sound health followed by prasad. **A Report by Pratap Singh, Treasurer.**

COUNCIL MEMBERS FELICITATED CULTURAL SAMITI, BHARATPUR AT DEER PARK SATSANG ON 11/07/2022



Senior Citizens Council of Delhi felicitated Dharam Singh & Dheeraj Singh of Shree Radhe cultural samiti from Bharatpur at Deer Park Satsang in the presence of 55 members including J.R. Gupta and others followed by prasad. A report by Pratap Singh, Treasurer.

COUNCIL ORGANIZED FREE VACCINATION CAMP AT RECREATION CENTRE, GREEN PARK EXTN. ON 27/07/2022



Senior Citizens Council of Delhi organized free vaccination camp for 12-14 years & above 60 years including booster dose for senior citizens at its Recreation Centre, Green Park Extn. in which 142 senior citizens and students availed the free facility at their doorsteps. The camp was organized with the support of staff of DM (South). The vaccination camp was supervised by Dr. Victoria with the help of two nurses and doses were given. J.R. Gupta, President extended thanks to the doctors team for their sincere efforts followed by light refreshments. A report by R.K. Singhal, Incharge.

FREE LEGAL CONSULTATION BY LEGAL AID COUNSELS DEPUTED BY DELHI LEGAL SERVICES AUTHORITY, SOUTH ON EVERY TUESDAYS AT RECREATION CENTRE, GREEN PARK EXTN.



With the support of DLSA (South District), Advocates Yogesh Sharma visited Recreation Centre, Green Park Extn. on every Tuesdays falling on 12, 19 & 26/07/2022 & Advocate Mani Mishra visited on 02/08/2022. Both rendered free Legal advice sought by members of the Senior Citizens Council of Delhi in the presence of more than 250 members at their doorsteps on four days. So far 4500 senior citizens have availed the facilities since June, 2018 in sorting out their petty matters and also by creating awareness among other senior citizens. The Council is grateful to Mr. Vipul Sandwar, former Secretary, DLSA (South) & new Secretary Sh. Animesh Kumar for their continues support. During the current financial year 2022-23, 2320 senior citizens benefited from this facility up to 02/08/2022. A report by R.K. Singhal, Incharge.



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COUNCIL MEMBERS ORGANIZED NATIONAL HEPATITIS DAY AT RECREATION CENTRE ON 28/07/2022



Senior Citizens Council of Delhi organized National Hepatitis Day at its Recreation Centre, Green Park Extn. in the presence of 54 members on 28/07/2022. This day aim is to create global awareness about hepatitis, which is a group of infectious diseases known as hepatitis A, B, C, D & E. The same are inflammation of liver causes severe liver damage and hepatocellular cancer. Hepatitis B and C are more common and are responsible for millions of death's every year. The talk was delivered by Dr. Avtar Singh, followed by refreshments. A report by R.K. Singhal, Incharge.

SUNDER KAND PATH ON 26/07/2022 AT RECREATION CENTRE, GREEN PARK EXTN.



Senior Citizens Council of Delhi organized Special Sunder Kand Path at its Recreation Centre, Green Park Extn. in the presence of 73 members on 26/07/2022 which was recited by D.K. Sharma, R.K. Singhal, Harikesh Shukla, Attendant with the help of Pritam Singh, which was supported by Sri Krishna of East Delhi who was felicitated along with Mrs. Usha Sharma. A report by R.K. Singhal, Incharge.

SUNDER KAND PATH ON 09/08/2022 AT RECREATION CENTRE, GREEN PARK EXTN.



Senior Citizens Council of Delhi organized Special Sunder Kand Path at its Recreation Centre, Green Park Extn. on 09/08/2022 which was recited by Dinesh Kumar Sharma, R.K. Singhal, Harikesh Kumar Shukla & Pritam Singh in the presence of 71 members followed by refreshment packets. A report by R.K. Singhal, Incharge

SPECIAL PROGRAMS AT RECREATION CENTRE

Joint Birthday Celebrations of Council Members, enrolled up to 31/07/2021 up to membership no. 2329 and born in the month of July on or before 31/08/1961 to be confirmed on or before 11/08/2022, subject to availability of Chief Guest.

14/08/2022 : HAR GHAR - GHAR TRINGA

15/08/2022 : Independence Day Celebrations

18/08/2022 : Janmashtami Celebrations



NOTE :- Council Members who are unable to visit either daily Deer Park Satsang & Recreation Centre may furnish their email IDs so that they could know special programmes through Elderly News. - Editor

CONDOLENCES

On behalf of Council, I convey with sorrow, demise of following members of the Council from 10/07/2022 to 08/08/2022. I also convey heartfelt condolences to the bereaved families & pray Almighty to rest their noble souls in eternal peace and also give strength to bear irreparable loss.

LIFE MEMBER	MEMBERSHIP NO	ADDRESS
1. Sh. Jai Kumar Gupta	2275	G-39, Green Park, New Delhi-16
2. Sh. Ramesh Chand Mangla	2011	705/4, Ward-3, Mehrauli, N. D.-30

- HARI OM SHANTI SHANTI - J.R. GUPTA, President

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