



FREE CIRCULATION OF ELDERLY NEWS FOR THE MEMBERS OF SENIOR CITIZENS
COUNCIL OF DELHI & CONFEDERATION OF SENIOR CITIZENS
ASSOCIATIONS OF DELHI FROM 01-04-2024 & ONWARDS
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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

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AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 18 LAKH SENIOR CITIZENS)

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MONTH : APRIL 2025

CHIEF GUEST, RAJNISH SINGH, SHO, SAFDARJUNG ENCLAVE, FELICITATED 7 MEMBERS OF SENIOR CITIZENS COUNCIL OF DELHI IN THE PRESENCE OF MORE THAN 50 MEMBERS INCLUDING J.R. GUPTA, PRESIDENT ON 15-04-2025



Chief Guest, Rajnish Singh, SHO, Safdarjung Enclave, felicitated 7 members of Senior Citizens Council of Delhi including J. R. Gupta, President in the presence of more than 50 members on 15-04-2025 at its Recreation Centre, Community Centre, Green Park Extension. He prayed to Almighty for their long life with sound health. Earlier, Sunderkand Path was recited by Dinesh Sharma, Harikesh Shukla, Neelam Malhi, Poonam Bhagotra, Ashok Kumar, &

other members. All members present prayed to Almighty for the fast recovery of wife of our worthy President, followed by refreshment packets sponsored by Gyan Singh Tokas, Secretary, Senior Citizens Council of Delhi. J. R. Gupta also prayed Almighty for their long life with sound health whose birthday was organized. J. R Gupta also felicitated Chief Guest as a token of respect & regards with flowers & shawl. A report by Ashok Kumar, In-charge.

RAVINDER SINGH INDRAJ, SW, MINISTER FELICITATED MEMBERS OF SENIOR CITIZENS WELFARE SOCIETY, SHALIMAR BAGH ORGANIZED BIRTHDAY ON 26-04-2025



During AGM of Senior Citizens Welfare Society, Shalimar Bagh organized Joint Birthday on 26-04-2025 in their Recreation Centre in which Chief Guest was Ravinder Singh Indraj,

SW, Minister, GNCTD. J. R. Gupta, President also felicitated Minister. Other members were Vimal Bhan & Ashok Kumar. A report by Capt. Chander Sachdev, President.

CONFEDERATION PARTICIPATED SHRI RAM JANAM MAHO-UTSAV AT HINDI BHAWAN ON 06-04-2025



Confederation of Senior Citizens Associations of Delhi participated Shri Ram Janmo-Utsav at Hindi Bhawan in Association with Sanatan Dharam Mahasabha on 06-04-2025. Main Speaker was J. R. Gupta, Chairperson, Confederation, who spoke about Shri Ram Janam in details, as we are

organizing daily satsang at Deer Park by Eminent vakta's from all over India. The other speakers were Surender Mohan Gupta, Ved Prakash Gupta & Jai Bhagwan Goyal etc, followed by Cultural Programme & refreshment packets. A report by Ashok Kumar, Incharge.

COUNCIL / CONFEDERATION EXTENDS MORAL SUPPORT & LEGAL GUIDANCE TO SENIOR CITIZENS



P. D. Bhardwaj (80 yrs) resident of Gulmohar Park visited Recreation Centre 28-03-2025 along with complaint against his tenant Mrs. Ritu Bajaj regarding non payment of rent of Rs. 23500/- since April-2025. Mrs. Ritu Bajaj has been harassing, abusing, soughing including filthy language and threatened to kill & to lodge false complaint with crime against Women Cell with a sole motive to harass him. Immediately, his case was taken up with Commissioner of Police with a request action should be taken against aforesaid tenant and also provide security to complainant & his family in the interest of Justice so that he could live peacefully in his own house. No further harassments reported so far. He has extended thanks to the Confederation/ Council for their moral support & legal guidance from time to time. - Editor



Jagdish Singh (66 yrs) resident of DDA Flats, Bindapur visited Recreation Centre 08-04-2025 along with complaint against his Builder, Anuj Kumar regarding non-vacating of his property in spite of repeated requests. But he has been harassing, abusing, soughing including filthy language and threatened to kill & to lodge false complaints with crime against Women Cell with a sole motive to harass him. Immediately, his case was taken up with Commissioner of Police with a request that action should be taken against aforesaid builder and also provide security to complainant & his family in the interest of Justice so that he could live peacefully in his own house. No further harassments reported so far. He has extended thanks to the Confederation/ Council for their moral support & legal guidance from time to time. - Editor



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CONFEDERATION

POPULATION OF SENIOR CITIZENS WOULD INCREASE TO 2.5 BILLION BY 2050



A new UN report calls of urgent policy measures to enable healthy ageing as it highlights that the number of people aged 65 years or older worldwide is projected to more than double, rising from 761 million in 2021 to 1.6 billion in 2050. By the end of the 21 Century, the world could have nearly 2.5 billion older people. It is also highlighted that not everyone has benefitted equally from the improvements in health and education that have driven population ageing. – **GYAN SINGH TOKAS – EDITOR.**

UNITED FEDERATION OF ASSOCIATIONS, SIDHARTH NAGAR FELICITATED TARBINDER SINGH MARWAH, MLA ON 03-04-2025



Tarvinder Singh Marwah, MLA felicitated by United Federation of Associations, Sidharth Nagar on 03-04-2025. **Ishwar Vashisht , President, P. K. Mehta, General Secretary** also felicitated. They also brought to his notice various issues concerning their area, which was agreed to be taken care within one month, followed refreshment packets. **A report by Ishwar Vashisht, President.**

CHIEF GUEST RAVINDER SINGH INDRAJ, SOCIAL WELFARE MINISTER FELICITATED MEMBERS ON 26-04-25



Senior Citizens Welfare Forum, Shalimar Bagh organized AGM & birthday celebration at their Recreation Centre on 26-04-2025 in which Chief Guest was **Ravinder Singh Indraj, Social Welfare Minister**, who felicitated their members born in the month April 2025. **Azad Tandon** requested the Minister to take urgent steps to release pending Recreation grants for the last 4 years. The Minister assured to take an urgent action in due Course, followed by high tea. **A report by Azad Tandon, General Secretary.**

QUARTERLY MEETING HOISTED BY SHIV PARK SENIOR CITIZENS WELFARE ASSOCIATION, SHALIMAR BAGH ON 30-03-25



The Confederation quarterly meeting hoisted by Shiv Park Senior Citizens Welfare Associations during their General Body Meeting & joint birthday & introduction of 23 new members and facilitation function of 39 members on 30-03-2025. Chief Guest was **J. R. Gupta, Chairperson, Y. K. Singhal, N. P. Soni & Vimal Bhan**, followed by delicious lunch. **A report by Azad Tandon, General Secretary.**

ACTIVITIES OF SCWS, AB BLOCK, SHALIMAR BAGH ON 27-03-2025



Senior Citizens Welfare Society, AB Block, Shalimar Bagh met **Smt. Rekha Gupta, Chief Minister of Delhi** on 27-03-2025 at her residence and conveyed their heartfelt Congratulations and wished her success in her endeavours. She was also invited to visit their Activity Center to which she said she will certainly visit at a suitable date. The members also requested her to release Recreation Grant pending for the last 3 years with Social Welfare Department. She assured to do the needful in due course. **A report by Captain Chander Sachdev, President.**

ELECTIONS OF SUPER SENIOR CITIZENS WELFARE FORUM HELD ON 28-02-2025

K. K. Khurana, Election Officer of Super Senior Citizens Welfare Forum, BH (West), Shalimar Bagh organized AGM on 28-02-2025 in which members were declared elected un-opposed. **1. K. K. Khurana, President 2. B. P. Sharma, Vice-President 3. C. P. Bhatia, General Secretary, 4. G. C. Jawa, Joint Secretary and 5. Ashok Kr. Arora, Treasure.** **A report by K. K. Khurana, President.**

CAPT. CHANDER SACHDEV, PRESIDENT, SCWS, SHALIMAR BAGH FELICITATED REKHA GUPTA, CM, DELHI ON 16-04-2025



Capt. Chander Sachdev, President, met **Smt. Rekha Gupta, Hon'ble Chief Minister of Delhi** on 16.4.2025 at her residence along with their members **Dr. R K Arora, Sh Chand Kishore, Sh. H K L Relhan and Sh. Rishi Prakash &** handed over a representation regarding early release of grant by Delhi Govt. to all Senior Citizens Associations of Delhi, which is pending for the last 4 years. She assured to do the needful on priority basis. **A report by Capt. Chander Sachdev President, SCWS, Shalimar Bagh.**

AGM OF SCF, GREATER FARIDABAD HELD AT THEIR CENTRE ON 13-04-2025



Annual General Body Meeting of SENIOR CITIZENS FORU, GREATER FARIDABAD held on 13-04-2025 in the presence of their members. **Mahendra Kumar Gupta** delivered a lecture on Senior Citizens issues which was appreciated by all present, followed by high tea. **A report by Mahendra Kumar Gupta, President.**

ELECTIONS OF SENIOR CITIZENS WELFARE ASSOCIATION HELD ON 13-04-2025

Rajinder Kumar Arora Election Officer of Senior Citizens Welfare Association E-block, Sector-15, Rohini organized AGM on 13-04-2025 in which members were declared elected un-opposed for the year 2025-26. **Sh. Rajinder Kr. Arora, President, Sh. G. C. Saxena, Vice - President, Sh. R. S. Loomba, General Secretary, Smt. Usha Bhatnagar, Secretary, Sh. S. N. Sharma, Joint Treasure, Smt. Saroj Vij & Advisor, P. P. Gupta. Executive Members:- S. K. Anand, Vijay Kr. Garg & S. P. Singh.** **A report by Rajinder Kumar Arora, President.**

80 MEMBERS OF SENIOR CITIZENS WELFARE ASSOCIATION, SANT NAGAR PARTICIPATED IN SEMINAR ON DIGITAL AWARENESS ON 14-04-2025



साथियो आज हमारी S.C.W.A, Recreation Centre, संत नगर में जागरण समूह की 'फैक्ट-चेकिंग वेबसाइट', 'विश्वास न्यूज' के सौजन्य से हमारे Sr. Citizens के लिए एक विशेष Seminar का आयोजन किया गया। इस कार्यक्रम का उद्देश्य हमारे वरिष्ठ नागरिकों को फेक न्यूज और ऑनलाइन धोखाधड़ी से बचाने के लिए आवश्यक जानकारी और सरल उपाय प्रदान करना था। 80 सदस्यों ने इस Seminar का लाभ उठाया। **A report by G. R. Sehgal, President.**

Editorial Board of Elderly News : B.S. Yadav (Dwarka), Azad Tandon (Shalimar Bagh), Giri Bhardwaj (Shalimar Bagh), K.K. Mehta (Tagore Garden), Reporters: Y.K. Singhal & Gyan Singh Tokas (Chief Editor J.R. Gupta Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction. **E-mail: guptaajr2005@gmail.com, Web.: www.senioreldelhi.org.**

Daily Spiritual Discourses, at Deer Park Satsang (7 am to 8 am), Recreation Centre, Green Park Extn. (3 pm to 4 pm) & Shiv Mandir, Green Park (4:30 pm to 5:30 pm) & Sadbhawna Satsang Mandal, Munirka every Sunday (10 am to 11am) respectively, **from 16-04-2025 to 30-04-2025 Pt. Vidhya Bhushan, Chhapra, Bihar from 01-05-2025 to 15-05-2025 Pt. Ram Pratap Shukla, Banda UP & from 16-05-2025 to 31-05-2025 Acharya Hemant Upadhyay, Varanasi, UP - Editor**

APPEAL FOR LIFE MEMBERS OF COUNCIL

Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for the last 43 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of such cases have already been solved by the Council headed by its President **Sh. J. R. Gupta**, during the current year. Any senior citizen residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1700/- by cheque / cash as life membership fee. The amount can also be deposited in the name of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, Saving Bank Account No : **603610110001482**, IFSC Code : **BKID 0006036** The amount is exempted under **80 G of Income Tax Act, 1961. - H.D. Ralhan, Life Member**

COUNCIL ORGANIZED SUNDER KAND PATH AT DEER PARK SATSANG ON 05-04-2025



Senior Citizens Council of Delhi organized Sunderkand Path at Deer Park Satsang on 05-04-2025 in the presence of large number

of members, followed by Parsad. A report by Ashok Kumar, Incharge.

COUNCIL CELEBRATED BAISHAKHI AT RECREATION CENTRE ON 13-04-2025



Senior Citizens Council of Delhi celebrated Baishakhi on 13-04-2025 at Recreation Centre, Community Centre, Green Park Extension in the presence of more than 50 members by wearing yellow cloths. Other members were Y. K. Singhal, B. N. Singh, Gyan Singh Tokas, Dinesh Sharma, Usha Sharma, Neelam Malhi, N. P. Soni, etc, followed by refreshment packets. A report by Ashok Kumar, Incharge.

DR. AVTAR SINGH DELIVERED HEALTH TALK ON WORLD HEALTH DAY ON 07-04-2025



World Health Day is celebrated on 07-04-2025. This day also marks the anniversary of the World Health Organization(WHO). This year's Theme is "Healthy Beginnings Hopeful Futures". This theme's main objective is to highlight the critical role of the mother and newborn health in shaping long term well being. This campaign will stress the significance of high-quality care during pregnancy and postpartum care for mother and baby with the goal of increasing awareness of avoidable maternal and infant deaths. **The important**

messages of WHO in 2025 :- 1- To ensure that every woman has access to adequate healthcare during her pregnancy, delivery and postpartum period and make available comprehensive parental care and safe delivery methods to lower the mother and newborn death rates. 2- To ensure that women in disadvantaged communities receive the care they require without the financial hardships. 3- To promote Universal Health Coverage to ensure financial security and access to critical health services for all. 4- To invest in educating and keeping trained health workers capable of providing high quality people centric care. 5- To promote community engagement in health activities to provide the individuals and families with information and resources to make informed health decisions. 6- To focus on the mother's mental health during maternal care services and postpartum depression. A report by Dr. Avtar Singh.

ये सिर्फ एक विरोध नहीं, ये 140 करोड़ भारतवासियों की ललकार है

ये सिर्फ एक विरोध नहलए ये 140 करोड़ भारतवासियों की ललकार है। जब भी देश पर कोई हमला होता है, हर नागरिक एक प्रहरी बन खड़ा हो जाता है। पहलगाम की वादियों में निर्दोष सैलानियों को निशाना बनाना सिर्फ एक आतंकी वारदात नहीं, बल्कि मानवताए शांति और हमारी सांस्कृतिक अस्मिता पर सीधा आघात है। अब सहनशक्ति की सीमा पार हो चुकी है। आज दिल्ली स्थित पाकिस्तान उच्चायोग के सामने "Anti Terror Action Forum" द्वारा आयोजित वृहद् विरोध प्रदर्शन में भाजपा प्रदेश अध्यक्ष श्री वीरेन्द्र सचदेवा जी के साथ शामिल होकर आतंकवाद के विरुद्ध स्वर बुलंद किया, इस अवसर पर भारी संख्या में सकल समाज उपस्थित रहा। भारत अब आतंकवाद और उसके हिमायतियों को किसी भी सूरत में बख्शने वाला नहीं। नरेंद्र मोदी जी के नेतृत्व में भारत सरकार और हमारी सेना हर उस हाथ को कुचलने को तैयार है जो हमारी धरती की शांति को ललकारेगा। जो साजिश करेंगे, वे अब केवल हारेंगे ही नहीं – इतिहास से भी मिटा दिए जाएंगे।

निवेदक – जे.आर. गुप्ता, अध्यक्ष

इस देश के लाखों आम आदमी और औरतें, जो छोटे-मोटे व्यवसाय चलाते हैं, अर्थव्यवस्था में उनके बड़े योगदान के बावजूद, औपचारिक संस्थागत वित्त के द्वारे से लगभग बाहर रह गए हैं। मुद्रा, वंचितों को वित्त पोषित करने का हमारा इन्वोलेशन है।

निवेदक - जे.आर. गुप्ता, अध्यक्ष

जब हुनर को प्रोत्साहन मिलता है, तो हुनर और खिलता है, जीवन में बदलाव आता है। मान लीजिए, किसी के पास कपड़ों में कढ़ाई का हुनर था, उसने मुद्रा लोन लेकर कपड़ों में कढ़ाई करने का बिजनेस शुरू किया। किसी को अपना हैंडलूम शुरू करने में मदद मिली। मुद्रा योजना ने एक तरह से देश के सामान्य व्यक्ति के हुनर को निस्वास्ते का काम किया है और लोगों को सशक्त बनाने का काम किया है।

निवेदक - जे.आर. गुप्ता, अध्यक्ष

अगर युवाओं को दशकों पहले मुद्रा जैसी योजना मिल जाती, तो शहसे की ओर पलायन की समस्या इतनी विकसल नहीं होती। बिना बैंक गारंटी कम ब्याज दर पर कर्ज मिलने से युवा अपने गांव या शहर में ही अपने दम पर रोजगार करते। आज गरीब से गरीब व्यक्ति को बिना किसी गारंटी के मुद्रा लोन मिल रहा है। एक सामान्य जन भी मुद्रा लोन की मदद से उद्यमी बन सकता है।

निवेदक - जे.आर. गुप्ता, अध्यक्ष

अपने टूरिज्म सेक्टर को डायवर्सिफाई करना... बारहमासी बनाना... उतराखंड के लिए बहुत जरूरी है। मैं चाहता हूं कि उतराखंड में कोई भी सीजन... ऑफ सीजन न हो... हर सीजन में टूरिज्म ऑन रहे।

निवेदक - जे.आर. गुप्ता, अध्यक्ष

हम लोकल फॉर लोकल और लोकल फॉर ग्लोबल का विजन सच्चाई में बदलते हुए देख रहे हैं। हमारे आयुष प्रोडक्ट्स और योग, लोकल से ग्लोबल हो गए हैं। आज भास्ते के सुपरफूड, हमारा मखाना, लोकल से ग्लोबल हो रहा है। भास्ते के श्रीअन्न भी लोकल से ग्लोबल हो रहे हैं।

निवेदक - जे.आर. गुप्ता, अध्यक्ष

महापुरुषों के प्रिय हथियार

श्री रामचन्द्र जी-धनुष, महादेव जी-त्रिशूल, श्रीकृष्ण जी-सुदर्शन चक्र, बलराम जी-हल, परशुराम जी-फरसा और भीम-गदा

निवेदक - जे.आर. गुप्ता, अध्यक्ष

MAHENDRA KR GUPTA FELICITATED AT CENTRE ON 19-04-2025



J. R. Gupta, President, Senior Citizens Council of Delhi felicitated Mahendra Kr. Gupta, Advocate Supreme Court on 19-04-2025 along with his wife Asha Gupta, Pt. Vidya Bhushan, Chhapra, Bihar and other members namely Neelam Malhi, Nandita, S. R. Aggarwal, H. S. Gursey & Daya Shankar Upadhyay, followed by Parsad. A report by Ashok Kumar, Incharge.

परवरिश

सुबह-सुबह ठेकेदार को अधातक अपने दरवाजे पर आधा देसुखदेव आश्चर्यचकित रह गया। चरण खरों करते हुए बोला- 'आइए, मालिक! आपके चरण इस घर में पड़ गए, मेरा घर धन्य हो गया। कैसे आना हुआ आपका?' 'सुखदेव! मेरे नए निर्माण स्थल पर तुम दोनों पति-पत्नी मात्र एक दिन ही काम पर आए, क्या कारण है? हर बार तुम मेरे नए काम प्रारंभ होने का इंतजार करते रहते थे। इस बार क्या हो गया? क्या मेरे व्यवहार में कोई कमी थी या पैसे कम पड़े रहे थे जो तुम दूसरी जगह काम पर चले गए?' 'मालिक! ऐसी कोई बात नहीं है। आपसे अच्छा ठेकेदार कोई हो ही नहीं सकता। आपने पैसे के साथ प्यार और सम्मान भी दिया है।' 'वैसे मेरे यहां मजदूरों की कमी नहीं है। फिर भी मैं जानना चाह रहा था, तुम दूसरी जगह क्यों चले गए?' 'मालिक! बात दरअसल यह है, हमारी गुड़िया अभी तीन महीने की है। जहां आपका निर्माण कार्य शुरू हुआ है, वहां आसपास बच्चे को सुलाने के लिए गुलाब बांधने के लिए एक भी पैदा नहीं है। दूसरी जगह जहां काम कर रहे हैं, वहां पैसे आपसे कम मिल रहे हैं, किंतु आसपास बहुत पैदा है।' □

एकता में बल

एक था किसान। उसके चार लड़के थे। पर उन लड़कों में मेल नहीं था। वे आपस में बराबर लड़ते-झगड़ते रहते थे। एक दिन किसान बहुत बीमार पड़ा। जब वह मृत्यु के निकट पहुँच गया, तब उसने अपने चारों लड़कों को बुलाया और मिल-जुलकर रहने की शिक्षा दी। किन्तु लड़कों पर उसकी बात का कोई प्रभाव नहीं पड़ा। तब किसान ने लकड़ियों का गट्टर मँगवाया और लड़कों को तोड़ने को कहा। किसी से वह गट्टर न टूटा। फिर, लकड़ियाँ गट्टर से अलग की गयीं। किसान ने अपने सभी लड़कों को चारी-चारी से बुलाया और लकड़ियों को अलग-अलग तोड़ने को कहा। सबने आसानी से लकड़ियों को तोड़ दिया। अब लड़कों की आँखें खुलीं। तभी उन्होंने समझा कि आपस में मिल-जुलकर रहने में कितना बल है। □

FREE LEGAL CONSULTATIONS BY ADVOCATE DEPUTED BY DLSA (SOUTH)



With the support of DLSA (South District), Urvashi Sharma, Legal Aid Counsel visited Recreation Centre, Green Park Extn, on Tuesday falling on 15-04-2025. She rendered free Legal advice sought by members of the Senior Citizens Council of Delhi in the presence of more than 8100 members at their doorsteps on 1 days. So far 15650 senior citizens have availed the facilities since June, 2018 in sorting out their petty matters and also by creating awareness among other senior citizens. The Council is grateful to Sh. V. K. Agarwal, Secretary, DLSA (South) for his regular support. During the current financial year 2025-26, 8400 Senior Citizens benefited up to 30-04-2025. A report by Ashok Kumar, In-charge.

पिछले 10 साल, भारत के विमानन क्षेत्र के लिए परिवर्तनकारी रहे हैं। मौजूदा हवाई अड्डों का आधुनिकीकरण किया गया है, नए हवाई अड्डों का तेज गति से निर्माण किया गया है। रिकॉर्ड संख्या में लोग हवाई यात्रा कर रहे हैं। आजादी के बाद से 2014 तक, एक साल में औसतन 1 एयरपोर्ट बना था, ये उनकी गति थी। उनकी सोच थी। हम 9 गुना गति से काम कर रहे हैं।

जन सामान्य को इन फैसलों से मिला लाभ

- जन धन योजना में 30 करोड़ से अधिक महिलाओं के पास बैंक खाता है।
- ऑनलाइन बैंकिंग हर घर तक पहुंच गई है, आज देश में हर 5 किलोमीटर के दूरी में एक बैंकिंग सुविधा केंद्र है।
- बैंकों की कैबिनेट संपत्ति (एनपीए) में काफी कमी आई है और उनका मुकाफा 14 लाख करोड़ रुपये के रिकॉर्ड उच्च स्तर पर पहुंच गया है।
- जनता की नज़रों के लिए बिजली को सरल और कम करने के लिए 1500 पुराने कंभरों को समाप्त किया गया।
- 40,000 अनुपनाम को खत्म किया गया।
- पासपोर्ट प्रक्रिया को सरल कर दिया जो पहले 50 दिनों तक का होना था, अब छह दिनों के अंदर 5-6 दिनों में रह गया है।

550 से अधिक हो गई है देश में पासपोर्ट सेवा केंद्रों की संख्या 77 से बढ़कर।

निवेदक - जे.आर. गुप्ता, अध्यक्ष

महिला सशक्तीकरण में सहयोगी

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निवेदक - जे.आर. गुप्ता, अध्यक्ष

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9641-919191

LIFE MEMBERSHIP OF COUNCIL

2693



Sh. Veer Sagar Jain,
C-274/4, Arjun Nagar,
SFE, New Delhi-29
Mob.: 9868888607

COUNCIL ORGANIZED KANYA PUJAN AT DEER PARK SATSANG ON 06-04-2025



Like past years, Senior Citizens Council of Delhi arranged Kanya Pujan at Deer Park Satsang in the presence of large number of devotees particularly J. R. Gupta, Gyan Singh Tokas, Y. K. Singhal, Ashok Kumar, Usha Sharma, Neelam Malhi & Pramila Rani, followed by halwa parsad with the support of Sh. Krishan Kumar Tokas. J. R. Gupta, President thanked him for his gesture & prayed to Almighty for his long life with sound health. A report by Ashok Kumar, Incharge.

SENIOR CITIZENS COUNCIL OF DELHI ORGANIZED LAUGHTER DAY AT CENTRE ON 04-05-25



Senior Citizens Council of Delhi organized Laughter Day at its Recreation Centre, Community Centre, Green Park Extn on 04-05-2025, followed by parsad. A report by Ashok Kumar, Incharge.



3 MEMBERS OF SENIOR CITIZENS COUNCIL OF DELHI VISITED AHINSHA STHAL NEAR MEHRAULI ON 06-05-2025

S/Shri Rajiv Kalucha, Vikramjeet Singh & Ravinder Jain visited Ahinsha Sthal near Mehrauli on 06-05-2025, which was their own personal trip, followed by high tea in the near by restaurant. A report by Rajiv Kalucha.

VARISHTH NAGRIK KALYAN SANSTHA, UTTAM NAGAR HOLDS AGM ON 13-04-2025

Names of members, who have been re-elected for a period of 2 years i.e President, Mahabir Singh, Vice-President, Nihal Singh Yadav & Smt Santosh Kumari, General Secretary, O.P. Wadhwa, Joint Secretary – Satyabir Singh & Mohd. Rafiq, Treasurer – R. N. Beri. A report by O. P. Wadhwa, General Secretary.

BHAJAN SANDHYA ON 05.05.25 AT CHHATARPUR BABA NAGPAL HALL ON THE OCCASION OF PRAYER MEETING OF LATE SMT JAGNI DEVI GUPTA W/O J. R. GUPTA



SPECIAL PROGRAMS AT RECREATION CENTRE

15-04-2025 : Joint Birthday Celebrations for the members up to Life Membership number 2629 & enrolled up to 30-04-2024 & upto membership number 2629 born in the month of March on or before 30-04-1964. The confirmation should reach by 15-04-2025 by 3 pm subject to availability of Chief Guest.

CONDOLENCES

The following Life Members of Council have left for heavenly abode during the last one month from 11-04-2025 to 10-05-2025.

LIFE MEMBERS	MEMBERSHIP NO.	ADDRESS
1. Smt. Chandra Pant	135	BE/9B, DDA Flats, Munirka, New Delhi-67

- HARI OM SHANTI SHANTI - J. R. GUPTA, President