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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

Affiliated with Confederation of Senior Citizens Associations of Delhi (An Umbrella Body of 11 Lakh Senior Citizens)

VOL : 003

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Rs. 5/-

Sandeep Kumar, Minister says 38 more recreation centers soon



A meeting of Confederation of Senior Citizens Associations of Delhi (an umbrella body of 11 lakh senior citizens) led by its Chairperson, J.R. Gupta was held on 27/07/2016 in the chamber of Shri Sandeep Kumar, Social Welfare Minister, Delhi Govt. Following decisions were taken.

1. Recreation centres for senior citizens: it was informed that department has already received 225 applications for the grant for running recreation centres for senior citizens. These applications are scattered in the different zonal offices of the department for long. It was decided that department will complete scrutiny of the applications and will take decision on each of them expeditiously **but before the end of August 2016.**

2. Enhancement of one time grant and recurring grant: DSW informed that last revision was done in the year 2011 and now the revision is due. The department will examine and move the proposal for enhancement of one time grant from present Rs.75,000/- to Rs.1 Lakh and recurring grant from Rs.20,000/- to Rs.30,000/-. Further, enhancement in recurring grant from Rs.10,000/- to Rs.20,000/- will also be considered for the associations having no recreation centres.

3. Enhancement of Old Age pension for BPL category: The department will examine the proposal to enhance the old age pension for BPL category to Rs.2000/- per month.

4. Helpline for senior citizens: The proposal moved by SW has already been approved by the Finance Department. It was informed that the helpline will be made operational soon.

Contd. on page 4

Sumitra Mahajan, Speaker Lok Sabha releases report on Care of Elderly Women



50 Members of Senior Citizens Council of Delhi participated in a special programme organized by Stree Shakti in association with UNFPA at Constitution Club in which Smt. Sumitra Mahajan, Speaker, Lok Sabha released a report on "Innovative practices for Care of Elderly Women in India". The function concluded followed by high-tea. **-A report by Suraj Bhan Gupta**

E.C. meeting of ISU3A at Hyderabad on 31.07.2016



Executive Committee meeting of ISU3A was held on 31.07.2016 at Hyderabad under the Chairmanship of its National Executive Chairperson J.R. Gupta which was hosted by Sh. R.N. Mital, Patron of ISU3A. A large number of participants across India were welcomed by the host and his team. A number of decision were taken including holding of National Seminar on Senior Citizens & CSR Activities at Goa in September 2017 & AGM in December 2016 either in Lucknow or Chennai.

- EDITOR

J. R. Gupta Honoured by Heritage India on 12.07.2016



Heritage India (National Voluntary Organization of Senior Citizens) in a special function in New Delhi held on 12.07.2016 conferred Senior Citizens Crown Diamond Honors Award-2016 to Sh. J.R. Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi (an umbrella body of 11 lakh senior citizens) in recognition of his selfless services for the cause & care of Senior Citizens of Delhi including protection of lonely Senior Citizens from abuses/humiliations at the hands of their own children & others by Sh. S.N. Dubey, Executive Director, Virender Gill, Vice President & Sh. Subhash Sharma, Advocate.

- EDITOR

New Designate High Commissioner of India to Mauritius



Shri Abhay Thakur (IFS: 1992), presently Joint Secretary in the Ministry of External Affairs, Government of India has been appointed as the next High Commissioner of India to the Republic of Mauritius. A MoU exists between Senior Citizens Council of Delhi & Senior Citizens Council, Mauritius in order to promote exchange of views of groups of elderly of both the Countries on reciprocal basis, since 2006.

-EDITOR

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ELDERLY NEWS WISHES ITS READERS A HAPPY INDEPENDENCE DAY, RAKSHA BANDHAN, JANAMASHTAMI & GANESH CHATURTHI

Long term care of elders at home should be mandatory with the support of Govt.



L.R. Garg indicates their unwillingness to live with their elders and do not want to look after them. Due to increase in the ageing population in the country, the problems of elder care is becoming more acute. As such, there is a need to have Elders Care at Home with the support of Govt. of Delhi for which the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 11 lakh Senior Citizens) has already taken up this vital issue with the Health Minister, Delhi Govt.

- EDITOR

Seminar on Health Management during Rainy Session by SCWC-Shalimar Bagh



A seminar for Elders was organised by Senior Citizens Welfare Society, Shalimar Bagh on Health Management during the rainy session in association with Fortis Hospital. Ms Mansi Chaudhary, HOD, Dietician Deptt. delivered a very informative talk on the subject and various Dos and Don'ts were given by her particularly for the elders. Various queries of the participants were very patiently replied by her.

-A report by Capt. Chander Sachdev, Gen. Secy.

Group Birthday celebrations by SCWA Sant Nagar (June 2016)



Cancer Awareness Camp by Elderly People Forum Keshavpuram on 24.7.2016



Amritsar Visit by Varishth Nagrik Kalyan Sanstha - Uttam Nagar (June 2016)



Inauguration of Recreation Centre by Dr. Shobha Vijender on 5/6/2016



Dr. Shobha Vijender Nigam Parshad inaugurated Recreation Centre for the use of Care and Share Senior Citizen Welfare Association, Rohini on 5/6/2016.

-A report by V.R. Chawla, President

Healthy Management Program by SCWO-Dilshad Garden on 30/07/2016



Birthday celebrations by SVNM - CC Block, Shalimar Bagh



Birthday Celebration by Silver Citizens Welfare Association - Rohini, Sector 13



SCWA, Vikas Puri Visit to Akshardham, Delhi on 26th July, 2016



SCWA, Vikas Puri, organized a trip to Akshardham, Delhi in which 64 members participated on 26th July, 2016.

A Report by: R.K Batra, Genl. Secretary

Sunderkand Path by Indraprastha SCWA Patparganj on 10.07.2016



Editorial Board of Elderly News : B.S. Yadav (Dwarka), P.D. Bathla (Rohini), Ved Prakash Gupta (Mayur Vihar), J.C. Narang (Tagore Garden), R.C. Sharma (Triveni) **Reporters :** Pratap Singh, Jai Singh, Gyan Singh Tokas, Smt. Kamlesh Popli & Mishri Lal Kaushik (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction. **E-mail:** guptaajr2005@gmail.com, **Web:** www.seniorcitizensdelhi.org



Daily Spiritual Discourses at Deer Park (7AM & 8AM) Pt. Ram Gopal Tiwari (Chitrakoot) from 16.08.16 to 31.08.16, Pt. Shyamal (Mirzapur) from 01.9.16 to 15.9.16 & Pt. Ramchandra Mishra Ramayani (Ayodhya) from 16.9.16 to 30.9.16. Also at Shiv Mandir, Green Park from 5.30 pm to 6.30 pm daily, Shri Ram Mandir, B5 Block, Safdarjung Enclave from 7.30 pm to 8.30 pm daily & Sadbhavana Satsang Mandal, DDA Flats, Munirka on every Sunday from 9.30 am to 10.30 am. **-H.D. RALHAN, Founder Member**



APPEAL TO ENROLL LIFE SUBSCRIBERS of ELDERLY NEWS : Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, which is exempted under 80G of Income Tax Act 1961. **-L.R. Garg, EDITOR**



APPEAL FOR AFFILIATION WITH CONFEDERATION

Till Date 108 Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 11 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt., all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only. **-B.S. Yadav, Secy. General.**

APPEAL FOR LIFE MEMBERS OF COUNCIL



Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for its members for the last 36 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash. Please contact - 9810488059 **-A.C. BANSAL, Executive Member**

Ram Niwas Goel, Speaker, Delhi Vidhan Sabha stresses the need of Moral Values for caring Elderly



LtoR:- L.R. Garg, J.R. Gupta, S.S. Monty, R.N. Goel
S.N. Bharti, Sardare Singh & Ramesh Agarwal



While speaking in a special function organised by Senior Citizens Council of Delhi at Deer Park on 07/08/2016 in the presence of more than 400 senior citizens, Chief Guest Shri Ram Niwas Goel, Speaker, Delhi Vidhan Sabha stressed the need of moral values among younger generation for looking after their elders and vice-versa. He also appreciated the efforts of Council for holding daily Spiritual discourses by eminent saints from all over India at Deer Park on regular basis since long and also protecting lonely senior citizens from abuses/humiliations at the hands of their own children and others. Guests of Honor, Shri Somnath Bharti, Area MLA and Shri S.S. Monty, Area Councillor and newly elected Chairman, Standing Committee of South Delhi Municipal Corporation also addressed the senior citizens and assured full co-operation for

any civic/electric development works in the area as and when required. Earlier, Shri S.C. Verma, New SHO, Police Station, Safdarjung Enclave addressed the Senior Citizens about safety and security of their life and property and briefed about the remedial measures taken by him including strengthening patrolling in the area by beat constables. On this occasion, a cultural program was also organized for the entertainment of Senior Citizens which was appreciated by all present. J.R. Gupta, President of the Council thanked the guests and felicitated them along with mementos and shawls along with other members. He also congratulated S.H.O. for controlling chain snatching incidents including minor thefts in the Ward 163 within a short span of two months. The function concluded followed by refreshments.

- Ramesh Agarwal, Vice President

Sunder Kand Path at Deer Park on 1.08.2016 in the memory of Late Sh. J. C. Nagpal



Senior Citizens Council of Delhi organized sunder kand path in Deer Park on the occasion of 19th Death Anniversary of Late Shri J.C. Nagpal on 1st August, 2016 in association with Nagpal Family in which more than 300 senior citizens participated. Shri J.R. Gupta, President, Council paid rich tributes to Shri J.C. Nagpal, a resident of Safdarjung Enclave who was coordinator of Deer Park Satsang and devoted his life and energy for strengthening the various daily activities from the year of 1979 to 1996. He further appreciated the efforts of Nagpal family for organizing this special function every year since 1997

regularly who are following moral values in day to day life given by Shri Nagpal. Shri Gyan Chand Gupta of Preet Vihar and former Satsang coordinator and Shri Narendra Chitra from Laxmi Narayan Mandir, Malviya Nagar also paid tributes to Shri Nagpal and his family. On this occasion, Shri Mohanlal Chopra of Evergreen Restaurant was also felicitated for his special selfless services for the daily satsang by J.R. Gupta and other members. The function concluded followed by refreshments.

- A report by: Gyan Singh Tokas

Inauguration of Public Toilet at Lajpat Nagar



Sh. Ramesh Chopra of Green Park Felicitated



Ramesh Chopra S/o. Late Sh. S.P. Chopra, a senior member of satsang distributed prasad in the memory of his father who expired on 4th June 2016. Two minutes silence was observed in the memory of departed soul. J. R Gupta lauded his services during 1979 & 2008 as he had taken a leading role in Satsang Activities.

-EDITOR

Birthday of N.D. Wadhwa, 90 years celebrated at Deer Park



Senior Citizens Council of Delhi congratulated Sh. N.D. Wadhwa on his 90th Birthday. Pt. Alok Mishra of Kanpur gave him blessings of long life. Sh. Suraj Bhan Gupta of Jia Sarai felicitated him. J.R. Gupta prayed for his long life.

-EDITOR

CSR Activity of SCWA-Vikas Puri on 18.07.2016



From Front Page : Sandeep Kumar

5. **State Commission for Senior Citizens:** It was informed that a Commission is required to be framed for benefit of Senior Citizen in NCT of Delhi. The department will take up the issue expeditiously with concerned authority.

6. **Free treatment/medicines to BPL senior citizens:** Health Deptt informed that as per the new policy of the Government medical treatment, medicines and clinical tests are being provided free of cost to all citizens irrespective of any income criteria or age.

7. **Free travel in DTC buses:** DTC informed that it is not possible to extend this facility owing to poor financial health of corporation. However, it was suggested that DTC will provide the estimated expenditure on this account if the existing rates are further reduced and the Department of Social Welfare will consider to release grant to the DTC accordingly, for extending free travel facility in non-AC/ AC and cluster buses for the senior citizens.

8. **Increase in number of reserved seats in metro trains for senior citizens:** It was informed that sufficient seats are already kept reserved for senior citizens. However, DMRC may examine the issue of further enhancement of reserved seats as requested by the Confederation.

9. **Celebration of elderly / senior citizen's Day:** The DSW will organize a function to celebrate the Elderly Day by the Delhi Government in a befitting manner on **1st October, 2016** in one of its stadiums like IGI/Thyagraj/Chhatarsal Stadium. Minister directed that the proposal in this regard should be moved well in time for necessary approval and clearance from FD etc. Modalities of transportation and refreshment to participating senior citizens may also be considered by the department.

10. **1% additional interest on savings to senior citizens:** The FD will forward the proposal to RBI through Ministry of Finance, Govt. of India.

11. **Speedy trial in the court cases involving senior citizens:** A proposal from DSW will be sent on the issue to the Law & Justice Department, GNCTD for examination and needful action.

12. **Pilgrimage tour for senior citizens:** The issue was referred to the Revenue Department for examination but the same has not been responded. Minister advised that Social Welfare Department may consider the proposal and frame a suitable scheme for extending the facility of pilgrimage tour to senior citizens.

13. **Suitable amendment in Maintenance Act:** It was informed that the department has already moved a proposal to incorporate Action Plan in the Maintenance and Welfare of Parents and Senior Citizens Act, 2007. Minister advised to expedite action on the issue.

14. **Erection of Porta cabins in parks for using as recreation centres:** DDA has informed that providing porta cabins in DDA parks is not advisable as it has already provided facilities like open gym, swings, jogging tracks and other facilities in the parks. MCD and PWD has not given any reply on the issue. DSW may take up the matter and request DDA to review its discussion in the interest of Senior Citizens. MCD & PWD may also be requested again to allow porta cabins in the parks under their respective jurisdictions for recreation center for Senior Citizens.

For the information of Confederation Members : B.S. Yadav, Secretary General

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403		Shri Naresh Chandra Aggarwal, President, SCWC, 163, AGCR Enclave, Delhi- 110092	407		Shri S.M. Gautam, Treasurer ASC Club, A-3/31, Chandra Priya Apartments, Sector -8, Rohini, Delhi – 110085
404		Shri Pritpal Singh Bhatia D-271, Sarvodaya Enclave, New Delhi- 110017	408		Mrs. Sharda Devi Jain, P-5, Green Park Extension New Delhi- 110016
405		Shri Mahesh Jha WZ-44, (SF), Mahesh Vihar Om Vihar, Phase- II Uttam Nagar, New Delhi- 110059	409		Smt. Harjeet Kaur B-18-C, Guru Gobind Singh Kunj, Tagore Garden New Delhi - 110027

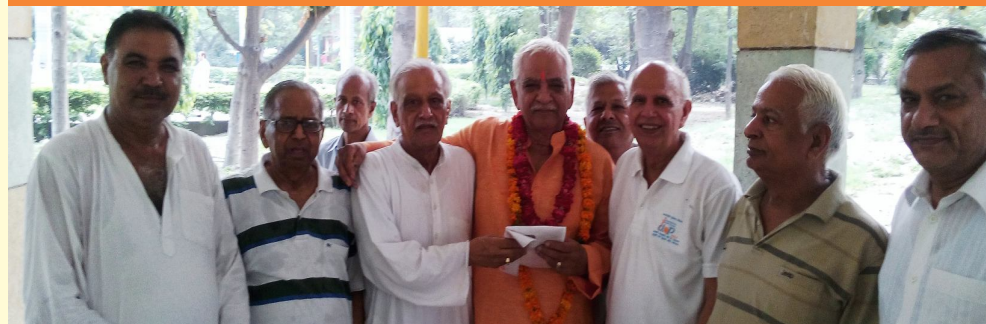
Senior Citizen won Silver Medal on NATIONAL YUVRANI Athletic Championship



V.R. Chawla President Care and Share Senior Citizen Welfare Association showing well balanced action for the discuss throw, and won Silver Medal in the NATIONAL YUVRANI Athletic Championship at ALWAR on 2/06/2016.

As reported by V.R. Chawla

Birthday of Shri V.K. Sharma, President - SCW Club-Shalimar Bagh on 18.6.16



Birthdays of Sh. V.K. Sharma, President of Senior Citizens Welfare Committee, Shalimar Bagh was celebrated on 18 .6.2016 alongwith Sh. S.N. Sood and Sh. S.P. Arora including other members. **A report by - R.K. Nagar, Gen. Secy.**

Confederation welcomes Council of Senior Citizens of East Delhi

Confederation welcomes the affiliation of Council of Senior Citizens of East Delhi recently. It is pertinent to mention that there are already 15 SCA's stands affiliated to the Confederation from East Delhi **-B.S. Yadav, Secy. General**

ARTICLES FOR SOUVENIR-2016-17

Souvenir-2016-17 of Senior Citizens Council of Delhi is under print in press. Members are requested to send their articles, if any, **through email only**, concerning senior citizens along with one photo on first come first service basis at the earliest but not later than 20/08/2016. **-EDITOR**

New Executive Body of Senior Citizens Society, Punjabi Bagh

During the elections held on 29/05/2016, following office bearers were declared elected:- H. S. Wadhawan (Managing Director), U.R. Behl (President), S.P. Garg (Treasurer), Vinod K. Gupta (General Secretary), B.L. Nijhawan (Chief Patron), D.K. Chadha (Patron), Jagpal Singh Yadav (Chairman), M.L. Kalra (Senior Vice President), Brig. (Retd.) S.K. Yadav (Vice President), K.K. Tandon (Secretary), S.L. Dua (Joint Secretary) & Jagdish Prasad, Advocate (Legal Advisor). **- As reported by Shri S.P. Garg, Treasurer**

SPECIAL PROGRAMMES

15.8.16 :- Independence Day Celebrations with Kavi Sammelan, Deer Park, 7am

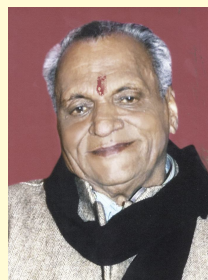
21.8.16 :- Function at Deer Park in the memory of Late Sh. Bhagwan Das Kalra including Sundar Kand Path on his 4th Anniversary, 7am & onward.

25.8.16 :- Janamashtmi Celebrations including cultural programme by the artists of Mathura & Vrindavan at Central Park, DDA Flats, Munirka from 7.30 pm & onward.

5.9.16 :- Teachers Day felicitations at Deer Park at 7.30 am onwards

All are cordially invited in all the above programmes

EDITOR



Sunder Kand Path at Deer Park on 21.08.2016

Senior Citizens Council of Delhi is to organize Sunder Kand Path on 21.08.2016 at Deer Park, between 6.30 am & 8.00 am followed by Prasad on the occasion of 4th anniversary of Late Sh. Bhagwan Das Kalra, former Vice President of the Council, in association with Kalra Family. All are cordially invited. **-EDITOR**