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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

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DAILY FREE VARIOUS FACILITIES FOR SENIOR CITIZENS IN RECREATION CENTER, GREEN PARK EXTENSION FROM 12.30 NOON TO 5.00 PM

AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 11 LAKH SENIOR CITIZENS)

VOL : 005

Issue No. : 56

MONTH : AUGUST, 2018

Rs. 5/-

A. PARSURAMEN, CHAIRMAN, U3A MAURITIUS VISITS RECREATION CENTER ON 31-07-2018



A. Parsuramen, Chairman, U3A Mauritius visited Recreation Center, Green Park Extension on 31-07-2018 and took a round of the various free facilities which are being provided daily to the senior citizens by the Council such as Homoeopathy Dispensary, Physiotherapy, Blood sugar test, Computer & Smartphone Training, Yoga Classes, Library, News Papers, Television, Carom Board, Chess, Ludo, health checkup camps, consultations from eminent doctors & Spiritual Discourses. He appreciated the efforts of the Council and extended invitation in the U3A Conference to be organised at Mauritius on 23-11-2018. While welcoming, J.R. Gupta, President of the Council felicitated him along with other members in the presence of large number of participants. On this occasion, Sunderkand Path was also recited with the support of Mrs. Neelam Malhi. She was also felicitated by the members. J.R. Gupta, prayed to the almighty God for her sound health and long life. *more photo on page 3, A report by D. K. Sangal, Incharge*

FREE LEGAL CONSULTATION BY ADVOCATE SHRI HIRA LAL JHA AT RECREATION CENTRE ON 07/08/2018 DEPUTED BY DLSA, SAKET COURT



With the personal initiatives of Ms. Geetanjali Goel, ADJ & Special Secretary, Delhi State Legal Services Authority, one advocate from DLSA Saket Court has been visiting regularly for rendering free consultations on Legal Matters at Recreation Center, Green Park Extension on every Tuesday from 2 pm to 4 pm with effect from 12-06-2018, in which many members have discussed their problems with the advocate and satisfied for their valuable advice. So far, S/Sh. Sankalp Bhatt and Anuj Agarwal, Advocates have already visited the Center on their turn in the month of June & July, 2018 as assigned by DLSA, Saket Court. Now, Sh.Hira Lal Jha, Advocate has been visiting Recreation Center on every Tuesday during the month of August, 2018. While thanking Ms.Geetanjali Goel, J.R.Gupta, President of the Council says that more and more members are coming *contd on page 3 with more photo*

PLANTATION DRIVE BY SENIOR CITIZENS AT COMMUNITY CENTER, GREEN PARK EXTENSION ON 10-08-2018



For the first time, Senior Citizens Council of Delhi launched Plantation Drive at its Recreation Center, Green Park Extension on 10-08-2018 with the support of Area Councillor, Mrs.Radhika Phogat Abrol. More than 100 saplings were planted around the Community Center in the presence of senior citizens in large *contd on page 3 with more photo*

SENIOR CITIZEN GETS RELIEF FROM TRIBUNAL COURT



Sh. Krishnan Subramanian (64), Mayapuri has been abused & harassed since long by his son Mr. Ganesh and Daughter-in-law Mrs. Richa. She made false complaints against him in order to grab his self acquired property. He approached the Council and advised to file an appeal under Maintenance Act. He was extended moral support. He filed an appeal with District Magistrate, duly forwarded by Confederation on 20-02-2018. Recently, order has been passed by the District Magistrate in his favor and extended thanks to J.R.Gupta, President of the Council. **-EDITOR**

COUNCIL RESCUES SENIOR CITIZENS



Mrs. Ganeshi Devi, (62), resident of Chattarpur Extension, approached the Council on 05-05-2018 with a complaint against her son Rajiv and his wife Mrs.Bimla residing in the same house. Both have been continuously harassing mentally and physically, abusing and threatening her to lodge false cases with a sole purpose to grab her property. Immediately her case was taken up with Commissioner of Police on the same day. Her daughter-in-law has already vacated her house in month of June, 2018. She has expressed thanks to the Council. **-EDITOR**



Dr (Prof.) Anil Arora

MS (Ortho) DNB (Ortho) Dip SIROT (USA)
FAPOA (Korea), FIGOF (Germany), FJOA (Japan)
Commonwealth Fellow Joint Replacement
(Royal National Orthopaedic Hospital, London, UK)
Senior Knee & Hip Replacement Surgeon
Senior Orthopaedic Surgeon
(International Awardee and National Gold Medalist)

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CONFEDERATION NEWS

FREE LEGAL SERVICES FOR SENIOR CITIZENS BY DELHI STATE LEGAL SERVICES AUTHORITY



L.R. Garg Legal Services are provided by Delhi State Legal Services Authority in each District, in all cases of civil nature such as property disputes, matrimonial and child custody matters, labour or service law matters, compensation in motor accident cases, consumer disputes etc., cases involving criminal offence, violence of fundamental rights guaranteed by the Constitution of India and cases of great importance. In this regard, Senior Citizens Council of Delhi would extend its moral support and guidance as and when required by any senior citizen seeking such free legal advice. Eligibility conditions for getting Free Services of Lawyer is indicated below :-

- 1). A member of Scheduled Caste or Scheduled Tribe. 2). A woman or a child.
- 3). An industrial workman. 4). A person in custody, including a child in protective home and a mentally ill person in a psychiatric hospital or nursing home. 5). A victim of trafficking in human beings or beggar. 6). A person with disability such as suffering from blindness, locomotor disability, hearing impairment, mental illness or retardation or leprosy cured. 7). A victim of mass disaster, ethnic violence, caste atrocity, flood, drought, earthquake or industrial disaster. 8). A Transgender with an annual income of less than Rs.2,00,000/-. 9). Senior Citizen annual income of less than Rs. 2,00,000/-.
- 10). A person with an annual income of less than Rs.1,00,000/-.

- EDITOR

TRIBUTES TO MOHD. RAFI BY SCWA- VIKAS PURI



JOINT BIRTHDAY CELEBRATION BY SILVER CWA ROHINI, SECTOR 13



Joint Birthday was celebrated July born members of the Forum. The Function was celebrated by S C F, P E, Sect-18, Rohini, Delhi on 29.07.2018. Shri V. P. Pandey, Former Councillor, North MCD graced the occasion.

- A Report by Dr S C Saxena, General Secretary

ACTIVITY BY MOTI NAGAR SENIOR CITIZENS CULTURAL ASSOCIATION



With the like-minded efforts of Mr. Balvinder Singh Sethi (who is associated with WFO & is a member of the Association), Mr. Subhash Sharma, President of Moti Nagar Senior Citizens Cultural Association, was able to convince Mr. S. S. Marwah, President of World Brotherhood Organization (WFO), who provides Mobile Dispensary Vans to different areas of Delhi, to place one Mobile Dispensary Van at the disposal of Moti Nagar SCCA. The Van was inaugurated on 10.6.2018 and now it comes to its Recreation Centre every Monday between 10.30 a.m. to 1 p.m., where free doctor consultation (courtesy Sir Ganga Ram Hospital) and all free medicines are provided.

- A report by Subhash Sharma, President

ANNUAL GENERAL MEETING OF SCWA - VIKAS PURI



An AGM of SCWA Vikas Puri on the completion of the existing Executive Body was held at Community Centre, Vikas Puri on 6th August, 2018. The meeting was well attended by a gathering of about 300-400 persons. The President, Mr Ashok Suneja welcomed the members and invited Mr. R K Batra for laying down the activities & its achievements. Subsequently, Mr. V K Jain presented the accounts for the year 2017-2018. Function was presided over by the local MLA, Mr. Mohinder Yadav.

- A report by M Prasad

HAWAN BY SHRAWAN SENIOR CITIZENS FORUM KAILASH HILLS



JOINT BIRTHDAY CELEBRATION BY SVN -CC BLOCK SHALIMAR BAGH



TALK ON ENT BY GULMOHAR JOURNALISTS' COLONY SC FORUM



A medical talk was organised by Dr. Kavita Goyal, ENT Specialist for the Senior members. She advised and gave the tips how one can be safe especially for nose and ear problems. Members enjoyed the talk and had one to one questions on the subject. Songs by Mrs. Shashi Bhardwaj and Mrs. Krishna Deb made the gathering more enjoyable with birthdays of July born members.

- A Report by Subhash Saluja, Secretary

JOINT BIRTHDAY CELEBRATION BY SILVER CWA ROHINI, SECTOR 13



DAS SENIOR CITIZEN WELFARE ORGANIZATION EYE CHECK UP CAMP



Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), J.C. Narang (Tagore Garden), Dinesh Kumar Sangal (Arjun Nagar) Reporters : Pratap Singh, Mrs. Manjula Agarwal, Gyan Singh Tokas & (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction. **E-mail:** guptajr2005@gmail.com, **Web:** www.seniorcitizensdelhi.org.



Daily Spiritual Discourses at Deer Park (7AM & 8AM) Pt. Alok Mishra (Kanpur) from 16.08.18 to 31.08.18, Pt. Gyan Chander Pandey (Mirzapur) from 01.09.18 to 15.09.18 & Pt. Ram Chander Mishra (Ayodhya) from 16.09.18 to 30.09.18 & Also at Shiv Mandir, Green Park from 5.15 pm to 6.15 pm daily, Shri Ram Mandir, B5 Block, Safdarjung Enclave from 7.30 pm to 8.30 pm daily, Sadbhavana Satsang Mandal, DDA Flats, Munirka on every Sunday from 9.30 am to 10.30 am & **RECREATION CENTRE, GREEN PARK EXTENSION DAILY FROM 3.15 PM TO 4.15 PM**

- H.D. RALHAN, Founder Member



APPEAL TO ENROLL LIFE SUBSCRIBERS of ELDERLY NEWS : Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, which is exempted under 80G of Income Tax Act 1961.

-L.R. Garg, Secretary



APPEAL FOR AFFILIATION WITH CONFEDERATION

Till Date **132** Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 11 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt., all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only.

-B.S. Yadav, Secy. General

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for its members for the last **38 years**. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash including 1 photo with Rs. 500/- for Elderly News as life subscriber.

- A.C. BANSAL

JOINT BIRTHDAY CELEBRATIONS HELD ON 29-07-2018 AT RECREATION CENTRE, GREEN PARK EXTENSION

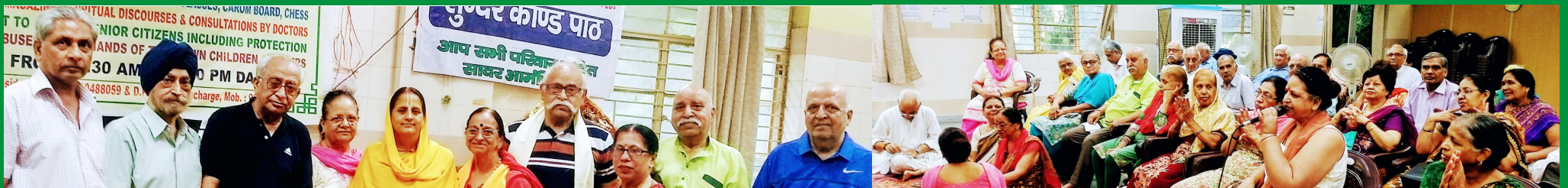


Senior Citizens Council of Delhi celebrated Joint Birthday of its 32 life members on last Sunday of the month i.e. on 29th July, 2018, whose birthday falls in the month of July, 2018 followed by refreshments at its Recreation Centre, First Floor, Community Centre, Green Park Extension. An entertainment programme was also organized in which many female and male members recited poems, bhajans, songs etc. A cultural programme was also organised by female members headed by Mrs. Manjula Aggarwal, Cultural Coordinator. Vidushi Radha Bhagti Bharti (Jhansi) also recited birthday songs and paravchan based on Ramayana. The birthdays of such

senior citizens are celebrated as their children have no time even to talk to them and deliberately neglecting them. Moreover, on such occasions a common platform is also provided by the Council to them for highlighting their hidden talents through out the year on regular basis. The concerned members were felicitated with flowers, shawl and gift as a token of respect and regards. J.R. Gupta, President of Council extended Birthday Greetings to them & prayed to all mighty God for their long life with sound health and also thanked other members who participated in a very large number.

- A report by D.K. Sangal, Incharge

BIRTHDAY OF A.K. POPLI CELEBRATED AT RECREATION CENTER ON 26-07-2018



To celebrate 63rd Birthday of A.K. Popli, Senior Citizens Council of Delhi organised Sunderkand Path at its Recreation Center on 26-07-2018 in which large number of senior citizens participated & conveyed Birthday greetings.

While extending birthday greetings, J.R. Gupta, President of the Council also felicitated him along with his family members and prayed to almighty God for his long life with sound health in the presence of members.

- EDITOR

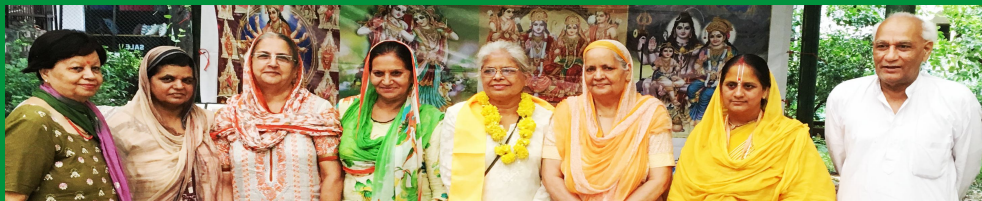
FROM FRONT PAGE : FREE LEGAL CONSULTATION BY ADVOCATE ...



forward to avail this facility at their door steps and waiting for the next Tuesday for their turn. Such consultations are very helpful to sort out minor disputes in the society amicably on the advice of Advocates. Sh. Gupta also advised senior citizens to avail the free facility of an Advocate in the Recreation Center in large numbers on every Tuesday.

-A report by Manjula Aggarwal

VIDUSHI RADHA BHAKTI BHARTI (JHANSI) DELIVERS SPIRITUAL DISCOURSES ON RAMAYANA AT RECREATION CENTER/ DEER PARK SATSANG



Vidushi Radha Bhakti Bharti (Jhansi) delivered spiritual discourses on Ramayana at Recreation Center/ Deer Park Satsang from 16-07-2018 to 31-07-2018 at Recreation Center and Deer Park Satsang organised by Senior Citizens Council of Delhi. She along with her husband Shri Mahipat Singh were felicitated in the presence of large number of devotees at Deer Park Satsang.

-A report by D.K. Sangal, Incharge

FROM FRONT PAGE : A. PARSURAMEN, CHAIRMAN, U3A MAURITIUS ...



TRAINING OF EDUCATORS SESSION ON 'STRATEGIES FOR TEACHING FUNDAMENTALS OF ENGLISH' AT RECREATION CENTER, GREEN PARK EXTENSION



Senior Citizens Council of Delhi organised a session on "Strategies of teaching and learning process in English" at Recreation Center, Green Park Extension on 18-07-2018. Senior Citizens who were willing to teach students of class 6th in Govt. Schools located in South Delhi was given by Ms. Neena Mani, Retd. Principal of Indian School, in which more than 20 senior citizens participated. During the Training, senior citizens were also educated about moral values. The subjects would be covered includes hindi, english, math, science and social studies in 10 lectures by different speakers. After completing the training, senior citizens would be deputed to different schools to teach 6th class. Such trained senior citizens would be required to give 10 lecture in a month. They will be paid Rs. 500/- per hour. More lectures were also held by eminent educationist during the month of July, 2018.

- A report by Manjula Agarwal

FROM FRONT PAGE : - PLANTATION DRIVE ...



number in order to achieve the motive Green Delhi-Clean Delhi. On this occasion, female Senior Citizens performed plantation drive showing play cards creating awareness among the Society led by Mrs. Manjula Agarwal, Cultural Coordinator. The performance of the group was appreciated by all present. The performers includes Mrs Kailash Gupta, Darshana Kataria, Laxmi Devi, Bhupender Kaur etc. J.R. Gupta, President, told that trees are our lifeline and our true companions and saviors against the menace of air pollution. These 'green lungs' not only beautify our city and provide us clean air to breathe, but they are also the front line soldiers for climate change mitigation. So, in our noble journey to make our beloved city greener and cleaner, we should join hands together, to plant saplings more & more in the appropriate available space in and around your Colonies across Delhi within your society.

-A Report by Manjula Agarwal

ACTIVITY BY SCWS - SHALMAR BAGH ON 14.07.2018



Senior Citizens Welfare Society, Shalimar Bagh, Delhi organised an interactive session on 14-7-2018 at their Activity Centre. The session attended by 87 members on environmental protection & our contribution to the cause generated wide participation. In the series this session dwelt on 'say no to plastic'. In spite of various directives and advisories on the subject wide spread flouting is adding to the non degradable waste. Non degrading Plastic bags are being used without an application of thought as to how we are adding to the present alarming state of environmental pollution. The efforts needed are both from the governmental authorities and people's participation. To begin with we, the senior citizens ought to carry our own cotton / jute bags for our daily use and to encourage others to follow. The disposal of plastics also be done with due care so that it gets recycled and does not add to the already existing garbage dumps. Sh Uttam Chand and Sh P P Tuteja interjected with their positive suggestions. It was also unanimously resolved that we will carry our own bags for shopping and encourage others for the same as our first step in saving environmental pollution.

A report by Capt. Chander Sachdev, General Secretary

SPECIAL PROGRAMMES

Light Refreshment daily from 2pm to 2.15pm at Recreation Center.

Free Consultation on Legal Matters :- Every Tuesday from 2pm to 4pm

Sunderkand Path:- Every Tuesday from 1pm to 3pm followed by prasad/refreshments at Recreation Center.

Free Homeopathy Dispensary:- Every Tuesday, Thursday and Saturday from 1.30pm to 3.30pm at Recreation Center.

Free Consultation by Dr.S.K. Gupta (General Physician):- Every Tuesday & Thursday from 2pm to 4pm at Recreation Center.

15-08-2018:- Independence Day Celebrations/Kavi Sammelan at Deer Park from 7am onwards followed by refreshments.

15-08-2018:- Independence Day celebrations from 2pm to 4pm followed by refreshments, at Recreation Center, Green Park Extn.

19-08-2018:- Joint Birthday Celebrations of Council Members (enrolled upto 31-07-2017) from 2pm to 4pm including old melody songs by Eminent singer Mrs. Veena Gupta followed by heavy refreshments at Recreation Center.

02-09-2018 :- Talk on Hearing Loss from 2pm to 4pm followed by refreshments

05-09-2018:- Teachers Day Celebrations from 2pm to 4pm followed by refreshments at Recreation Center.

03-09-2018:- Janamashtami Celebrations with cultural programme by the artists of Mathura and Vrindavan at Central Park, DDA Flats Munirka from 7.30pm to 9.30pm followed by prasad.

08-09-2018 to 16-09-2018 :- Shri Ram Katha by Pujya Sant Vijay Kaushal ji Maharaj at Siri Fort Auditorium from 4.30pm to 7.30pm

-EDITOR

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ENTERTAINMENT OF VIDUSHI RADHA BHAKTI BHARTI, MANAS MANJURI (JHANSI).



GROUP PHOTO OF FEMALE SENIOR CITIZENS WHO PARTICIPATED IN FASHION SHOW



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