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SENIOR CITIZENS COUNCIL OF DELHI

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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

E-mail : guptajr2005@gmail.com

Website : www.seniorcitizensdelhi.org

DAILY FREE VARIOUS FACILITIES FOR SENIOR CITIZENS IN RECREATION CENTER, GREEN PARK EXTENTION FROM 12.30 NOON TO 5.00 PM

AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 11 LAKH SENIOR CITIZENS)

VOL : 006

Issue No. : 68

MONTH : AUGUST 2019

Rs. 5/-

DELHI GOVT. ORDERS NEW 7 DESTINATIONS FOR PILGRIMAGE TOUR TO SENIOR CITIZENS



Delhi Govt. has Approved 7 new routes to expend the "Mukhya Mantri Tirath Yatra Yojana" which has been approved by the Delhi Govt. on 31-07-2019. The new routes include are Rameshwaram-Madurai-Tirupati, Dwarkadhish-Nageshwar, Jagannath Puri-Konark-Bhubaneswar, Shirdi-Shani Shinglapur, Ujjain-Onkareshwar & Bodh Gaya-Sarnath. Confederation of Senior Citizens Associations of Delhi has hailed the decision taken by the Delhi Govt.

-EDITOR

SENIOR CITIZENS MEETS RAHUL GARG, ADDL. COMM. (CSD), SDMC



A 4 members delegation of Senior Citizens Council of Delhi led by its President, J.R.Gupta met **Sh. Rahul Garg, Additional Commissioner (CSD), SDMC** on 25-07-2019 in his office. The other members were Vimal Bhan, Amar Bansal and V.K.Pahuja. The delegation members extended invitation to grace as Chief Guest in their Annual Day Celebrations. He accepted the invitation and assured to convey the date shortly. The delegation members also requested him to issue necessary directions to Chief Engineer (Electrical) to install lift in the Community Center, Green Park Extension on priority basis as, funds of Rs.20 Lakhs has again been released by SDMC. **-A report by Vimal Bhan**

SENIOR CITIZENS MEETS JAGDISHWAR GOBURDHUN, MAURITIUS HIGH COMMISSIONER IN INDIA ON 30-07-2019



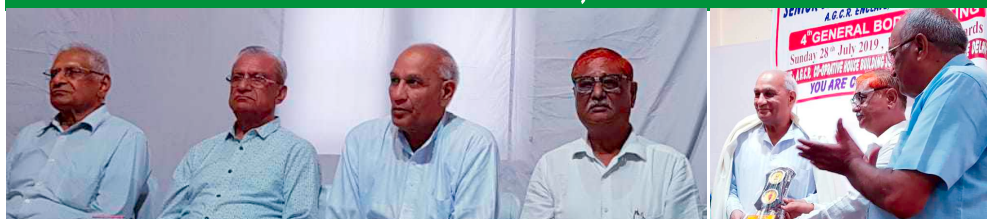
A 4 members delegation of Senior Citizens Council of Delhi led by its President, J.R.Gupta met **Jagdishwar Goburdhun, Mauritius High Commissioner in India** on 30-07-2019. The other members were L.R.Garg, Kailash Chand & V.K.Pahuja. The delegation members requested him to expedite MOU between both the Councils as the same is pending unattended since, April, 2018. He assured to take up the issue with concerned Minister on priority basis. **-A report by L.R.Garg, Secy.**

SENIOR CITIZENS MEETS KANWAL JEET ARORA ON 27-07-2019



A 4 members delegation of Senior Citizens Council of Delhi led by its President, J.R.Gupta met **Sh. Kanwal Jeet Arora Member Secretary, Delhi State Legal Services Authority** on 27-07-2019 in his office. The other members were Dinesh Kumar Sangal, V.K.Pahuja & R.K.Singhal. The delegation members extended invitation to him to visit their Recreation Center and address senior citizens on their rights. He accepted the invitation & assured to convey the date in due course. **-EDITOR**

J.R.GUPTA GRACES AS CHIEF GUEST IN SCA, AGCR ENCLAVE ON 28-07-2019



J.R.Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi graced Annual Day of Senior Citizens Welfare Club, AGCR Enclave on 28-07-2019 as Chief Guest along with Amar Chand Bansal & Bal Kishan Gupta. He also honoured 5 senior citizens 85 years & above in the presence of more than 200 senior citizens. He also spoke in details about the provisions of Maintenance of Parents & Welfare of Senior Citizens Act, 2007. Sh. Naresh Aggarwal, President and others felicitated Sh. J.R.Gupta with shawl & memento. **-A report by Amar Chand Bansal**

TRIBUNAL COURT EVICTS ILL- TREATING DAUGHTER-IN-LAW & SON



Sh. Tara Chand, a Senior Citizens & resident of West Vinod Nagar, had been abused, tortured by his son Pramod Kumar, Advocate & her wife Smt. Karuna. He approached the Confederation & his case was taken up with Commissioner of Police on 15.10.2018 seeking his security. An application was filed before Tribunal Court of District Magistrate (East) for evicting both son & daughter-in-law from his house. District Magistrate (East) ordered on 26.06.2019 & directed both to vacate the house within 30 days. Sh. Tara Chand expressed thanks to J.R. Gupta for his continuous support & legal guidance regularly. **-EDITOR**

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ELDERLY NEWS WISHES ITS READERS INDEPENDENCE DAY, RAKSHA BANDHAN, JANAMASTHMI

CONFEDERATION NEWS

WORLD U3A SIGNPOST AVAILABLE ON WEBSITE WWW.WORLDU3A.ORG FIRST DAY OF EVERY MONTH



The free international news service World U3A was created by retired Consultant Systems Engineer Tom Holloway nearly 20 years ago. The most useful of the World U3A online projects is the U3A Signpost monthly newsletter, and Dr P Vyasamoorthy is regular contributor to that. For all information may be found at www.worldu3a.org.

- **L.R. GARG, EDITOR**

BIRTHDAY CELEBRATION BY SCWS - SHALIMAR BAGH



Senior Citizens' Welfare Society, Shalimar Bagh celebrated birthdays of members born during the month of July with great fanfare, particularly, **Shri M L Khatri** (90 years). A gift box and scarf of our Society was also presented to each one of them. The celebrations concluded with refreshments for all.

- **A report by Capt. Chander Sachdev, President**

SEMINAR BY SCA - SIDDHARTHA EXTN. ON LEGAL AWARENESS



A seminar was conducted on Legal Awareness on Parents Law & Will on 10.07.2019 which was chaired by Hon'ble Judge, Saket Court & Secy. DLSA(SE) Ms. Tanvi Khurana accompanied by a lawyer Shri Sanjay Dutt. The event was attended by 60 Sr.Citizens - **Reported MM Gupta, President**

ACTIVITIES BY MOTI NAGAR SC CULTURAL ASSOCIATION



Moti Nagar SCCA organized a three months training program for its members for the learning of basic mobile and computer programs under the banner of **"Digital Literacy Programs for Older Persons"**. It is really a great help in learning handling of mobile and computers at this age.

- **A report by Subhash Sharma, President**

CRYING & LAUGHTER THERAPY AT RECREATION CENTER ON 21-07-2019



Senior Citizens Council of Delhi organised for the first time Crying & Laughter Therapy Session at Recreation Center, Green Park Extension on 21-07-2019 in the presence of more than 150 senior citizens by eminent personality Kamlesh Masalawala (Surat, Gujarat) and Suman Suneja (Dubai). J.R.Gupta thanked both the guests and felicitated them followed by refreshments.

- **A report by Manjula Aggarwal**

DELHI GOVT. INVITES APPLICATIONS FOR MORE RECREATION CENTERS



Social Welfare Department of Delhi Govt. has invited applications from registered Senior Citizens Associations for seeking Recreational Grant on required application form to be downloaded from their website as per decision taken in a meeting chaired by **Sh. Rajendra Pal Gautam, Social Welfare Minister** with Confederation Members on 05-12-2018. J.R.Gupta, Chairperson has hailed the implementation of one decision out of four, which are also

under consideration with Delhi Govt. The last date of submitting applications is 28-08-2019. All the SCAs who have completed 3 years are eligible to apply. The Confederation has extended thanks to the Minister & requested to implement other three demands at the earliest including enchainment of recreation grant of Rs. 30,000/- Per Month instead of Rs. 20,000/- - **EDITOR**

BIRTH DAY CELEBRATIONS AT SVN SHALIMAR BAGH, DELHI 110088



AGM OF GULMOHAR SENIOR CITIZENS ON 28.07.2019



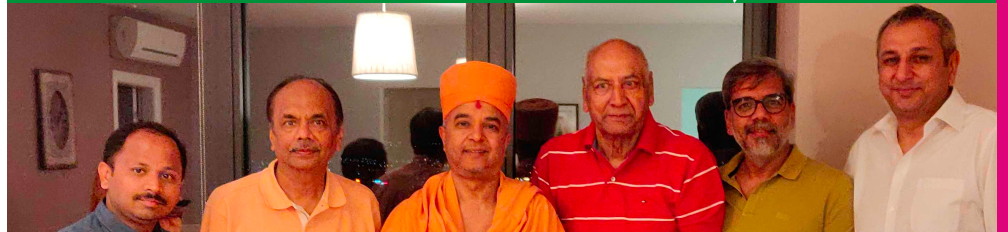
Third AGM of Gulmohar Journalists Colony Senior Citizens Forum held at Gulmohar Centre. Secretary report with activities was passed along with last year's AGM report. The meeting was very cordial and maximum number of members attended. The President thanked for good response and taking interest of every member here.

- **A report by Subhash Saluja, President**

BIRTHDAY CELEBRATION BY SCWA ROHINI, SECTOR 13, ON JULY 2019



PUJYA SWAMI BHRAMAVIHARI JEE AT OUR HOUSE IN SKOPJE, NORTH MACEDONIA



Pujaya Swamiji visited our apartment earlier head of Ahamdabad & delhi now head of Abu Dhabi Akhsay Dham now with full support of shaikh & govt in 78 acre first hindu giant monument under construction in muslim country, foundation ceremony function was attended & laid foundation stone with Swamiji Pramukh his holiness was on two day trip with team to inspect marble mines for Abu Dhabi.

- **A report by Ram Raj Bhandari, Jodhpur**

FELICITATION OF MANAS MANJARI VIDUSHI RADHA BHAKTI BHARTI (JHANSI) AT DEER PARK SATSANG ON 31.7.19



Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), Vimal Bhan, R.K. Singhal, Amar Chand Bansal & Mrs. Pushpa Mishra, Reporters : Pratap Singh, Mrs. Manjula Aggarwal, Gyan Singh Tokas & (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction.

E-mail: guptajr2005@gmail.com, Web: www.seniorcitizensdelhi.org.



Daily Spiritual Discourses at Deer Park (7AM & 8AM) Pt. Aditya Prakash Tripathi (Chitrakoot) from 16.08.19 to 31.08.19, Pt. Hemant Upadhyay (Banaras) from 01.09.19 to 15.09.19 & Pt. Raghvender Das Ramayani (Chitrakoot) from 16.09.19 to 30.09.19. Also at Shiv Mandir, Green Park from 5.15 pm to 6.15 pm daily, Shri Ram Mandir, B5 Block, Safdarjung Enclave from 7.30 pm to 8.30 pm daily, Sadbhavana Satsang Mandal, DDA Flats, Munirka on every Sunday from 9.30 am to 10.30 am & **RECREATION CENTRE, GREEN PARK EXTENSION DAILY FROM 3.30PM TO 4.30PM - H.D.RALHAN, Founder Member**



APPEAL TO ENROLL LIFE SUBSCRIBERS OF ELDERLY NEWS : Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, which is exempted under 80G of Income Tax Act 1961.

- **L.R. Garg, Secretary**



APPEAL FOR AFFILIATION WITH CONFEDERATION

Till Date **137** Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 11 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt., all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only.

- **B.S. Yadav, Secy. General**

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for its members for the last **39 years**. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash including 1 photo with Rs. 500/- for Elderly News as life subscriber. **The Payment is also exempted under 80G of Income Tax Act. 1961.**

- **A.C. BANSAL**

JOINT BIRTHDAY CELEBRATIONS ON 28-07-2019 AT RECREATION CENTER, GREEN PARK EXTENSION



Senior Citizens Council of Delhi organised Joint Birthday of its 30 members on 28-07-2019 at Recreation Center, Green Park Extension in the presence of more than 150 members. On this occasion, members recited songs, poems and jokes. Mrs. Lalita Bajaj, life member delivered a talk on Mudra Therapy.

Each member was felicitated by flowers, shawl & gift as a token of respect and regards, followed by refreshments. **Manas Manjari Vidushi Radha Bhakti Bharti of Jhansi** delivered spiritual discourses on Ramayana & extended birthday greetings to all concerned. **- EDITOR**

VISIT TO PARLIAMENT HOUSE BY 42 MEMBERS OF SENIOR CITIZENS COUNCIL OF DELHI



42 members of Senior Citizens Council of Delhi visited Parliament House in a bus. After elaborate security clearance, we reached Parliament Museum at around 11 a.m. The Museum combines our historical legacy of democracy, unity in diversity, sarva dharma sambhav with the modern democratic system practiced in Sansad Bhawan. It was a great experience to listen to the original, iconic lecture of Jawaharlal Nehru, the first Prime Minister of India in company of great national leaders of that time. Lok Sabha and Rajya Sabha were in session and we visited both for 1 hour each. It was an unbelievable experience to see in action our lawmakers during their work in the 2 houses. Great presentations, discussions, disruptions, adjournments are a part of our democratic process and we were lucky to have a glimpse of all these during our visit. All members were in high spirits after this rare opportunity of seeing both sessions of parliament live and assured that our democracy is safe. All the members visited for the first time except the President J.R.Gupta. The members thanked him and judged this unique visit which would be remembered by them in the years to come. The visit concluded at around 4pm followed by tea.

-A report by Vimal Bhan

DIGITAL LITERACY PROGRAM AT RECREATION CENTER ON 12-07-2019 & 23-07-2019



Senior Citizens Council of Delhi organised Digital Literacy Session at Recreation Center on 12-07-2019 by 7 interns namely Ishanti Ghosh, Rishika Basist, Athul Raj, Manasuri Ghormare, Janvi Manuja, Amit Mahajan & Samir Abbasi deputed by Help Age India. About 100 senior citizens were trained by them for operating smartphone and downloading & installing SOS apps for the safety and security of senior citizens. J.R.Gupta, President thanked the interns for their valuable guidance followed by refreshments. One more intern Ms. Tushti from Help Age India also visited on 23-07-2019 and she was briefed about free activities available at Recreation Center on daily basis for senior citizens.

- A report by Manjula Aggarwal

FREE LEGAL CONSULTATIONS BY ADVOCATE DURING THE MONTH OF JULY, 2019 ON EVERY TUESDAY



With the support of Delhi State Legal Services Authority, during the month of July, 2019, Advocate Mrs. Jyoti Narang visited Recreation Center, Green Park Extension on every Tuesday (except 02-07-2019) and rendered free Legal advice sought by members of Senior Citizens Council of Delhi. J.R.Gupta, President of the Council says that more and more members are coming forward to avail this free unique facility at their door steps and waiting for their turn on coming Tuesdays. So far, more than 800 senior citizens have benefitted from such free legal guidance in sorting out their petty matters and also by creating awareness among other senior citizens in the adjoining colonies.

- A report by Manjula Aggarwal

SENIOR CITIZENS COUNCIL OF DELHI HOSTS CONFEDERATION MEETING AT RECREATION CENTER ON 06-08-2019



Senior Citizens Council of Delhi organised meeting of Confederation of Senior Citizens Associations of Delhi at its Recreation Center in association with Help Age India to discuss Airtel Marathon to be held on 20-10-2019 at Jawahar Lal Nehru Stadium followed by refreshments. **- EDITOR**

HEALTH CHECKUP CAMP AT RECREATION CENTER ON 28-07-2019



Senior Citizens Council of Delhi organised Health Checkup Camp in association with Fortis Escorts Hospital, Okhla in which more than 150 senior citizens availed the free facilities like Hepatitis Screening, Blood Sugar, Bone Density test and ECG including free consultations by Cardiologist, Physician and Ortho at their doorsteps on the occasion of World Hepatitis Day. A talk was also delivered by Dr Ankush, Gastroenterologist, which was very useful. J.R.Gupta, President of the Council extended thanks to the doctors and staff of Fortis Escorts Hospital followed by heavy refreshments.

- A report by Manjula Aggarwal

HARIYALI TEEJ CELEBRATIONS & MEHENDI COMPETITION ON 02-08-2019



Senior Citizens Council of Delhi celebrated Hariyali Teej at Recreation Center, Green Park Extension on 02-08-2019 in the presence of more than 150 members. On this occasion, a dance was performed by the female members led by Mrs. Pushpa Mishra & others namely Shashi Arora, Laxmi Aggarwal, Sheila Goel, Saroj Juneja, Manjula Aggarwal, Chanchal Ahlawadi, Santosh Sharma & Theresa Dieudonne. Mrs. Pushpa Mishra also performed a dance. Both the dances were appreciated by all present. Pt. Rameshwaranand Pathak Ramayani from Jaunpur, U.P. also delivered spiritual discourses based on Ramayana. Few members also recited bhajans, poems and songs of Teej Festival. Mehendi competition was also organised and judges consisting of Mrs. Pushpa Mishra & Mrs. Nirmal Bhardawaj declared Mrs. Chandra Verma, Shashi Arora & Shashi Kalra as winners of First, Second and Third prize respectively, who would be felicitated on 01-10-2019 during Elders Day Celebrations at Green Fields School, Safdarjung Enclave. J.R.Gupta, President of the Council appreciated the efforts of ladies cultural wing of the Council by performing aforesaid programmes, followed by refreshments.

- A report by Manjula Aggarwal

J.R.GUPTA ADDRESSES RETIRED OFFICERS OF PUNJAB & SIND BANK AT TRAINING CENTER, ROHINI ON 23-07-2019 ON MAINTENANCE ACT



Punjab & Sind Bank Training College, Rohini organised Special Function for its 150 Officers and Staff (retired in quarter ending 30-06-2019) for their knowledge to know about Rights of the Senior Citizens. J.R.Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi was the main Speaker who told them about Rights of the Senior Citizens as enumerated in National Policy of Older Persons, 1999 such as Financial, Social, Health securities etc. He further drawn their attention towards Amendments made on 19-12-2016 & 28-07-2017 under Maintenance of Parents & Welfare of Senior Citizens Act, 2007 in which any senior citizen can approach Tribunal Courts of District Magistrates on a simple application without any Advocate to evict his/her son and daughter- in-law from his/her property, if he/she is ill-treated by them including maintenance allowance of Rs.10,000/- per month. He also touched issues concerning senior citizens including various free facilities made available by Senior Citizens Council of Delhi at its Recreation Center, Green Park Extn. on daily basis. The talk was appreciated by all present & he was also felicitated with shawl. **- EDITOR**

FELICITATION OF M P GUPTA ON HIS BIRTHDAY ON 23-07-2019 AT RECREATION CENTER



The members of Senior Citizens Council of Delhi extended birthday greetings to M P Gupta on his 72nd birthday on 23-07-2019 at Recreation Center and also felicitated him on the occasion of Sunderkand Path. He also donated a sum of Rs. 1,100/- for Council Activities followed by refreshments.

- A report by Manjula Aggarwal

FELICITATION OF MANAS MANJARI VIDUSHI RADHA BHAKTI BHARTI (JHANSI) AT DEER PARK SATSANG ON 31-07-2019



Senior Citizens Council of Delhi felicitated Manas Manjari Vidushi Radha Bhakti Bharti (Jhansi) at Deer Park Satsang on 31-07-2019 with shawl & memento along with her husband Sh. Mahipat Singh in recognition to her ability in reciting Shree Ram Katha based on Ramayana/Shreemad Bhagavat/Geeta. from 16 to 31-07-2019 in the presence of more than 200 devotees. Everybody present appreciated her Pravachan, followed by refreshments. J.R.Gupta, President, also extended thanks to Sh D.K. Sharma & Smt. Usha Sharma for their kind hospitality and staying her in their house during the aforesaid period.

-A report by Gyan Singh Tokas

J.R.GUPTA GRACES INAUGURATION OF RECREATION CENTER AT ROHINI ON 28-07-2019



J.R. Gupta, Chairperson, Confederation graced as Guest of Honor in the inauguration ceremony of new Recreation Center of Aishwariye Senior Citizen Club, Sector-8, Rohini by Sh. Vijender Gupta, Area MLA along with L.R.Garg & Vimal Bhan in the presence of 100 senior citizens followed by high tea. J.R.Gupta, extended congratulations to G.K.Jindal, President.

- EDITOR

K.R.GANGADHARAN FROM HYDERABAD VISITS RECREATION CENTER ON 05-08-2019



K.R.Gangadharan of Heritage Foundation, Hyderabad visited Recreation Center on 05-08-2019. He appreciated the efforts of the Council headed by its President, J.R.Gupta for providing various free facilities to the senior citizens on daily basis. Besides this, **Sh. Abhay Singh**, SI, U.P. Police from Varanasi also visited the center on 02-08-2019. He was quite helpful during our visit to Varanasi in the month of March, 2019.

-EDITOR

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FELICITATION OF SMT. SOMAWATI SHARMA & HER FAMILY AT DEER PARK SATSANG ON 04-08-2019



The members of Senior Citizens Council of Delhi felicitated Smt. Somawati Sharma along with her son R.K.Sharma & daughter-in-law at Deer Park Satsang. She also distributed refreshments packets in the memory of Late Sh. Deep Lal Sharma, who expired on 14-07-2019 at the age of 94 years. J.R.Gupta prayed for his soul to rest in peace and give strength to her & family members to bear irreplaceable loss.

- EDITOR

SPECIAL PROGRAMMES

Free Consultation on Legal Matters by an Advocate :- Every Tuesday from 2pm to 4pm

12-08-2019 : Rudra Abhishek (last Monday of Shravan) from 2 to 3 pm followed by prasad

14-08-2019 : Independence Day Celebration & State-wise Fancy Dress Competition from 4 to 6 pm followed by refreshments.

15-08-2019 : Independence Day Celebrations at Deer Park Satsang at 7 am followed by refreshments.

23-08-2019 : Special Sunderkand on 7th Anniversary of Late Sh. Bhagwan Das Kalra from 2 to 4 pm followed by heavy refreshment.

24-08-2019 : Janamashthmi Celebrations with Cultural Programme at Central Park DDA Flats Munirka 7 to 9 pm followed by prasad.

25-08-2019 : Joint Birthday Celebrations of Council Members (enrolled upto 31-07-2019) if confirmed before 20-08-2019 from 1:30 pm to 3:30 pm followed by refreshments.

01.10.2019 : Elders Day celebrations with cultural programme, Dinner & Gift at Green Fields School, Safdarjung Enclave, from 6 pm to 8.30 pm.

-EDITOR

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