

ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

Affiliated with Confederation of Senior Citizens Associations of Delhi (An Umbrella Body of 11 Lakh Senior Citizens)

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Rs. 5/-

NEW NATIONAL POLICY OF SENIOR CITIZENS SOON, SAYS MR. GEHLOT, UNION MINISTER



While addressing more than 500 senior citizens from across Delhi in the Foundation Day of Senior Citizens Council of Delhi, **Shri Thaawar Chand Gehlot, Union Minister** for Social Justice & Empowerment, Govt. of India announced that his Ministry is planning to formulate **New National Policy of Senior Citizens** incorporating there in Social, Financial and Health Security **very soon** as no action was taken to implement old National Policy for Older Persons of 1999. He further announced that efforts are also being made to create awareness about Maintenance and Welfare of Parents and Senior Citizens Act 2007 as it has been observed that most of the senior citizens across the Country are unaware of the provisions of this Act particularly at a time when the incidents targeting senior citizens are increasing day by day. Moreover, being Nodal Ministry, it is our endeavor to ensure that all senior citizens should live with dignity and respect particularly poor, destitute & neglected. He also stressed that our youth should come forward to give respect & regards to their elders as ultimately they have also to become older & would need respect & support at that time. Mrs. Ghazala Meenai, Joint Secretary of the Ministry, Sh. Satish Upadhyay, President, Delhi BJP & Sh. S.S. Monty, Area Councillor, MCD were guests of honour. J. R. Gupta, President of the Council while welcoming the Chief Guest demanded that unclaimed deposits of over Rs. 26000

Crores lying in Provident Fund Accounts, with insurance companies and banks since August 2012 should be utilized for the Welfare of 11 Crores Senior Citizens across Country out of 11 lakh in Delhi alone. Shri Gupta further requested the Minister to consider their old demand for the Constitution of National Commission for Senior Citizens so that their grievances could be redressed at one place as most of the senior citizens have to run for their issues from pillar to post. He further requested that No. of participants should be increased from 4,500 to at least 10,000 in Walkathon at India Gate on 1.10.2014. The Minister also felicitated volunteers S/sh. Gyan Singh Tokas, Pratap Singh, Mishri Lal Kaushik & Jai Singh in recognition of their continuous daily services for the cause & care of elderly. Sh. Ashok Goyal of Goyal Brothers Prakashan was also felicitated with a shawl by the Minister for his selfless contributions/services for the Council as & when required. The Minister also felicitated Sh. Vinay Sagar Gupta, Retd., Asst. General Manager, Oriental Bank of Commerce, in recognition to his financial support for the Council as & when required. The members of Confederation participated from various corners of North, South, East, West & Dwarka. Sh. Surinder Shastri, General Secretary, SCA-Lajpat Nagar I & II & his members participated in large numbers.

Contd. Page 3 & more Photos

Mr. Rangaswami elected Acting Chairperson in Annual General Body Meeting of ISU3A at Khajuraho (M.P.) on 13.7.2014



Annual General Body Meeting of ISU3A was held on 13.7.2014 at Khajuraho (M.P.) under the Chairmanship of Dr. Sajjan Singh, Chief Advisor. About 250 members from different parts of India participated out of 22 members were from Delhi. S/Sh. T.K. Dak, Secretary General, A.K. Malhotra, Vice Chairperson, Central Zone, M.R. Rangaswami, Vice Chairperson, South Zone, J.R. Gupta, Vice Chairperson, North Zone, Dinesh Babel, Mumbai & K.S. Mogra, National Coordinator were present. J.R. Gupta moved a resolution that senior most Vice

Chairperson M.R. Rangaswami should be elected as Acting Chairperson in place of Dr. J.S. Patil till the next AGM, which was approved by the AGM. While addressing the members J.R. Gupta asked all the ISU3A units across the Country to work for the cause & care of their members in their respective zones to promote ISU3A concept like Senior Citizens Council of Delhi as daily Social, Cultural & Spiritual activities are organized particularly protecting lonely Senior Citizens from abuses/humiliations from their own children & others.

Contd. page 3 & more photos

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WISHING YOU A VERY HAPPY RAKSHABANDHAN, INDEPENDENCE DAY & JANMASHTMI

EDITORIAL -Unclaimed of Rs. 26,000 Crores lying with Govt.

L. R. Garg Sh. Arun Jaitly, Finance Minister mentioned in his budget speech that over Rs. 26,000 Crores are lying as unclaimed in Provident Fund Accounts, with insurance company and banks. J.R. Gupta, Chairperson of the Confederation demanded that this amount should be utilized for the benefits of Elderly across the Country by placing the funds at the disposal of Nodal Ministry, Social Justice & Empowerment, Govt. of India.

- L. R. Garg - Editor

Meeting with MLA Somnath Bharti with RWA - S.J. Enclave

A meeting was held with Shri Somnath Bharti, MLA with the Managing Committee of B-2 RWA Safdarjung Enclave to discuss various issues concerning residents such as pruning of trees, repair of all internal roads, cleaning of back lanes, Porta Cabin for RWA office, CCTV, maintenance of parks including railing and boundary, repair of dangerous outside common structure of B2 Market, cleaning of drainage etc. J.R. Gupta, President brought the over all bad condition of the colony to the notice of the MLA and requested him to kindly fix some time frame for the execution of any one work, at least, for the satisfaction of the residents, in addition to above, J.R. Gupta also sought help of the MLA for relief in the traffic jam in service lane parallel to Africa Avenue due to Mohindra Car Show room, Nova Hospital and Car Sale Dealers who are habitual to park their vehicles both sides resulting residents to wait even for half an hour. Sometimes in the past, it has been observed that one ambulance could not cross the service lane and the patient had to transport to other vehicle for emergent treatment in the hospital. The condition of structure of B2 Market is going from bad to worse as bricks and mortars keep on falling on the customers regularly and nobody cares to repair the same. The MLA was specifically requested to get this repaired on priority basis.

A report by - Devinder Arora, General Secretary

Benefits for Senior Citizens in Union Budget F.Y. 2014-15

Income Tax for FY 2014-15; Up to Rs. 2.5 lakh-NIL; Between Rs. 2.5 lakh & Rs. 5 lakh - 10%; Between Rs. 5 lakh & Rs. 10 lakh-20%, Above Rs. 10 lakh - 30%
Investment and deductions: Deduction u/s 80C (LIC, NSC and PPF, etc.) has been enhanced from Rs. 1 lakh p.a. to Rs. 1.50 lakh p.a.; Deduction for interest on housing loan has been enhanced from Rs. 1.50 lakh p.a. to Rs. 2 lakh p.a.

Non-Functioning of Electric Crematorium at Green Park

J.R. Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi, drawn the attention of Lt. Governor of Delhi about the Non-functioning of Electric Crematorium at Green Park due to shortage of Power & Gas since 2002 & demanded the same should be made operational on priority basis for the convenience of residence of various colonies of South Delhi.

Elections of Yamuna Vihar Varishtha N.K. Sangathan

In its AGM held on 11.05.14 of Yamuna Vihar Varishtha Nagrik Kalyan Sangathan Yamuna Vihar, following Governing Body Members 2014-16 were declared elected. K.K. Devgan, President, M.S. Kataria, Vice President, H.C. Wadhwa, General Secretary, G.D. Sharma, Joint Secretary, K.C. Rustagi, Treasurer, K.K. Agarwal, Auditor.

Report by K.K. Devgan

Visit of SCA Shakti Nagar to Agra, Mathura & Virindavan

SCA Shakti Nagar headed by its President Bhagirath Singh organised tour of its 45 members to Agra, Mathura & Vrindavan on 26/07/14.

Medical Checkup camp by ADIVA Hospital on 6.7.14 in association with Senior Citizen Council of Delhi

ADIVA Group of Hospitals, under its CSR activities, organized a Super Speciality Health Check Camp in association with Sh. J.R. Gupta President, Senior Citizens Council of Delhi at Adiva Super-Specialty Care; its Green Park based Hospital on 6th July, 2014. During the camp the Doctors & Paramedical team of Adiva conducted on the spot Health Check Examinations for more than 200 visitors/patients. Super-Speciality OPDs were conducted by senior consultants in the field of Urology, Nephrology, Orthopaedics, General laparoscopic Surgery, Gyne Endoscopy, Neonatology, Dermatology, Internal Medicine, Dietetics & Clinical Psychology. Various specific blood

Investigations, ultrasounds & X-Rays, and Bone-Densitometry were carried out as directed by the consultants. ADIVA is a chain of Super Speciality Hospitals in South Delhi. Hospitals have most modern treatment facilities for Medical & Surgical Management of all the ailments viz. Urinary/Kidney Diseases (Urology & Nephrology), ENT (Otolaryngology) & Cochlear Transplant, Orthopedics & Joint Replacement, Neurosurgery, Gastroenterology & GI Surgery, Surgical Oncology & Chemotherapy, General, Laparoscopic/Minimal Invasive/Day Care Surgery, Reconstruction & Aesthetic Surgery, Obstetrics, Gyne Endoscopy & Surgery, Neonatology, Pediatrics & Pediatric Surgery etc.

A Report by : Ashok Khushwah

Birthday Celebrations by Triveni - SCF

Triveni Senior Citizens Forum Celebrated Joint Birthday of its Members for June & July on 3rd August 2014. More Than 130 Members Participated. The SCF is headed by its President Sh. R.C. Sharma. The function was concluded with Lunch.

A Report by : R.C. Sharma

Visit to Gujrat by Northex SCF - Rohini

A group of 49 members of Northex Senior Citizen Forum, Rohini arranged a 10 days tour to visit, visited Ahmadabad, Dwarka, Somnath, Junagarh, National Century etc. in Gujrat.

A Report by : Bathla

from front page... NEW NATIONAL POLICY OF SENIOR CITIZENS SOON



Sh. R.S. Sindhwani recited Bhajan's which were appreciated by all present. Sh. Mohan Lal Chopra, Ch. Kishan Chand, Balbir Singh Yadav, President SCA-Dwarka, Mukesh Singh & Bhagwan Singh were also present. Earlier, Sunder Kand path was organized in the memory of 17th Anniversary of Late Sh. J.C. Nagpal, one of the founder members of Deer Park Satsang. J.R. Gupta

remembered Sh. J.C. Nagpal & lauded his selfless services for the Satsang & thanked also the members of Nagpal family who are following the moral values of late Sh. Nagpal. Sh. Gyan Chand Gupta also acknowledged his hard work with sincerity for which he would be remembered always. The Minister also felicitated Sh. Amar Chand Bansal & B.R. Gupta for their continuous services for organizing day to day activities of the Council. Sh. A.K. Soin, General Secretary, SCA - Kailash Hills & Sh. O.P. Rohilla, President, SCA - Mehrauli also participated with their members. The function was concluded with a vote of thanks by Sh. B.S. Yadav followed by refreshments.

A Report by Suraj Bhan Gupta

Talk on Joints by Dr. P.V. Kailey on 27.7.2014 at Deer Park



Senior Citizens Council of Delhi organized a talk on Joints by Dr. P.V. Kailey at Deer Park on 27.7.2014 in which more than 250 Senior Citizens participated followed by refreshments. Dr. Kailey gave a few very useful tips how we can care our joints mainly by doing brisk walk on regular basis & many more advices.

Birthday celebrations by Silver Citizens Welfare Association, Rohini



Humiliations of a senior citizen at the hands of SHO Palam Colony



Alvinder Singh

On 27 June, 2014 Mr Ranjeet Singh son of Mr Alvinder Singh, a senior citizen and member of Senior Citizens Council of Delhi and resident of Palam Colony, New Delhi was returning from his work. Around Palam Vihar area 3 bickers stopped him at gun point and robbed Rs 6000/- from him. Mr. Ranjeet Singh shouted at the top of his voice and gathering whole neighborhood around him, the people who gathered around caught one snatcher and called the PCR. Mr Alvinder Singh & his younger son also came there after hearing the incident. The PCR took the snatcher and Mr Alvinder Singh to police station to file FIR but on the way police stopped the car and started beating Mr Alvinder Singh (Senior Citizen) who fainted on the spot. Police admitted him to hospital but completely denied to file FIR. Thereafter, he brought the matter to the notice of J.R. Gupta, President of the Council who immediately taken up the matter with Shri. B.S. Bassi. Commissioner of the Police demanding vigilance inquiry against SHO Palam Colony and PCR Staff. At present, vigilance inquiry is being conducted by the DCP (Dwarka).

A Report by: Mishri Lal Kaushik

Contd. from front page ... Khajuraho



Sh. M. R. Rangaswami, Acting Chairperson thanked all the members for their support & assured to work for the betterment of ISU3A. He was of the view that we should try to motivate more & more Senior Citizens to enroll members of ISU3A by making a one time payment of Rs. 1100/- through Zonal Vice Chairpersons.

A number of suggestions put forth by Sh. K.S. Mogra were also accepted including agenda items taken up by Dr. T.K. Dak. Vote of thanks was given by Sh. A.K. Malhotra.

A Report by Mrs. Kamlesh Popli

CRIME AGAINST SENIOR CITIZENS

J.R. Gupta, Chairperson, Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 11 lakh Senior Citizens) brought to the notice of Commissioner of Police following cases in which senior citizens were targeted with in a short span of one month & shown his concern & demanded to book the culprits at the earliest & also to take remedial measures to protect property & life of senior citizens particularly lonely :- 60 years old Gulab Chand of Jaitpur murdered on 15.6.14, 65 years old Shanti Devi of West Patel Nager murdered on 18.6.14, 70 years old S.B. Pandey and his wife 65 years old Mrs. Ram Soorat of Wazirabad were robbed in their house on 21.6.14, 71 years old Retd. Major Rohit Sethi was murdered in West Patel Nager on 21.6.14, 81 years old Rekha Duggal of Greater Kailash part II was murdered on 8.7.14, 77 years old widow Shanti Devi of Narela was murdered on 8.7.14 and 70 years old K. K. Chopra's body found in his house in Govindpuri on 15.7.14.

- EDITOR

Separate queue for senior citizens in all C.G.H.S. Dispensaries

Confederation of Senior Citizens Associations of Delhi brought to the notice of Sh. Harsh Vardhan, Union Minister for Health & Family Welfare that necessary directions needs to be issued to all the Chief Medical Officers of C.G.H.S. Dispensary across Delhi to arrange separate queue to enable them not to wait for long hours as the standing orders of separate queue for senior citizens in Govt. Hospitals are not being followed in C.G.H.S. Dispensaries.

A Report by Gyan Singh Tokas

Editorial Board of Elderly News : B.S. Yadav (Dwarka), R.K. Nanda (Shalimar Bagh), Ved Prakash Gupta (Mayur Vihar), J.C. Narang (Tagore Garden), R.C. Sharma (Triveni) **Reporters :** Pratap Singh, Jai Singh, Gyan Singh Tokas, Smt. Kamlesh Popli & Mishri Lal Kaushik (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction. **E-mail :** guptaajr2005@gmail.com, **Web :** www.seniorcitizensdelhi.org

Daily Spiritual Discourses at Deer Park (7AM & 8AM) Pt. Ram Gopal Tiwari (Chitrakoot) from 16.8.14 to 31.8.14, Pt. Ram Chander Mishra (Ayodhya) from 1.9.14 to 15.9.14 & Pt. Prabhakar Mishra Padmesh (Ayodhya) from 16.9.14 to 30.9.14. Also at Shiv Mandir, Green Park 5.30 pm to 6.30 pm daily, Shri Ram Mandir, B5 Block, Safdarjung Enclave, 7.30 pm to 8.30 pm. daily & Sadbhavana Satsang Mandal, DDA Flats, Munirka on every Sunday 9.30 a.m. to 10.30 am.

APPEAL TO ENROLL LIFE SUBSCRIBERS : Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, **which is exempted under 80G of Income Tax Act.**



SUNDER KAND PATH ON 7.9.2014 AT DEER PARK

Senior Citizens Council of Delhi would organize Sunder Kand Path at Deer Park on 7.9.2014 (Sunday) from 6.30 am to 8.30 am followed by Prasad on the occasion of 73rd Birthday of Sh. L.R. Garg, Executive Member of Council.

APPEAL FOR LIFE MEMBERS OF COUNCIL

Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for its members for the last 35 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash. Please contact - 9810488059

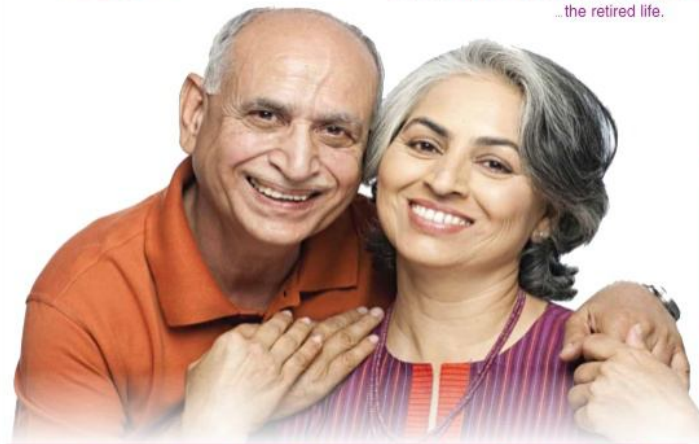
- EDITOR



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Sunder Kand Path on 1.8.14

Senior Citizens Council of Delhi is to organize Sunder Kand Path on 24.8.14 at Deer Park, between 6.30 am & 8.00 am followed by Prasad on the occasion of 2nd anniversary of Late Sh. Bhagwan Das Kalra, former Vice President of the Council. All are cordially invited.

INDEPENDENCE DAY CELEBRATION ON 15.8.14

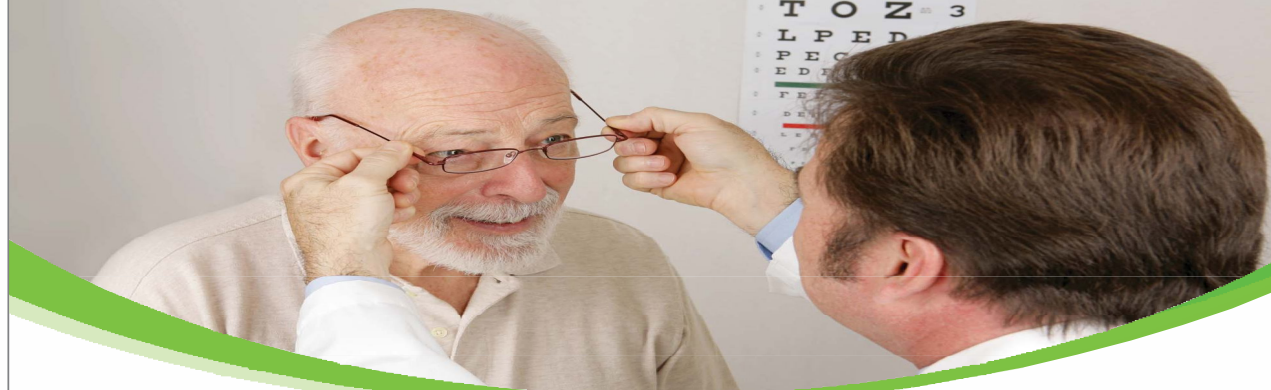
Senior Citizens Council of Delhi would organize Independence Day Celebration on 15.8.2014 at Deer Park between 7 am to 8.30 am followed by refreshments in which Dr. Yoganand Shastri, former Speaker, Delhi Vidhaan Sabha, would be the Chief

Guest. Mrs. Anima Sinha, Eminent Singer would recite Patriotic Songs followed by unfurling of National Flag. All are cordially invited.

INDEPENDENCE DAY CELEBRATION BY RWA SAFDARJUNG ENCLAVE

The Independence Day celebrations would also be organized by Safdarjung Enclave, B2-South RWA on 15.8.2014 between 10.30 am & 11.30 am at Central Park, B-2 Block in association with Senior Citizens Council of Delhi. Sh. Ram Bhaj, former MLA would be the Chief Guest. Patriotic Songs would be recited by eminent singer Mrs. Anima Sinha. All the residents are cordially invited. **RSVP - R.K. Saxena**

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Shree Ram Katha at Siri Fort

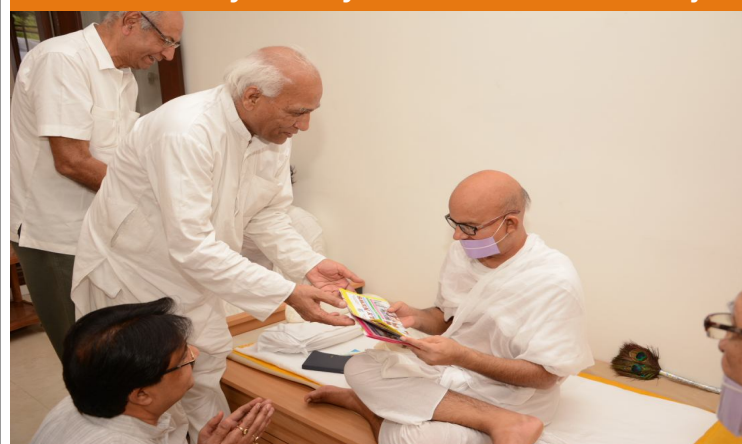
Shree Ram Katha Samiti Dakshini Delhi in Association with Senior Citizens Council of Delhi is to organize Shree Ram Katha by Param Poojya Sant Sh. Vijay Kaushal Ji Maharaj at Siri Fort Auditorium from 8.9.14 to 14.9.14 (5 to 7 pm) daily **R.S.V.P. : J.R. Gupta, 9810488059**



Janmashtmi Celebrations on 17.8.14

Satbhawna Satsang Mandal, DDA Flats, Munirka is to organize Janmashtmi Celebrations on 17.8.14 at F-Block Park, DDA Flats, Munirka, New Delhi, between 7.00 pm to 9.30 pm in association with Senior Citizens Council of Delhi followed by Prasad. There would be Cultural programme by the Artists from Mathura & Vrindavan & also by the Children of Residents. All the residents are cordially invited with their relatives/friends. **R.S.V.P. :- EDITOR**

Parvachan by Acharya Shree Mahashraman ji



J.R. Gupta & Ram Raj Bhandari presenting Elderly News to Acharya ji

Senior Citizens Council of Delhi is to organize Special Parvachan by Acharya Shree Mahashraman ji on 26.10.2014 from 2 pm to 4 pm at Adhyatma Sadhna Kendra, Chatterpur, Opp. Sai Baba Temple & Near Chatterpur Metro Station, particularly for Senior Citizens on "Active & Peaceful Old Age Life". All are cordially invited. **R.S.V.P. : J.R. Gupta, 9810488059**

Corrections in New elected body of SCWA-Mehrauli

President: Sh. O.P. Rohilla, Vice President : Sh. Shikhar Chand Jain, General Secretary : Sh. Charan Singh, Joint Secretary : Sh. R.L. Kalra Treasurer : Sh. S.P. Vashishta, Legal Advisor : Smt. Anita Arora, Executive Members S/Sh. C.P. Sharma, Rajender Saluja, Homender Kumar Sharma, S. P. Punj & H. S. Bist. - **A Report by - O.P. Rohilla**